Easy Roasted Veggies

Serves 4 | Prep/cooking time: 45 minutes

Ingredients:

2 tbsp. olive oil
½ tsp. salt
1 tsp. garlic powder
1 sweet potato, sliced and quartered
1 red bell pepper, sliced
1 green bell pepper, sliced

1 red onion, chunked

Directions:

Preheat the oven to 425 degrees. Line baking sheet with parchment paper; set aside. In a large bowl, toss together olive oil, salt, garlic powder and vegetables. Spread vegetables on prepared baking sheets in a single layer. Bake for 25 minutes, stirring once after 15 minutes; serve immediately.



Hello humankindness®

