

St. Joseph's Medical Center
 Learning Center
 P.O. Box 213008
 Stockton, CA 95213-9008

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CLASSES
 January – April 2020

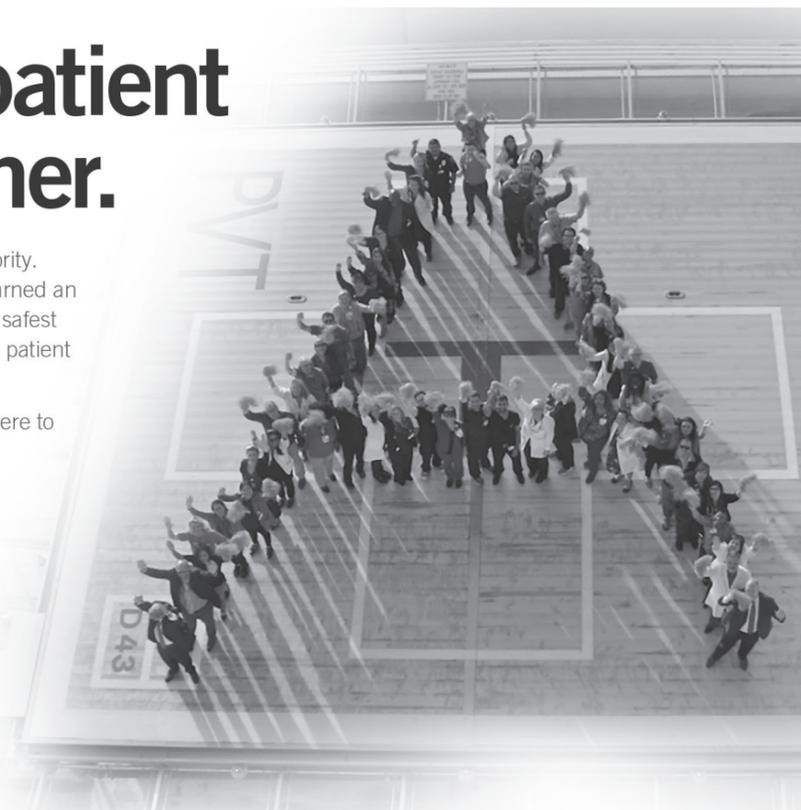
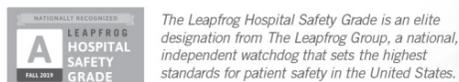
Join our team
 Visit CAREERS at
 StJosephsCares.org

Advancing patient safety together.

Keeping our patients safe and healthy is a top priority. Dignity Health St. Joseph's Medical Center has earned an "A" from the Leapfrog Group for being one of the safest hospitals in America based on nationally reported patient safety measures.

No matter where you're at in life, St. Joseph's is here to keep our community healthy. Learn more at StJosephsCares.org.

Hello humankindness®



St. Joseph's Learning Center Healthcare Provider Continuing Education *a service to the residents of Central California*

January – April 2020

Diabetes, Heart Failure and Renal Dysfunctions: The Vicious Cycle

Wednesday, January 8
 8:00 a.m. – 12:00 p.m.

St. Joseph's Medical Center – Classroom 2

Speaker: Manny B. Alfonso MSN RN CNS CCRN

Cost: \$40/Free*

Credit: 4 contact hours ☉

Diabetes is a disease that causes changes on a micro-and macrovascular level throughout the body. Patients diagnosed with diabetes are at higher risk for myocardial infarction and subsequent heart failure, stroke and renal failure. This course will discuss the increased prevalence of diabetes in an aging population, as well as the life-changing complications of this disease.

Law and Ethics for Mental Health Professionals: Safe Practice through Liability Protection and Risk Management

Friday, January 10
 9:00 a.m. – 4:00 p.m.

St. Joseph's Medical Center – Auditorium

Coordinator: A. Steven Frankel PhD JD

Cost: \$110 / \$90*

Credit: 6 contact hours (continuing education credit for mental health professionals will be provided by the Steve Frankel Group, LLC, including MFTs, LCSWs, LCPCs, Psychologists)

This updated course on Law and Ethics for the Mental Health Professional including Psychologists, MFTs, LCSWs and Licensed Clinical Professional Counselors will address clinical notes and records, confidentiality, contracts, fees, forensic issues with abuse allegations, involuntary commitment, practice models, steps to avoiding malpractice charges, delegating and the supervisor/supervisee's responsibilities, also federal regulations updates.

This course meets the BOP and BBS requirement on Law and Ethics for license renewal.

Basic Fetal Monitoring

Monday, January 13
 8:00 a.m. – 5:00 p.m.

St. Joseph's Medical Center – Classroom 2

Speaker: Juli Weaver

MSN RNC AWHONN Instructor Trainer

Cost: \$90

Credit: 8 contact hours ☉

This class is designed for the nurse who is new to Labor and Delivery. Updated fetal monitoring language will be used. There will be an in depth review of the following topics: monitor equipment, physiology, pattern recognition, interpretation and intervention, fetal surveillance methods and legal aspects of fetal monitoring. Case studies will be presented to provide hands on interpretation of a variety of fetal monitor tracings. AWHONN standards will be utilized throughout the class.

ECGs Made Easy

Tuesday and Wednesday, January 21 and 22
 9:00 a.m. – 4:00 p.m.

St. Joseph's Medical Center – Classroom 4

Speaker: Jontue Grado MSN RN PHN CCRN-K

Cost: \$100/Free*

Credit: No continuing education credit available for this course

This 2-day; 12-hour course will review the fundamentals of ECG interpretation including basic cardiac anatomy, how to measure the ECG graph and waveforms, and how to analyze and interpret basic cardiac arrhythmias including sinus, atrial, junctional, ventricular, AV block, and paced rhythms. This class is appropriate for the novice health care provider with minimal experience or training in ECG interpretation. Pre-requisite: Medical terminology and basic understanding of heart anatomy is strongly recommended.

**2020 Critical Care and
Emergency Department Course**

This 10 day program is presented on a basic to intermediate level and is designed for nurses caring for the critically ill adult. Evidence-based practice protocols are discussed throughout the content areas as well as the importance of outcome measurements to determine quality in patient care. Case studies will be used throughout to facilitate critical thinking.

Each day of content will include the comprehensive assessment of a critical care patient. Students will also identify disease processes in each system and discuss the pathophysiology, signs and symptoms, diagnostic tools and the medical and nursing management. We will also discuss the role of ethics and cultural difference in regards to care of the critical patient.

A Critical Care course certificate of completion will be granted if all classes are completed during this program. Please note that a testing component is included for each day of class. Classes can also be taken individually for a more focused update.

Course Information for all Critical Care Classes:
8:30 a.m. – 4:30 p.m.

St. Joseph's Medical Center – Cleveland Classroom

Speakers: Barbara Furry RNC MS CCRN FACCN

Cost: 10-day complete course \$800

Each day may also be attended separately for \$100 per day

Credit: 7.5 contact hours per course day. CEUs provided through The Center of Excellence in Education

Day 1 Cardiac Assessment Monday, February 3

Day 2 Acute Coronary Syndrome Tuesday, February 4

Day 3 Hemodynamics Wednesday, February 5

Day 4 Pulmonary System Monday, February 10

Day 5 Neurologic System Tuesday, February 11

Day 6 Gastrointestinal and Hemotologic Systems Wednesday, February 12

Day 7 Renal and Endocrine Systems Tuesday, February 18

Day 8 Multisystem Failure and Shock Wednesday, February 19

Day 9 Twelve Lead ECG Interpretation Monday, February 24

Day 10 Putting It All Together: A Day on Critical Care Drugs, Hemodynamics and Case Studies Tuesday, February 25

AWHONN Intermediate Fetal Monitoring Course

Tuesday and Wednesday, February 4 and 5
8:00 a.m. – 5:00 p.m.

St. Joseph's Medical Center – Classroom 2

Speaker: Juli Weaver

MSN RNC AWHONN Instructor Trainer

Cost: \$150 (**PLEASE NOTE: cost does NOT include study materials. Study materials are to be purchased separately by each participant by contacting Kendall/Hunt (800) 228-0810. Please use course validation number 000W1812521.**

You must order and receive the *Fetal Heart Monitoring (FHM) Student Material Handbook ISBN#978-1-5249-3365-4 (Mandatory) or you will not be admitted to the course, please note a used *Study Material Handbook* is not acceptable. The FHM Principles and Practices Book are not mandatory (Optional), please allow at least 2 weeks of study preparation for this course.*

Credit: 18.3 contact hours ☉ 15.25 CME Category I (all continuing education provided through AWHONN)

The *Intermediate Fetal Monitoring Course* focuses on the application of essential fetal heart monitoring and skills in intrapartum nursing practice. This comprehensive two-day course includes the following elements: an analysis of case scenarios requiring synthesis of key principles pertinent to the physiologic basis of fetal heart monitoring, tracing interpretation, nursing intervention, verbal and written communication skills, skill sessions including discussion, demonstration and testing of fetal heart rate auscultation skill, Leopold's maneuver, placement of an intrauterine pressure catheter and spiral electrode, communication and documentation.

This course will build on the knowledge and skills of experienced nurses and physicians. It is designed for the nurse with a minimum of six months of clinical nursing experience using fetal heart assessment and monitoring technology in an intrapartum setting.

**American Heart Association Advanced
Cardiac Life Support Course with
BLS Provider CPR**

Thursday and Friday, February 6 and 7
or April 2 and 3

Recertification Course (1 day)

Friday, February 7 or Friday, April 3
9:00 a.m. – 4:30 p.m.

St. Joseph's Medical Center – Auditorium

Cost: Certification Course \$330 / \$250*

Recertification Course \$230/\$150*

Payment must be received before study materials are sent

Credit: 7 (for each day of class) contact hours for BRN and CME Category I provided through The Center of Excellence in Education

The ACLS/BLS CPR Provider Course provides the knowledge and skills needed to evaluate and manage the first 10 minutes of an adults ventricular fibrillation/ventricular tachycardia (VF/VT), four types of cardiac arrest (simple VT/VF, complex VF/VT, PEA and asystole) four types of pre-arrest emergencies (bradycardia, stable tachycardia, unstable tachycardia and acute coronary syndromes) and stroke. Those who attend should be personnel staffing emergency, intensive care or critical care departments; emergency medical providers such as physicians, nurses, emergency technicians, paramedics, respiratory therapists and other professionals who may respond to a cardiovascular emergency. **A basic knowledge of ECG skills is recommended. Completion of the pretest for ACLS, written and skills exams for both ACLS and HCP CPR are required for completion.** All attending the recertification course must have a current ACLS provider card and a current HCP CPR card. Please note: An email will be sent to you with study and class instructions.

The Obese Patient: Nursing Considerations

Wednesday, February 12

8:00 a.m. – 12:00 p.m.

St. Joseph's Medical Center – Conference Rooms A&B

Speaker: Manny B. Alfonso MSN RN CNS CCRN

Cost: \$40/Free*

Credit: 4 contact hours ☉

Obesity is one of the top public health problems

and causes of morbidity and mortality in the United States, contributing to an increased incidence of cardiovascular disease, hypertension, diabetes and cancer.

Learners will discuss considerations in caring for obese patients, the challenges in assessment and resuscitation measures, and more effective ways to care for this population.

**22nd Annual Cancer Care Symposium
for Healthcare Professionals**

**Pancreatic Cancer – Diagnosis, Prognosis, and
Evolving Treatment Modalities**

Tuesday, February 18

4:30 p.m. – 8:30 p.m.

Stockton Golf and Country Club

3800 Country Club Blvd., Stockton, CA 95204

Speakers: Gurtej Malhi MD, Sunny Philip, MD and Brendan Visser, MD

Cost: \$35 includes dinner (**payment must be sent at time of registration for this course**)

Credit: 3 contact hours ☉ ☉ ☉ CME Category 1

Physicians, pharmacists, nurses, and others involved in cancer care or those wishing to expand their knowledge in this area should attend this evening event discussing pancreatic cancer. You will gain insight from expert speakers about surgical, medical oncology, and gastroenterology regarding the evaluation, staging, and treatments used for the management of this cancer. The symposium topic was discussed and agreed upon in St. Joseph's Medical Center Cancer Committee. The goal is to provide knowledge and increased awareness for those dealing with or caring for patients diagnosed with pancreatic cancer.

The symposium is provided by Dignity Health St. Joseph's Cancer Institute.

**Employment
Opportunities****ATTENTION RNS:**

Please visit our website at StJosephsCares.org/Careers to join our innovative team!

**American Heart Association Pediatric
Advanced Life Support Course**

Recertification Course Only – 1 Day
Friday, February 21
9:00 a.m. – 4:30 p.m.

St. Joseph's Medical Center – Auditorium

Cost: Recertification Course \$230 / \$150 *
(payment must be received before study materials can be sent)

Credit: 7 contact hours for BRN and CME Category I provided through The Center of Excellence in Education

The goal of the Pediatric Advanced Life Support Course is to provide the learner with information needed to recognize infants and children at risk for cardiopulmonary arrest, information and strategies needed to prevent cardiopulmonary arrest in infants and children, and the cognitive and psychomotor skills needed to resuscitate and stabilize infants and children in respiratory failure, shock or cardiopulmonary arrest. Those who attend should be pediatricians, emergency physicians, family physicians, nurses, paramedics, respiratory therapists, and other health-care providers who are responsible for the well-being of infants and children. A basic knowledge of ECG skills is recommended. Written and Skills exams are required for completion.

All attending the recertification course must have a current PALS provider card and complete the pre-test prior to class. Please note: An email will be sent to you with study and class instructions.

**AWHONN Advanced
Fetal Monitoring**

Tuesday, March 10
8:00 a.m. – 4:30 p.m.

St. Joseph's Medical Center – Classroom 2

Speaker: Juli Weaver MSN RNC
AWHONN Instructor Trainer

Cost: \$100 (cost does not include study materials, please read below)

Credit: 8 continuing nursing education (CNE) credits or 6 continuing medical education (CME) credits.

AWHONN is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

AWHONN also holds a California BRN number: California CNE provider#CEP580

The Advanced Fetal Monitoring Course uses a case study approach focusing on the analysis of complicated FHM patterns and characteristics with related case information. This comprehensive one day course includes the following elements: maternal fetal physiology related to complex FHR tracings, instrumentation, interpretation, intervention, antepartum fetal surveillance, fetal arrhythmias, verbal and written communication, and risk management principles. This class is designed for clinicians with at least one year of experience.

PLEASE NOTE: Study materials are to be purchased separately by participant. Contact Kendall/Hunt at (800) 228-0810. Please use course validation number **000A1812523** when ordering the Advanced Course Student packet ISBN#978-1-5249-3308-1. Participants will not be allowed into the class without a NEW Advanced Course Student packet. Please allow two weeks for delivery.

Acute Coronary Syndrome with Basic Heart Blocks

Wednesday, March 11
8:00 a.m. – 12:00 p.m.

St. Joseph's Medical Center – Classroom 4

Speaker: Manny B. Alfonso MSN RN CNS CCRN
Cost: \$40/Free*

Credit: 4 contact hours ☉

Heart Disease is the leading cause of death in the United States. This class will teach you a simplified way to determine STEMI & NSTEMI-ACS utilizing the Einthoven's Limb & Precordial Leads via Triangular Axis. The AHA 2015 ACLS Treatment Guideline will be the basis of this lecture. Interpretation of basic heart blocks will be included.

**2020 Diabetes Self-Care Management
and Nutrition Review**

Friday, March 20
8:00 a.m. – 12:00 p.m.

St. Joseph's Medical Center – Auditorium

Speaker: Julie Truong, RN NP MSN

Cost: \$40 / Free*

Credit: 4 contact hours ☉

The main focus of this four-hour course is

clinical and medication management including patient education. Pathophysiology covers insulin resistance, pre-diabetes, gestational diabetes, Type 1 and Type 2 diabetes. Acute and chronic diabetes related complications and prevention are also discussed. Clinical management presents treatment goals for gestational diabetes, pre-diabetes, Type 1 and Type 2 diabetes. Daily foot care and amputation prevention are reviewed. A nutrition review includes heart healthy food choices, CHO counting and portion sizes, gluten free diet, and renal diet.

**The Circle of Willis
(COW) and Stroke**

Wednesday, March 25
8:00 a.m. – 12:00 p.m.

St. Joseph's Medical Center – Classroom 4

Speaker: Manny B. Alfonso MSN RN CNS CCRN

Cost: \$40/Free*

Credit: 4 contact hours ☉

Unlike the myocardium, any occlusion of cerebral blood flow that impedes the steady state of oxygenation to the brain cells is met with the unique role of the Circle of Willis (COW). You will learn the major pathways of the COW and key problematic occlusions to the vessels it serves. A brief anatomy and physiology of the brain sets the stage for this lecture.

**Special Needs
Caregiver Program**

Inclusive Health
Friday, March 27

9:00 a.m. – 4:00 p.m.

St. Joseph's Medical Center – Auditorium

Coordinator: Doreen Bestolarides RN Special Needs Nurse

Cost: Free with Lunch provided

Credit: 6 contact hours ☉

As healthcare practitioners and advocates, competence in caring for individuals with developmental disabilities is dependent upon our knowledge base, evidence-based education, and application to the healthcare needs of our community.

People with developmental/intellectual disabilities (DD/IDD) experience high rates of hospitalization,

compared to people without DD/IDD. Literature suggests that there are higher risks of complication and poorer hospital outcomes.

Problems in the healthcare setting arise from communication issues, understanding baseline ability, sensory needs, behavioral management, and challenges coordinating discharge needs.

This diverse population requires understanding of a relationship-based, lifespan approach to care. This course will provide the conceptual framework necessary to align practice standards of care and discuss universal issues and coordinated efforts for best practice.

This course is intended for healthcare professionals, nurses, therapists, case managers, social workers, caregivers, community agencies and anyone involved in the care and welfare, of those individuals who have developmental/intellectual disabilities.

This program is funded by the generous support of the Mildred Luck Lewis Foundation Fund, for the Special Needs Caregiver Program at Dignity Health, St. Joseph's Medical Center.

**REIKI I & II
for Nurses**

Monday and Tuesday, April 6 and 7
9:00 am – 4:30 pm

St. Joseph's Medical Center – Cleveland Classroom

Instructors: Janis Kembel Reiki Master/Teacher

Cost: \$150 (includes materials and certificate as a Reiki Practitioner)

Credit: 14 contact hours ☉

Reiki is a hands-on technique that uses universal life-force energy to harmonize and balance the physical, emotional and spiritual aspects of an individual. It has been used in patients for chronic pain, anxiety and relaxation. Learn the basics of applying this technique to your nursing care and add a holistic dimension to your contact with patients and families. Wear comfortable clothing, socks and shoes that can easily be slipped off, and bring a water bottle. Participants must attend both days for credit.

Traumatic Brain Injury (TBI) and Intracerebral Bleeds

Wednesday, April 8
8:00 a.m. – 12:00 p.m.

St. Joseph's Medical Center – Classroom 4

Speaker: Manny B. Alfonso MSN RN CNS CCRN

Cost: \$40/Free*

Credit: 4 contact hours ①

Traumatic Brain Injury (TBI) is a major cause of disability and death, especially in young adults, and contributes to approximately 30% of all injury deaths. More than 2.5 million emergency visits, hospitalizations, and deaths in the U.S. are associated with TBI. A brief anatomy and physiology of the brain sets the stage for this lecture. Primary and secondary TBI as well as classifications of TBI will be discussed.

Obstetrical Complications & Legal Implications

Tuesday, April 14
8:00 a.m. – 4:00 p.m.

St. Joseph's Medical Center – Classroom 2

Speaker: Juli Weaver RNC BSN LNC, AWHONN Instructor

Cost: \$70

Credit: 6 contact hours ①

Obstetrics is a high-risk area. The expanded scope of nursing practice, in addition to the specialty technology involved, has been associated with a greater degree of liability for professional practice. Perinatal nurses have historically experienced increased liability exposure and have some of the highest nursing malpractice insurance rates. This class will discuss hot topics such as shoulder dystocia, ruptured uterus, incident reports, informed consent, EMTALA regulations, telephone triage, TOLAC, cesarean by request, documentation, and much more. Real case studies will be used to demonstrate proper documentation and interventions.

Heart Failure: An All Encompassing Disease

Wednesday, April 15
8:00 a.m. – 12:00 p.m.

St. Joseph's Medical Center – Classroom 3

Speaker: Manny B. Alfonso MSN RN CNS CCRN

Cost: \$40/Free*

Credit: 4 contact hours ①

Heart failure (HF) occurs in approximately 5.7 million people in the United States and it is the most frequent admission diagnosis in patients with Medicare. The lifetime risk of middle-aged adults developing HF in North America has been estimated at 30%. This course will discuss the basic pathophysiology of HF, the differences between HF with preserved ejection fraction (HFpEF) and HF with reduced ejection fraction (HFrEF), systolic versus diastolic HF, and different treatment modalities.

American Heart Association Basic Life Support Course

Friday, January 24 or March 13
9:00 a.m. – 1:30 p.m.

St. Joseph's Medical Center – CPR Room Education Department, 2nd Floor, The McCloud Building

Coordinator: Dan Brogger MSN, RN

Cost: \$100 (payment must be received before study materials are sent)

This one-day class is intended to provide the participant with the curriculum for Basic Life Support Course as established by the American Heart Association. The performance of Adult, Child, and Infant One and Two-Rescuer CPR, as well as foreign body airway management will be reviewed. The class consists of video based learning, practice hands-on with CPR manikins and the use of the bag-valve mask.

The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials; do not represent income to the AHA.

REGISTRATION INFORMATION:

To register please complete attached form and mail it with a check or money order to:

St. Joseph's Learning Center
P. O. Box 213008
Stockton, CA 95213 - 9008

CREDIT CARD INFORMATION:

If you would like to pay with a Visa or MasterCard, return your registration and present your card at the door the day of class. If mandatory pre-payment is requested for specific classes, you can make your payment by coming to the Education Department located on the 2nd floor of the McCloud Building.

FAX / E-Mail:

You may FAX or e-mail your registration unless payment is required. FAX number is (209) 461-6881 or email **SJMC-Education-Secretaries@dignityhealth.org**

REFUND / CANCELLATION INFORMATION:

No refunds will be issued unless there is a cancellation of the course. If a course is cancelled, a full refund will be mailed within 30 days of the scheduled course.

CONFIRMATION INFORMATION:

Confirmations WILL NOT be sent. There will be notification of cancellations only.

PHONE:

Please call The Learning Center for more information or directions. (209) 467-6331.

DIRECTIONS:

St. Joseph's Medical Center is located at 1800 N. California Street, Stockton, 95204, our classrooms are located in various areas of our Medical Center, please call (209) 467-6331 if you need additional assistance with directions to a specific classroom.

PARKING:

For classes held in the hospital classrooms or the auditorium you may park in the underground parking. Please note that there is a daily charge of \$5. The entry to this area is located on Maple Street. Maps are available. Please contact us for further information or for parking directions to the Cleveland Classroom.

INFORMATION ON ENTERING THE HOSPITAL:

Please enter the hospital through our Main Entrance located on Maple Street. Upon entry, security personnel will provide you with a badge and directions to your classroom. Please wear your visitor badge throughout your time at SJMC.

PROVIDER INFORMATION

* Employees of St. Joseph's Medical Center and St. Joseph's Behavioral Health Center only.

① Provider approved by the California Board of Registered Nursing. Provider Number 126.

② Provider approved for continuing education for California Clinical Laboratory Licensees. Registration Number 0018.

③ Recognized by the Physical Therapy Board of California as an approval agency to approve providers offering continuing competency courses.

PLEASE NOTE:

• **Arriving late or leaving early when attending SJMC Learning Center Courses will jeopardize your eligibility for Continuing Education credit. It is imperative to arrive before the course begins and to attend all portions of the offered course.**

• **Our classrooms are kept at a cooler temperature for the comfort of our speakers. Please consider bringing a light jacket or sweater to ensure your comfort.**

• **Only registered participants may attend class, no children or other adults.**

R E G I S T R A T I O N

Course Name _____

Course Date _____

Name _____

Address _____

City/State/ZIP _____

Phone (day) _____

Phone (evening) _____

Employer _____

License Number _____

Professional Title _____

E-mail _____

Check Enclosed VISA* Mastercard*

Please make checks payable to:
St. Joseph's Learning Center

Mail to:
St. Joseph's Learning Center, Education Department
 1800 N. California St., Stockton, CA 95204

For registration by phone, call Education at (209) 467-6331

* Please present your Credit/Debit Card upon arrival to the course. Pre-registration is required.