

Lower your rates,
not your expectations



At Blue Shield of California, we've put our powerful connections to work for you to create Trio HMO. It's designed to give you affordable access to a quality, local network of doctors and hospitals.



In <1 minute,
Trio members
get the support
they need

Choose simplicity

From better coordination among doctors and hospitals to anytime, anywhere virtual care, Trio keeps up with your lifestyle.

With Trio you get:



Enhanced customer service with Shield Concierge



24/7 virtual medical consults with Teladoc for \$0 copay



On-demand doctor house calls with Heal™ (\$0 first visit)



Extensive pharmacy network that includes major chains



Virtual mental health support with Teladoc for \$0 copay



Option to self-refer to specialists within the same medical group



Urgent and emergency care coverage worldwide



Meal delivery program and transportation support for qualified patients recovering from serious illness



Access to healthier foods at a reduced price through Healthy Savings®

Check your *Evidence of Coverage* for the latest benefits available to you.

I think what I appreciated the most is how I was able to keep my health and fitness more in the forefront ... Many thanks to my Nurse Care Manager!

– Gerard, Huntington Beach

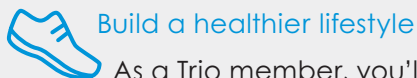
A quality network that's within reach

With Trio, you don't sacrifice quality for convenience. We work with local doctors to give you access to a quality network.

With Trio, you can count on:

- ✓ Local doctors focused on providing you with optimum care
- ✓ Nationally recognized healthcare systems
- ✓ Team-based coordinated care
- ✓ A growing network of over 17,600 doctors
- ✓ 335 hospitals

Your doctor might already be in our Trio network. To find out, visit *Find a Doctor* at blueshieldca.com/NetworkTrioHMO.



Build a healthier lifestyle

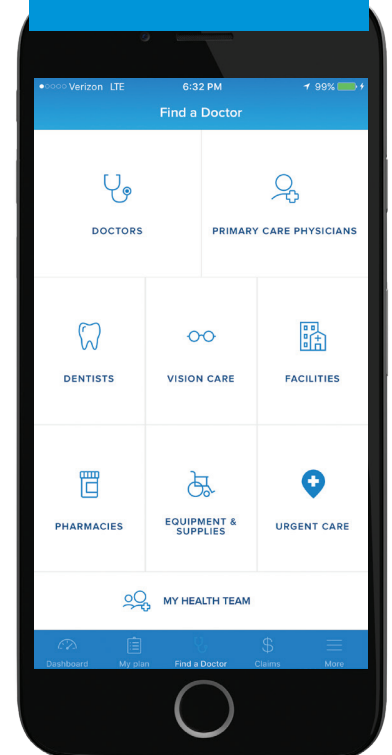
As a Trio member, you'll get access to Wellvolution, our digital platform that develops personalized plans and gives you tools to help you achieve your health goals – all at no additional cost. To get started, visit Wellvolution.com.


* The Blue Shield mobile app has a 4.8-star rating on the App Store.SM

App Store is a service mark of Apple Inc.

Wellvolution is a registered trademark of Blue Shield of California. Wellvolution and all associated digital and in-person health programs, services, and offerings are managed by Solera, Inc., a health company committed to changing lives by guiding people to better health in their communities.

Take your coverage with you. Download our highly rated app for instant access to your health plan*





Professional, caring, helpful people on the phone, not staff or agents or representatives, but people who listen, care, and have gone out of their way on more than one occasion.

– Kevin, Pomona

Connecting the dots so you don't have to

Our HMO plans are working to lower the overall cost of health care and create greater efficiencies. For Trio members, this means a specially selected quality network of providers that we work with closely to close the gaps in care and coverage, so you get more stable rates and predictable copayments.

Trio HMO is
2x more effective
at lowering the cost of health care than other plans*



One call, all the answers

From transferring medical records to speaking with a pharmacist, you can get all your questions answered quickly when you call Shield Concierge at **(855)-829-3566**, <7 a.m. to 7 p.m., Monday through Friday>



When it comes to member satisfaction, Trio can't be beat. That's why more than

4 out of 5 Trio members re-enroll.

* 2020 published numbers show an annualized cost of healthcare trend of 5.9% (non-accountable care organization) vs. 2.0% (accountable care organization).

For more information
about Trio HMO plans, visit
blueshieldca.com/trio.