

Dignity Health St. Rose Dominican – De Lima

2019 Community Health Implementation Strategy

Adopted September 2019



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At-a-Glance Summary

Community Served 	Dignity Health – St. Rose Dominican provides health services throughout Clark County. Clark County is the most populous county in Nevada, accounting for nearly three-quarters of the state's residents with a total population of 2,112,426. While Clark County's core population has increased in the last decade, its diversity has also increased. For example, Non-Hispanic white individuals no longer account for most of the population. Hispanic and Asian residents have larger shares of the population in Clark County than in the state of Nevada or in the United States.		
Significant Community Health Needs Being Addressed 	The significant community health needs the hospital is helping to address and that form the basis of this document were identified in the hospital's most recent Community Health Needs Assessment (CHNA). Needs being addressed by strategies and programs are: <table border="1"> <tbody> <tr> <td> • Access to Care • Motor Vehicle and Pedestrian Safety </td><td> • Violence Prevention • Substance Use • Mental Health </td></tr> </tbody> </table>	• Access to Care • Motor Vehicle and Pedestrian Safety	• Violence Prevention • Substance Use • Mental Health
• Access to Care • Motor Vehicle and Pedestrian Safety	• Violence Prevention • Substance Use • Mental Health		
Strategies and Programs to Address Needs 	The hospital intends to take several actions and dedicate resources to the following needs, including: • <u>Access to care</u>: Nevada Health Link & Medicaid Enrollment, Helping Hands Program, Engelstad Foundation RED Rose Program Navigation, Patient Financial Assistance; Funding Grantees such as Catholic Charities Transition Respite for the Homeless, Lend a Hand of Boulder City, Stallman Touro Clinic at the Shade Tree, Toe Tag Monologues • <u>Motor vehicle and pedestrian safety</u>: Zero Fatalities Program Partnership, AARP Drivers Safety, Car Seat Safety Checks, Advocacy • <u>Violence prevention</u>: Human Trafficking Response Program, Parent Gun Safety Classes, Mental Health First Aid (Adult and Youth), SafeTALK Suicide Prevention, Senior Peer Counseling; Funding Grantees such as Rape Crisis Center, Prevent Child Abuse Nevada, Toe Tag Monologues, The Shade Tree, St. Jude's Ranch for Children • <u>Substance use</u>: Mental Health First Aid (Adult and Youth), EMPOWERED Program, Let's Talk Support Groups, AA & NA groups; Funding Grantees such as Toe Tag Monologues, Foundation for Recovery • <u>Mental health</u>: Senior Peer Counseling, Perinatal Mood and Anxiety Disorders Program, Mental Health First Aid (Adult & Youth), Let's Talk Support Groups; Funding Grantees Such as Toe Tag Monologues		
Anticipated Impact	• Navigate clients to services • Enroll clients in health plan or Medicaid • Provide education		



- Prevent suicide, rape, domestic violence, child abuse and human trafficking
- Transport clients to care and services
- Provide support and counseling
- Contribute to a reduction in fatalities on our roadways
- Raise individual and community awareness, resiliency and capacity to act with respect to safety, violence prevention, substance use and mental health
- Provide funding, support and collaboration

Planned Collaboration



Crucial partners identified:

Human Trafficking Task Force
Las Vegas Coalition for Zero Fatalities
National Alliance on Mental Illness (NAMI)
Nevada Coalition for Suicide Prevention
Nevada Department of Public Safety
Nevada Health Link
Nevada Office of Suicide Prevention
PACT Coalition
Southern Nevada Harm Reduction Alliance
Southern Nevada Health District
State of Nevada Department of Welfare and Social Services

Potential Grantees:

- Foundation for Recovery
- Catholic Charities
- Rape Crisis Center
- The Shade Tree
- Lend a Hand
- Toe Tag Monologs
- St. Jude's Ranch for Children
- Prevent Child Abuse Nevada

This document is publicly available online at strosehospitals.org.

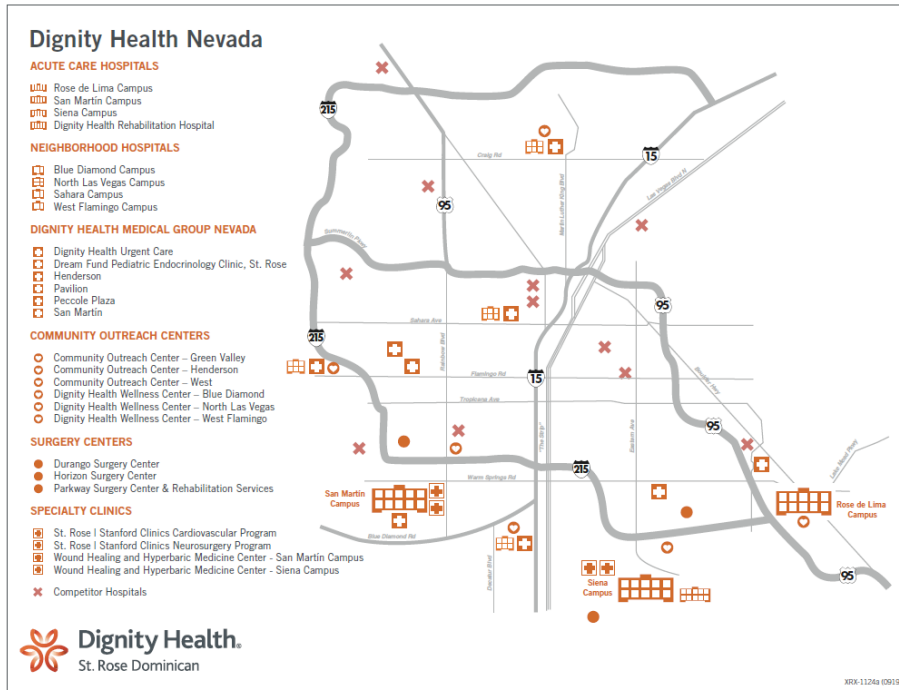
Written comments on this report can be submitted to Dignity Health – St. Rose Dominican Community Health Program at 2651 Paseo Verde Parkway, Suite 180, Henderson, NV 89074 or by e-mail to holly.lyman@dignityhealth.org.

Our Hospital and the Community Served

About Dignity Health – St. Rose Dominican

Dignity Health – St. Rose Dominican is a member of Dignity Health, which is a part of CommonSpirit Health.

Hospital Locations



As the community's only not-for-profit, faith-based hospital system, the St. Rose Dominican hospitals are guided by the vision and core values of the Adrian Dominican Sisters and Dignity Health.



Rose de Lima Campus on opening day, 1947

The Adrian Dominican Sisters arrived in Henderson, Nevada, the summer of 1947 to run what was then a small community hospital. Over the last 72 years, this small hospital has grown into a large multi-faceted healthcare system. Dignity Health - St. Rose Dominican now has three hospital campuses in the Las Vegas valley, with a total of 473 beds, more than 1,300 physicians, 400 volunteers and more than 3,500 employees.

In addition to its three acute-care hospitals, Dignity Health Nevada offers primary and specialty care services throughout the Las Vegas Valley at its nine Dignity Health Medical Groups. Additionally, four new Dignity Health - St. Rose Dominican Neighborhood Hospitals have opened in underserved parts of the valley in partnership with Emerus, the nation's innovative leader in building and operating micro hospitals.

Dignity Health –St. Rose Dominican is a member of the 22-state Dignity Health network of nearly 9,000 physicians, 62,000 employees, and 400 care centers, including hospitals, urgent and occupational care, imaging centers, home health, and primary care clinics. As the Henderson and Las Vegas communities grow, the Dignity Health – St. Rose Dominican health system and its nearly 4,000 employees will continue the Sisters' mission of serving people in need.

The **Siena Campus** was founded in 2000 and currently has 326 beds. The hospital has received the American Heart Association's (AHA's) Mission: Lifeline-STEMI Receiving Center – GOLD PLUS Achievement Award for implementing quality improvement measures outlined by the AHA for the treatment of patients who suffer severe heart attacks for three years in a row (2017-2019). The American Heart Association/American Stroke Association also awarded Siena the Get with the Guidelines-Stroke Gold Plus with Honor Roll Elite Achievement Awards in 2018 and 2019. The hospital's trauma center is verified as a Level III trauma center by the Committee on Trauma (COT) of the American College of Surgeons. The Siena Campus is one of only two Baby-Friendly designated hospitals in southern Nevada, and it was chosen as "Best Place to Have A Baby" in the 2018 *Las Vegas Review-Journal's* readers poll. Healthgrades awarded the Siena Campus a five-star rating for c-section deliveries in 2018 for the fourth year in a row.

The **Rose de Lima Campus**, founded by the Adrian Dominican Sisters in 1947, recently went through a transition and now offers 24/7 emergency room care, limited inpatient beds, and imaging services. The hospital received an A in hospital safety scores from The Leapfrog Group, a national nonprofit organization, in fall 2018 and spring 2019. The Rose de Lima Campus was 1) a recipient of the Healthgrades Patient Safety Excellence Award; 2) named among the top 5% in the nation for patient safety; and 3) named among the top 10% in the nation for patient safety 2 years in a row (2017-2018). The Rose de Lima Campus also received the American Heart Association/American Stroke Association 2018 Get With the Guidelines® - Stroke Gold Plus Quality Achievement award.

The **San Martín Campus** opened in late 2006 and has 147 beds. In 2019, the hospital received the American Heart Association and American Stroke Association *Get with the Guidelines-Stroke GOLD PLUS Achievement Award* for its commitment and success in implementing a high standard of stroke care. The hospital is a Healthgrades five-star recipient for treatment of Heart Failure for two years in a row (2018-2019), a five-star recipient for treatment of Stroke (2019), a five-star recipient for treatment of Chronic Obstructive Pulmonary Disease and for Pneumonia for two years in a row (2018-2019), and a five-star recipient for Esophageal/Stomach Surgeries for three years in a row (2017-2019). In 2018, the San Martín Campus was chosen "Best Hospital" in the *Las Vegas Review-Journal's* readers' poll and received a silver award for "Best Place to Have a Baby." San Martín was also the first hospital in southern Nevada to be designated as a Baby-Friendly hospital in 2014.

Our Mission

We are committed to furthering the healing ministry of Jesus. We dedicate our resources to:

- Delivering compassionate, high-quality, affordable health services;
- Serving and advocating for our sisters and brothers who are poor and disenfranchised; and
- Partnering with others in the community to improve the quality of life.

Financial Assistance for Medically Necessary Care

Dignity Health – St. Rose Dominican delivers compassionate, high quality, affordable health care and advocates for members of our community who are poor and disenfranchised. In furtherance of this mission, the hospital provides financial assistance to eligible patients who do not have the capacity to pay for medically necessary health care services, and who otherwise may not be able to receive these services. The financial assistance policy and a plain language summary and other materials are on the hospital's web site.

Description of the Community Served

Dignity Health – St. Rose Dominican serves Clark County. A summary description of the community is below. Additional details can be found in the CHNA report online.

The geographic area for this CHA is Clark County, the common community for all partners participating in the CHA collaborative. Clark County is the nation's 14th largest county that serves more than 2.25 million citizens and more than 46 million visitors a year. Clark County serves a community living in rural or urban areas. A key component of the county's economy is tourism, and among its largest industries are accommodation and food service, retail trade and health care and social assistance.

All counties within Nevada have had tremendous population growth within the last decade. However, the majority of the population remains within Clark County, and it continues to grow. Between 2015 and 2016 Clark County's population grew from 2.11 million to 2.16 million. Clark County comprises only 7% (8,091 square miles) of Nevada's land mass (110,567 square miles) but contains 72% of the state's total population. Because of Clark County's contribution to the state population, caution should be exercised when comparing the county to the state.

Dignity Health - St. Rose Dominican also serves an increasingly diverse population. The largest racial group, White (including Hispanic/Latino ethnicity), makes up 44.11% of the population, followed by the populations identifying as Black or African American (10.8%) and as Asian (10.15%). Notably, 30.68% of Clark County residents identify as Hispanic or Latino, a higher percentage than seen across Nevada and much higher than the rest of the U.S. (U.S. Census Bureau). Two-thirds of Clark County residents spoke only English at home as of 2014. Among the remaining third, the residents spoke Spanish or Spanish Creole at home.

It is well known that educational attainment and poverty impact health. Data from 2010-2014 show slightly lower levels of education among Clark County residents than the nation as a whole. In addition, education is unevenly distributed within the county with 26.8% of Whites having at least a bachelor's degree compared to 8.6% of Hispanics (U.S. Census Bureau). Clark County's poverty level increased from 10.9% (2005-2009) to 15.7%. The poverty level increased even more for children under the age of 18 from 15.2% to 23% during the same time period. Females between 25 and 34 are the largest demographic living in poverty, followed by females between 18 and 24.

(Sources: <http://datausa.io/profile/geo/clark-county-nv/#economy>; U.S. Census Bureau. American Community Survey. [Internet]. Available from: <http://www.census.gov/acs/www/data/data-tables-and-tools/american-factfinder/>)



Community Demographics

Total Population: 2,173,048

Race: 42.6% White – Non-Hispanic, 31.3% Hispanic or Latino, 11.0% African American, 10.8% Asian/Pacific Islander, 4.4% Other

Median Income: \$57,611

Unemployment: 5.6%

No HS Diploma: 15.1%

Medicaid Population: 16.3%*

Uninsured: 12.1%

CNI Score: 3.6

Other Area Hospitals: 11

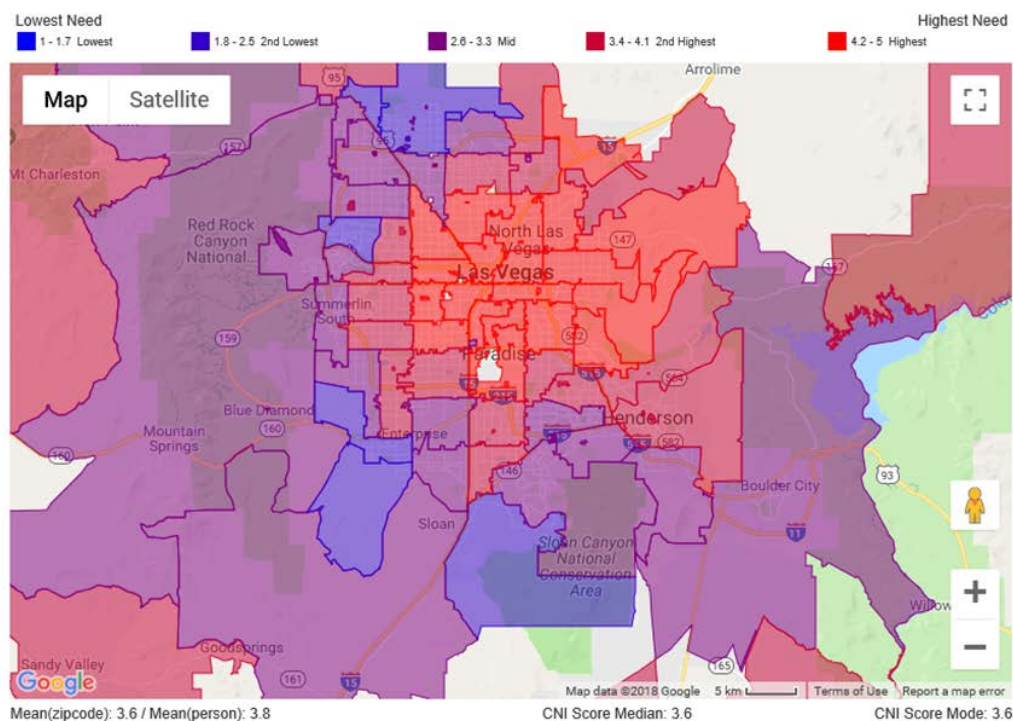
Medically Underserved Areas or Populations: Yes

Source: © 2018 IBM Watson Health

Community Need Index

One tool used to assess health need is the Community Need Index (CNI) created and made publicly available by Dignity Health and IBM Watson Health. The CNI analyzes data at the zip code level on five factors known to contribute or be barriers to health care access: income, culture/language, education, housing status, and insurance coverage.

Scores from 1.0 (lowest barriers) to 5.0 (highest barriers) for each factor are averaged to calculate a CNI score for each zip code in the community. Research has shown that communities with the highest CNI scores experience twice the rate of hospital admissions for ambulatory care sensitive conditions as those with the lowest scores.



Community Assessment and Significant Needs

The hospital engages in multiple activities to conduct its community health improvement planning process. These include, but are not limited to, conducting a Community Health Needs Assessment with community input at least every three years, identifying collaborating community stakeholder organizations, describing anticipated impacts of program activities and measuring program indicators.

Community Health Needs Assessment

The health issues that form the basis of the hospital's community health implementation strategy and programs were identified in the most recent CHNA report, which was adopted in May 2019. The CHNA report contains several key elements, including:

- Description of the assessed community served by the hospital;
- Description of assessment processes and methods;
- Presentation of data, information and findings, including significant community health needs;
- Community resources potentially available to help address identified needs; and
- Discussion of impact of actions taken by the hospital since the preceding CHNA.

Additional details regarding the needs assessment process and findings can be found in the CHNA report, which is publicly available at strosehospitals.org or upon request to the hospital's Community Health office.

Significant Health Needs

The community health needs assessment identified the following significant community health needs:

- Access to Care (health insurance coverage, service navigation, linguistic and cultural sensitivity)
- Motor vehicle and pedestrian safety (distracted driving, impaired driving, bicyclist and pedestrian safety)
- Violence prevention (gun violence, child abuse, domestic violence, suicide)
- Substance use (alcohol use, maternal substance use, opioid overdoses)
- Mental health (lack of providers, stigma)

The hospital intends to take action to address all of the prioritized significant health needs in the CHNA report, both through its own programs and services and with community partners. Lists and descriptions of those planned actions are included in this report.

2019 Implementation Strategy

This section presents strategies and program activities the hospital intends to deliver, fund or collaborate on with others to address significant community health needs over the next three years. It summarizes planned activities with statements on anticipated impacts and planned collaboration. Program Digests provide additional details on select programs.

This report specifies planned activities consistent with the hospital's mission and capabilities. The hospital may amend the plan as circumstances warrant. For instance, changes in significant community health needs or in community assets and resources directed to those needs may merit refocusing the hospital's limited resources to best serve the community.

The anticipated impact of the hospital's activities on significant health needs are summarized below, and for select program initiatives are stated in Program Digests. Overall, the hospital anticipates actions taken to address significant health needs will: improve health knowledge, behaviors, and status; increase access to needed and beneficial care; and help create conditions that support good health. The hospital works to evaluate impact and sets priorities for its community health programs in triennial Community Health Needs Assessments.



Creating the Implementation Strategy

Dignity Health – St. Rose Dominican is dedicated to improving community health and delivering community benefits with the engagement of its management team, board, clinicians and staff, and in collaboration with community partners.

Presented the CHNA and requested input on the implementation strategy from key partners listed below. Also hosted a full-day strategic planning meeting with key stakeholders and community health leaders. Presented at the Community Health Advisory Committee and Community board.

Dignity Health Community Health Leadership Team
Dignity Health Community Health Advisory Committee
Dignity Health Community Board
State of Nevada Office of Suicide Prevention
Nevada Department of Public Safety, Office of Traffic Safety
Southern Nevada Health District
State of Nevada Division of Public and Behavioral Health

Programs were selected based on the following:

1. Existing Dignity Health – St. Rose Dominican programs with evidence of success/impact
2. Researched effective interventions through meeting with key partners and began implementation of new programs.

3. Focused the Dignity Health Grants on the CHNA priorities to leverage the skills and capabilities of community partners.

Strategy by Health Need

The tables below present strategies and program activities the hospital intends to deliver to help address significant health needs identified in the CHNA report.

They are organized by health need and include statements of the strategies' anticipated impact and any planned collaboration with other organizations in our community.



 Health Need: Access to Care	
Strategy or Program Name	Summary Description
Nevada Health Link & Medicaid Enrollment	Enrollment assistance for uninsured individuals and families
Transitional Respite for the Homeless Program – Catholic Charities	GRANTEE - Help homeless men who are too frail to recover from illness or injury on the streets. Program clients will receive individualized case management, be connected to community services and receive primary or supplemental medical care.
Helping Hands Program	Provide home-bound seniors with transportation to doctor appointments, pharmacy, grocery and other needs.
Lend a Hand of BC	GRANTEE - Provide home-bound seniors in Boulder City with transportation to doctor appointments
Engelstad Foundation RED Rose	Breast cancer screening and navigation for uninsured and/or undocumented women
Stallman Touro Clinic at The Shade Tree	GRANTEE – Provide primary medical and additional health care services including mental health care, substance abuse treatment, gynecological care and pediatric care to residents of the emergency shelter for homeless and abused women and children
Toe Tag Monologues	GRANTEE – Deliver wrap-around services including, life skills/job skills and mentorship to youth in the Juvenile Justice System, Homeless Shelters and the Clark County School District. Programs focus on behavioral health, skills development, violence prevention and access to care support.
Patient Financial Assistance	Educate and inform patients and the community about our hospital's financial assistance policy

Anticipated Impact: Gains in public or private health care coverage; increased knowledge about how to access and navigate the health care system; increased primary care visits among home-bound seniors; access to medical care for homeless men, women and children

Planned Collaboration: The hospital will partner with Nevada Health Link, Catholic Charities, The Shade Tree, Lend a Hand of Boulder City, State of Nevada Department of Welfare and Social Services, Nevada WIC, NAMI, PACT Coalition, CARE Coalition, Aging and Disability Services, Fund for a Healthy Nevada, Regional Transportation Commission, Access to Healthcare Network, Women's Health Connection, Southern Nevada Health District



Health Need: Motor Vehicle and Pedestrian Safety

Strategy or Program Name	Summary Description
Zero Fatalities	Program includes the following initiatives: Always Buckle Up, Don't Drive Impaired, Focus on the Road, Stop on Red, Be Pedestrian Safe, Ride Safe
Advocacy	Partner with the Nevada Zero Fatalities Occupant Protection Task Force to advocate upgrading NRS 484D.495 to a Primary Seat Belt Law
AARP Drivers Safety	Provide driver's safety courses for seniors throughout the valley
Car Seat Safety Checks	Provide car seat safety checks throughout the valley

Anticipated Impact: Eliminate fatalities on our roadways.

Planned Collaboration: Nevada Department of Public Safety/Office of Traffic Safety, Las Vegas Coalition for Zero Fatalities, AARP, Safe Kids, Nevada Department of Transportation



Health Need: Violence Prevention

Strategy or Program Name	Summary Description
Human Trafficking Response Program	Ensure that trafficked persons are identified in the health care setting and are assisted with victim-centered, trauma-informed care and services.
Mental Health First Aid (Adult & Youth)	Mental Health First Aid is an 8-hour course that gives people the skills to help someone who is developing a mental health problem or experiencing a mental health crisis.
SafeTALK Suicide Prevention	A half-day training program that teaches participants to recognize and engage persons who might be having thoughts of suicide and to connect them with community resources trained in suicide intervention. SafeTALK stresses safety while challenging taboos that inhibit open talk about suicide.
Parent Gun Safety Class	Educate parents on gun safety through prenatal classes and ongoing education
Senior Peer Counseling	Provide confidential, personal and supportive counseling to people facing the challenges and concerns of growing older, such as: loss and bereavement, retirement, health concerns, relationships, normal aging issues and loneliness.
Rape Crisis Center	GRANTEE – Provide prevention education programs to empower participants to change social norms and community conversations around violence and to access resources when they are needed,

	eventually leading to a reduction of interpersonal violence.
Prevent Child Abuse Nevada	GRANTEE – Provide training for professionals, parents and youth to strengthen families and protect children.
Toe Tag Monologues	GRANTEE – Targeting youth in the Juvenile Justice System, Homeless Shelters and the Clark County School District, Toe Tag Monologues delivers wrap-around services including, life skills/Job skills and mentorship. Programs focus on behavioral health, skills development, violence prevention and access to care support.
The Shade Tree	GRANTEE – Provide primary medical and additional health care services including mental health care, substance abuse treatment, gynecological care and pediatric care to residents of the emergency shelter for homeless and abused women and children
St. Jude's Ranch for Children	GRANTEE – Provide therapeutic foster care including clinical therapy, public school attendance and learning new life skills for children who have been victimized by child abuse and neglect.

Anticipated Impact: Prevent suicide, rape, domestic violence, child abuse and human trafficking. Provide resources, support and care for victims of rape, domestic violence, child abuse and human trafficking.

Planned Collaboration: Nevada Coalition for Suicide Prevention, PACT Coalition, State of Nevada Office of Suicide Prevention, Senior Peer Counseling, Human Trafficking Task Force, Senior Peer Counseling, CARE Coalition, Southern Nevada Harm Reduction Alliance,



Health Need: Substance Use

Strategy or Program Name	Summary Description
EMPOWERED	(Empowering Mothers for Positive Outcomes with Education, Recovery, and Early Development) provides community resources, support services, education, and connections to recovery and treatment services for women with substance use disorders during pregnancy and after giving birth.
Mental Health First Aid (Adult & Youth)	Mental Health First Aid is an 8-hour course that gives people the skills to help someone who is developing a mental health problem or experiencing a mental health crisis.
Alcoholics Anonymous & Narcotics Anonymous	Provide 9 AA and/or NA support groups at the hospitals and centers. Provide space, promotion and support.
Toe Tag Monologues	GRANTEE – Deliver wrap-around services including, life skills/Job skills and mentorship to youth in the Juvenile Justice System, Homeless Shelters and the Clark County School District. Programs focus on behavioral health, skills development, violence prevention and access to care support.
Foundation for Recovery	GRANTEE – Dispatch certified Recovery Coaches to local ERs to connect individuals impacted by Substance Use Disorder to peer

recovery services, provide them with linkages to community resources, including overdose prevention, education and harm reduction.

Anticipated Impact: Reduce opioid overdoses, provide support for individuals in substance use recovery, educate community about addiction, and provide connection to substance use and treatment during pregnancy and after giving birth.

Planned Collaboration: PACT Coalition, NAMI, Alcoholics Anonymous, Narcotics Anonymous, Southern Nevada Health District, State of Nevada



Health Need: Mental Health

Strategy or Program Name	Summary Description
Senior Peer Counseling	Provide confidential, personal and supportive counseling to people facing the challenges and concerns of growing older, such as: loss and bereavement, retirement, health concerns, relationships, normal aging issues and loneliness.
Mental Health First Aid (Adult & Youth)	Mental Health First Aid is an 8-hour course that gives people the skills to help someone who is developing a mental health problem or experiencing a mental health crisis.
Let's Talk Support Groups	Provide 5 Let's Talk groups for new families across the valley. This group serves and reflects diverse communities including fathers, mothers and gender non-confirming parents; parents who are facing the challenges of new parenting including perinatal emotional complications, addiction, incarceration, racism and other oppressions; and parents from varied traditions and cultures.
Perinatal Mood and Anxiety Disorder (PMAD)	Provides community trainings, education, support groups, counseling and care navigation for all families with perinatal mood and anxiety disorders.
Toe Tag Monologues	GRANTEE – Deliver wrap-around services including, life skills/Job skills and mentorship to youth in the Juvenile Justice System, Homeless Shelters and the Clark County School District. Programs focus on behavioral health, skills development, violence prevention and access to care support.

Anticipated Impact: Increase access to mental health services through navigation, support groups, peer counseling and counseling services. Reduce stigma through education, awareness and outreach.

Planned Collaboration: PACT Coalition, Nevada Coalition for Suicide Prevention, NAMI, State of Nevada Office of Suicide Prevention

Program Digests

The following pages include Program Digests describing key programs and initiatives that address one or more significant health needs in the most recent CHNA report. The digests include program descriptions and intervention actions, statements of which health needs are being addressed, any planned collaboration, and program goals and measurable objectives.



Medicaid & Nevada Health Link Enrollment

Significant Health Needs Addressed	✓ Access to Care ❑ Motor Vehicle and Pedestrian Safety ❑ Violence Prevention ❑ Substance Use ❑ Mental Health
Program Description	Dignity Health St. Rose Dominican has six trained and licensed Exchange Enrollment Facilitators (EEF) who will assist the uninsured with enrollment in Medicaid, CHIP or a qualified Health Plan.
Community Benefit Category	A3-d. Health Care Support Services – Enrollment Assistance

Planned Actions for 2019 - 2021

Program Goal / Anticipated Impact	Reduce the number of uninsured adults and children in southern Nevada
Measurable Objective(s) with Indicator(s)	• Total individuals enrolled in Medicaid, CHIP or a Qualified Health Plan • Total individuals provided resources and information from our existing WIC, RED Rose, WomensCare, Neighborhood Hospital and St. Rose Campus uninsured clients. • Total events attended • Total collaborations with community partners
Intervention Actions for Achieving Goal	• Achieve NHL grant outcomes to secure ongoing funding • Train staff, maintain licenses • Identify and reach at-risk populations who need healthcare • Attend community events • Marketing in REACH and through all programs • Staff one EEF at all 6 of our Community Health Centers
Planned Collaboration	Nevada Health Link, State of Nevada Department of Welfare and Social Services, Cardenas Markets, United Labor Agency of Nevada, Nevada JobConnect, Nevada WIC, Family Law Self Help Center, ImpactNV, NAMI, Latin Chamber of Commerce, YMCA, Pearson Community Center, Acelero Head Start, Station Casinos, PACT Coalition, NAACP, Serenity Club, TIMCare NV, CARE Coalition



Helping Hands

Significant Health Needs Addressed	✓ Access to Care ❑ Motor Vehicle and Pedestrian Safety ❑ Violence Prevention ❑ Substance Use ❑ Mental Health
Program Description	Helping Hands of Henderson assists homebound individuals 60 years of age and older who live in Henderson with transportation to medical/dental/optical appointments, prescription drop off/pickup, grocery shopping, food pantry, congregate meals and social activities.
Community Benefit Category	A3. Health Care Support Services

Planned Actions for 2019 – 2021

Program Goal / Anticipated Impact	Assist in meeting the needs of seniors living in Henderson so they can remain independent in their homes thereby postponing the costly expense of assisted living. The program provides access to physicians, food, pharmacy and other needed services to allow the senior to maintain an independent and healthy life.
Measurable Objective(s) with Indicator(s)	• Total unduplicated clients • Total round trip rides • Referrals • Total active volunteers • Total Golden Grocery Senior Food Bank Participants • 100% of clients were able to access food as a result of Helping Hands services • 95% of clients will report they were able to maintain medical appointments because of Helping Hands • 100% of clients report an increase in feelings of independence since enrolling in Helping Hands.
Intervention Actions for Achieving Goal	• Enroll/reassess 525 clients • Recruit and maintain an active volunteer base of 50 or more • Reduce waiting list • Provide 2,500 community referrals and 500 reassurance calls • Increase grant funding • Increase Golden Grocery Senior Food Bank clients
Planned Collaboration	Aging and Disability Services Division (ADSD), Regional Transportation Commission (RTC), Fund for a Healthy Nevada, Three Square Food Bank, MGM Grand, Lend a Hand of Boulder City



Significant Health Needs Addressed	✓ Access to Care ❑ Motor Vehicle and Pedestrian Safety ❑ Violence Prevention ❑ Substance Use ❑ Mental Health
Program Description	The RED Rose program provides free mammography, ultrasound, biopsy and surgical consultations for individuals 49 years and younger who are uninsured or underinsured. The bi-lingual Breast Health Navigator coordinates care from screening to treatment. Support services are also available, such as payment of monthly utilities, transportation costs, groceries, rent and other incidentals while fighting breast cancer. In addition all Navigators are trained Nevada Health Link Enrollment Facilitators and enroll clients into the appropriate plan.
Community Benefit Category	A2. Community-based clinical services
Planned Actions for 2019 - 2021	
Program Goal / Anticipated Impact	Increase breast cancer screening rates to diagnose breast cancer as early as possible for uninsured and/or undocumented clients.
Measurable Objective(s) with Indicator(s)	- Total Eligibility Screenings - Total Clinical Breast Exams - Total Mammograms - Total Ultrasounds - Total Biopsies - Total Malignancies detected - Total Cancer diagnosis - Total Breast Surgeries - Total Temporary Financial Assistance Provided
Intervention Actions for Achieving Goal	• Fundraise and secure grants to provide services • Increase marketing through REACH magazine and media • Attend 100 events which reach the uninsured and undocumented • Collaborate with key partners to reach women in need.
Planned Collaboration	Engelstad Family Foundation, Susan G. Komen Nevada, Radiology Associates, Southern Nevada Surgery Specialists, St. Rose Outpatient Radiology, Nevada Cancer Coalition, Mexican Consulate, Women's Health Connection, University of Nevada Cooperative Extension, Access to Healthcare Network, Southern Nevada Health District



Zero Fatalities

Significant Health Needs Addressed	☐ Access to Care ☒ Motor Vehicle and Pedestrian Safety ☐ Violence Prevention ☐ Substance Use ☐ Mental Health
Program Description	Zero fatalities is all about eliminating fatalities on our roadways. Some people may think zero is an impossible goal, but when it comes to your family and friends, what other number would be acceptable? We are aiming for zero fatalities because everyone matters. Dignity Health supports this goal by partnering to address impaired driving, seat belt usage and pedestrian safety through legislation, community outreach, collaboration and marketing.
Community Benefit Category	A1. Community Health Education
Planned Actions for 2019 - 2021	
Program Goal / Anticipated Impact	1. Zero Fatalities by 2030 2. Zero Teen Fatalities by 2021 3. Maintain Zero Infant/Child fatalities for ages one day - 2 years
Measurable Objective(s) with Indicator(s)	• Reduction in fatalities • Total education encounters • Awareness campaign reach • Advocacy Efforts • Total AARP Drivers Safety Classes/Attendees • Total Car Seat Safety Checks
Intervention Actions for Achieving Goal	1. Partner with Nevada Department of Public Safety to provide an education program that promotes safety for all users of Nevada roads, including pedestrians and bicyclists. 2. Partner with AARP to provide drivers safety courses for seniors throughout the valley 3. Participate in the Nevada Zero Fatalities Impaired Driving Prevention Task Force 4. Partner with the Nevada Zero Fatalities Occupant Protection Task Force to advocate upgrading NRS 484D.495 to a Primary Seat Belt Law 5. Provide Car Seat Safety Checks throughout the valley
Planned Collaboration	Nevada Department of Public Safety Office of Traffic Safety, AARP, Safe Kids, Nevada Department of Transportation



SafeTALK Suicide Prevention

Significant Health Needs Addressed

- ☐ Access to Care
- ☐ Motor Vehicle and Pedestrian Safety
- ☒ Violence Prevention
- ☐ Substance Use
- ☐ Mental Health

Program Description

SafeTALK is a half-day training program that teaches participants to recognize and engage persons who might be having thoughts of suicide and to connect them with community resources trained in suicide intervention. SafeTALK stresses safety while challenging taboos that inhibit open talk about suicide.

Community Benefit Category

A1. Community Health Education

Planned Actions for 2019 - 2021

Program Goal / Anticipated Impact

Provide training on suicide prevention to community groups that have a role in the prevention of suicide and related behaviors.

Measurable Objective(s) with Indicator(s)

After training, participants in the safeTALK program should be able to:

1. Challenge attitudes that inhibit open talk about suicide.
2. Recognize a person who might be having thoughts of suicide.
3. Engage them in direct and open talk about suicide.
4. Listen to the person's feelings about suicide to show that they are taken seriously.
5. Move quickly to connect them with someone trained in suicide intervention

Intervention Actions for Achieving Goal

- Train staff and/or hire 4 safeTALK instructors to provide program
- Host safeTALK at all 6 centers across the valley
- Reach 50 participants per year
- Train all Community Health Staff and offer training to hospital staff

Planned Collaboration

State of Nevada Office of Suicide Prevention, Southern Nevada Health District/Violence and Injury Prevention, Nevada Coalition for Suicide Prevention



EMPOWERED – Empowering Mothers for Positive Outcomes with Education, Recovery, and Early Development

Significant Health Needs Addressed	✓ Access to Care ❑ Motor Vehicle and Pedestrian Safety ❑ Violence Prevention ✓ Substance Use ❑ Mental Health
Program Description	EMPOWERED (Empowering Mothers for Positive Outcomes with Education, Recovery, and Early Development) addresses the increasing number of women of childbearing age in Southern Nevada who are either challenged with opioid dependence or maintained on opioid prescriptions. For both groups, the goal is for a healthy pregnancy, delivery, and postpartum experience. EMPOWERED provides community resources, education, and connections to treatment and/or recovery services. In addition, we provide: • Education on Neonatal Abstinence Syndrome (NAS) • Developmental assessments • Postpartum support for 1 year after delivery • Breastfeeding support • Parenting classes and education on the hospital stay • Infant CPR • Support groups
Community Benefit Category	A1. Community-based clinical services
Planned Actions for 2019 - 2021	
Program Goal / Anticipated Impact	Increase participation and engagement by enrolled participants by 10% each year. This program will do so by continued community outreach, providing education, and supporting our community partners.
Measurable Objective(s) with Indicator(s)	Total Referrals Total Mothers enrolled Total Education encounters Total Developmental Assessments
Intervention Actions for Achieving Goal	• Monthly community outreach • Facilitate educational and informational sessions in various community settings • Provide education and support through prenatal consultations • Conduct developmental screenings on infants from birth to 1 year to assess developmental progress from opioid exposure during pregnancy • Provide client access to community resources
Planned Collaboration	Southern Nevada Health District, State of Nevada, local Medication Assisted Treatment Providers, and OB/GYNs.



Mental Health First Aid

Significant Health Needs Addressed	☐ Access to Care ☐ Motor Vehicle and Pedestrian Safety ☒ Violence Prevention ☒ Substance Use ☒ Mental Health
Program Description	Mental Health First Aid is an 8-hour course that gives people the skills to help someone who is developing a mental health problem or experiencing a mental health crisis. The evidence behind the program demonstrates that it does build mental health literacy, helping the public identify, understand and respond to signs of mental illness. The vision of this program is to become as common as CPR and First Aid training. This means having regular courses offered in every community across the U.S. Since St Rose has 6 centers across the valley, we hope to expand this program in those communities.
Community Benefit Category	A1-d. Community Healthy Education – Support Groups

Planned Actions for 2019 - 2021

Program Goal Anticipated Impact	Studies show that this program: • Saves lives • Improves the mental health of the individual administering care and the one receiving it • Expands knowledge of mental illnesses and their treatments • Reduces overall social distance toward individuals with mental illnesses by improving mental health literacy. People who are trained in the program: • Have greater confidence in providing help to others • Greater likelihood of advising people to seek professional help • Improved concordance with health professionals about treatments • Decreased stigmatizing attitudes
Measurable Objective(s) with Indicator(s)	1. Train and/or hire 2-4 Mental Health First Aid or Youth Mental Health First Aid Instructors 2. Provide 10 Mental Health First Aid and 4 Youth Mental Health First Aid classes per year across the valley at our 6 centers 3. Teach 150 people with this program
Intervention Actions for Achieving Goal	1. Advertise program in REACH magazine quarterly 2. Offer training to staff and volunteers of Dignity Health – St. Rose Dominican 3. Attend Nevada Coalition for Suicide Prevention meetings, PACT Coalition meetings, and NAMI meetings 4. Promote program at special events, health fairs and in the community. 5. Partner with key groups to cross-promote program
Planned Collaboration	Nevada Coalition for Suicide Prevention, PACT Coalition, NAMI, State of Nevada Office of Suicide Prevention, Senior Peer Counseling, CARE Coalition, Southern Nevada Harm Reduction Alliance, FirstMed Health and Wellness, NV Hand, NV CHW Association, University of Nevada Cooperative Extension



Perinatal Mood and Anxiety Disorders Program

Significant Health Needs Addressed	☐ Access to Care ☐ Motor Vehicle and Pedestrian Safety ☐ Violence Prevention ☐ Substance Use ☒ Mental Health
Program Description	The PMAD (Perinatal Mood and Anxiety Disorders) Program is a Statewide program that offers community trainings, education, support groups and care coordination for all families. PMAD facilitators have trained over 500 community and health professionals and currently offer 9 support groups – 5 Let's Talk and 4 Mommy Mixers. The coordinator currently assists moms and families in need of clinical therapy. We help coordinate the family's insurance mental health provider and assist with funding the therapy if the provider is unable to see the patient within a two-week period.
Community Benefit Category	A1-d. Community Healthy Education – Support Groups
Planned Actions for 2019 - 2021	
Program Goal / Anticipated Impact	The PMAD program goals are to reduce mental health stigma, promote and educate health professionals on PMADs and what community resources are available for their clients/patients, and continue to provide support and care coordination to moms and families experiencing PMADs with support groups, mommy mixers and therapy.
Measurable Objective(s) with Indicator(s)	Annually we will: • Educate and train 200 community and health professionals on PMADs. • Reach 550 moms who attend 9 support groups across the valley (5 Let's Talk and 4 Mommy mixer) • Provide health navigation for 150 clients • Provide 150+ client intakes • Provide counseling services for 200+ clients
Intervention Actions for Achieving Goal	We will continue to provide PMAD trainings to community and health professionals, support groups, mommy mixers and support with funding therapy.
Planned Collaboration	Southern Nevada WIC clinics, Southern NV Health District, United Healthcare, Behavioral Health Options, Baby's Bounty, Las Vegas Baby Co., State of Nevada Division of Child and Family Services, Maternal Child Health Coalition, UNLV School of Medicine, State Breastfeeding Peer Counselors, southern Nevada OBGYNs, southern Nevada pediatricians



Senior Peer Counseling

Significant Health Needs Addressed	☐ Access to Care ☐ Motor Vehicle and Pedestrian Safety ☐ Violence Prevention ☐ Substance Use ☒ Mental Health
Program Description	A nation-wide program designed by the Center for Healthy Aging, the Senior Peer Counseling program provides confidential, personal and supportive counseling to people facing the challenges and concerns of growing older, such as: loss and bereavement, retirement, health concerns, relationships, normal aging issues and loneliness. Dignity Health's counselors are a team of carefully trained volunteers who provide supportive counseling under the close supervision of mental health professionals.
Community Benefit Category	A1. Community Health Education
Planned Actions for 2019 - 2021	
Program Goal / Anticipated Impact	Discussing concerns with a trained and caring peer counselor can really make a difference in reducing loneliness and depression. Counseling offers an outlet to work through feelings, recognize strengths, consider alternatives, learn new coping skills and redirect your life toward greater meaning and purpose.
Measurable Objective(s) with Indicator(s)	Total Clients Total Counseling Sessions Total Intakes Total Referrals to other programs or services Total Clients who have "completed" Total Active Counselors
Intervention Actions for Achieving Goal	1. Recruit, screen, train, and retain peer counselors annually. Provide bi-weekly supervision and ongoing training. 2. Recruit clients through physician referrals, self-referral, community partners, REACH Magazine and website. 3. Match clients with an appropriate counselor and monitor counseling through supervision
Planned Collaboration	State of Nevada Office of Suicide Prevention, ADSD

Hospital Board and Committee Rosters

Community Board Members

July 1, 2019 – June 30, 2020

Maggie Arias-Petrel
CEO, Global Professional Medical Consulting

Lawrence Barnard
Nevada Market Leader and President/CEO
Dignity Health –St. Rose Dominican Siena

Cynthia Cammack, O.P.
Nursing Services Specialist, Hospice By The Bay

Neel Dhudshia, M.D.
Cardiovascular Surgery of Southern NV

Patricia Dulka, O.P.
Holy Rosary Chapter Prioress
Adrian Dominican Sisters

Patrick Hays
Retired

Craig Johnson, Board Secretary
SVP, Hill International, Inc

Patricia McDonald
Adrian Dominican Sister

Jennifer Raroque, M.D.
Platinum Hospitalists

John Socha, Board Vice Chair
Vice President, Health Center Strategy & Development, Culinary Health Fund

Rita Vaswani
Vice President/Senior Relationship Manager
Nevada State Bank

Kate Zhong
Physician/CEO, CNS Innovations

Community Health Advisory Committee (CHAC) Members

July 1, 2019 – June 30, 2020

Sister Phyllis Sikora, O.P., Chairperson
Service Area Vice President of Mission
Integration & Spiritual Care

Polly Bates
Grant Manager, Foundation

Nicole Bungum, MS, CHES
Supervisor, Office of Chronic Disease
Prevention & Health Promotion, Southern
Nevada Health District

Asia Dean
Director Strategic Planning

Sr. Patricia Dulka
Holy Rosary Chapter Prioress, Adrian
Dominican Sisters

Jennifer Findlay
Helping Hands Manager

Mark Domingo
Disease Management Program Manager

Dr. Shawn Gerstenberger
Dean, School of Community Health Sciences,
UNLV

Patricia Lindberg
Retired, Community Member

Holly Lyman, MPH, CLC
Director Community Health

Sister Patricia McDonald
Adrian Dominican Sisters

Deacon Thomas A. Roberts
President and CEO
Catholic Charities of Southern Nevada

Shelley Williams, RN, CDE
Lead Diabetes Educator

