

St. John's Regional Medical Center and St. John's Hospital Camarillo

Community Benefit 2022 Report and 2023 Plan

Adopted October 2022



A message from

Barry Wolfman, president and CEO of St. John's Regional Medical Center and St. John's Hospital Camarillo, and Billie Joe Rodriguez, Chair of the Dignity Health Ventura County Community Board.

Dignity Health's approach to community health improvement aims to address significant health needs identified in the 2019 and 2022 Community Health Needs Assessments that we conduct collaboratively and with community input, including from the local public health department. Our initiatives to deliver community benefit include financial assistance for those unable to afford medically necessary care, a range of prevention and health improvement programs conducted by the hospital and with community partners, and investing in efforts that address social determinants of health.

St. John's Regional Medical Center and St. John's Hospital Camarillo share a commitment with others to improve the health of the communities we serve, and deliver programs and services to help achieve that goal. The Community Benefit 2022 Report and 2023 Plan describes much of this work. This report meets requirements in California state law (Senate Bill 697) that not-for-profit hospitals produce an annual community benefit report and plan. We are proud of the outstanding programs, services and other community benefits our hospital delivers, and are pleased to report to our community.

In fiscal year 2022 (FY22), St. John's Regional Medical Center and St. John's Hospital Camarillo provided \$42,503,719 in patient financial assistance, unreimbursed costs of Medicaid, community health improvement services and other community benefits. The hospital also incurred \$47,359,815 in unreimbursed costs of caring for patients covered by Medicare.

The hospital's Community Board reviewed, approved and adopted the Community Benefit 2021 Report and 2022 Plan at its October 2022 meeting.

Thank you for taking the time to review our report and plan. We welcome any questions or ideas for collaborating that you may have, by reaching out to George West at george.west@commonspirit.org or calling 805-988-2688.

Barry Wolfman

Billie Joe Rodriguez





President/CEO

Chairperson, Community Board

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At-a-Glance Summary

<p>Community Served</p> 	<p>The Primary Service Area of St. John’s Regional Medical Center and St. John’s Hospital Camarillo includes Oxnard and Port Hueneme Zip codes of 93030, 93033, 93035, 93036, 93041, 93042, 94043, Camarillo Zip codes 93010, 93012 and Somis Zip code 93066 This represents a population of 209,084 people.</p>			
<p>Economic Value of Community Benefit</p> 	<p>\$42,503,719 in patient financial assistance, unreimbursed costs of Medicaid, community health improvement services, community grants and other community benefits, and</p> <p>\$47,359,815 in unreimbursed costs of caring for patients covered by Medicare fee-for-service.</p>			
<p>Significant Community Health Needs Being Addressed</p> 	<p><i>Community Health Needs addressed FY2022 and plan for FY2023</i></p> <table border="1" data-bbox="428 747 1429 1297"> <tr> <td data-bbox="428 747 857 1297"> <p>The significant community health needs the hospital helped address in FY2022 that form the basis of this report were identified in the hospitals’ 2019 Community Health Needs Assessment (CHNA). Needs being addressed by strategies and programs in FY2022 were:</p> <ul style="list-style-type: none"> • Improve Access to Health Services • Improve Health and Wellness for Older Adults • Reduce the Burden of Chronic Disease • Address Social Needs </td> <td data-bbox="857 747 1429 1297"> <p>For FY2023 the significant health needs were revised in our 2022 CHNA. Needs being addressed in the FY2023 plan are:</p> <ul style="list-style-type: none"> • Addressing Mental Health and Substance Abuse Across the Lifespan • Prevention of Chronic Conditions by Promoting Healthy Lifestyles • Advancing Equitable Access to Healthcare </td> </tr> </table>		<p>The significant community health needs the hospital helped address in FY2022 that form the basis of this report were identified in the hospitals’ 2019 Community Health Needs Assessment (CHNA). Needs being addressed by strategies and programs in FY2022 were:</p> <ul style="list-style-type: none"> • Improve Access to Health Services • Improve Health and Wellness for Older Adults • Reduce the Burden of Chronic Disease • Address Social Needs 	<p>For FY2023 the significant health needs were revised in our 2022 CHNA. Needs being addressed in the FY2023 plan are:</p> <ul style="list-style-type: none"> • Addressing Mental Health and Substance Abuse Across the Lifespan • Prevention of Chronic Conditions by Promoting Healthy Lifestyles • Advancing Equitable Access to Healthcare
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<p>FY22 Programs and Services</p> 	<p>The hospitals delivered several programs and services to help address identified significant community health needs. These included:</p> <ul style="list-style-type: none"> • Improve Health and Wellness for Older Adults Senior Wellness Program • Reduce the Burden of Chronic Disease Living Well with Diabetes Program Diabetes Education and Empowerment Program (DEEP®) Congestive Heart Active Management Program (CHAMP®) Chronic Disease Self-Management Education Program • Improve Access to Health Services The Cancer Center of Ventura County Dignity Health Community Grants Program • Address Social Needs Health Ministries Basic Needs Program & Community Food Pantry <p>(In addition, there were activities whose outcomes are difficult to quantify.)</p>			

FY23 Planned Programs and Services



For FY2023 the following Programs & Initiatives are planned:

- **Addressing Mental Health and Substance Abuse Across the Lifespan**
 - Health and Wellness Program for Seniors
- **Prevention of Chronic Conditions by Promoting Healthy Lifestyles**
 - Health Ministries Basic Needs Program & Community Food Pantry
 - Health Education & Literacy Program (H.E.L.P.)
 - Diabetes Education & Empowerment Program (D.E.E.P.)
 - Living Well with Diabetes Program
 - Local Congestive Heart Active Management Program (like CHAMP®)
 - Chronic Disease Self-Management Education Program
- **Advancing Equitable Access to Healthcare**
 - The Cancer Center of Ventura County at St. John's
 - Patient Financial Assistance Program
 - Dignity Health Community Grants Program

This document is publicly available online at <https://www.dignityhealth.org/central-coast/locations/stjohnsregional/about-us/community-benefit>.

Written comments on this report can be submitted to the Community Health Office, St. John's Regional Medical Center, 1600 N. Rose Ave., Oxnard, CA 93030 by email to hospital@dignityhealth.org or george.west@commonspirit.org or by telephone, call 805-988-2688.

Our Hospital and the Community Served

About St. John's Regional Medical Center and St. John's Hospital Camarillo

St. John's Regional Medical Center and St. John's Hospital Camarillo are members of Dignity Health, which is a part of CommonSpirit Health.

The Sisters of Mercy, at the invitation of community leaders who discerned a need for a hospital in the Oxnard coastal plane, established St. John's in 1912 as a six-room wooden structure with 12 beds. It grew to be St. John's Regional Medical Center (SJRMC) a 265-bed facility on a 48-acre campus in northeast Oxnard, serving a community that has a land use mix of residential, agricultural & industrial, including a Navy base and a vacation harbor. SJRMC offers comprehensive medical programs and services, including emergency care, acute physical rehabilitation, cardiac care, cancer care, maternity and childbirth services (including a Neonatal Intensive Care Unit), infusion centers, a Chest Pain Center, a Stroke Center, St. John's Cancer Center of Ventura County, St. John's Surgical Weight Loss Center and St. John's Neuro Intervention Center.

Originally founded as Pleasant Valley Hospital in 1974 by a group of Camarillo community leaders and physicians who discerned that the young City of Camarillo needed a hospital of its own, in 1993 it merged with St. John's Regional Medical Center in Oxnard, becoming St. John's Pleasant Valley Hospital (SJPVH). In 2020 the two hospitals came under one license and in 2021 St. John's Pleasant Valley Hospital changed its name to St. John's Hospital, Camarillo (SJHC). SJHC provides emergent,

acute and intensive care, with extensive surgery services, cancer care, outpatient hyperbaric care and a 99 bed residential sub-acute facility. SJHC is Primary Stroke Certified by the Joint Commission, the only certified Geriatric Care Emergency Dept. in Ventura County and has been recognized for excellence in Pulmonary Care, General Surgery and Critical Care.

St. John's Regional Medical Center and St. John's Hospital Camarillo are one ministry of healing with two hospitals, both Catholic and sponsored by the Catholic Health Federation (a Public Juridic Person of the Catholic Church).

Our Mission

As CommonSpirit Health, we make the healing presence of God known in our world by improving the health of the people we serve, especially those who are vulnerable, while we advance social justice for all.

Our Vision

A healthier future for all – inspired by faith, driven by innovation, and powered by our humanity.

Financial Assistance for Medically Necessary Care

It is the policy of CommonSpirit Health to provide, without discrimination, emergency medical care and medically necessary care in CommonSpirit hospital facilities to all patients, without regard to a patient's financial ability to pay. This hospital has a financial assistance policy that describes the assistance provided to patients for whom it would be a financial hardship to fully pay the expected out-of-pocket expenses for such care, and who meet the eligibility criteria for such assistance. The financial assistance policy, a plain language summary and related materials are available in multiple languages on the hospital's website.

Description of the Community Served

Community is defined as the resident population within the hospital’s service area. Committed to addressing health disparities and serving communities with impactful solutions that leverage shared resources and coordinate care. St. John’s Regional Medical Center and St. John’s Hospital Camarillo entered into a multi-hospital/organization collaborative to develop the 2019 Community Health Needs Assessment and 2022 Community Health Needs Assessment (which may be found at <http://www.healthmattersinvc.org>). The eight lead health organizations that make up the collaborative have come together in defining their service area as the people of the County of Ventura.



In 2022, Ventura County’s population of 842,465 had a median age of 38.5 and a median household income of \$101,407. Among county residents, 37,864 have veteran status, 37.9% of the people in Ventura County speak a non-English language, and 21.3% are foreign born. The average owner-occupied home/property value in Ventura County is \$809,953 and the homeownership rate is 63.3%. The percent of households with a computer is 91.9% and those households with a broadband internet subscription is 89.8% (United States Census Bureau).

St. John’s Regional Medical Center and St. John’s Hospital Camarillo primarily serve the communities of Oxnard, Port Hueneme, Camarillo and Somis, which are Zip codes of 93030, 93033, 93035, 93036, 93041, 93010, 93012 and 93066. The population of these zip codes is 209,084 which represents 24.81% of Ventura County’s population.

A snapshot summary description of the community is below. Additional details can be found in the 2022 CHNA report online at [https://www.dignityhealth.org/content/dam/dignity-health/pdfs/community-benefit/Ventura CHNA 2022 v2 \(1\).pdf](https://www.dignityhealth.org/content/dam/dignity-health/pdfs/community-benefit/Ventura CHNA 2022 v2 (1).pdf).

TOTAL POPULATION:	209,084
RACE:	
White - Non-Hispanic	10.8%
Black/African American - Non-Hispanic	2.2%
Hispanic or Latino	77.7%
Asian/Pacific Islander	7.1%
All Others	2.3%
% Below Poverty	9.4%
% Unemployment	5.5%
No High School Diploma	31.3%
Medicaid (household)	27.0%
Uninsured (household)	8.6%

(Source: Claritas Pop-Facts® March 2022; SG2 Market Demographic Module)

Community Assessment and Significant Needs

The hospital engages in multiple activities to conduct its community health improvement planning process. These include, but are not limited to, conducting a Community Health Needs Assessment with community input at least every three years, identifying collaborating community stakeholder organizations, describing anticipated impacts of program activities and measuring program indicators.

Community Health Needs Assessment

The health issues that form the basis of the hospital's community benefit plan and programs were identified in the most recent CHNA report, which was adopted in June 2022.

This document also reports on programs delivered during fiscal year 2022 that were responsive to needs prioritized in the hospital's previous CHNA report.

The CHNA contains several key elements, including:

- Description of the assessed community served by the hospital;
- Description of assessment processes and methods;
- Presentation of data, information and findings, including significant community health needs;
- Community resources potentially available to help address identified needs; and
- Discussion of impacts of actions taken by the hospital since the preceding CHNA.

Additional detail about the needs assessment process and findings can be found in the CHNA report, which is publicly available at <https://www.dignityhealth.org/central-coast/locations/stjohnsregional/about-us/community-benefit> or upon request at the hospital's Community Health office.

Significant Health Needs

The 2022 CHNA identified the significant needs in the table below. The table also indicates which needs the hospital intends to address. Identified needs may include specific health conditions, behaviors and health care services, and also health-related social needs that have an impact on health and well-being.

Significant Health Need	Description	Intend to Address?
Addressing Mental Health and Substance Abuse Across the Lifespan	Mental Health and Substance Use Across the Lifespan consists of two related sub-topics: The impact of Adverse Childhood Experiences and Health and Wellness for Older Adults.	✓
Prevention of Chronic Conditions by Promoting Healthy Lifestyles	Prevention of Chronic Conditions by Promoting Healthy Lifestyles consists of six related health sub-topics: Cancer; Diabetes; Heart Disease & Stroke; Nutrition & Healthy Eating; Physical Activity; and Weight Status.	✓

Significant Health Need	Description	Intend to Address?
Advancing Equitable Access to Healthcare	Access to Healthcare is a multifactorial issue, some of which are: income, insurance, transportation, office hours, communication challenges, etc. Added to that is Equity which includes place of residence, race, ethnicity, labor status, gender, gender identity, etc.	✓

Acknowledging the Impact of COVID-19

COVID-19 rates by age group showed that the 25-34 age group had the highest rate of COVID-19 followed by the 15-24 age group. The 75-84 age group had the lowest rate.

COVID-19 was the fifth leading cause of death and of premature death in Ventura County for 2019-2021 (which is better than the State of California and the United States of America).

The limitations placed on gatherings and lack of low-income community member access to technology (especially ZOOM) due to COVID-19 significantly impaired delivery of our community health improvement services and healthcare access for the entire population of Ventura County. Four Community Health educator staff members also left the department during COVID-19. The general impact of the COVID-19 pandemic is just beginning to be measured in such areas as shortened life expectancy overall in Ventura County and the as yet unquantifiable mental/emotional impact of the many pandemic surges.

For more information about the impact of the COVID-19 pandemic on Ventura County see the 2022 CHNA at <https://www.dignityhealth.org/central-coast/locations/stjohnsregional/about-us/community-benefit>.

2022 Report and 2023 Plan

This section presents strategies and program activities the hospital is delivering, funding or collaborations with others to address significant community health needs. It summarizes actions taken in FY22 and planned activities for FY23, with statements on impacts and community collaboration. Program Highlights provide additional detail on select programs.

Planned activities are consistent with current significant needs and the hospital’s mission and capabilities. The hospital may amend the plan as circumstances warrant, such as changes in community needs (e.g. the recent COVID-19 pandemic) or changes in resources to address them.

Creating the Community Benefit Plan

The hospitals are dedicated to improving community health and delivering community benefit with the engagement of its management team, board, clinicians and staff, and in collaboration with community partners.



Hospital and health system participants included the leadership and members of the St. John’s Community Health and Health Ministry Depts., members of its management team and St. John’s clinicians and staff.

Community input or contributions to this community benefit plan included members of the Healthy Communities Committee of our Community Board, the Dignity Health Ventura County Community Board and in collaboration with community partners that are members or affiliates of the Ventura County Community Health Needs Collaborative (VCCHIC).

The programs and initiatives described in this report & plan were selected on the basis of existing programs with evidence of success and outcomes impact, programs that address the social determinants of health and adaptations of programs consistent with resources of the hospitals and our collaborating partners.

Community Health Strategic Objectives

The hospital believes that program activities to help address significant community health needs should reflect a strategic use of resources and engagement of participants both inside and outside of the health care delivery system.

CommonSpirit Health has established four core strategic objectives for community health improvement activities. These objectives help to ensure that our program activities overall address strategic aims while meeting locally-identified needs.



Create robust alignment with multiple departments and programmatic integration with relevant strategic initiatives to optimize system resources for advancing community health.



Scale initiatives that complement conventional care to be proactive and community-centered, and strengthen the connection between clinical care and social health.



Work with community members and agency partners to strengthen the capacity and resiliency of local ecosystems of health, public health, and social services.



Partner, invest in and catalyze the expansion of evidence-based programs and innovative solutions that improve community health and well-being.

Report and Plan by Health Need

The tables below present strategies and program activities the hospital has delivered or intends to deliver to help address significant health needs identified in the community health needs assessment.

They are organized by health need and include statements of strategy and program impact, and any collaboration with other organizations in our community.



Health Need: Addressing Mental Health and Substance Abuse Across the Lifespan

Strategy or Program	Summary Description	Active FY22	Planned FY23
Health & Wellness Program for Seniors	<ul style="list-style-type: none"> Classes that inform, educate and offer fun activities for seniors to stay healthy and pursue healthy life choices. Free health screenings to raise senior's awareness of their health needs and encourage proactive life choices for good health & medical attention if indicated. 	☒	☒

Goal and Impact: To educate & empower seniors, teach them self-advocacy and create opportunities for them to make healthier life choices and cope with the medical and mental health issues that age brings.

Collaborators: Primary collaborators are Community Senior Centers in Oxnard, the City of Oxnard and the members of the Ventura County Community Health Improvement Initiative.



Health Need: Prevention of Chronic Conditions by Promoting Healthy Lifestyles

Strategy or Program	Summary Description	Active FY22	Planned FY23
Health Ministries Basics Needs Program & Community Food Pantry	<ul style="list-style-type: none"> Providing healthy food weekly to those in need. Preventing homelessness by assisting families in need with rent & utility payments. Assisting those needing public transportation to access health care. 	☒	☒

Health Education & Literacy Programs (H.E.&L.P.)	<ul style="list-style-type: none"> • Classes & other outreach activities to educate health consumers about: healthy eating, chronic disease self-management, healthy lifestyles. • Creating publications (bilingual) that foster and encourage healthy eating & lifestyles. • Providing chronic disease education classes/events. • Providing support groups (bilingual) for those who have a chronic disease (especially diabetes). 	☒	☒
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Goal and Impact: To meet the nutritional needs of the underserved of Ventura County and provide bilingual education & empowerment to the healthcare consumer public so they can make healthier choices and manage chronic conditions that they may have.

Collaborators:

- Our Lady of Guadalupe Parish/Archdiocese of Los Angeles
- Foodshare
- Vons Supermarkets
- Lassen’s Markets
- U.S.D.A.
- Local Growers in Ventura County
- Lion’s Club of Oxnard
- St. John’s Foundation
- Sister Dignity Health Hospitals that offer D.E.E.P. & CDSM classes
- Dignity Health Post-Acute Care Division

 **Health Need: Advancing Equitable Access to Healthcare**

Strategy or Program	Summary Description	Active FY22	Planned FY23
Cancer Center of Ventura County at St. John’s	<ul style="list-style-type: none"> • Provide free resources, nurse navigation, education and support to those diagnosed with cancer. • Raise Community awareness of cancer prevention opportunities. 	☒	☒
Patient Financial Assistance Program	Providing financial assistance to un/underinsured patients.	☒	☒

Goal and Impact: The Cancer Center of Ventura County at St. John’s

Collaborators: Collaborators include:

- Cancer Community of Ventura County
- St. John’s Healthcare Foundation
- Oncology physicians at St. John’s
- American Cancer Society
- Members of Ventura County Community Health Improvement Collaborative

Community Health Improvement Grants Program


One important way the hospital helps to address community health needs is by awarding financial grants to non-profit organizations working together to improve health status and quality of life. Grant funds are used to deliver services and strengthen service systems, to improve the health and well-being of vulnerable and underserved populations related to CHNA priorities.

In FY22, the hospital awarded the grants below totaling \$235,000. Some projects also may be described elsewhere in this report.

Grant Recipient	Project Name	Amount
Livingston Visiting Nurse Assoc.	End of Life Care for the Uninsured	\$25,000
Westminster Free Clinic	Oxnard Free Clinic	\$60,000
Brain Injury Center	Care Transitions for Brain Injured Patients	\$20,000
Gabriel's House	Homeless Women's Transition Shelter	\$20,000
Camarillo YMCA	Livestrong Cancer Support education & Physical Activities	\$20,000
No Limits for Deaf Children	Deaf Children and Their Parents Education & Support	\$50,000

Program Highlights

The following pages describe a sampling of programs and initiatives listed above in additional detail, illustrating the work undertaken to help address significant community health needs.

 Health & Wellness for Seniors	
Significant Health Needs Addressed	<ul style="list-style-type: none"> Addressing Mental Health and Substance Abuse Across the Lifespan
Program Description	A Program with Education, Activities and Community Building for seniors to pursue a healthy lifestyle <ul style="list-style-type: none"> Senior focused education classes Caregiver support
Population Served	Seniors in Oxnard, Camarillo and neighboring communities.
Program Goal / Anticipated Impact	To increase Seniors' knowledge of health issues and their individualized health information/data and empower seniors and their families to seek preventative & self-care and medical care in a timelier manner.

FY 2022 Report

Activities Summary	<p>Programs range from blood pressure screening and other screenings to age focused classes, physical activities that promotes balance & strength and fun activities (like food bingo).</p> <ul style="list-style-type: none"> • Fibromyalgia diagnosis class • Forgetful, How can I help Myself class • What to Know about Strokes • Cholesterol Countdown class
Performance / Impact	Seniors participating have reported more knowledge and awareness of their needs.
Hospital's Contribution / Program Expense	Education staff are employees of the hospital. In addition a new Community Health Education office offers easier access for seniors and more education resources & activity space in a healthy, well lighted area.

FY 2023 Plan

Program Goal / Anticipated Impact	<p>Improve post-test knowledge of education programs & activities and improve outcomes in the Senso machine balance tests. Seniors will add improved health knowledge to the wisdom of their age and enjoy a community of caring fostered by St. Johns.</p>
Planned Activities	<ul style="list-style-type: none"> • Filling staff vacancies lost to attrition/retirement. • Arthritis Exercise classes. • Expand class offering at Senior Centers and on campus at SJRMC. • Don't Let a Fall Trip You up classes • Add classes to the SJHC campus. Reinstate the Senior Walking Program. • Add a Senso Balance Education machine (and train staff for its use) at our SJRMC campus.



Health Ministries Basics Needs Program & Community Food Pantry

Significant Health Needs Addressed	<ul style="list-style-type: none"> • Prevention of Chronic Conditions by Promoting Healthy Lifestyles
Program Description	<p>The Health Ministries Basic Needs Program seeks to address some of the Social Determinants of Health (SDOH): Food, Housing/Homelessness, Utilities Assistance, Transportation</p> <ul style="list-style-type: none"> • Providing healthy food to those in need twice a week through a community food pantry. • Assisting clients who come to us that are unable to pay their monthly rent/house payment.

	<ul style="list-style-type: none"> Assisting clients who come to us with utility bills and public transportation needs. <p>St. John's provides paid staff and volunteers for these programs which includes office space and the St. John's Healthcare Foundation raises grant funding and other financial support.</p>
Population Served	Those assisted by these programs are those in dire financial need and it is an expression of our Catholic heritage and Catholic social teaching's 'preference for the poor.'
Program Goal / Anticipated Impact	To promote healthy eating for those in need with the potential of freeing-up family monies for pursuing health care needs, prevent homeless for families or other lifestyle calamity, assist people with healthcare transportation needs.

FY 2022 Report

Activities Summary	<ul style="list-style-type: none"> Community Food Pantry Basic Needs Grants to Individuals
Performance / Impact	<ul style="list-style-type: none"> FY 2022 the Community Food Pantry had: <ul style="list-style-type: none"> 33,208 contacts, serving 11,542 people (7,419 were seniors and 9,997 were children) Picking up, packaging & distributing 146.6 tone (i.e. 293,303 lbs.) of food (just 2 days/week). The Basic Needs program provided \$22,039 in rental assistance for 70 people, preventing their homelessness with another \$700 for temporary lodging for 5 people. Basic Needs also gave \$1,211 to 17 individuals to prevent loss of utilities. Referral to other community resources for 651 people.
Hospital's Contribution / Program Expense	This program includes paid staff (FTEs) and volunteers. Staff include a Registered dietician, trained health educators, support staff and a Sister of Mercy.

FY 2023 Plan

Program Goal / Anticipated Impact	<p>Planned Goals for FY2023 include:</p> <ul style="list-style-type: none"> Filling staff vacancies lost to attrition/retirement to support the Food Pantry.
Planned Activities	<p>FY2023 Planned Activities include:</p> <ul style="list-style-type: none"> Continued operation of the Community Food Pantry, adding staff and volunteers. Continuing Basic Needs support as grant funding will allow.



Health Education & Literacy Programs (H.E.&L.P.)

Significant Health Needs Addressed	<ul style="list-style-type: none"> Prevention of Chronic Conditions by Promoting Healthy Lifestyles
Program Description	H.E.&L.P. contains several activities and other programs that are focused on improving people’s health by educating and empowering healthcare consumers so they will lead healthier lifestyles.
Population Served	The program is open to all people in the communities that St. John’s serves, especially those who have a chronic disease and those who are un/underinsured and populations who are marginalized due to the Social Determinants of Health (SDOH).
Program Goal / Anticipated Impact	Participants in classes will demonstrate better understanding of the health issues involved with the particular program.
FY 2022 Report	
Activities Summary	<ul style="list-style-type: none"> Reiter Farms Spanish healthy eating classes for farm workers (including how to read food labels) Healthy Cooking Demonstrations Cooking with Kids Cookbook (bilingual) Blood & Blood Sugar Screenings (bilingual) Diabetes Support Group (bilingual) C.H.A.M.P.® Heart Meal Planning Steps to Lower Your Blood Pressure class Basics of Carb. Counting Basics of Reducing Stress
Performance / Impact	Participants improved their understanding of the topics as evidenced by post participation tests and post event feedback.
Hospital’s Contribution / Program Expense	Community Health Education staff are employees of St. John’s. St. John’s also provides the education center space and supplies, including “incentives” (e.g. pill containers, portion control dishes & spoons, etc.).
FY 2023 Plan	
Program Goal / Anticipated Impact	<p>For FY2023:</p> <ul style="list-style-type: none"> Reinvigorate Community Health Education by use of our new office/education space for classes, support groups and 1:1 counseling.
Planned Activities	<p>Planned activities include:</p> <ul style="list-style-type: none"> Chronic Disease Self-Management class (a collaboration) Diabetes Education & Empowerment Program class D.E.E.P.®(collaboration)

	<ul style="list-style-type: none"> • A local version of the prior CHAMP® program for those with heart failure. • Diabetes Support groups (bilingual) • Individual Nutrition Counseling by a bilingual Registered Dietician • Healthy Cooking demonstrations • Heart Meal Planning
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The Cancer Center of Ventura County at St. John's

Significant Health Needs Addressed	<ul style="list-style-type: none"> • Advancing Equitable Access to Healthcare • Prevention of Chronic Conditions by Promoting Healthy Lifestyles
Program Description	<p>St. John's Regional Cancer Center provides comprehensive free cancer Support services to all diagnosed with cancer. The Cancer Center staff aims to provide cancer patients, survivors, and their families with early access to free:</p> <ul style="list-style-type: none"> ▪ Certified cancer nurse navigation. ▪ Professional psychosocial services & support groups (bilingual) for those diagnosed with cancer, cancer survivors and their families. ▪ Cancer Certified Dietician counseling diet during, and after a cancer diagnosis. ▪ Free prosthetics and wigs ▪ Other evidence based practices for our community members.
Population Served	Any individual diagnosed with cancer, their families and caregivers
Program Goal / Anticipated Impact	The Integrated Breast Center aims outreach to the younger adults as we consistently have seen an increased number of patients diagnosed in their 20's, 30's, and 40's with breast, colon, and lung cancer. Our efforts are county wide, to help decrease cancer and promote wellness.

FY 2022 Report

Activities Summary	<p>2022 Activities:</p> <ul style="list-style-type: none"> ▪ Community Breast Symposium ▪ Multiple Virtual Nutrition presentations ▪ Making Strides Walking program ▪ Cancer support Community awareness events ▪ Teddy Bear Foundation support groups ▪ 1:1 Navigation, Nutrition, Support Groups, psychosocial counseling ▪ American Cancer Society, Pink Breast Cancer Awareness Event ▪ Livestrong Nutrition Presentations at the Camarillo YMCA ▪ Breast Cancer Awareness Presentation at Local Churches
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	<ul style="list-style-type: none"> ▪ Latino Community Health fair
Performance / Impact	Based on the data findings the cancer committee sets forth program quality goals, screening outreach programs, and prevention studies. Cancer Committee oversees all cancer program duties, and collaborates with numerous departments within the hospital and with local and national entities. Evaluations are conducted at community outreach events, speaker series talks, and other cancer prevention education events to assess the attendee’s knowledge and to receive feedback of the information provided. We have seen increased participation in all virtual community events and some attendees commented on learning more than one-to-one wellness, nutrition or cancer prevention strategy to help them decrease their cancer risk. Common topics included: stress reduction, mindfulness, genetics, nutrition, strategies to eat better, at home exercise techniques, better sleep strategies and relaxation methods. Overall we have seen an increase in the utilization of cancer screenings.
Hospital’s Contribution / Program Expense	The Cancer Center is a department of the hospital. The nurse navigator, administrative assistant, and cancer registrar staff all are employees of St. John’s Hospitals. Our oncology nutrition specialist, licensed marriage family therapist, yoga classes, meditation class, prosthetics and wigs are grant based and are supported by the hospitals foundation. The Cancer Center resides in Suite 380 of the MOB; this space is leased by dignity health. The Cancer Center works closely with the foundation to attain grants and or donations to continue to support our free programs.
FY 2023 Plan	
Program Goal / Anticipated Impact	The 2022 CHNA indicated that cancers are the number one cause of premature death in Ventura County. For 2023 we seek to develop breast, colorectal, and lung cancer community events where cancer education, prevention resources and testing information is available. In collaboration with local community clinics. Our duty is to continue to decrease the incidence of breast cancer, colon cancer, and all other cancers in our community, and to increase access to mammogram, colonoscopy, lung, and all other risk screenings, and facilitate early access to treatment upon initial diagnosis.
Planned Activities	In furtherance of our 2023 goals we will: <ul style="list-style-type: none"> ▪ Attend Community Health Fairs ▪ Provide Annual Breast Cancer Symposium ▪ Provide local breast cancer awareness presentations ▪ Participate at American Cancer Awareness events ▪ Participate at Making Strides ▪ Participate at Cancer Community of Ventura County Events ▪ Provide community & hospital staff cancer awareness efforts ▪ Provide/attend multiple virtual and in person cancer awareness and preventions talks

Other Programs and Non-Quantifiable Benefits

The hospital delivers community programs, services and non-quantifiable benefits in addition to those described elsewhere in this report. Like those programs and initiatives, the ones below are a reflection of the hospital's mission and its commitment to improving community health and well-being.

- Human Trafficking has occurred in Ventura County and while not identified as a health need, the conditions under which people are forced to exist when they are trafficked does not bode well for their health. Dignity Health has dedicated resources, as a System and locally, to address this human tragedy. Protocols to identify, protect and treat trafficking victims have been developed and leaders & staff have been trained. Potential cases are recorded and reviewed.
- St. John's funded the following during FY21:
 - Homeless Medical Respite—Corporation for Supportive Housing and Salvation Army, in collaboration with the Hospital Association of Southern California, a 12-bed homeless medical respite center in Ventura.
 - Concussion Education for Students—Youth Brain Injury Prevention with the Oxnard Unified School District. Started at Camarillo High School, the Oxnard Union School District now supports/funds this adolescent brain injury prevention program in the high schools within the district (Camarillo & Oxnard high schools). Other school districts in Ventura County have also enquired about adopting this program under St. John's leadership. St. John's continues to pay for the supervisor of these school trainers.
- The St. John's New Nurse Residency Program provides education and mentoring to new nurse graduates in the county. This improves nursing education through hands on work, lectures and mentoring by seasoned nurses.
- St. John's has agreements with local colleges and universities to have nursing students (RN and LVN) and graduate students on site, supervised, to extend their learning in a clinical setting.
- Health equity is a significant concern for St. John's. In addition to planning and delivering most of our community health program activities for those who are most vulnerable and facing health, social and economic inequities, we are looking at several initiatives to specifically address the factors that impact health equity. One example St. John's Health Equality Index (HEI) rating of 95 for the Human Rights Campaign. St. John's sought the HEI rating, in order to raise visibility for the LGTBQ+ community members of Ventura County who seek healthcare.

Economic Value of Community Benefit

The economic value of all community benefit is reported at cost. Patient financial assistance (charity care) reported here is as reported to the Office of Statewide Health Planning and Development in Hospital Annual Financial Disclosure Reports, as required by Assembly Bill 204. The community benefit of Medicaid and other means-tested programs is calculated using a cost-to-charge ratio to determine costs, minus revenue received for providing that care. Other net community benefit expenses are calculated using a cost accounting methodology. Restricted offsetting revenue for a given activity, where applicable, is subtracted from total expenses to determine net benefit in dollars.

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Complete Summary - Classified Including Non Community Benefit (Medicare)

For period from 7/1/2021 through 6/30/2022

	Persons	Expense	Offsetting Revenue	Net Benefit	% of Expenses
<u>Benefits For Poor</u>					
Financial Assistance	4,984	8,986,156	0	8,986,156	2.3%
Medicaid	40,355	145,199,626	113,060,342	32,139,284	8.3%
<u>Community Services</u>					
A - Community Health Improvement Services	4,068	236,713	0	236,713	0.1%
E - Cash and In-Kind Contributions	33,856	397,780	80,424	317,356	0.1%
G - Community Benefit Operations	0	454,041	0	454,041	0.1%
Totals for Community Services	37,924	1,088,534	80,424	1,008,110	0.3%
Totals for Poor	83,263	155,274,316	113,140,766	42,133,550	10.9%
<u>Benefits for Broader Community</u>					
<u>Community Services</u>					
A - Community Health Improvement Services	5,119	376,151	62,627	313,524	0.1%
E - Cash and In-Kind Contributions	105	5,677	1,876	3,801	0.0%
G - Community Benefit Operations	0	52,844	0	52,844	0.0%
Totals for Community Services	5,224	434,672	64,503	370,169	0.1%
Totals for Broader Community	5,224	434,672	64,503	370,169	0.1%
Totals - Community Benefit	88,487	155,708,988	113,205,269	42,503,719	11.0%
Medicare	31,316	177,216,674	129,856,859	47,359,815	12.2%
Totals with Medicare	119,803	332,925,662	243,062,128	89,863,534	23.2%

Hospital Board and Committee Rosters

Name/Affiliation	Committee(s)
Gloria Marie Avila, RSM Sister of Mercy	<i>Healthy Communities Committee</i>
Brad “Brick” Connors Port Hueneme City Manager	<i>Healthy Communities Committee</i>
Dr. Chirag Dalsania Hematologist	<i>Strategic Planning Committee</i>
Kristin Decas Port of Port Hueneme	<i>Healthy Communities Committee</i>
Dr. Neal Dixon Surgeon	<i>Strategic Planning Committee</i>
Gloria Forgea Livingston Visiting Nurse Association	<i>Quality Improvement Committee</i>
Greg Glover California Bank & Trust	<i>Quality Improvement Committee</i>
Ted Grether Grether Farms	<i>Strategic Planning Committee</i>
Steve Huber S.H. Huber & Associates	<i>Board Executive Committee</i> <i>Board Development Committee</i> <i>Healthy Communities Committee</i>
Tom Laubacher Hub International	<i>Board Executive Committee</i> <i>Board Development Committee</i>
Barry Wolfman Hospital President & CEO	<i>St. John’s President/CEO</i>
Dr. Megan Mescher-Cox Internal Medicine & Wellness	<i>Healthy Communities Committee</i>
Joe Neff Esq. Neff Headwear	<i>Strategic Planning Committee</i>
Sonia Robles Quest Staffing	<i>Healthy Communities Committee</i>
Billie Jo Rodriguez, Board Chairperson Soares, Sandall, Bernacchi & Petrovich, CPAs	<i>Board Executive Committee</i> <i>Quality Improvement Committee</i>
Dr. Joseph Lopresti Chief of Medical Staff	<i>St. John’s Chief of Medical Staff</i>
Tony Trembley Esq. Attorney	<i>Board Development Committee</i>
Grace Tuazon Oxnard Union High School District	<i>Healthy Communities Committee</i>
Katherine Edsall Wells, Esq. Foundation Board Chair	<i>Foundation Board</i>
Dr. George Yu Pulmonologist	<i>Quality Improvement Committee</i>
Omar Zapata Boys & Girls Club of Oxnard/Port Hueneme	<i>Healthy Communities Committee</i>
Jerry Zins, Vice Chair LPL Investments	<i>Board Development Committee</i>