

Methodist Hospital of Sacramento

Community Benefit 2024 Report and 2025 Plan



Adopted October 2024



A message from

Phyllis Baltz, President and CEO of Methodist Hospital of Sacramento, and Larry Garcia, Chair of the Dignity Health Sacramento Service Area Community Board.

Dignity Health's approach to community health improvement aims to address significant health needs identified in the Community Health Needs Assessments that we conduct with community input, including from the local public health department. Our initiatives to deliver community benefit include financial assistance for those unable to afford medically necessary care, a range of prevention and health improvement programs conducted by the hospital and with community partners, and investing in efforts that address social drivers of health.

Methodist Hospital of Sacramento (Methodist Hospital) shares a commitment with others to improve the health of our community and promote health equity, and delivers programs and services to help achieve that goal. The Community Benefit 2024 Report and 2025 Plan describes much of this work. This report meets requirements in California (Senate Bill 697) that not-for-profit hospitals produce an annual community benefit report and plan. We are proud of the outstanding programs, services and other community benefits our hospital delivers, and are pleased to report to our community.

In fiscal year 2024 (FY24), Methodist Hospital provided \$25,878,881 in patient financial assistance, unreimbursed costs of Medicaid, community health improvement services and other community benefits. The hospital also incurred \$13,267,158 in unreimbursed costs of caring for patients covered by Medicare fee-for-service.

The hospital's Community Board reviewed, approved and adopted the Community Benefit 2024 Report and 2025 Plan at its October 24, 2024 meeting.

Thank you for taking the time to review our report and plan. We welcome any questions or ideas for collaborating that you may have, by reaching out to DignityHealthGSSA_CHNA@dignityhealth.org.

Sincerely,

Phyllis Baltz
President/CEO

Larry Garcia
Chairperson, Community Board

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At-a-Glance Summary




Hospital HCAI ID: 106340951

Report Period Start Date: July 1, 2023

Report Period End Date: June 30, 2024

This document is publicly available online at:

<https://www.dignityhealth.org/sacramento/about-us/community-health-and-outreach/health-needs-assessment>

<div>Community Served</div> <div></div>	<p>Methodist Hospital is located in South Sacramento and has 1,168 employees, 587 medical staff, 158 licensed acute care beds, and 29 emergency department beds. The hospital serves a large and highly diverse segment of south Sacramento County including the more densely populated suburban communities of ElkGrove and Laguna, and rural neighborhoods of Wilton and Galt. The hospital’s service area in South Sacramento is home to a large and diverse community, who face greater challenges than others in the County. Rates of poverty are higher, more residents lack insurance and many deal with conditions that pose barriers to quality of life; including: restricted healthy food options and elevated crime rates.</p>											
<div>Economic Value of Community Benefit</div> <div></div>	<p>\$25,878,881 in patient financial assistance, unreimbursed costs of Medicaid, community health improvement services, community grants and other community benefits</p> <p>\$13,267,158 in unreimbursed costs of caring for patients covered by Medicare fee-for-service.</p> <p>The hospital’s net community benefit expenses for services to vulnerable populations and to the broader community are listed by category in the Economic Value of Community Benefit section of this report.</p>											
<div>Significant Community Health Needs Being Addressed</div> <div></div>	<p>The significant community health needs the hospital is helping to address and that form the basis of this document were identified in the hospital’s most recent Community Health Needs Assessment (CHNA). Needs being addressed by strategies and programs are:</p> <table><tr><td>1. Access to Mental/Behavioral Health and Substance-Use Services</td><td>6. Health Equity: Equal Access to Opportunities to be Healthy</td></tr><tr><td>2. Access to Basic Needs Such as Housing, Jobs, and Food</td><td>7. Active Living and Healthy Eating</td></tr><tr><td>3. Access to Quality Primary Care Health Services</td><td>8. Safe and Violence-Free Environment</td></tr><tr><td>4. System Navigation</td><td>9. Increased Community Connections</td></tr><tr><td>5. Injury and Disease Prevention and Management</td><td>10. Access to Specialty and Extended Care</td></tr></table>		1. Access to Mental/Behavioral Health and Substance-Use Services	6. Health Equity: Equal Access to Opportunities to be Healthy	2. Access to Basic Needs Such as Housing, Jobs, and Food	7. Active Living and Healthy Eating	3. Access to Quality Primary Care Health Services	8. Safe and Violence-Free Environment	4. System Navigation	9. Increased Community Connections	5. Injury and Disease Prevention and Management	10. Access to Specialty and Extended Care
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5. Injury and Disease Prevention and Management	10. Access to Specialty and Extended Care											
<div>FY24 Programs and Services</div>	<p>The hospital delivered several programs and services to help address identified significant community health needs. These included:</p>											



- **Housing with Dignity Homeless Program:** In partnership with Lutheran Social Services, this stabilization program aims to assist homeless individuals with severe chronic health and mental health issues obtain and retain housing, care and services designed to achieve stability in their lives.
- **Recuperative Care Program at the Gregory Bunker Care Transitions Center of Excellence:** This collaborative engages other Dignity Health hospitals and health systems in the region, Medi-Cal Managed Care Plans, Sacramento County and WellSpace Health, and provides a respite care shelter for homeless patients with available physical and mental health, and substance abuse treatment.
- **Linked-Care Intensive Outpatient Mental Health Partnership:** The hospital works in collaboration with community-based nonprofit mental health provider, El Hogar Community Services Inc., to provide a seamless process for patients admitting to the emergency department with mental illness to receive immediate and ongoing treatment and other social services they need for a continuum of care when they leave the hospital.
- **Patient Navigator Program:** Patient navigators in the hospital's emergency department connect patients seen and treated at the hospital to medical homes at community health centers and provider offices throughout the region. The Patient Navigator Program represents a unique collaboration between Dignity Health and Community HealthWorks, a community-based nonprofit organization, and community clinics in the region.
- **Community Based Violence Prevention Program:** Focuses on educating staff to identify and respond to victims within the hospital; provide victim centered, trauma-informed care; and collaborate with community agencies to improve quality of care.

FY25 Planned Programs and Services



Methodist Hospital plans to continue to build upon many of previous years' initiatives and explore new partnership opportunities with Sacramento County, the different cities, health plans and community organizations. Efforts to enhance navigation services in partnership with Community HealthWorks, Bay Area Community Services and El Hogar will continue with specific focus on improving the linkages to primary care, mental health services, social services and community resources.

Methodist Hospital will continue to play an active role in developing innovative strategies to address the growing number of individuals experiencing homelessness including: the Recuperative Care Program at the Gregory Bunker Care Transitions Center of Excellence; Housing with Dignity; Sacramento Steps Forward, and active engagement with CalAIM Enhanced Care Management and Community Supports; Homelessness and Healthcare Pilot Project; and working in partnership with both the city and county to improve our relationship with the shelters. Furthermore, the hospital will continue to be a leader in the Human Trafficking Response Program with Mercy Family Center playing a key role in providing a safe haven for victims and survivors of human trafficking while continuing to train other residency programs on best practices.

Written comments on this report can be submitted to the Methodist Hospital Community Health and Outreach Department at 3400 Data Drive, Rancho Cordova, CA 95670 or by e-mail to DignityHealthGSSA_CHNA@dignityhealth.org.

Our Hospital and the Community Served

About Methodist Hospital

Methodist Hospital is a member of Dignity Health, which is a part of CommonSpirit Health.

Methodist Hospital opened in 1973, after a decade-long effort to expand health care services for residents in the south area of Sacramento, CA. Located at 7500 Hospital Drive, the hospital became a member of Dignity Health in 1993, and today has 1,168 employees, 587 medical staff, 158 licensed acute care beds, and 29 emergency department beds. Methodist Hospital also operates Bruceville Terrace, a 171-bed, sub-acute skilled nursing long-term care facility that provides for the elderly, as well as those requiring extended recoveries. The hospital is a certified Chest Pain Center by the Joint Commission, holds Centers of Excellence in Bariatrics and Orthopedics, and recognition for Blue Distinction Total Value + Center for Knee and Hip by Blue Shield and Certified Primary Stroke Center by American Heart Association/American Stroke Association. Methodist Hospital was recognized in the Human Rights Campaign Foundation's 2022 Healthcare Equality Index (HEI) for its equitable treatment and inclusion of LGBTQ+patients, visitors and employees. Methodist Hospital is home to the Family Medicine Residency Program, an accredited and nationally recognized program which provides resident physicians with specialty training in primary care family medicine. Together, the hospital and residency program implemented a ground-breaking curriculum addressing the identification, treatment and assistance of human trafficking victims and created a one of a kind health clinic for victims, the Human Trafficking Medical Home.

Our Mission

As CommonSpirit Health, we make the healing presence of God known in our world by improving the health of the people we serve, especially those who are vulnerable, while we advance social justice for all.

Our Vision

A healthier future for all – inspired by faith, driven by innovation, and powered by our humanity.

Financial Assistance for Medically Necessary Care

It is the policy of CommonSpirit Health to provide, without discrimination, emergency medical care and medically necessary care in CommonSpirit hospital facilities to all patients, without regard to a patient's financial ability to pay. This hospital has a financial assistance policy that describes the assistance provided to patients for whom it would be a financial hardship to fully pay the expected out-of-pocket expenses for such care, and who meet the eligibility criteria for such assistance. The financial assistance policy, a plain language summary and related materials are available in multiple languages on the hospital's website.

Description of the Community Served

Methodist Hospital serves a large and highly diverse segment of south Sacramento County including the more densely populated suburban communities of Elk Grove and Laguna, and rural neighborhoods of Wilton and Galt. Methodist Hospital's community or hospital service area (HSA) is the geographic area (by ZIP code) outlined in the hospital's Community Health Needs Assessment (CHNA). This includes all of Sacramento County. A summary description of the community is below. Additional details can be found in the CHNA report online.

South Sacramento is a diverse community that is home to large Hmong, Southeast Asian and Latino immigrant communities. Socio-demographic indicators reveal that communities here face greater challenges than others in the County. Rates of poverty are higher, more residents lack insurance and fewer residents have attained secondary levels of education. Many communities in south Sacramento deal with conditions that pose barriers to quality of life, such as restricted healthy food options and elevated crime rates, including crime related to domestic violence and sexual assault and human trafficking.

Areas in south Sacramento suffer from a shortage in community providers and capacity that limits access to appropriate care. As a result, Methodist Hospital fills a major gap in needed safety net services. Hospital utilization trends show that the numbers of individuals turning to the emergency department for basic primary care needs that cannot be met elsewhere continue to rise. Communities in South Sacramento have much higher rates for emergency department visits and hospitalizations when compared to the County, particularly when looking at chronic illnesses such as heart disease, diabetes and hypertension. Methodist Hospital has made it a priority to provide patient navigation services to this population which helps to educate patients on how to access care in the appropriate healthcare setting. The hospital must balance its responsibility for caring for the acutely ill with an increasing role as a safety net provider for the vulnerable.

Demographics within Methodist's hospital service area are as follows, derived from 2023 estimates provided by SG2's Analytics Platform (*Source: Claritas Pop-Facts® 2023; SG2 Market Demographic Module*):

- Total Population: 1,654,035
- Race/Ethnicity: Hispanic or Latino: 24.3%; White: 39.8%, Black/African American: 8.7% Asian/Pacific Islander: 19.4%, All Other: 7.8%.
- %BelowPoverty: 8.9%
- Unemployment: 5.6%
- No High School Diploma: 11.2%
- Medicaid: 28.8%
- Uninsured: 5.0%



Community Assessment and Significant Needs

The hospital engages in multiple activities to conduct its community health improvement planning process. These include, but are not limited to, conducting a Community Health Needs Assessment with community input at least every three years, identifying collaborating community stakeholder organizations, describing anticipated impacts of program activities and measuring program indicators.

Community Health Needs Assessment

The health issues that form the basis of the hospital's community benefit plan and programs were identified in the most recent CHNA report, which was adopted in May 2022.

The hospital makes the CHNA report widely available to the public online at <https://www.dignityhealth.org/sacramento/about-us/community-health-and-outreach/health-needs-assessment> and upon request from the hospital's Community Health office.

This document also reports on programs delivered during fiscal year 2024 that were responsive to needs prioritized in the hospital's previous CHNA report.

The CHNA contains several key elements, including:

- Description of the assessed community served by the hospital;
- Description of assessment processes and methods;
- Presentation of data, information and findings, including significant community health needs;
- Community resources potentially available to help address identified needs; and
- Discussion of impacts of actions taken by the hospital since the preceding CHNA.

Community Groups that Attended or Engaged in the CHNA:

- | | |
|---|---|
| • Mercy General Hospital | • Sacramento Food Bank & Family Services |
| • La Familia | • Mutual Assistance Center |
| • Methodist Hospital | • CA Endowment Building Healthy Communities |
| • Mercy Hospital Folsom | • National Alliance on Mental Illness |
| • Sutter Medical Center Sacramento | • Sacramento Housing Alliance |
| • San Juan School Unified District | • Valley Vision |
| • UC Davis Medical Center | • Latino Leadership Council |
| • Mercy San Juan Medical Center | • Yolo County Children's Alliance |
| • Sacramento Native American Health Center | • Anti-Recidivism Coalition |
| • Sacramento Covered | • Sacramento Steps Forward |
| • El Dorado Community Health Center | • World Relief Sacramento |
| • People Reaching Out | • WEAVE |
| • Slavic Assistance Center | • Hope Cooperative |
| • Elk Grove Food Bank (Pt. Pleasant Methodist Church) | • My Sister's House |
| • Asian Resource Center, Inc. | • Sac Breathe |
| • Sacramento County Public Health | • Sierra Health Foundation |
| • Planned Parenthood | • Sacramento LGBT Community Center |
| • WellSpace Health | • Sacramento Area School District |

- Lao Family Community Development Center
- Sacramento ACT
- Health Education Council
- Ethnic Chambers of Commerce
- Cal Voices
- Public Housing Agency
- Opening Doors
- Folsom Cordova Partnership
- WIND Youth Services
- Cancer Support Group
- Elk Grove Hart

Vulnerable Populations Represented by These Groups

- Racial and ethnic groups experiencing disparate health outcomes, including:
 - Black/African American
 - American Indian
 - Asian and Pacific Islanders including Asian Indian, Chinese, Filipino, Hmong, Laotian, Vietnamese, Guamanian, and Samoan,
 - Other non-white racial groups,
 - Individuals of Hispanic/Latino origin, including Mexicans, Mexican Americans, Chicanos, Salvadorans, and Guatemalans.
- Socially disadvantaged groups, including the following:
 - The unhoused
 - People with disabilities
 - People identifying as lesbian, gay, bisexual, transgender, or queer
 - Individuals with limited English proficiency

Significant Health Needs

The CHNA identified the significant needs in the table below, which also indicates which needs the hospital intends to address. Identified needs may include specific health conditions, behaviors and health care services, and also health-related social needs that have an impact on health and well-being.

Significant Health Need	Description	Intend to Address?
1. Access to Mental/Behavioral Health and Substance-Use Services	Individual health and well-being are inseparable from individual mental and emotional outlook. Coping with daily life stressors is challenging for many people, especially when other social, familial, and economic challenges occur. Access to mental, behavioral, and substance-use services is an essential ingredient for a healthy community where residents can obtain additional support when needed.	✓
2. Access to Basic Needs Such as Housing, Jobs, and Food	Access to affordable and clean housing, stable employment, quality education, and adequate food for good health are vital for survival. Maslow's Hierarchy of Needs suggests that only when people have their basic physiological and safety needs met can they become engaged members of society and self-actualize or live to their fullest potential, including enjoying good health. Research shows that the social determinants of health, such as quality housing, adequate employment and income, food security, education, and social	✓

Significant Health Need	Description	Intend to Address?
	support systems, influence individual health as much as health behaviors and access to clinical care.	
3. Access to Quality Primary Care Health Services	Primary care resources include community clinics, pediatricians, family practice physicians, internists, nurse practitioners and physician assistants, pharmacists, telephone advice nurses, and other similar resources. Primary care services are typically the first point of contact when an individual seeks healthcare. These services are the front line in the prevention and treatment of common diseases and injuries in a community.	✓
4. System Navigation	System navigation refers to an individual's ability to traverse fragmented social services and healthcare systems in order to receive the necessary benefits and supports to improve health outcomes. Research has demonstrated that navigating the complex U.S. healthcare system is a barrier for many that results in health disparities. Furthermore, accessing social services provided by government agencies can be an obstacle for those with limited resources such as transportation access and English proficiency.	✓
5. Injury and Disease Prevention and Management	Knowledge is important for individual health and well-being, and efforts aimed at injury and disease prevention are powerful vehicles to improve community health. When community residents lack adequate information on how to prevent, manage, and control their health conditions, those conditions tend to worsen. Prevention efforts focus on reducing cases of injury and infectious disease control (e.g., sexually transmitted infection (STI) prevention and influenza shots), and intensive strategies in the management of chronic diseases (e.g., diabetes, hypertension, obesity, and heart disease) are important for community health improvement.	✓
6. Health Equity: Equal Access to Opportunities to be Healthy	Health equity is defined as everyone having the same opportunity to be as healthy as possible. ⁸ Health is largely determined by social factors. Some communities have resources needed to be healthy readily available to them, while others do not. Many people experience barriers as the result of policies, practices, systems, and structures that discriminate against certain groups. Individual and community health can be improved by removing or mitigating practices that result in health inequity. While health equity is described as a specific health need in this assessment, it is recognized that equity plays a role in each health need in a community.	✓
7. Active Living and Healthy Eating	Physical activity and eating a healthy diet are important for one's overall health and well-being. Frequent physical activity is vital for prevention of disease and maintenance of a strong and healthy heart and mind. When access to healthy foods is challenging for community residents, many turn to	✓

Significant Health Need	Description	Intend to Address?
	unhealthy foods that are convenient, affordable, and readily available. Communities experiencing social vulnerability and poor health outcomes are often overloaded with fast food and other establishments where unhealthy food is sold. They are often challenged with food insecurity, lacking the means to consistently secure food for themselves or their families. When families rely on food pantries and school meals alone, these may not always provide sufficient nutrition for maintaining health.	
8. Safe and Violence-Free Environment	Feeling safe in one's home and community is fundamental to overall health. Next to having basic needs met (e.g., food, shelter, and clothing) physical safety is essential. Feeling unsafe affects the way people act and react to everyday life occurrences. Furthermore, research has demonstrated that individuals exposed to violence in their homes, the community, and schools are more likely to experience depression and anxiety and demonstrate more aggressive, violent behavior.	✓
9. Increased Community Connections	As humans are social beings, community connection is a crucial part of living a healthy life. People have a need to feel connected with a larger support network and the comfort of knowing they are accepted and loved. Research suggests "individuals who feel a sense of security, belonging, and trust in their community have better health. People who don't feel connected are less inclined to act in healthy ways or work with others to promote well-being for all." Assuring that community members have ways to connect with each other through programs, services, and opportunities is important in fostering a healthy community. Furthermore, healthcare and community support services are more effective when they are delivered in a coordinated fashion, where individual organizations collaborate with others to build a network of care.	✓
10. Access to Specialty and Extended Care	Extended care services, which include specialty care, are services provided in a particular branch of medicine and focused on the treatment of a particular disease. Primary and specialty care go hand in hand, and without access to specialists such as endocrinologists, cardiologists, and gastroenterologists, community residents are often left to manage the progression of chronic diseases, including diabetes and high blood pressure, on their own. In addition to specialty care, extended care refers to care extending beyond primary care services to support overall physical health and wellness, such as skilled-nursing facilities, hospice care, and in-home healthcare.	✓
11. Access to Functional Needs	Functional needs include indicators related to transportation and disability. Having access to transportation services to	

Significant Health Need	Description	Intend to Address?
	support individual mobility is a necessity of daily life. Without transportation, individuals struggle to meet their basic needs, including those needs that promote and support a healthy life. The number of people with a disability is also an important indicator for community health and must be examined to ensure that all community members have access to necessities for a high quality of life.	
12. Access to Dental Care and Preventive Services	Oral health is important for overall quality of life. When individuals have dental pain, it is difficult to eat, concentrate, and fully engage in life. Oral health disease, including gum disease and tooth decay are preventable chronic diseases that contribute to increased risk for other chronic diseases, as well as play a large role in chronic school absenteeism in children. Poor oral health status impacts the health of the entire body, especially the heart and the digestive and endocrine systems.	
13. Healthy Physical Environment	Living in a pollution-free environment is essential for health. Individual health is determined by a number of factors, and some models show that one's living environment, including the physical (natural and built) and sociocultural environment, has more impact on individual health than other factors such as one's lifestyle, heredity, or access to medical services.	

Significant Needs the Hospital Does Not Intend to Address

Methodist Hospital of Sacramento does not have the capacity or resources to address all priority health issues identified in Sacramento County, although the hospitals continue to seek opportunities that respond to the needs that have not been selected as priorities. The hospital is not addressing access to functional needs, access to dental care and preventive services, and healthy physical environment as these priorities are beyond the capacity and service expertise of Methodist Hospital of Sacramento. However, the hospital will look for opportunities to coordinate and collaborate with other entities that offer programs that address these needs

2024 Report and 2025 Plan

This section presents strategies and program activities the hospital is delivering, funding or on which it is collaborating with others to address significant community health needs. It summarizes actions taken in FY24 and planned activities for FY25, with statements on impacts and community collaboration. Program Highlights provide additional detail on select programs.

Planned activities are consistent with current significant needs and the hospital's mission and capabilities. The hospital may amend the plan as circumstances warrant, such as changes in community needs or resources to address them.

Creating the Community Benefit Plan

Methodist Hospital of Sacramento is dedicated to improving community health and delivering community benefit with the engagement of its management team, board, clinicians and staff, and in collaboration with community partners. The Community Board and Community Health Advisory Committee are composed of community members who provide stewardship and direction for the hospital as a community resource. These parties review community benefit plans and program updates prepared by the hospital's community health director and other staff.



The following outlines the approach taken when planning and developing initiatives to address priority health issues. At the outset, Community Health and Outreach staff engages a core internal team that may include clinical staff, care coordinators and social workers, members of the hospital leadership team, and Dignity Health leaders at the regional and local levels from Mission Integration, IT, Legal, Administration, and Finance. These core teams help shape initiatives, provide internal perspective on issues (i.e. utilization trends relative to the issue, gaps experienced in available follow-up or wraparound care for patients, etc.) and help define appropriate processes, procedures and methodologies for measuring outcomes.

The planning and development of each initiative also involves research on best practices to identify existing evidence-based programs and interventions, and relationship strengthening with community-based providers that serve target populations for intended initiatives. Once identified, community-based partners become part of the hospital's core project team. Core project teams for all initiatives meet quarterly, or as needed, to evaluate program progress and outcomes, and to make program changes and/or improvements. When target populations and priority health issues are shared by other Dignity Health hospitals in the Greater Sacramento region, initiatives are often regionalized in order to leverage resources, extend reach and achieve greater impact.

Community Health Core Strategies

Driven by a commitment to equity and social justice, we envision a future where health and well-being are attainable by all regardless of background or circumstance.

The hospital believes that program activities to help address significant community health needs should reflect a strategic use of resources and engagement of participants both inside and outside of the health care delivery system.




CommonSpirit Health has established three core strategies for community health improvement activities. These strategies help to ensure that program activities overall address strategic aims while meeting locally-identified needs.

- Extend the care continuum by aligning and integrating clinical and community-based interventions.
- Strengthen community capacity to achieve equitable health and well-being.
- Implement and sustain evidence-based health improvement program initiatives.

Report and Plan by Health Need

The tables below present strategies and program activities the hospital has delivered or intends to deliver to help address significant health needs identified in the community health needs assessment.

They are organized by health need and include statements of strategy and program impact, and any collaboration with other organizations in our community

 Health Need: Access to Mental/Behavioral Health and Substance-Use Services			
Strategy or Program	Summary Description	Active FY24	Planned FY25
Linked-Care Outpatient Behavioral Health Partnership	In partnership with community-based nonprofit mental health provider, El Hogar Community Services Inc. The Linked-Care program links Medicare, uninsured, undocumented and out of county Medi-Cal patients with appropriate ongoing behavioral health service providers as well as provide services to bridge the gap between patient and provider.	☑	☑

Sacramento County Crisis Navigation Program	In partnership with Sacramento County Behavioral Health and Bay Area Community Services, the Crisis Navigation Program serves Sacramento County residents who are experiencing a mental health crisis resulting in functional impairment that interferes with primary activities of daily and independent living. Navigators respond to hospital emergency departments as well as the county jail and Loaves & Fishes to assist patients in accessing outpatient mental health services and other resources.	☑	☑
Substance Use Navigation	CA Bridge is a program of the Public Health Institute working to ensure that people with substance use disorder receive 24/7 high-quality care in every California health system by 2025. The CA Bridge program seeks to fully integrate addiction treatment into standard medical practice—increasing access to treatment to save more lives. Utilizing a Substance Use Navigator to build a trusting relationship with the patient and motivating them to engage in treatment. The hospital works to reduce the language that stigmatizes people who use drugs, treating substance use disorder like any other disease. Program is currently funded through grants.	☑	☑
Mental Health Consultations and Conservatorship Services	The hospitals provide Mental Health Evaluations as well as Psychiatric Consultations to all patients who are in need of those crisis services throughout their hospital stay. The hospitals also provide conservatorship services to patients who lack capacity and have no one to represent their wishes and needs.	☑	☑
Tele-Psychiatry	Psychiatrists are available via remote technology to provide early evaluation and psychiatric intervention for patients, improving access to timely quality care. Access is available to both the ED and inpatient setting.	☑	☑
Future Focused: Fentanyl Education and Awareness Campaign	Supported through the Community Health Improvement Grants Program, a partnership between Arrive Alive California Inc., California Chaplain Corp, Sacramento County District Attorney's Office (SCDA), and Sacramento County Department of Health Services to bring education and awareness of drug prevention, counterfeit pills and Fentanyl poisoning deaths to students and teachers inside the classroom, to parents and guardians in Parent workshops, and to community members with Town Hall meetings, virtual trainings, train the trainer opportunities.	☑	☑
Building Health Equity and Wellness through Collaborative Care	Supported through the Community Health Improvement Grants Program, a partnership between Community Against Sexual Harm (CASH), STRIVE Community Health, and Emerge. The project organizes wellness fairs, workshops, groups, and mentoring programs tailored to meet the unique needs of individuals from marginalized communities. It seeks to empower adults and youth with knowledge and skills to access available resources with the goal to ensure that all participants have equal opportunities to thrive and succeed, regardless of their circumstances.	☑	☑

Cut to the Chase	Supported through the Community Health Improvement Grants Program, a partnership between Greater Sacramento Urban League, Capitol City Black Nurses Association, and Heart of the Matter Counseling. This project focuses on improving mental health for Black men and women in Del Paso Heights and Oak Park in Sacramento, California with ongoing advocacy for Black males and females to obtain required mental health services. To address the stigma around Black males and females seeking mental-emotional support, this program provides therapy in spaces that Black men and women already comfortably frequent such as local barbershops and beauty salons.	✓	✓
Connect to Health -Supporting Healthy Newcomer Communities	Supported through the Community Health Improvement Grants Program, a partnership between International Rescue Committee, Inc., River City Food Bank, and One Community Health. This project aims to provide culturally and linguistically congruent health/mental health navigation services and psychosocial support to refugees and immigrants as an underserved community in Sacramento. This project directly addresses health disparities, promotes independent health access, enhances resilience and self-sufficiency, and connects refugees and immigrants to basic needs and resources.	✓	✓
Skate Nights Youth Development Program	Supported through the Community Health Improvement Grants Program, a partnership between Project Lifelong, San Juan Unified School District (SJUSD): Family & Community Engagement Department, and Sacramento Inspiring Connections Outdoors, and SJUSD: School Site Social Workers. This project brings pop-up skateboarding parks on middle school campuses through the Skate Nights program, which incorporates Social Emotional Learning (SEL) to foster life skills and a sense of belonging.	✓	✓
Basic Needs and Behavioral Health/SUD Services for Unhoused Women & Children	Supported through the Community Health Improvement Grants Program, a partnership between Saint John's Program for Real Change, Highlands Community Charter and Technical Schools, and California Mobility Center. This project addresses the basic needs of women and children in the Greater Sacramento area by providing housing, meals, childcare, employment training, job placement, psycho/social education, life skills training, transportation, and housing navigation services to improve social determinants of health.	✓	✓
The RAGE Healing Pipeline	Supported through the Community Health Improvement Grants Program, a partnership between The Race and Gender Equity Project, Flyte Studio, Sacramento City Unified School District (SCUSD), Foster Youth Services (FYS), and Monroe Howard Transformational Coaching. The RAGE Healing Pipeline will increase capacity of an intersectional youth-serving-youth cooperative to provide a network of healing, education, arts and leadership programs that work independently and collectively to increase Black youth wellbeing in the Sacramento region. This program will also develop and implement an infrastructure of support, resources	✓	✓

	and opportunities for Black youth to enter the behavioral health field through entrepreneurship and education/career pathways.		
Opening Doors, Transforming Lives	Supported through the Community Health Improvement Grants Program, a partnership between Turning Point Community Programs, Consumer Self Help Center (CSH), Liberty Towers Church (LT), Sacramento Youth Center (SYC), and Uptown Studios. This initiative connects underserved Sacramento County community members with crucial behavioral health services by forming partnerships and offering culturally sensitive outreach to diminish the stigma surrounding mental health care. The goal is to enhance engagement, satisfaction, and participation in these services.	☑	☑

Goal and Impact: The hospital's initiative to address access to behavioral health services are anticipated to result in: improve patient linkages to outpatient behavioral health services; provide a seamless transition of care; and improve care coordination to ensure individuals are connected to appropriate care and can access necessary services.

Collaborators: The hospital will partner with El Hogar, Sacramento County Behavioral Health, Bay Area Community Services, mental health providers, MAT agencies, Community Against Sexual Harm (CASH), STRIVE Community Health, Emerge, Arrive Alive California Inc., California Chaplain Corp, Sacramento County District Attorney's Office (SCDA), Sacramento County Department of Health Services, International Rescue Committee, Inc., River City Food Bank, One Community Health, Greater Sacramento Urban League, Capitol City Black Nurses Association, Heart of the Matter Counseling, The Race and Gender Equity Project, Flyte Studio, Sacramento City Unified School District (SCUSD), Foster Youth Services (FYS), Monroe Howard Transformational Coaching, Saint John's Program for Real Change, Highlands Community Charter and Technical Schools, California Mobility Center, Turning Point Community Programs, Consumer Self Help Center (CSH), Liberty Towers Church (LT), Sacramento Youth Center (SYC), Uptown Studios, Project Lifelong, San Juan Unified School District (SJUSD): Family & Community Engagement Department, and Sacramento Inspiring Connections Outdoors, and local community based organizations to deliver this access to mental/ behavioral health and substance-use services strategy.



Health Need: Access to Basic Needs Such as Housing, Jobs, and Food


Strategy or Program	Summary Description	Active FY24	Planned FY25
Recuperative Care Program	The hospital is an active partner in the Recuperative Care Program, formerly known as the Gregory Bunker Care Transitions Center of Excellence's (The Bunker). This collaborative engages other Dignity Health hospitals and health systems in the region, Sacramento County and Federally Qualified Health Center, WellSpace Health, and provides respite care for homeless patients with available physical and mental health, and substance abuse treatment. This is a nurse-managed specialized unit that offers patients three meals a day, bed rest, nurse care and self-care. The program provides case management services to assist participants in connecting with outpatient services and community resources.	☑	☑
Housing with Dignity	In partnership with Lutheran Social Services and Centene, the hospital aims to assist homeless individuals with severe	☑	☑

	chronic health and mental health issues obtain and retain housing, care and services designed to achieve stability in their lives. Hospital case managers work directly with Lutheran Social Services staff to identify participants who will be housed in supportive stabilization apartments and receive intensive case management and supportive services.		
Resources for Low-Income Patients	The hospital partially or fully subsidizes cost of transportation, prescription medication, medical supplies and equipment, and short term room and board in the community for patients unable to pay for or access these resources after being discharged from the hospital.	☑	☑
Resources for Homeless Patients	The hospital provides clothing, meals, prescription medication, transportation, room and board, information and referrals to available community resources to homeless patients being discharged from the hospital, with the intent to help prepare them for return to the community.	☑	☑
Healthcare and Homelessness Pilot Program	Supported through the Homeless Health Initiative, and led by Community Solutions and Institute for Healthcare Improvement (IHI), the healthcare and homeless pilot seeks to understand the most meaningful, measurable and transformative contribution health care can make to ending chronic homelessness. Over the course of the 2 year initiative, the Health Systems alongside the homeless Continuum of Care partners in Sacramento, will have made measurable progress toward ending chronic homelessness, with a focus on building racially equitable systems.	☑	☑
Medical Legal Partnership	Supported through the Homeless Health Initiative, and in partnership with Legal Services of Northern California, the Medical Legal Partnership (MLP) will address the legal needs of patients at the hospitals and the Family Medicine Residency Program. MLP integrates and embeds lawyers into the healthcare setting to help clinicians, case managers and social workers address structural problems at the root of so many health inequities. This program will have a particular emphasis on addressing housing insecurities. This program sunsets in December 2024.	☑	☑
Bridging House for Women and Children Experiencing Homelessness	Supported through the Community Health Improvement Grants Program, a partnership between Bridging Initiatives International, Sacramento Steps Forward, Carmichael HART and Mercy Holistic Ministry. This program will increase comprehensive support to women and children experiencing homelessness, including food and shelter, case management, life skills training, support groups, and connecting them with other community services. The goal is to house individuals/families and transition them to a stable life, where they can thrive and build a better future.	☑	☑
Exodus Project Transitional Housing for Homeless Returning Citizens	Supported through the Community Health Improvement Grants Program, a partnership between Exodus Project, St. Vincent de Paul Sacramento, Sacramento Office of the Public Defender, and Boundless Freedom Project. This project enables low-income and homeless adults returning to society	☑	☑

	from jail in Sacramento County to regain their dignity and well-being. The project pilots the integration of case management, mindfulness training courses, and peer mentoring into the Exodus Project, St. Vincent de Paul Sacramento program's existing wrap-around support services of employment, emergency housing, counseling, and system navigation.		
Connect to Health -Supporting Healthy Newcomer Communities	Supported through the Community Health Improvement Grants Program, a partnership between International Rescue Committee, Inc., River City Food Bank, and One Community Health. This project aims to provide culturally and linguistically congruent health/mental health navigation services and psychosocial support to refugees and immigrants as an underserved community in Sacramento. This project directly addresses health disparities, promotes independent health access, enhances resilience and self-sufficiency, and connects refugees and immigrants to basic needs and resources.	☑	☑
Mercy Holistic Ministries Project	Supported through the Community Health Improvement Grants Program, a partnership between Mercy Holistic Ministries, City of Sacramento City Council District 4, Mount Calvary Baptist Church Del Paso, and Faith Presbyterian Church/Bethany Presbyterian Church. This grant project adds additional showers for the unhoused in Sacramento County. The outcome brings dignity to the unhoused by providing basic showers, hygiene kits, clean clothes, haircuts, meals/beverages, in addition to needed health screenings and social service counseling in partnership with the City and County of Sacramento. This partnership helps navigate homelessness and re-entry into the job market and subsequently affordable housing.	☑	☑
Basic Needs and Behavioral Health/SUD Services for Unhoused Women & Children	Supported through the Community Health Improvement Grants Program, a partnership between Saint John's Program for Real Change, Highlands Community Charter and Technical Schools, and California Mobility Center. This grant project addresses the basic needs of women and children in the Greater Sacramento area by providing housing, meals, childcare, employment training, job placement, psycho/social education, life skills training, transportation, and housing navigation services to improve social determinants of health.	☑	☑
Opening Doors, Transforming Lives	Supported through the Community Health Improvement Grants Program, a partnership between Turning Point Community Programs, Consumer Self Help Center (CSH), Liberty Towers Church (LT), Sacramento Youth Center (SYC), and Uptown Studios. This initiative connects underserved Sacramento County community members with crucial behavioral health services by forming partnerships and offering culturally sensitive outreach to diminish the stigma surrounding mental health care. The goal is to enhance engagement, satisfaction, and participation in these services.	☑	☑

Goal and Impact: The initiative to address basic needs are anticipated to result in: improved coordination of homeless services; increasing access to services including successful completion of referrals to outpatient services; and creating a safe discharge for individuals without a permanent housing option.

Collaborators: The hospital will partner with other healthcare systems in the region, Sacramento County, FQHCs, WellSpace Health, Lutheran Social Services, Legal Services of Northern California, Exodus Project, St. Vincent de Paul Sacramento, Sacramento Office of the Public Defender, Boundless Freedom Project, Bridging Initiatives International, Sacramento Steps Forward, Carmichael HART, Mercy Holistic Ministry, International Rescue Committee, Inc., River City Food Bank, One Community Health, Turning Point Community Programs, Consumer Self Help Center (CSH), Liberty Towers Church (LT), Sacramento Youth Center (SYC), Uptown Studios, Mercy Holistic Ministries, City of Sacramento City Council District 4, Mount Calvary Baptist Church Del Paso, Faith Presbyterian Church/Bethany Presbyterian Church, Saint John's Program for Real Change, Highlands Community Charter and Technical Schools, California Mobility Center and local community based organizations to deliver this access to basic needs such as housing, jobs, and food.

 Health Need: Access to Quality Primary Care Health Services			
Strategy or Program	Summary Description	Active FY24	Planned FY25
Care for the Undocumented	Dignity Health hospitals in Sacramento County partner with Sacramento County, other health systems and the Sierra Sacramento Valley Medical Society on an initiative to provide primary and specialty care, including surgery, to the region's undocumented immigrants who currently have no insurance or access to care. The hospital continues to advocate for expanded enrollment and increasing the age range to ensure more individuals could access primary care and limited specialty care services.	☑	☑
Family Residency Program	Provides a clinical setting for training and educational programs for medical residents, when that education is necessary for a degree, certificate, or training that is required by state law, accrediting body or health profession society.	☑	☑
Mercy Family Health Center	A part of the Family Practice Residency Program, the hospital's Mercy Family Health Center provides care and treatment with over 15,000 clinical visits for underserved residents each year. The health center continues to increase capacity, and has expanded services at other locations in the community working collaboratively with various agencies and community clinics. Residency physicians are also actively involved in the Elk Grove School District's Adopt a School program and provide free sports physicals. Mercy Family Health Center continues to operate as a Human Trafficking Victim Medical Safe Haven and has partnered with several community organizations to bridge the gap between social and recovery support and medical services.	☑	☑
Health Professions Education - Other	Provides a clinical setting for trainings and internships for students in the greater Sacramento region pursuing health professions other than physicians and nurses. This includes, but is not limited to: EMT, Paramedics, Pharmacy,	☑	☑

	Respiratory Therapy, Physical Therapy, Radiology Technologist and Surgical Technologist.		
Health Professions Education - Nursing	Provides clinical setting for nursing students enrolled in education with an outside local college or university for additional training and education. This includes, but is not limited to: Undergraduate Nursing, Undergraduate Nursing-Preceptorship, Nursing BSN and Nursing ADN.	☑	☑
Patient Navigator Program	The Patient Navigator program focuses on assisting patients who rely on emergency departments for non-urgent needs. The navigators help patients by connecting them to a medical home in an appropriate setting and assisting them with scheduling a follow up appointment along with any other barriers that may create obstacles with accessing care. The Patient Navigator Program represents a unique collaboration between Dignity Health, Community HealthWorks, formerly known as Sacramento Covered, a community-based nonprofit organization, and community clinics in the region.	☑	☑
Bruceville Terrace Patient Navigation	Provides assistance to low income patients in an effort to get enrolled in government sponsored health insurance programs, primarily Medi-Cal. This core program is new in response to the growing need of patients at Bruceville Terrace, a skilled nursing facility providing short- or long-term medical and rehabilitative care, 24 hours a day.	☑	☑
Bridging House for Women and Children Experiencing Homelessness	Supported through the Community Health Improvement Grants Program, a partnership between Bridging Initiatives International, Sacramento Steps Forward, Carmichael HART and Mercy Holistic Ministry. This program will increase comprehensive support to women and children experiencing homelessness, including food and shelter, case management, life skills training, support groups, and connecting them with other community services. The goal is to house individuals/families and transition them to a stable life, where they can thrive and build a better future.	☑	☑

Goal and Impact: The hospital's initiatives to address access to high quality health care and services are anticipated to result in: increased timely access and services; increased knowledge about how to access and navigate the healthcare system; increased primary care "medical homes" among those reached by navigators; reduce barriers to care; and improve collaborative efforts between all health care providers.

Collaborators: The hospital will partner with Sacramento County, other healthcare systems in the region, Sierra Sacramento Valley Medical Society, Mercy Family Health Center, Elk Grove School District, Bruceville Terrace, Community HealthWorks, Bridging Initiatives International, Sacramento Steps Forward, Carmichael HART and Mercy Holistic Ministry and local community based organizations to deliver this access to quality primary care health services.

 Health Need: System Navigation			
Strategy or Program	Summary Description	Active FY24	Planned FY25

Patient Navigator Program	The Patient Navigator program focuses on assisting patients who rely on emergency departments for non-urgent needs. The navigators help patients by connecting them to a medical home in an appropriate setting and assisting them with scheduling a follow up appointment along with any other barriers that may create obstacles with accessing care. The Patient Navigator Program represents a unique collaboration between Dignity Health, Community HealthWorks, formerly known as Sacramento Covered, a community-based nonprofit organization, and community clinics in the region.	☑	☑
Linked-Care Outpatient Behavioral Health Partnership	In partnership with community-based nonprofit mental health provider, El Hogar Community Services Inc. The Linked-Care program (formerly known as ReferNet Program) links Medicare, uninsured, undocumented and out of county Medi-Cal patients with appropriate ongoing behavioral health service providers as well as provide services to bridge the gap between patient and provider.	☑	☑
Sacramento County Crisis Navigation Program	In partnership with Sacramento County Behavioral Health and Bay Area Community Services, the Crisis Navigation Program serves Sacramento County residents who are experiencing a mental health crisis resulting in functional impairment that interferes with primary activities of daily and independent living. Navigators respond to hospital emergency departments as well as the county jail and Loaves & Fishes to assist patients in accessing outpatient mental health services and other resources.	☑	☑
Oncology Nurse Navigator	The Oncology Nurse Navigation program offers one-to-one support and guidance to patients diagnosed with cancer from the day of diagnosis onwards. The Oncology navigators provide interventions that address patient's immediate concerns and barriers to care such as difficulties with insurance, financial burden, lack of transportation and addressing the knowledge deficit of their diagnosis and treatment options. The Navigation program also provides referrals for nutritional and psycho-social support as well hosting multiple cancer support groups across the region.	☑	☑
Substance Use Navigation	CA Bridge is a program of the Public Health Institute working to ensure that people with substance use disorder receive 24/7 high-quality care in every California health system by 2025. The CA Bridge program seeks to fully integrate addiction treatment into standard medical practice—increasing access to treatment to save more lives. Utilizing a Substance Use Navigator to build a trusting relationship with the patient and motivating them to engage in treatment. The hospital works to reduce the language that stigmatizes people who use drugs, treating substance use disorder like any other disease. Program is currently funded through grants.	☑	☑
Exodus Project Transitional Housing for	Supported through the Community Health Improvement Grants Program, a partnership between Exodus Project, St. Vincent de Paul Sacramento, Sacramento Office of the Public	☑	☑

Homeless Returning Citizen	Defender, and Boundless Freedom Project. This project enables low-income and homeless adults returning to society from jail in Sacramento County to regain their dignity and well-being. The project pilots the integration of case management, mindfulness training courses, and peer mentoring into the Exodus Project, St. Vincent de Paul Sacramento program's existing wrap-around support services of employment, emergency housing, counseling, and system navigation.		
Building Health Equity and Wellness through Collaborative Care	Supported through the Community Health Improvement Grants Program, a partnership between Community Against Sexual Harm (CASH), STRIVE Community Health, and Emerge. The grant project organizes wellness fairs, workshops, groups, and mentoring programs tailored to meet the unique needs of individuals from marginalized communities. It seeks to empower adults and youth with knowledge and skills to access available resources with the goal to ensure that all participants have equal opportunities to thrive and succeed, regardless of their circumstances.	☑	☑

Goal and Impact: The hospital's initiatives to address system navigation is to continue to assist underserved patients admitted to the emergency department (ED) for primary care in finding primary care medical homes or reconnecting them with their assigned provider and other social support services to reduce their reliance on the ED, improve their health and lower costs.

Collaborators: The hospital will partner with Community HealthWorks, El Hogar, Sacramento County Behavioral Health, Bay Area Community Services, MAT agencies, Exodus Project, St. Vincent de Paul Sacramento, Sacramento Office of the Public Defender, Boundless Freedom Project, Community Against Sexual Harm (CASH), STRIVE Community Health, Emerge and local community based organizations to deliver an increase of system navigation in healthcare.



Health Need: Injury and Disease Prevention and Management

Strategy or Program	Summary Description	Active FY24	Planned FY25
Healthier Living Program	The Healthier Living program allows participants to learn about and practice a wide variety of tools to help them become better self-managers of their ongoing health conditions. Workshops are open to anyone with a chronic health condition, as well as those who care for persons with chronic health conditions. They are offered at the community level in partnership with medical clinics, food banks, affordable housing developments and others to ensure the underserved have access to these peer led health education classes. Provided in both English and Spanish.	☑	☑
Falls Prevention Program	Matter of Balance (MOB) is specifically designed to reduce the fear of falling and improve activity levels among community-dwelling older adults. The program enables participants to reduce the fear of falling by learning to view falls as controllable, setting goals for increasing activity	☑	☑

	levels, making small changes to reduce fall risks at home, and exercise to increase strength and balance.		
Disease-Specific Support Groups	Education and support are offered monthly in-person and virtually to those affected by specific diseases in the community. Current groups include: cancer, stroke and heart disease.	☑	☑
Catholic School Student Health and Wellness	Support provided to three low-income Catholic Schools in Sacramento (St Philomene, St Robert and St Patrick Academy) for student health and wellness. This includes, but is not limited to, activities that support physical and mental health, as well as social determinants of health. The specific activities are at the discretion of School leadership and are based on areas of highest need.	☑	☑
Future Focused: Fentanyl Education and Awareness Campaign	Supported through the Community Health Improvement Grants Program, a partnership between Arrive Alive California Inc., California Chaplain Corp, Sacramento County District Attorney's Office (SCDA), and Sacramento County Department of Health Services to bring education and awareness of drug prevention, counterfeit pills and Fentanyl poisoning deaths to students and teachers inside the classroom, to parents and guardians in Parent workshops, and to community members with Town Hall meetings, virtual trainings, train the trainer opportunities.	☑	☑

Goal and Impact: The initiative to address this health need by the hospital is anticipated to result in: reduction of hospital admissions for chronic disease related; improve the health and quality of life for those who suffer from chronic illness; enable participants to better manage their disease; and create a supportive environment for individuals to learn critical skills and enhance their knowledge on self management.

Collaborators: The hospital will partner with other medical clinics, food banks, affordable housing development, senior centers, health ministry, congregations, Catholic Schools in Sacramento: St Philomene, St Robert and St Patrick Academy, Arrive Alive California Inc., California Chaplain Corp, Sacramento County District Attorney's Office (SCDA), Sacramento County Department of Health Services, and local community based organizations to increase injury and disease prevention and management.



Health Need: Health Equity: Equal Access to Opportunities to be Healthy


Strategy or Program	Summary Description	Active FY24	Planned FY25
Patient Navigator Program	The Patient Navigator program focuses on assisting patients who rely on emergency departments for non-urgent needs. The navigators help patients by connecting them to a medical home in an appropriate setting and assisting them with scheduling a follow up appointment along with any other barriers that may create obstacles with accessing care. The Patient Navigator Program represents a unique collaboration between Dignity Health, Community HealthWorks, formerly known as Sacramento Covered, a community-based nonprofit organization, and community clinics in the region.	☑	☑

Healthcare and Homelessness Pilot Program	Supported through the Homeless Health Initiative, and led by Community Solutions and Institute for Healthcare Improvement (IHI), the healthcare and homeless pilot seeks to understand the most meaningful, measurable and transformative contribution health care can make to ending chronic homelessness. Over the course of the 2 year initiative, the Health Systems alongside the homeless Continuum of Care partners in Sacramento, will have made measurable progress toward ending chronic homelessness, with a focus on building racially equitable systems.	☑	☑
Medical Legal Partnership	Supported through the Homeless Health Initiative, and in partnership with Legal Services of Northern California, the Medical Legal Partnership (MLP) will address the legal needs of patients at the hospitals and the Family Medicine Residency Program. MLP integrates and embeds lawyers into the healthcare setting to help clinicians, case managers and social workers address structural problems at the root of so many health inequities. This program will have a particular emphasis on addressing housing insecurities. This program sunsets in December 2024.	☑	☑
Care for the Undocumented	Dignity Health hospitals in Sacramento County partner with Sacramento County, other health systems and the Sierra Sacramento Valley Medical Society on an initiative to provide primary and specialty care, including surgery, to the region's undocumented immigrants who currently have no insurance or access to care. The hospital continues to advocate for expanded enrollment and increasing the age range to ensure more individuals could access primary care and limited specialty care services.	☑	☑
Community Based Violence Prevention	The Community Based Violence Prevention Program initiative focuses on: <ul style="list-style-type: none"> • Educating staff to identify and respond to victims of violence and human trafficking within the hospital; • Provide victim-centered, trauma-informed care; • Collaborate with community agencies to improve quality of care; • Access critical resources for victims; and • Provide and support innovative programs for recovery and reintegration. • Public policy initiatives • Community-based programs • Research on best practices • Resources for education and awareness • Partnerships with national, state and local organizations • Socially responsible investing and shareholder advocacy 	☑	☑
Newborn Hearing Diagnostic Program	Supported through the Community Health Improvement Grants Program, a partnership between Children's Choice for Hearing and Talking Sacramento (dba CCHAT Center), Northern California Hearing Coordination Center (NCHCC) -Department of Health Care Services (DHCS), UC Davis Health Audiology, Welcome Home Midwifery Services, Inc., California Birthing Center. This program ensures that babies	☑	☑


	throughout the greater Sacramento area have access to timely hearing screenings and hearing health resources that will help mitigate the negative impacts often associated with hearing loss.		
Building Health Equity and Wellness through Collaborative Care	Supported through the Community Health Improvement Grants Program, a partnership between Community Against Sexual Harm (CASH), STRIVE Community Health, and Emerge. The grant project organizes wellness fairs, workshops, groups, and mentoring programs tailored to meet the unique needs of individuals from marginalized communities. It seeks to empower adults and youth with knowledge and skills to access available resources with the goal to ensure that all participants have equal opportunities to thrive and succeed, regardless of their circumstances.	☑	☑
Elk Grove Unified School District FIRST Foundation Project	Supported through the Community Health Improvement Grants Program, a partnership between Elk Grove Unified School District FIRST Foundation, Elk Grove Unified School District (EGUSD), and Sacramento Food Bank and Family Services. This program expands services provided through the EGUSD's Newcomer Welcome Centers (NWC), with emphasis on newcomer and refugee families new to the country and the US education system. This project seeks to enhance experiences for Moms Support Groups, increase the number of families receiving basic school supplies, and improve access to healthy food.	☑	☑
Connect to Health -Supporting Healthy Newcomer Communities	Supported through the Community Health Improvement Grants Program, a partnership between International Rescue Committee, Inc., River City Food Bank, and One Community Health. This project aims to provide culturally and linguistically congruent health/mental health navigation services and psychosocial support to refugees and immigrants as an underserved community in Sacramento. This project directly addresses health disparities, promotes independent health access, enhances resilience and self-sufficiency, and connects refugees and immigrants to basic needs and resources.	☑	☑
The RAGE Healing Pipeline	Supported through the Community Health Improvement Grants Program, a partnership between The Race and Gender Equity Project, Flyte Studio, Sacramento City Unified School District (SCUSD) Foster Youth Services (FYS), and Monroe Howard Transformational Coaching. The RAGE Healing Pipeline will increase capacity of an intersectional youth-serving-youth cooperative to provide a network of healing, education, arts and leadership programs that work independently and collectively to increase Black youth wellbeing in the Sacramento region. This program will also develop and implement an infrastructure of support, resources and opportunities for Black youth to enter the behavioral health field through entrepreneurship and education/career pathways.	☑	☑

Goal and Impact: The initiative to address health equity by the hospital is anticipated to result in: ensuring that everyone has equal access to the same opportunities to be as healthy as possible. Individual and community health will be improved through elimination of barriers as the result of policies, practices, systems, and structures that discriminate against certain groups.


Collaborators: The hospital will partner with Community HealthWorks, other healthcare systems in the region, community clinics, Sierra Sacramento Valley Medical Society, Legal Services of Northern California, The Race and Gender Equity Project, Flyte Studio, Sacramento City Unified School District (SCUSD) Foster Youth Services (FYS), Monroe Howard Transformational Coaching, Community Against Sexual Harm (CASH), STRIVE Community Health, Emerge, Elk Grove Unified School District FIRST Foundation, Elk Grove Unified School District (EGUSD), Sacramento Food Bank and Family Services, International Rescue Committee, Inc., River City Food Bank, One Community Health, Children's Choice for Hearing and Talking Sacramento (dba CCHAT Center), Northern California Hearing Coordination Center (NCHCC) -Department of Health Care Services (DHCS), UC Davis Health Audiology, Welcome Home Midwifery Services, Inc., California Birthing Center and local community based organizations to deliver an increase for health equity in the community.

 Health Need: Active Living and Healthy Eating			
Strategy or Program	Summary Description	Active FY24	Planned FY25
Healthier Living Program	The Healthier Living program allows participants to learn about and practice a wide variety of tools to help them become better self-managers of their ongoing health conditions. Workshops are open to anyone with a chronic health condition, as well as those who care for persons with chronic health conditions. They are offered at the community level in partnership with medical clinics, food banks, affordable housing developments and others to ensure the underserved have access to these peer led health education classes. Provided in both English and Spanish.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Elk Grove Unified School District FIRST Foundation Project	Supported through the Community Health Improvement Grants Program, a partnership between Elk Grove Unified School District FIRST Foundation, Elk Grove Unified School District (EGUSD), and Sacramento Food Bank and Family Services. This program expands services provided through the EGUSD's Newcomer Welcome Centers (NWC), with emphasis on newcomer and refugee families new to the country and the US education system. This project seeks to enhance experiences for Moms Support Groups, increase the number of families receiving basic school supplies, and improve access to healthy food.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Skate Nights Youth Development Program	Supported through the Community Health Improvement Grants Program, a partnership between Project Lifelong, San Juan Unified School District (SJUSD): Family & Community Engagement Department, and Sacramento Inspiring Connections Outdoors, and SJUSD: School Site Social Workers. This project brings pop-up skateboarding parks on middle school campuses through the Skate Nights program,	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

	which incorporates Social Emotional Learning (SEL) to foster life skills and a sense of belonging.		
Goal and Impact: The anticipated result is to increase access to healthy foods and safe activity and improve the community's knowledge about the importance of living a healthy and active lifestyle. In addition, the community will be exposed to more services and resources to help achieve these goals.			
Collaborators: The hospital will partner with medical clinics, food banks, affordable housing developments, senior centers, Elk Grove Unified School District FIRST Foundation, Elk Grove Unified School District (EGUSD), Sacramento Food Bank and Family Services, San Juan Unified School District (SJUSD): Family & Community Engagement Department, and Sacramento Inspiring Connections Outdoors, and local community based organizations to deliver an increase for active living and healthy living in the community.			

 Health Need: Safe and Violence-Free Environment			
Strategy or Program	Summary Description	Active FY24	Planned FY25
Community Based Violence Prevention	<p>The Community Based Violence Prevention Program initiative focuses on:</p> <ul style="list-style-type: none"> • Educating staff to identify and respond to victims of violence and human trafficking within the hospital; • Provide victim-centered, trauma-informed care; • Collaborate with community agencies to improve quality of care; • Access critical resources for victims; and • Provide and support innovative programs for recovery and reintegration. • Public policy initiatives • Community-based programs • Research on best practices • Resources for education and awareness • Partnerships with national, state and local organizations • Socially responsible investing and shareholder advocacy 	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Safe Kids Program	<p>The Safe Kids Greater Sacramento coalition, led by MSJMC, is composed of individuals and organizations that are committed to reducing preventable childhood injuries. Projects focus on: Child Passenger Safety; Bicycle Safety; Pedestrian Safety; Safe Sleep; Fire/Burn Prevention; and Drowning Prevention. MSJMC also leads a no cost car seat education program targeting families with children living in poverty, and to families with children in immigrant communities. The program provides: car seat classes; car seat checkup appointments; car seat distribution to families in need; and program phone lines are currently offered in English, Spanish, and Hmong. Car seat checkups are offered to the general public at several hospital sites.</p>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
WEAVE Patient Advocate	<p>Mercy Family Health Center, Methodist Hospital and WEAVE developed and implemented the WEAVE Patient Advocate program to create a new model of comprehensive care for human trafficking. A Navigator is on-site at the</p>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

	Mercy Family Health Center several times a week to provide victims and survivors of human trafficking assistance with navigation and coordination of services and ‘warm hand offs’ to medical services and community-based resources and linkages.		
Exodus Project Transitional Housing for Homeless Returning Citizen	Supported through the Community Health Improvement Grants Program, a partnership between Exodus Project, St. Vincent de Paul Sacramento, Sacramento Office of the Public Defender, and Boundless Freedom Project. This project enables low-income and homeless adults returning to society from jail in Sacramento County to regain their dignity and well-being. The project pilots the integration of case management, mindfulness training courses, and peer mentoring into the Exodus Project, St. Vincent de Paul Sacramento program’s existing wrap-around support services of employment, emergency housing, counseling, and system navigation.	☑	☑
Goal and Impact: The initiative to address safe, crime, and violence free communities are anticipated to result in: prevent unsafe environments; improve safety for the patient population served; provide education to all hospital staff on trauma informed care; increase the awareness of services available; and improve care coordination to ensure individuals are connected to appropriate care and can access necessary services.			
Collaborators: The hospital will partner with health clinics, affordable housing developments, WEAVE, Mercy Family Center, Exodus Project, St. Vincent de Paul Sacramento, Sacramento Office of the Public Defender, Boundless Freedom Project and other local community based organizations to deliver an increased safe and violence-free environment for the community.			

 Health Need: Increased Community Connections			
Strategy or Program	Summary Description	Active FY24	Planned FY25
Disease-Specific Support Groups	Education and support are offered monthly in-person and virtually to those affected by specific diseases in the community. Current groups include: cancer, stroke and heart disease.	☑	☑
Healthier Living Program	The Healthier Living program allows participants to learn about and practice a wide variety of tools to help them become better self-managers of their ongoing health conditions. Workshops are open to anyone with a chronic health condition, as well as those who care for persons with chronic health conditions. They are offered at the community level in partnership with medical clinics, food banks, affordable housing developments and others to ensure the underserved have access to these peer led health education classes. Provided in both English and Spanish.	☑	☑
WEAVE Patient Advocate	Mercy Family Health Center, Methodist Hospital and WEAVE developed and implemented the WEAVE Patient Advocate program to create a new model of comprehensive care for human trafficking. A Navigator is on-site at the	☑	☑

	Mercy Family Health Center several times a week to provide victims and survivors of human trafficking assistance with navigation and coordination of services and ‘warm hand offs’ to medical services and community-based resources and linkages.		
Building Health Equity and Wellness through Collaborative Care	Supported through the Community Health Improvement Grants Program, a partnership between Community Against Sexual Harm (CASH), STRIVE Community Health, and Emerge. The grant project organizes wellness fairs, workshops, groups, and mentoring programs tailored to meet the unique needs of individuals from marginalized communities. It seeks to empower adults and youth with knowledge and skills to access available resources with the goal to ensure that all participants have equal opportunities to thrive and succeed, regardless of their circumstances.	☑	☑
Elk Grove Unified School District FIRST Foundation Project	Supported through the Community Health Improvement Grants Program, a partnership between Elk Grove Unified School District FIRST Foundation, Elk Grove Unified School District (EGUSD), and Sacramento Food Bank and Family Services. This program expands services provided through the EGUSD's Newcomer Welcome Centers (NWC), with emphasis on newcomer and refugee families new to the country and the US education system. This project seeks to enhance experiences for Moms Support Groups, increase the number of families receiving basic school supplies, and improve access to healthy food.	☑	☑
Cut to the Chase	Supported through the Community Health Improvement Grants Program, a partnership between Greater Sacramento Urban League, Capitol City Black Nurses Association, and Heart of the Matter Counseling. This project focuses on improving mental health for Black men and women in Del Paso Heights and Oak Park in Sacramento, California with ongoing advocacy for Black males and females to obtain required mental health services. To address the stigma around Black males and females seeking mental-emotional support, this program provides therapy in spaces that Black men and women already comfortably frequent such as local barbershops and beauty salons.	☑	☑
Connect to Health -Supporting Healthy Newcomer Communities	Supported through the Community Health Improvement Grants Program, a partnership between International Rescue Committee, Inc., River City Food Bank, and One Community Health. This project aims to provide culturally and linguistically congruent health/mental health navigation services and psychosocial support to refugees and immigrants as an underserved community in Sacramento. This project directly addresses health disparities, promotes independent health access, enhances resilience and self-sufficiency, and connects refugees and immigrants to basic needs and resources.	☑	☑
The RAGE Healing Pipeline	Supported through the Community Health Improvement Grants Program, a partnership between The Race and Gender	☑	☑

	Equity Project, Flyte Studio, Sacramento City Unified School District (SCUSD) Foster Youth Services (FYS), and Monroe Howard Transformational Coaching. The RAGE Healing Pipeline will increase capacity of an intersectional youth-serving-youth cooperative to provide a network of healing, education, arts and leadership programs that work independently and collectively to increase Black youth wellbeing in the Sacramento region. This program will also develop and implement an infrastructure of support, resources and opportunities for Black youth to enter the behavioral health field through entrepreneurship and education/career pathways.		
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Goal and Impact: The initiative to address increased community connections by the hospital is anticipated to result in: individuals with a sense of security, belonging, and trust in their community have better health. Community members will have opportunities to connect with each other through programs, and services resulting in fostering a healthier community. Healthcare and community support services will be more effective when they are delivered in a coordinated fashion and in collaboration to build a network of care.

Collaborators: The hospital will partner with medical clinics, health ministry, congregations, senior centers, affordable housing developments, WEAVE, Mercy Family Health Center, International Rescue Committee, Inc., River City Food Bank, One Community Health, Community Against Sexual Harm (CASH), STRIVE Community Health, Emerge, Greater Sacramento Urban League, Capitol City Black Nurses Association, Heart of the Matter Counseling, Elk Grove Unified School District FIRST Foundation, Elk Grove Unified School District (EGUSD), Sacramento Food Bank and Family Services, The Race and Gender Equity Project, Flyte Studio, Sacramento City Unified School District (SCUSD) Foster Youth Services (FYS), Monroe Howard Transformational Coaching and other local community based organizations to deliver an increased community connections.



Health Need: Access to Specialty and Extended Care

Strategy or Program	Summary Description	Active FY24	Planned FY25
Oncology Nurse Navigator	The Oncology Nurse Navigation program offers one-to-one support and guidance to patients diagnosed with cancer from the day of diagnosis onwards. The Oncology navigators provide interventions that address patient's immediate concerns and barriers to care such as difficulties with insurance, financial burden, lack of transportation and addressing the knowledge deficit of their diagnosis and treatment options. The Navigation program also provides referrals for nutritional and psycho-social support as well hosting multiple cancer support groups across the region.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Care for the Undocumented	Dignity Health hospitals in Sacramento County partner with Sacramento County, other health systems and the Sierra Sacramento Valley Medical Society on an initiative to provide primary and specialty care, including surgery, to the region's undocumented immigrants who currently have no insurance or access to care. The hospital continues to advocate for expanded enrollment and increasing the age range to ensure more individuals could access primary care and limited specialty care services.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Health Professions Education - Other	Provides a clinical setting for training and internships for students in the greater Sacramento region pursuing health professions other than physicians and nurses. This includes, but is not limited to: EMT, Paramedics, Pharmacy, Respiratory Therapy, Physical Therapy, Radiology Technologist and Surgical Technologist.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Health Professions Education - Nursing	Provides clinical setting for nursing students enrolled in education with an outside local college or university for additional training and education. This includes, but is not limited to: Undergraduate Nursing, Undergraduate Nursing-Preceptorship, Nursing BSN and Nursing ADN.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Family Residency Program	Provides a clinical setting for training and educational programs for medical residents, when that education is necessary for a degree, certificate, or training that is required by state law, accrediting body or health profession society.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Mercy Family Health Center	A part of the Family Practice Residency Program, the hospital's Mercy Family Health Center provides care and treatment with over 15,000 clinical visits for underserved residents each year. The health center continues to increase capacity, and has expanded services at other locations in the community working collaboratively with various agencies and community clinics. Residency physicians are also actively involved in the Elk Grove School District's Adopt a School program and provide free sports physicals. Mercy Family Health Center continues to operate as a Human Trafficking Victim Medical Safe Haven and has partnered with several community organizations to bridge the gap between social and recovery support and medical services.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Bruceville Terrace Patient Navigation	Provides assistance to low income patients in an effort to get enrolled in government sponsored health insurance programs, primarily Medi-Cal. This core program is new in response to the growing need of patients at Bruceville Terrace, a skilled nursing facility providing short- or long-term medical and rehabilitative care, 24 hours a day.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Newborn Hearing Diagnostic Program	Supported through the Community Health Improvement Grants Program, a partnership between Children's Choice for Hearing and Talking Sacramento (dba CCHAT Center), Northern California Hearing Coordination Center (NCHCC) -Department of Health Care Services (DHCS), UC Davis Health Audiology, Welcome Home Midwifery Services, Inc., California Birthing Center. This program ensures that babies throughout the greater Sacramento area have access to timely hearing screenings and hearing health resources that will help mitigate the negative impacts often associated with hearing loss.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Goal and Impact: The hospital's initiatives to address access to specialty and extended care and services are anticipated to result in: increased timely access and services, and increased knowledge about how to access and navigate the healthcare system for specialty and extended care, specifically to those that are uninsured or underinsured.

Collaborators: The hospital will partner with local medical health organizations, other health system, the Sierra Sacramento Valley Medical Society, Bruceville Terrace, Mercy Family Health Center, Elk Grove School District, Children’s Choice for Hearing and Talking Sacramento (dba CCHAT Center), Northern California Hearing Coordination Center (NCHCC) -Department of Health Care Services (DHCS), UC Davis Health Audiology, Welcome Home Midwifery Services, Inc., California Birthing Center and local community based organizations to deliver this access to specialty and extended care.

Community Health Improvement Grants Program

One important way the hospital helps to address community health needs is by awarding financial grants to non-profit organizations working together to improve health status and quality of life. Grant funds are used to deliver services and strengthen service systems, to improve the health and well-being of vulnerable and underserved populations related to CHNA priorities.

Methodist, in collaboration with Mercy Hospital Folsom, Mercy San Juan Medical Center and Mercy General Hospital awarded the grants below totaling \$966,274 in FY24. The hospital’s specific share of the total was \$167,566. Some projects also may be described elsewhere in this report


Grant Recipient	Project Name	Health Needs Addressed	Amount
Arrive Alive California, Inc. (AAC)	Future Focused: Fentanyl Education and Awareness Campaign	<ul style="list-style-type: none"> Access to Mental/ Behavioral Health and Substance-Use Services Injury and Disease Prevention and Management 	\$80,000
Bridging Initiatives International	Bridging House for Women and Children Experiencing Homelessness	<ul style="list-style-type: none"> Access to Basic Needs Such as Housing, Jobs, and Food Access to Quality Primary Care Health Services 	\$75,000
Children’s Choice for Hearing and Talking Sacramento (dba CCHAT Center)	Newborn Hearing Diagnostic Program	<ul style="list-style-type: none"> Health Equity: Equal Access to Opportunities to be Healthy Access to Specialty and Extended Care 	\$25,000
Community Against Sexual Harm (CASH)	Building Health Equity and Wellness through Collaborative Care	<ul style="list-style-type: none"> Access to Mental/ Behavioral Health and Substance-Use Services Increased Community Connections System Navigation 	\$84,000
EGUSD FIRST Foundation	EGUSD FIRST Foundation Project	<ul style="list-style-type: none"> Health Equity: Equal Access to Opportunities to be Healthy Active Living and Healthy Eating Increased Community Connections 	\$75,000

Grant Recipient	Project Name	Health Needs Addressed	Amount
Exodus Project, St. Vincent de Paul Sacramento	Exodus Project Transitional Housing for Homeless Returning Citizens	<ul style="list-style-type: none"> • Access to Basic Needs Such as Housing, Jobs, and Food • System Navigation • Safe and Violence-Free Environment 	\$83,120
Greater Sacramento Urban League	Cut to the Chase	<ul style="list-style-type: none"> • Access to Mental/ Behavioral Health and Substance-Use Services • Increased Community Connections 	\$100,000
International Rescue Committee, Inc.	Connect to Health -Supporting Healthy Newcomer Communities	<ul style="list-style-type: none"> • Access to Mental/ Behavioral Health and Substance-Use Services • Access to Basic Needs Such as Housing, Jobs, and Food • Health Equity: Equal Access to Opportunities to be Healthy • Increased Community Connections 	\$100,000
Mercy Holistic Ministries.	2024 Mercy Holistic Ministries Project	<ul style="list-style-type: none"> • Access to Basic Needs Such as Housing, Jobs, and Food 	\$75,000
Project Lifelong	Skate Nights Youth Development Program	<ul style="list-style-type: none"> • Access to Mental/ Behavioral Health and Substance-Use Services • Active Living and Healthy Eating 	\$35,566
Saint John's Program for Real Change	Basic Needs and Behavioral Health/SUD Services for Unhoused Women & Children	<ul style="list-style-type: none"> • Access to Mental/ Behavioral Health and Substance-Use Services • Access to Basic Needs Such as Housing, Jobs, and Food 	\$85,026
The Race and Gender Equity Project	The RAGE Healing Pipeline	<ul style="list-style-type: none"> • Access to Mental/ Behavioral Health and Substance-Use Services • Health Equity: Equal Access to Opportunities to be Healthy • Increased Community Connections 	\$75,000
Turning Point Community Programs	Opening Doors, Transforming Lives	<ul style="list-style-type: none"> • Access to Mental/ Behavioral Health and Substance-Use Services 	\$73,562

		<ul style="list-style-type: none"> Access to Basic Needs Such as Housing, Jobs, and Food 	
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Program Highlights

The following pages describe a sampling of programs and initiatives listed above in additional detail, illustrating the work undertaken to help address significant community health needs.

 Recuperative Care Program	
Significant Health Needs Addressed	<ul style="list-style-type: none"> ✓ Access to Mental/Behavioral Health and Substance-Use Services ✓ Access to Basic Needs Such as Housing, Jobs, and Food ✓ Access to Quality Primary Care Health Services <input type="checkbox"/> System Navigation ✓ Injury and Disease Prevention and Management <input type="checkbox"/> Health Equity: Equal Access to Opportunities to be Healthy <input type="checkbox"/> Active Living and Healthy Eating <input type="checkbox"/> Safe and Violence-Free Environment <input type="checkbox"/> Increased Community Connections ✓ Access to Specialty and Extended Care
Program Description	<p>The hospital is an active partner in the Recuperative Care Program, formerly known as the Gregory Bunker Care Transitions Center of Excellence's (The Bunker). This collaborative engages Dignity Health hospitals and health systems in the region, Medi-Cal Managed Care Plans, Sacramento County and Federally Qualified Health Center, WellSpace Health. Gregory Bunker Care Transitions Center Program(The Bunker) provides men and women experiencing homelessness a safe environment for recovery when they are ready to be discharged from the hospital. Participants receive physical and mental health care, substance use treatment, and social services support to transition to a healthier lifestyle.</p>
Population Served	<p>The primary beneficiaries of this program are individuals experiencing homelessness in need of a safe environment to fully recover when discharged from the hospital.</p>
Program Goal / Anticipated Impact	<p>Increase access to a continuum of care and social support services to meet the special needs of individuals experiencing homelessness necessary to improve their health status, and reduce their need to admit/readmit to the hospital.</p>
FY 2024 Report	
Activities Summary	<ul style="list-style-type: none"> Provide clients with meals, bed rest, nurse care and self-care. Case managers provide transportation to ongoing health and treatment services. Assist with housing placement and other community treatment supports.
Performance / Impact	<p>133 persons served with an average length of stay of 53 days, which otherwise would have been days spent in hospital.</p>

Hospital's Contribution / Program Expense	\$100,000 which is a shared expense by Dignity Health Hospitals in Sacramento County.
FY 2025 Plan	
Program Goal / Anticipated Impact	Continue to increase access to a continuum of care and social support services to meet the special needs of individuals experiencing homelessness necessary to improve their health status, and reduce their need to admit/readmit to the hospital.
Planned Activities	Continue to work with all partners to improve the number of successful referrals. Emphasis will be focused on improving communication between hospital and Recuperative Care program staff. The hospital will continue to meet with WellSpace Health and the Sacramento Managed Care Plans to build stronger relationships and increase successful referrals. Emphasis will be placed on coordinating Recuperative Care referrals with other CalAIM benefits including Enhanced Care Management and Community Supports Housing Navigation.



Healthier Living Program

Significant Health Needs Addressed	<input type="checkbox"/> Access to Mental/Behavioral Health and Substance-Use Services <input type="checkbox"/> Access to Basic Needs Such as Housing, Jobs, and Food <input type="checkbox"/> Access to Quality Primary Care Health Services <input type="checkbox"/> System Navigation <input checked="" type="checkbox"/> Injury and Disease Prevention and Management <input type="checkbox"/> Health Equity: Equal Access to Opportunities to be Healthy <input checked="" type="checkbox"/> Active Living and Healthy Eating <input type="checkbox"/> Safe and Violence-Free Environment <input checked="" type="checkbox"/> Increased Community Connections <input type="checkbox"/> Access to Specialty and Extended Care
Program Description	The Healthier Living program allows participants to learn about and practice a wide variety of tools to help them become better self-managers of their ongoing health conditions. Workshops are open to anyone with a chronic health condition, as well as those who care for persons with chronic health conditions. They are offered at the community level in partnership with medical clinics, food banks, affordable housing developments and others to ensure the underserved have access to these peer led health education classes.
Population Served	The primary beneficiaries of this program are underserved individuals with chronic health conditions and their caretakers.
Program Goal / Anticipated Impact	Provide education and skills management to help those with chronic disease manage their symptoms and lead healthier and more productive lives; thus reducing their need to admit to the hospital. Specifically, achieve maximum target metric goal or better – 70% of all participants avoid admission post program intervention.

FY 2024 Report	
Activities Summary	Healthier Living workshops for the community members, Diabetes Empowerment Education Program training for leaders, and Chronic Disease Self-Management Program training for leaders.
Performance / Impact	Healthier Living workshops were held virtually and in-person. There were 15 Healthier Living workshops conducted, including a reach of 185 community members and 130 participants completing the program. There are now 12 active leaders who could facilitate, Diabetes Empowerment Education Program, and/or Chronic Disease Self-Management Program.
Hospital's Contribution / Program Expense	\$105,913 which is a shared expense by Dignity Health hospitals in Sacramento.
FY 2025 Plan	
Program Goal / Anticipated Impact	Continue providing education and skills management to help those with chronic disease manage their symptoms and lead healthier and more productive lives; thus reducing their need to admit to the Hospital. Specifically, achieve maximum target metric goal or better – 70% of all participants avoid admission post program intervention.
Planned Activities	Outreach to the community clinics and other nonprofits. Continue to build community partnerships to expand workshops. Continue to identify community lay leaders and partnerships for growth including strategies to recruit and train Hmong, Russian, and Spanish speaking lay leaders.



Dignity Health Mercy Family Health Center

Significant Health Needs Addressed	<input type="checkbox"/> Access to Mental/Behavioral Health and Substance-Use Services <input type="checkbox"/> Access to Basic Needs Such as Housing, Jobs, and Food <input checked="" type="checkbox"/> Access to Quality Primary Care Health Services <input type="checkbox"/> System Navigation <input checked="" type="checkbox"/> Injury and Disease Prevention and Management <input checked="" type="checkbox"/> Health Equity: Equal Access to Opportunities to be Healthy <input type="checkbox"/> Active Living and Healthy Eating <input type="checkbox"/> Safe and Violence-Free Environment <input checked="" type="checkbox"/> Increased Community Connections <input type="checkbox"/> Access to Specialty and Extended Care
Program Description	A part of the Family Practice Residency Program, the hospital's Mercy Family Health Center provides care and treatment with over 15,000 clinical visits for underserved residents each year. The health center continues to increase capacity, and has expanded services at other locations in the community working collaboratively with various agencies and community clinics. Mercy Family Health Center continues to operate as a Human Trafficking Victim Medical Safe

	Haven and has partnered with several community organizations to bridge the gap between social and recovery support and medical services.
Population Served	24 Residents rotating through all 6 hospitals in the Greater Sacramento Market. The residents are primarily serving the socio and economically disadvantaged patient population of our region.
Program Goal / Anticipated Impact	The primary goal of the Residency Program is quality education, with a priority of training family physicians caring for the underserved. A core group of faculty teaches the residents within various settings, providing much needed medical care for the community.

FY 2024 Report

Activities Summary	<ul style="list-style-type: none"> Provides outpatient care at Mercy Family Health Center in South Sacramento region for underserved, disadvantaged groups, including those identified as LGBTQ+ with background of domestic violence, trauma, and human trafficking. In the inpatient care, residents provide obstetrical care delivery and intensive unit care in Mercy General Hospital and Methodist Hospital of Sacramento. Residents also work in the pediatric unit at Mercy San Juan Medical Center. Residents provide community outreach and lectures on human trafficking, domestic violence and related issues to agencies such as WEAVE, City of Refuge and local rotary clubs. Residents are actively involved in the Elk Grove School District and provide free High School sports physicals. Clinical Faculty and Resident Physicians provide free care to Dignity Health Medical Safe Haven at CASH Clinic: Community Against Sexual Harm. Bi-annual Community Service Activities at the Chicks in Crisis.
Performance / Impact	Inpatient care estimated reach of 15,000 patients includes hospitalized patients, obstetrics, intensive care unit, newborn and pediatric care. Outpatient care estimated a reach 15,000+ patients.
Hospital's Contribution / Program Expense	\$2,105,367

FY 2025 Plan

Program Goal / Anticipated Impact	Continue to provide quality education, with a priority of training family physicians caring for the underserved. A core group of faculty will continue to teach the residents within various settings, providing much needed medical care for the community.
Planned Activities	The Residency program will continue to provide quality education and training to family physicians caring for the underserved. The program has expanded to Sierra Nevada Memorial Hospital and now has a total of 27 residents including an obstetrics fellow.



WEAVE Patient Advocate

Significant Health Needs Addressed	<ul style="list-style-type: none">✓ Access to Mental/Behavioral Health and Substance-Use Services✓ Access to Basic Needs Such as Housing, Jobs, and Food✓ Access to Quality Primary Care Health Services<input type="checkbox"/> System Navigation✓ Injury and Disease Prevention and Management<input type="checkbox"/> Health Equity: Equal Access to Opportunities to be Healthy<input type="checkbox"/> Active Living and Healthy Eating✓ Safe and Violence-Free Environment<input type="checkbox"/> Increased Community Connections<input type="checkbox"/> Access to Specialty and Extended Care
Program Description	Mercy Family Health Center, Methodist Hospital and WEAVE developed and implemented the WEAVE Patient Advocate program to create a new model of comprehensive care for human trafficking. A navigator is on-site at the Mercy Family Health Center several times a week to provide victims and survivors of human trafficking assistance with navigation and coordination of services and ‘warm hand offs’ to medical services and community-based resources and linkages.
Population Served	The primary beneficiaries are individuals that identify as victims or survivors of human trafficking and domestic violence.
Program Goal / Anticipated Impact	Improve coordination of care for victims of human trafficking in the Sacramento region by incorporating a patient advocate into the clinical setting that can assist in linking individuals to additional services and resources.
FY 2024 Report	
Activities Summary	Navigator provides intake assessment, coordinates services and referrals to community based resources for victims and survivors of human trafficking and their families. Assistance with social services resources, and linkages to other community health care services are also provided as necessary.
Performance / Impact	756 patient encounters were provided for identified victims and survivors of human trafficking. Services received at Mercy Family Health Center included primary care, and in some cases, many received a variety of health screenings, mental health and medication management. The embedded patient advocate was strategic to provide and referrals to resources and/or additional follow up care.
Hospital's Contribution / Program Expense	\$70,000
FY 2025 Plan	
Program Goal / Anticipated Impact	Continue to improve coordination of care for victims of human trafficking in the Sacramento region by incorporating a patient advocate into the clinical setting that can assist in linking individuals to additional services and resources.

Planned Activities	Continue to provide victims and survivors of human trafficking assistance with navigation and coordination of services and ‘warm hand offs’ to medical services and community-based resources and linkages.
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Housing with Dignity

Significant Health Needs Addressed	<ul style="list-style-type: none"> ✓ Access to Mental/Behavioral Health and Substance-Use Services ✓ Access to Basic Needs Such as Housing, Jobs, and Food ✓ Access to Quality Primary Care Health Services ✓ System Navigation ✓ Injury and Disease Prevention and Management <input type="checkbox"/> Health Equity: Equal Access to Opportunities to be Healthy <input type="checkbox"/> Active Living and Healthy Eating ✓ Safe and Violence-Free Environment <input type="checkbox"/> Increased Community Connections <input type="checkbox"/> Access to Specialty and Extended Care
Program Description	In partnership with Lutheran Social Services and Centene, the hospital aims to assist patients experiencing homelessness with severe chronic health and mental health issues to obtain and retain housing, care and services designed to achieve stability in their lives. Hospital case managers work directly with Lutheran Social Services to identify individuals who are experiencing chronic homelessness and chronic disability and place them in stabilization housing units. Intensive case management and wrap-around supportive services are provided by Lutheran Social Services to help achieve stability. Once stable, individuals are transitioned into permanent/permanent supportive housing.
Population Served	The primary beneficiaries are individuals and families in Sacramento County that are experiencing chronic homelessness with chronic health and/or mental issues.
Program Goal / Anticipated Impact	Housing with Dignity aims to assist individuals experiencing homelessness with severe chronic health and mental health issues obtain and retain housing, care and services designed to achieve stability in their lives.

FY 2024 Report

Activities Summary	Hospital case managers/social workers work directly with Lutheran Social Services case managers to identify patients being discharged from the hospital who are then housed in 24 supportive stable apartments and receive intensive case management and supportive social services.
Performance / Impact	57 patients were referred from Dignity Health hospitals and received program services in FY24. 22 patients moved out of the program during this time and were either reunified with family, placed in supportive housing/referred to other housing programs or found their own place to live.

Hospital's Contribution / Program Expense	\$194,796
FY 2025 Plan	
Program Goal / Anticipated Impact	Housing with Dignity aims to assist individuals experiencing homelessness with severe chronic health and mental health issues obtain and retain housing, care and services designed to achieve stability in their lives.
Planned Activities	LSS works with hospital care coordinators to improve referral processes and engage additional hospital staff, including the Cancer Center, in identifying patients who meet eligibility requirements. LSS will also work with all community clinics and support services to ensure follow up medical care is obtained upon hospital discharge along with linkages to additional resources. Additional focus will be placed on establishing a medical home once patients move into permanent housing, and ensuring program participants are complying with the program's policies and procedures to reach program goals.



Elk Grove Unified School District FIRST Foundation

Significant Health Needs Addressed	<input type="checkbox"/> Access to Mental/Behavioral Health and Substance-Use Services <input checked="" type="checkbox"/> Access to Basic Needs Such as Housing, Jobs, and Food <input type="checkbox"/> Access to Quality Primary Care Health Services <input type="checkbox"/> System Navigation <input type="checkbox"/> Injury and Disease Prevention and Management <input checked="" type="checkbox"/> Health Equity: Equal Access to Opportunities to be Healthy <input checked="" type="checkbox"/> Active Living and Healthy Eating <input type="checkbox"/> Safe and Violence-Free Environment <input type="checkbox"/> Increased Community Connections <input type="checkbox"/> Access to Specialty and Extended Care
Program Description	This program is supported through the Community Health Improvement Grants Program, a partnership between Elk Grove Unified School District FIRST Foundation, Elk Grove Unified School District (EGUSD), and Sacramento Food Bank and Family Services. This program expands services provided through the EGUSD's Newcomer Welcome Centers (NWC), with emphasis on newcomer and refugee families new to the country and the US education system. This project seeks to enhance experiences for Moms Support Groups, increase the number of families receiving basic school supplies, and improve access to healthy food.
Population Served	Families and students in the 68 schools in the Elk Grove Unified School District within Sacramento County.
Program Goal / Anticipated Impact	Improve the knowledge of local services, enhance the number of school supply and hygiene kits distributed by Newcomer Welcome Centers, and food distribution to families within the community.

FY 2024 Report	
Activities Summary	<ul style="list-style-type: none"> Enhance the Newcomer Welcome Center's Mom Support Groups by adding field trips for immersive experiences. Increase the number of available school supply backpacks and hygiene kits per program (PreK, elementary, secondary, boy/girl hygiene) to assist in acclimating students to the United States educational system. Improve access to food for families by bringing food distribution directly to these families in their community through twice per month pop-up food distribution events.
Performance / Impact	From January to June 2024, the project served 400 families.
Hospital's Contribution / Program Expense	\$75,000
FY 2025 Plan	
Program Goal / Anticipated Impact	Continue to improve knowledge of local social service resources, and food distribution within the community. Goal is this project is to serve 50 individuals through the support groups and 500 families with school supplies, hygiene kits and food boxes.
Planned Activities	Continue to provide food and community resources to families through food distribution events and support groups.

Other Programs and Non-Quantifiable Benefits

The hospital delivers community programs, services and non-quantifiable benefits in addition to those described elsewhere in this report. Like those programs and initiatives, the ones below are a reflection of the hospital's mission and its commitment to improving community health and well-being.

- **California FarmLink** In June 2020, CommonSpirit approved a \$500,000 loan to California FarmLink used to support the organization's loan program, which in turn provides affordable financing for small-scale farmers, beginning farmers, and farmers of color. California FarmLink is a nonprofit public benefit corporation formed in 1999 with a mission to invest in the prosperity of farmers and ranchers through lending, education, and access to land throughout farming communities in Central Coast, Sacramento, San Joaquin, and North Coast, California.
- **Chicks in Crisis (CiC)** CiC provides access to emergency shelter and transitional housing, access to pregnancy care and needed baby supplies, crisis support and counseling, and adoption services to girls and women in Sacramento County—many of whom are low-income, pregnant and parenting, homeless, in the foster care system, victims of human trafficking, and/or recovering from recent addictions and abusive relationships. In November 2015 Dignity Health approved a loan of \$325,000 for 5 years to CiC for the purchase of property (currently leased) to house its headquarters where staff can provide counseling and education. CiC primarily serves Elk Grove and South Sacramento—one of the six “Communities of Concern” identified by Dignity Health Methodist Hospital of Sacramento’s Community Health Needs Assessment. The loan in the amount of \$277,129 was extended in 2021 for five years
- **Community Vision (formerly Northern California Community Loan Fund)** Dignity Health has partnered with Community Vision since 1992, and was one of Dignity Health’s first community investments. This CDFI has invested more than \$254 million in projects throughout Northern and Central California, promoting economic justice and alleviating poverty by increasing the financial resilience and sustainability of community-based nonprofits and enterprises. In 2017 and 2023 Dignity Health approved two 7-year loans totaling \$7,000,000 respectively—the first as lending capital in a “FreshWorks” Fund for \$1,000,000 supporting the bringing of grocery stores and other innovative forms of healthy food retail to underserved communities (“food deserts”), and the second \$6,000,000 for lending capital for NCCLF’s many projects.
- **Rural Community Assistance Corporation (RCAC)** In June 2017 Dignity Health approved a 7-year \$500,000 loan to RCAC for projects in rural California, Nevada and Arizona. RCAC assists rural communities in building social capital, environmental infrastructure, and affordable housing. It also provides nonprofit organizations with access to financing. RCAC financing creates employment opportunities, affordable housing, safe and reliable environmental infrastructure, and much-needed community facilities and services. RCAC operates in rural California, Nevada and Arizona, and several other states west of the Rockies. In March 2021, CommonSpirit approved another \$1,000,000 to RCAC to continue to support the organization's mission in rural areas.
- **WellSpace Health** In September 2020, CommonSpirit approved a 7-year, \$2,000,000 line of credit with WellSpace Health used for working capital to fund operations as WellSpace waits for reimbursement payments from the State of California. WellSpace Health is a nonprofit public-benefit corporation and Federally Qualified Health Center (FQHC) providing

comprehensive health care including medical care, dental care, mental health and behavioral health services.

- **Sacramento County Health Authority Commission** The hospital has appointed representation on the Commission which was established by the Board of Supervisors of the County of Sacramento, State of California. The Sacramento County Health Authority Commission shall serve the public interest of Medi-Cal beneficiaries in the county, and strive to improve health care quality, to better integrate the services of Medi-Cal managed care plans and behavioral health and oral health services, to promote prevention and wellness, to ensure the provision of cost-effective health and mental health care services, and to reduce health disparities. The responsibilities of this Commission are mandated in Title 2 of the Sacramento County Code, Chapter 2.136. All of the rights, duties, privileges, and immunities vested in Sacramento County pursuant to Article 2.7 of Chapter 7 of Part 3 of Division 9 of the California Welfare and Institutions Code are vested in the Health Authority.
- **Health Professions Education** The hospital regularly sponsors seminars and training for medical students, physicians, nurses, and other students in the healthcare field. Hundreds of hours each year are committed to providing internships for nurses, paramedics, therapists, and clinical laboratory technicians.

Additionally, members of the hospital's leadership and management teams volunteer significant time and expertise as board members of nonprofit health care organizations and civic and service agencies, such as Valley Vision, American Heart Association, Sacramento Asian Chamber of Commerce, Sacramento Food Bank, Hospital Council of Northern and Central California, the CARES Foundation and Boys and Girls Club. Annual sponsorships also support multiple programs, services and fund-raising events of organizations; among them, Cristo Rey High School, Joshua's House, City of Refuge, Los Rios College, Sacramento Regional Family Justice Center, Salvation Army, American Heart Association National, and others.

Economic Value of Community Benefit

The economic value of all community benefit is reported at cost. Patient financial assistance (charity care) reported here is as reported to the Department of Health Care Access and Information in Hospital Annual Financial Disclosure Reports, as required by Assembly Bill 204. The community benefit of financial assistance, Medicaid, other means-tested programs and Medicare is calculated using a cost-to-charge ratio to determine costs, minus revenue received for providing that care. Other net community benefit expenses are calculated using a cost accounting methodology. Restricted offsetting revenue for a given activity, where applicable, is subtracted from total expenses to determine net benefit in dollars.

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Complete Summary - Classified (Programs) Including Non Community Benefit (Medicare)

For period from 07/01/2023 through 06/30/2024

	Persons	Expense	Offsetting Revenue	Net Benefit	% of Expenses
Benefits for Poor					
Financial Assistance	2,014	\$7,437,727	\$0	\$7,437,727	1.9%
Medicaid	43,858	\$172,671,193	\$160,296,055	\$12,375,138	3.2%
Community Services					
A - Community Health Improvement Services	2,189	\$1,340,836	\$0	\$1,340,836	0.4%
C - Subsidized Health Services	13,990	\$2,324,058	\$1,858,075	\$465,983	0.1%
E - Cash and In-Kind Contributions	24	\$930,462	\$0	\$930,462	0.2%
F - Community Building Activities	8	\$120,612	\$0	\$120,612	0.0%
G - Community Benefit Operations		\$165,087	\$0	\$165,087	0.0%
Totals for Community Services	16,211	\$4,881,055	\$1,858,075	\$3,022,980	0.8%
Totals for Benefits for Poor	62,083	\$184,989,975	\$162,154,130	\$22,835,845	6.0%
Benefits for Broader Community					
Community Services					
A - Community Health Improvement Services	697	\$73,954	\$0	\$73,954	0.0%
B - Health Professions Education	245	\$4,600,982	\$1,657,351	\$2,943,631	0.8%
E - Cash and In-Kind Contributions		\$25,451	\$0	\$25,451	0.0%
Totals for Community Services	942	\$4,700,387	\$1,657,351	\$3,043,036	0.8%
Totals for Broader Community	942	\$4,700,387	\$1,657,351	\$3,043,036	0.8%
Totals - Community Benefit	63,025	\$189,690,362	\$163,811,481	\$25,878,881	6.8%
Medicare	8,648	\$54,238,911	\$40,971,753	\$13,267,158	3.5%
Totals Including Medicare	71,673	\$243,929,273	\$204,783,234	\$39,146,039	10.3%

*For the Medicaid provider fee program effective for the two-year period of January 1, 2023 - December 31, 2024, the State of California received Centers for Medicare & Medicaid Services approval in December 2023. As such, during the fiscal year July 1, 2023 - June 30, 2024, the hospital recognized provider fee net income of \$32,279,676 covering 18 months dating back to January 2023. Subtracting the six months of net provider fee attributable to the prior fiscal year, FY24 Medicaid net benefit would be \$23,851,034 and total community benefit including Medicare would be \$50,621,935.

Hospital Board and Committee Rosters

Dignity Health Sacramento Service Area Community Board

Larry Garcia, Chair Community Member, Lawyer	Marian Bell Holmes, Vice Chair Retired, Dignity Health Human Resources
Vacant, Secretary	Sister Eileen Enright Retired, Cristo Rey High School President
Cathy Rodriguez Aguirre President & CEO Sacramento Hispanic Chamber of Commerce	Dr. Lisa Cardoza President American River College
Pat Fong Kushida Community Member, President Asian Chamber of Commerce	Daniel Hahn Retired Law Enforcement
Sister Nora Mary Curtin RN, BSN, MSN Sisters of Mercy	Joseph Gagliardi Registered Civil Engineer
Murali Adusumalli, MD Chief of Staff Mercy Hospital of Folsom	Kevin Elliott, MD Chief of Staff Mercy San Juan Medical Center
Shaji Skaria Chief of Staff Mercy General Hospital	Laura Watters, MD Chief Of Staff Methodist Hospital of Sacramento