

# St. John's Regional Medical Center and St. John's Hospital Camarillo Community Benefit 2024 Report and 2025 Plan



**Adopted October 2024**



## A message from

Patrick Caster, President, and Jerry Zins, Chair of the Dignity Health Ventura County Community Board.

Dignity Health's approach to community health improvement aims to address significant health needs identified in the Community Health Needs Assessments that we conduct with community input, including from the local public health department. Our initiatives to deliver community benefit include financial assistance for those unable to afford medically necessary care, a range of prevention and health improvement programs conducted by the hospital and with community partners, and investing in efforts that address social drivers of health.

St. John's Regional Medical Center and St. John's Hospital Camarillo share a commitment with others to improve the health of our community and promote health equity, and deliver programs and services to help achieve that goal. The Community Benefit 2024 Report and 2025 Plan describes much of this work. This report meets requirements in California (Senate Bill 697) that not-for-profit hospitals produce an annual community benefit report and plan. We are proud of the outstanding programs, services and other community benefits our hospital delivers, and are pleased to report to our community.

In fiscal year 2024 (FY24), St. John's Regional Medical Center and St. John's Hospital Camarillo provided \$38,107,027 in patient financial assistance, unreimbursed costs of Medicaid, community health improvement services and other community benefits. The hospital also incurred \$40,607,693 in unreimbursed costs of caring for patients covered by Medicare fee-for-service.

The hospital's Community Board reviewed, approved and adopted the Community Benefit 2024 Report and 2025 Plan at its October, 2024 meeting.

Thank you for taking the time to review our report and plan. We welcome any questions or ideas for collaborating that you may have, by reaching out to St. John's Community Health Office, 1600 N. Rose Ave., Oxnard, CA 93030 or by e-mail to [hospital@dignityhealth.org](mailto:hospital@dignityhealth.org).

Patrick Caster

Jerry Zins

President

Chairperson, Board of Directors

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## At-a-Glance Summary

### Hospital HCAI IDs:

St. John's Camarillo—106560508





St. John's Regional—106560529


**Report Period Start Date:** July 1, 2023

**Report Period End Date:** June 30, 2024

### This document is publicly available online at:

<https://www.dignityhealth.org/about-us/community-health/community-health-programs-and-reports/community-benefit-reports>

<b>Community Served</b> 	The Primary Service Area (PSA) of St. John's Regional Medical Center and St. John's Hospital Camarillo includes Oxnard and Port Hueneme Zip codes of 93030, 93033, 93035, 93036, 93041, 93042, 94043, Camarillo Zip codes 93010, 93012 and Somis Zip code 93066 This represents a population of 293,402 people.
<b>Economic Value of Community Benefit</b> 	<p>\$38,107,027 in patient financial assistance, unreimbursed costs of Medicaid, community health improvement services, community grants and other community benefits</p> <p>\$40,607,693 in unreimbursed costs of caring for patients covered by Medicare fee-for-service.</p> <p>The hospital's net community benefit expenses for services to vulnerable populations and to the broader community are listed by category in the Economic Value of Community Benefit section of this report.</p>
<b>Significant Community Health Needs Being Addressed</b> 	<p>The significant community health needs the hospital is helping to address and that form the basis of this document were identified in the hospital's most recent Community Health Needs Assessment (CHNA). Needs being addressed by strategies and programs are:</p> <ul style="list-style-type: none"><li>● Addressing Mental Health and Substance Abuse Across the Lifespan</li><li>● Prevention of Chronic Conditions by Promoting Healthy Lifestyles</li><li>● Advancing Equitable Access to Healthcare</li></ul>
<b>FY24 Programs and Services</b> 	<p>The hospital provided several programs and services to help address identified significant community health needs. These included:</p> <ul style="list-style-type: none"><li>● Addressing Mental Health and Substance Abuse Across the Lifespan<ul style="list-style-type: none"><li>○ Health and Wellness Program for Seniors</li></ul></li><li>● Prevention of Chronic Conditions by Promoting Healthy Lifestyles<ul style="list-style-type: none"><li>○ Health Ministries Basic Needs Program</li></ul></li></ul>

	<ul style="list-style-type: none"> <li>○ Community Food Pantry</li> <li>○ Health Education &amp; Learning Programs (H.E.L.P.)</li> <li>○ Living Well with Diabetes Program</li> <li>○ Chronic Disease Self-Management Education Program</li> <li>● Advancing Equitable Access to Healthcare <ul style="list-style-type: none"> <li>○ The Cancer Center of Ventura County at St. John's</li> <li>○ Patient Financial Assistance Program</li> <li>○ Community Health Improvement Grants Program</li> </ul> </li> </ul>
<b>FY25 Planned Programs and Services</b> 	FY24 programs will continue, with the following changes: <ul style="list-style-type: none"> <li>● Addressing Mental Health and Substance Abuse Across the Lifespan <ul style="list-style-type: none"> <li>○ Health and Wellness Program for Seniors</li> </ul> </li> <li>● Prevention of Chronic Conditions by Promoting Healthy Lifestyles <ul style="list-style-type: none"> <li>○ Health Ministries Basic Needs Program</li> <li>○ Community Food Pantry</li> <li>○ Health Education &amp; Learning Programs (H.E.L.P.)</li> <li>○ Living Well with Diabetes Program</li> <li>○ Chronic Disease Self-Management Education Program</li> </ul> </li> <li>● Advancing Equitable Access to Healthcare <ul style="list-style-type: none"> <li>○ The Cancer Center of Ventura County at St. John's</li> <li>○ Patient Financial Assistance Program</li> <li>○ Dignity Health Community Grants Program</li> </ul> </li> </ul>

This 2024 Community Benefit Report and 2025 Plan is publicly available online at <https://www.dignityhealth.org/about-us/community-health/community-health-programs-and-reports/community-benefit-reports>

Written comments on this report can be submitted to the St. John's Community Health Office, 1600 N. Rose Ave., Oxnard, CA 93030 or by e-mail to [hospital@dignityhealth.org](mailto:hospital@dignityhealth.org).

## Our Hospital and the Community Served

### About St. John's Regional Medical Center and St. John's Hospital Camarillo

St. John's Regional Medical Center and St. John's Hospital Camarillo are members of Dignity Health, which is a part of CommonSpirit Health.

The Sisters of Mercy, at the invitation of community leaders who discerned a need for a hospital in the Oxnard coastal plain, established St. John's in 1912 as a six-room wooden structure with 12 beds. It grew to be St. John's Regional Medical Center (SJPMC) a 265-bed facility on a 48-acre campus in northeast Oxnard, serving a community that has a land use mix of residential, agricultural & industrial, including a Navy base and a vacation harbor. SJPMC offers comprehensive medical programs and services, including emergency care, acute and critical care, acute physical rehabilitation, cardiac care, cancer care, maternity and childbirth services (including a Neonatal Intensive Care Unit), infusion centers, a Chest Pain Center, a Stroke Center, St. John's Cancer Center of Ventura County and St. John's Neuro Intervention Center. St. John's Hospital Camarillo was originally founded as Pleasant Valley Hospital in 1974 by a group of Camarillo community leaders and physicians who discerned that the young City of Camarillo needed a hospital of its own.

In 1993 it merged with St. John's Regional Medical Center in Oxnard, becoming St. John's Pleasant Valley Hospital (SJPVH). In 2020 the two hospitals came under one license and in 2021 St. John's Pleasant Valley Hospital changed its name to St. John's Hospital Camarillo (SJHC). SJHC provides emergent, acute and intensive care, with extensive surgery services, cancer care, outpatient hyperbaric care and a 99 bed residential sub-acute facility. SJHC is Primary Stroke Certified by the Joint Commission, the only certified Geriatric Care Emergency Dept. in Ventura County and has been recognized for excellence in Pulmonary Care, General Surgery and Critical Care.

St. John's Regional Medical Center and St. John's Hospital Camarillo are united as one ministry of healing with two hospital locations, both Catholic and sponsored by the Catholic Health Federation (a Public Juridic Person of the Roman Catholic Church).

### Our Mission

As CommonSpirit Health, we make the healing presence of God known in our world by improving the health of the people we serve, especially those who are vulnerable, while we advance social justice for all.

### Our Vision

A healthier future for all – inspired by faith, driven by innovation, and powered by our humanity.

### Our Values

As part of CommonSpirit Health, we live our Mission and Vision through actions that demonstrate our values of Compassion, Inclusion, Integrity, Excellence and Collaboration.



## Financial Assistance for Medically Necessary Care

It is the policy of St. John's Regional Medical center and St. John's Hospital Camarillo/CommonSpirit Health to provide, without discrimination, emergency medical care and medically necessary care in CommonSpirit hospital facilities to all patients, without regard to a patient's financial ability to pay. This hospital has a financial assistance policy that describes the assistance provided to patients for whom it would be a financial hardship to fully pay the expected out-of-pocket expenses for such care, and who meet the eligibility criteria for such assistance. The financial assistance policy, a plain language summary and related materials are available in multiple languages on the hospital's website.

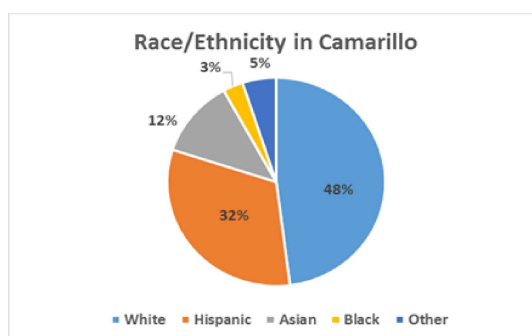
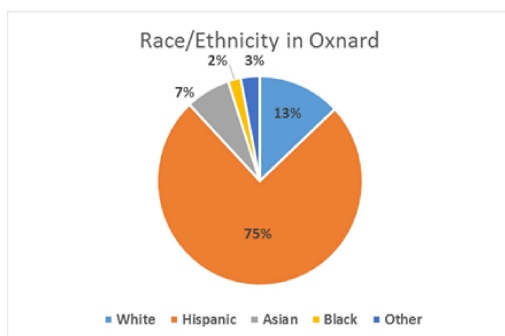
## Description of the Community Served

Community is defined as the resident population within the hospital's service area. Committed to addressing health disparities and serving communities with impactful solutions that leverage shared resources and coordinate care. St. John's Regional Medical Center and St. John's Hospital Camarillo entered into a multi-hospital/organization collaborative to develop the 2019 Community Health Needs Assessment and 2022 Community Health Needs Assessment (which may be found at <http://www.healthmattersinvc.org>). The eight lead health organizations that make up the collaborative have come together in defining their service area as the people of the County of Ventura.



In 2022, Ventura County's population of 842,465 had a median age of 38.5 and a median household income of \$101,407. Among county residents, 37,864 have veteran status, 37.9% of the people in Ventura County speak a non-English language, and 21.3% are foreign born. The average owner-occupied home/property value in Ventura County is \$809,953 and the homeownership rate is 63.3%. The percent of households with a computer is 91.9% and those households with a broadband internet subscription is 89.8% (United States Census Bureau).

St. John's Regional Medical Center and St. John's Hospital Camarillo primarily serve the communities of Oxnard, Port Hueneme, Camarillo and Somis, which are Zip codes of 93030, 93033, 93035, 93036, 93041, 93010, 93012 and 93066. The population of these zip codes is 209,084 which represents 24.81% of Ventura County's population. Oxnard is the 22nd largest city in California and 121st largest in the U.S. and Camarillo is the 124th largest city in California and 527th in the U.S. The Race/ethnicity distribution of the two communities is as follows:



## Community Assessment and Significant Needs

The hospitals engage in multiple activities to conduct its community health improvement planning process. These include, but are not limited, to conducting a Community Health Needs Assessment with community input at least every three years, identifying collaborating community stakeholder organizations, describing anticipated impacts of program activities and measuring program indicators.

## Community Health Needs Assessment

The health issues that form the basis of the hospital's community benefit plan and programs were identified in the most recent CHNA report, which was adopted in June of 2022. The hospital makes the CHNA report widely available to the public online at: <https://www.dignityhealth.org/central-coast/locations/stjohnsregional/about-us/community-benefit> and upon request from the hospital's Community Health office. The hospitals have also made the CHNA available at various public events and have presented the CHNA to Service Clubs in the area and to the Camarillo City Council.

The CHNA contains several key elements, including:

- Description of the assessed community served by the hospital;
- Description of assessment processes and methods;
- Presentation of data, information and findings, including significant community health needs;
- Community resources potentially available to help address identified needs; and
- Discussion of impacts of actions taken by the hospital since the preceding CHNA.

### **Community Groups that Attended or Engaged in the CHNA:**

- Camarillo Health Care District
- Interface Children and Family Services of Ventura County
- Mixteco Indigena Community Organizing Project, representing Mixteco population needs
- Students and faculty from California State University, Channel Islands

### **Vulnerable Populations Represented by These Groups:** (including requirements of AB 1204)

- Racial and ethnic groups experiencing disparate health outcomes, including Black/African American, Filipino, other non-white racial groups, as well as individuals of Hispanic/Latino origin, including Mexicans, Mexican-Americans, Chicanos and Puerto Ricans
- Socially disadvantaged groups, including the following:
  - The unhoused
  - Communities with inadequate access to clean air and safe drinking water, as defined by an environmental California Healthy Places Index score of 50% or lower
  - People with disabilities
  - People identifying as lesbian, gay, bisexual, transgender, or queer
  - Individuals with Limited English Proficiency (LEP)



## Significant Health Needs

The CHNA identified the significant needs in the table below, which also indicates which needs the hospital intends to address. Identified needs may include specific health conditions, behaviors and health care services, and also health-related social needs that have an impact on health and well-being.

Significant Health Need	Description	Intend to Address?
<b>Addressing Mental Health and Substance Abuse Across the Lifespan</b>	Mental Health and Substance Use Across the Lifespan consists of two related sub-topics: The impact of Adverse Childhood Experiences and Health and Wellness for Older Adults.	✓
<b>Prevention of Chronic Conditions by Promoting Healthy Lifestyles</b>	Prevention of Chronic Conditions by Promoting Healthy Lifestyles consists of six related health subtopics: Cancer, Diabetes, Heart Disease & Stroke, Nutrition & Healthy Eating, Physical Activity and Weight Status.	✓
<b>Advancing Equitable Access to Healthcare</b>	Access to Healthcare is a multifactorial issue, some factors are: income, insurance, transportation, work hours, communication challenges, etc. Added are Health Equity issues which include: age, place of residence, race, ethnicity, labor status, gender, gender identity, etc.	✓

## Acknowledging the Continuing Impact of COVID-19

Continuing caution by the public regarding COVID-19 and the lack of lower-income community members (and Limited English Proficiency community members) access to technology (especially ZOOM) significantly impaired delivery of our community health improvement services and healthcare access for the entire population of Ventura County.

The general impact of the COVID-19 pandemic is beginning to be measured in such areas as shortened life expectancy overall in Ventura County and the as yet unquantifiable mental health/emotional impact of the many pandemic surges. For more information about the impact of the COVID-19 pandemic on Ventura County see the 2022 CHNA at

<https://www.dignityhealth.org/central-coast/locations/stjohnsregional/about-us/community-benefit>.

## 2024 Report and 2025 Plan

This section presents strategies and program activities the hospital is delivering, funding or on which it is collaborating with others to address significant community health needs. It summarizes actions taken in FY24 and planned activities for FY25, with statements on impacts and community collaboration. Program Highlights provide additional detail on select programs.

Planned activities are consistent with current significant needs and the hospital's mission and capabilities. The hospital may amend the plan as circumstances warrant, such as changes in community needs or resources to address them.

### Creating the Community Benefit Plan

The hospital is dedicated to improving community health and delivering community benefits with the engagement of its management team, board, clinicians and staff, and in collaboration with community partners.

The hospitals and health system participants included the leadership and members of the St. John's

Community Health and Health Ministry Departments, members of St. John's management team, St. John's clinicians and staff and members of the Dignity Health national community benefit team.

Community input or contributions to this community benefit plan included members of the Healthy Communities Committee of our Community Board, the Dignity Health Ventura County Community Board and in collaboration with community partners that are members or affiliates of the Ventura County Community Health Needs Collaborative (VCCHIC).

The programs and initiatives described in this report & plan were selected on the basis of existing programs with evidence of success and likely outcomes impact, programs that address the social drivers of health (a.k.a. Health Related Social Needs) and adaptations of programs consistent with resources of the hospitals, our collaborating partners and responding to changing community needs.



## Community Health Core Strategies

Driven by a commitment to equity and social justice, we envision a future where health and well-being are attainable by all regardless of background or circumstance.

The hospital believes that program activities to help address significant community health needs should reflect a strategic use of resources and engagement of participants both inside and outside of the health care delivery system.



CommonSpirit Health has established three core strategies for community health improvement activities. These strategies help to ensure that program activities overall address strategic aims while meeting locally-identified needs.

- Extend the care continuum by aligning and integrating clinical and community-based interventions.
- Strengthen community capacity to achieve equitable health and well-being.
- Implement and sustain evidence-based health improvement program initiatives.

## Report and Plan by Health Need

The tables below present strategies and program activities the hospital has delivered or intends to deliver to help address significant health needs identified in the community health needs assessment.

They are organized by health need and include statements of strategy and program impact, and any collaboration with other organizations in our community,

Health Need: Addressing Mental Health and Substance Abuse Across the Lifespan			
Strategy or Program	Summary Description	Active FY24	Planned FY25
Health and Wellness for Seniors	<ul style="list-style-type: none"><li>● Classes that inform, educate and offer fun activities for seniors to stay healthy and pursue healthy life choices.</li><li>● Free health screenings to raise senior's awareness of their health needs and encourage proactive life choices for good health &amp; medical attention if indicated.</li></ul>	☒	☒
<b>Goal and Impact:</b> Contribute to an increase in physical activity and better control of blood pressure and blood sugar levels among seniors who participate.			

**Collaborators:**

- Colonia Senior Center
- Wilson Senior Center
- Palm Vista Senior Center
- South Oxnard Senior Center

**Health Need: Prevention of Chronic Conditions by Promoting Healthy LifeStyles**

Strategy or Program	Summary Description	Active FY24	Planned FY25
Health Ministries Basics Needs Program & Community Food Pantry	<ul style="list-style-type: none"> <li>• Addressing Health Related Social Needs (HRSN) &amp; Social Drivers of Health (SDOH) by: <ul style="list-style-type: none"> <li>• Providing healthy food weekly to those in need.</li> <li>• Preventing homelessness by assisting families in need with rent &amp; utility payments.</li> </ul> </li> </ul>	☒	☒
Health Education & Learning Programs (H.E.L.P.)	<ul style="list-style-type: none"> <li>• Classes &amp; other outreach activities to educate health consumers about: healthy eating, chronic disease self-management, healthy lifestyles.</li> <li>• Creating publications (bilingual) that foster and encourage healthy eating &amp; lifestyles.</li> <li>• Providing chronic disease education classes/events.</li> <li>• Providing support groups (bilingual) for those who have a chronic disease (especially diabetes).</li> </ul>	☒	☒
Heart Failure Awareness and Prevention through Community Education	<ul style="list-style-type: none"> <li>• Provide individuals who have or are at risk for heart failure with the knowledge, tools and motivation needed to become proactive in their health through 4 week workshops</li> </ul>	☒	

**Goal and Impact:**

- To meet the nutritional needs of the underserved of Ventura County and provide bilingual education & empowerment to the healthcare consumer public so they can make healthier choices and manage chronic conditions that they may have and reduce the risks of significant adverse health events in peoples' lives.
- Prevent homelessness by providing rental and utilities assistance to those at risk through grant funding.
- The initiatives addressing prevention and management of heart failure are anticipated to result in: early identification of health issues associated with heart failure, increased knowledge on the

risk factors that contribute to heart failure and increased knowledge on how to prevent or manage heart failure through nutrition, physical activity and mental well-being.

**Collaborators:**

- Our Lady of Guadalupe Church/Archdiocese of Los Angeles
- FoodShare
- Aldi Markets
- Vons Markets
- Food 4 Less
- Lassen's Natural Foods & Vitamins
- Sprouts Farmers markets
- USDA
- Local Growers of Ventura County
- Lions Club of Oxnard
- St. John's Healthcare Foundation
  - Albertsons Grant
  - Citizens Bank Grant
  - Conrad Hilton Foundation Grant
  - MUFG Union Bank Grant
  - Raskob Foundation for Catholic Activities Grant
  - Umpqua Bank Grant ○ Walmart Grant
- United Way of Ventura County
  - EFSP (Emergency Food and Shelter Program - phase 39 and APRA-R)
- Colonia Senior Center
- Pleasant Valley Senior Center
- Wilson Senior Center
- Palm Vista Senior Center
- American heart Association



**Health Need: Advancing Equitable Access to Healthcare**

Strategy or Program	Summary Description	Active FY24	Planned FY25
St. John's Cancer Center	<ul style="list-style-type: none"> <li>● Provides comprehensive cancer services to all diagnosed with cancer in Ventura County at no cost..</li> <li>● Facilitates the latest evidence based education on cancer care and treatment options</li> <li>● Services include navigation, psychosocial services, support groups, diet and nutritional care during, survivorship care and relaxation therapies.</li> </ul>	☑	☑

	<ul style="list-style-type: none"> <li>● Collaboration with National and local organizations to provide bilingual cancer awareness, prevention and educational events.</li> <li>● Our goal is to provide support, resources and care to all affected by cancer. We partner with community health leaders, local hospitals and health systems to deliver the best cancer care.</li> </ul>		
<b>Goal and Impact:</b> To facilitate access to quality cancer care, educate on early detection and cancer screenings, provide referrals to nutrition and wellness resources, and advocate for timely cancer care and follow-up			
<b>Collaborators:</b> <ul style="list-style-type: none"> <li>● St. John's Cancer Committee</li> <li>● St. John's Medical Staff</li> <li>● St. John's Breast Leadership</li> <li>● St. John's Infusion Centers</li> <li>● Radiation Oncology Centers of Ventura County</li> <li>● General Surgery Group</li> <li>● Ventura County Hematology Oncology Specialists</li> <li>● American Cancer Society</li> <li>● Cancer Support Community</li> <li>● Pacific Corinthian Yacht Club</li> <li>● Soroptimists International of Oxnard</li> <li>● St. John's Auxiliary and Volunteers</li> </ul>			

## Community Health Improvement Grants Program

One important way the hospital helps to address community health needs is by awarding financial grants to non-profit organizations working together to improve health status and quality of life. Grant funds are used to deliver services and strengthen service systems, to improve the health and well-being of vulnerable and underserved populations related to CHNA priorities.

In FY24, the hospital awarded the grants below totaling \$246,550. Some projects also may be described elsewhere in this report.


Grant Recipient	Project Name	Health Needs Addressed	Amount
Westminster Free Clinic	Juntos Contra el Cáncer	Advancing Equitable Access to Healthcare	\$100,000
Coalition for Family Harmony	Mental Health Services	Addressing Mental Health and Substance Abuse Across the Lifespan	\$96,550
Livingston Memorial Visiting Nurse Association & Hospice	Subsidized Care for Low-Income Patients in Ventura County	Advancing Equitable Access to Healthcare	\$25,000



Camarillo YMCA	Livestrong at the YMCA and Living Stronger	Prevention of Chronic Conditions by Promoting Healthy lifestyles	\$25,000
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## Program Highlights

The following pages describe a sampling of programs and initiatives listed above in additional detail, illustrating the work undertaken to help address significant community health needs.

 Health and Wellness of Seniors	
Significant Health Needs Addressed	<ul style="list-style-type: none"> <li>Addressing Mental Health and Substance Abuse Across the Lifespan</li> <li>Prevention of Chronic Conditions by Promoting Healthy Lifestyles</li> </ul>
Program Description	The Health and Wellness of Seniors program aims to bring attention to the factors that affect older adults' health and drives health behavior changes in order to improve their overall health. The program offers classes, health screenings and fun activities at different senior centers in Oxnard.
Population Served	Seniors who attend/participate in Senior Centers in Oxnard.
Program Goal / Anticipated Impact	Build healthier communities by offering physical activity, better control of blood pressure and blood sugar levels and activities to increase socialization and health education among seniors that participate in the hospital's program.
FY 2024 Report	
Activities Summary	<ul style="list-style-type: none"> <li>Arthritis Exercise Classes</li> <li>Walking Program sessions</li> <li>Blood Pressure and Blood Sugar Screenings</li> <li>Nutrition Bingo and other health classes</li> </ul>
Performance / Impact	The program encouraged participants to make small changes in their daily routine and advocate more for themselves as they maneuver the constantly changing health care system. The program activities contributed to the social well-being of seniors. A few participants were able to improve their blood pressure by being aware of their numbers, following up with their doctor and starting or changing their blood pressure medication.

Hospital's Contribution / Program Expense	The hospital provided services of a Registered Dietician, a Health Educator and a Phlebotomist to the senior centers in Oxnard.
<b>FY 2025 Plan</b>	
Program Goal / Anticipated Impact	The goal for FY 25 is to support the health of the growing older adult population not only by improving access to care, but by providing activities of social connectedness. Seniors are at risk of social isolation due to poverty, disability, difficulty living independently, being divorced, widowed, etc. The programs provided are addressing disparities in health outcomes by race/ethnicity, age, education and income status.
Planned Activities	The plan is to provide weekly Walking Program sessions and Arthritis Classes, in addition to offering health classes and workshops to teach participants how to manage chronic diseases. Seniors will have access to a monthly updated Food Share Resource List as well as St. John's Food Pantry in order to help reduce food insecurity.



#### Health Ministries Basic Needs Program & St. John's Food Pantry

Significant Health Needs Addressed	<ul style="list-style-type: none"> <li>● Prevention of Chronic Conditions by Promoting Healthy Lifestyles</li> <li>● Addressing Health Related Social Needs (HRSN) and Social Drivers of Health (SDOH)</li> </ul>
Program Description	<p>St. John's Basic Needs Program and St. John's Food Pantry began 39 years ago with Sr. Carmen Rodriguez, RSM. The program helps the economically disadvantaged meet their basic needs (food, rent, utilities) and promotes social justice.</p> <ul style="list-style-type: none"> <li>● The Food Pantry is located at the Cristo Rey Church in Oxnard, where hospital bilingual staff and volunteers shelve, pack and distribute food donations that they pick up at Food Share and local grocery stores. In addition, supplemental food purchases are done at a local market and distributed twice a week.</li> <li>● The hospital raises funds to provide rental and utility assistance to those at risk of becoming un-housed or have their utilities disconnected.</li> <li>● The hospital started a collaboration this year with Vituity Cares Foundation to provide a free monthly health clinic to assist the poor with their healthcare needs.</li> </ul>
Population Served	The program served individuals facing food insecurity, which is 1 of 4 in Ventura County.

Program Goal / Anticipated Impact	Improve access to healthy food for struggling families or individuals. In addition, increase the amount of vegetables, milk and legumes distributed at St. John's Food Pantry.
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#### FY 2024 Report

Activities Summary	<ul style="list-style-type: none"> <li>• Bi-weekly, St. John's Food Pantry offered a distribution of grocery bags with items to be cooked at home or a lunch ready to eat for individuals without access to cooking facilities.</li> <li>• Vituity Cares Foundation offered a free medical clinic every month.</li> <li>• Rental or utility assistance was provided throughout the year.</li> </ul>
Performance / Impact	<ul style="list-style-type: none"> <li>• 21,288 families were served in FY 24, which affected 57,301 people (duplicated) with healthy food.</li> <li>• 187 tons of food (374,145) were distributed.</li> <li>• Vituity Cares Foundation doctors saw 603 people during food distributions.</li> <li>• 38 people received utility or rent assistance.</li> </ul>
Hospital's Contribution / Program Expense	The hospital contributed to this ministry by providing staff salaries, supplies and equipment to run the program. The Archdiocese of Los Angeles donated the space. The Pantry received food donations from USDA, VC Food Share, and local grocery stores. St. John's Healthcare Foundation raised funds to purchase extra food, which allowed the food pantry to serve an extra 6,049 more families than last year.

#### FY 2025 Plan

Program Goal / Anticipated Impact	To serve vulnerable populations in order to reduce cultural barriers, language, documentation barriers (undocumented immigrants), transportation, economic, etc.
Planned Activities	Food Share of Ventura County became a State Diaper Bank. St. John's Food Pantry will start distributing diapers in FY 25 to low income families. The food distribution will continue twice a week as long as the partnership collaboration and the hospital support remains constant or increases.



#### Cancer Center at St. John's

Significant Health Needs Addressed	<ul style="list-style-type: none"> <li>• Advancing Equitable Access to Healthcare</li> <li>• Prevention of Chronic Conditions by Promoting Healthy lifestyles</li> </ul>
Program Description	The Cancer Center brings together professionals who are informed about the latest in cancer treatment options and who offer healing support

	<p>through a variety of services, providing both telemedicine and in-person care.</p> <ul style="list-style-type: none"> <li>• The Center is committed to educating our community members on the importance of developing life habits that lower the risk of cancer. We provide education and screening opportunities throughout the year to encourage prevention and early detection of cancer for the best treatment outcomes.</li> <li>• The Hospital is supportive of the cancer committee members and its CoC and NAPBC accreditations. The cancer program has proven the effectiveness of our multidisciplinary approach, treating the whole person, requiring collaboration among our surgeons, medical and radiation oncologists, diagnostic and interventional radiologists, pathologists, and other health care professionals caring for cancer patients.</li> </ul>
Population Served	Cancer Patients and those affected by a cancer diagnosis, including families, caregivers and communities.
Program Goal / Anticipated Impact	Contribute to national and local cancer education efforts to increase awareness and reduce cancer incidence among individuals under 40. Outreach efforts to focus on Spanish speaking and vulnerable individuals in the community.
<b>FY 2024 Report</b>	
Activities Summary	<ul style="list-style-type: none"> <li>• Annual Breast Symposium</li> <li>• Eat to reduce Cancer Nutrition Presentations</li> <li>• Early Stage Breast Cancer Support Group</li> <li>• Latino Support Group</li> <li>• Blood Cancer Support Group</li> <li>• American Cancer Society Breast Cancer Awareness events</li> <li>• Spanish Breast Cancer Awareness presentations</li> <li>• Meadowlark League Community Presentation</li> <li>• Psychosocial Counseling</li> <li>• Livestrong Program in partnership with the Camarillo YMCA</li> <li>• Every Woman Counts Breast Cancer Awareness events</li> <li>• Lung cancer screening outreach events</li> </ul>
Performance / Impact	Patients who participated in cancer prevention activities reported an increased awareness, knowledge, and clarity related to cancer prevention, screening and cancer treatment options. The Cancer Center provided services to over forty five hundred people in FY 2024.
Hospital's Contribution / Program Expense	The Cancer Center is a department of the hospital, works with an array of hospital departments to maintain national cancer accreditations. The staff are employees of the hospital. We have two nurse navigators, a cancer registrar, an administrative assistant, a nutritionist and a licensed marriage family therapist. The nutrition consults, psychosocial supportive services, prosthetics, post surgical garments and wigs are grant based and are supported by the hospitals foundation. The Cancer

	Center resides in Suite 380 of the MOB; this space is leased by the hospital. The Cancer Center works closely with the St. John's Foundation to obtain grants and or donations to continue to support our free cancer programs.
<b>FY 2025 Plan</b>	
<b>Program Goal / Anticipated Impact</b>	<p>To further expand comprehensive navigation services to cancer patients in the community. Current specialty navigation programs include breast and lung cancer screening.</p> <p>Continue to evolve the lung cancer screening program at St. John's in a multidisciplinary approach to screen, detect and treat lung cancer. New technology like the ION brings advanced treatment options to our community.</p> <p>Successful re-accreditation survey for NAPBC in 2025. Cancer accreditation program for St. John's Integrated Breast Center.</p>
<b>Planned Activities</b>	<p>We are dedicated to providing bilingual education and screening opportunities throughout the year to encourage prevention and early detection of cancer for the best treatment outcomes.</p> <p>The cancer program is dedicated to both innovative, cutting-edge cancer treatment and compassionate, experienced patient-centered care.</p>

## Other Programs and Non-Quantifiable Benefits

The hospital delivers community programs, services and non-quantifiable benefits in addition to those described elsewhere in this report. Like those programs and initiatives, the ones below are a reflection of the hospital's mission and its commitment to improving community health and well-being.

- Human Trafficking has occurred in Ventura County and while not identified as a health need, the conditions under which people are forced to exist when they are trafficked does not bode well for their health. Dignity Health has dedicated resources, as a System and locally, to address this human tragedy. Protocols to identify, protect and treat trafficking victims have been developed and leaders & staff have been trained. Potential cases are recorded and reviewed.
- St. John's funded the following during FY23:
  - Un-housed Medical Respite—Through our Care Coordination Department St. John's provided respite care at discharge to dedicated facilities for patients who self-identified as un-housed and who needed less than acute care medical follow-up.
  - Concussion Education for Students—Youth Brain Injury Prevention with the Oxnard Unified School District. Started at Camarillo High School, the Oxnard Union School District now supports/funds this adolescent brain injury prevention program in the high schools within the district (Camarillo & Oxnard high schools). St. John's continues to pay the salary of the specially trained Physical Therapist supervisor of these school trainers.
  - PathPoint Project Search Internship Program—PathPoint provides and supervises young people with mental health diagnoses to learn workplace skills under St. John's employee supervision. Pathpoint graduates gain confidence and find community through this work so that upon graduation they can find employment in the community, enhancing their self esteem and wellbeing.
- The St. John's Nurse Residency Program provides education and mentoring to new nurse graduates in the county. This improves nursing education through hands-on work, lectures and mentoring by seasoned nurses.
- St. John's has agreements with local colleges and universities to have nursing students (RN and LVN) and graduate students on site and supervised to extend their learning in a clinical setting.
- St. John's had an agreement with Oxnard Union School District to provide healthcare experience shadowing opportunities for high school students who are considering a career in healthcare education. These students spend time observing healthcare professionals in their work of healing.
- Health equity is a significant concern for St. John's. In addition to planning and delivering most of our community health program activities for those who are most vulnerable and facing health, social and economic inequities, we are looking at several initiatives to specifically address the factors that impact health equity. One example is St. John's Health Equality Index (HEI) rating of "Top Performer" for the Human Rights Campaign. St. John's hospitals sought the HEI rating, in order to raise visibility for the LGBTQ+ community members of Ventura County who seek healthcare and trained staff in the unique needs of LGBTQ+ community members.



## Economic Value of Community Benefit

The economic value of all community benefits is reported at cost. Patient financial assistance (charity care) reported here is as reported to the Department of Health Care Access and Information in Hospital Annual Financial Disclosure Reports, as required by Assembly Bill 204. The community benefit of financial assistance, Medicaid, other means-tested programs and Medicare is calculated using a cost-to-charge ratio to determine costs, minus revenue received for providing that care. Other net community benefit expenses are calculated using a cost accounting methodology. Restricted offsetting revenue for a given activity, where applicable, is subtracted from total expenses to determine net benefit in dollars.

St. John's Regional & Camarillo					
Complete Summary - Classified (Programs) Including Non Community Benefit (Medicare)					
For period from 07/01/2023 through 06/30/2024					
	Persons	Expense	Offsetting Revenue	Net Benefit	% of Expenses
<b>Benefits for Poor</b>					
Financial Assistance	4,236	\$10,783,237	\$0	\$10,783,237	2.2%
Medicaid	48,666	\$201,440,524	\$176,352,541	\$25,087,983	5.1%
<b>Community Services</b>					
A - Community Health Improvement Services	8,038	\$483,862	\$1,967	\$481,895	0.1%
E - Cash and In-Kind Contributions	57,591	\$1,086,106	\$108,701	\$977,405	0.2%
G - Community Benefit Operations		\$207,486	\$0	\$207,486	0.0%
Totals for Community Services	65,629	\$1,777,454	\$110,668	\$1,666,786	0.3%
Totals for Benefits for Poor	118,531	\$214,001,215	\$176,463,209	\$37,538,006	7.6%
<b>Benefits for Broader Community</b>					
<b>Community Services</b>					
A - Community Health Improvement Services	4,844	\$423,423	\$27,771	\$395,652	0.1%
B - Health Professions Education		\$31,247	\$0	\$31,247	0.0%
D - Research		\$94,515	\$0	\$94,515	0.0%
E - Cash and In-Kind Contributions	121	\$4,771	\$0	\$4,771	0.0%
F - Community Building Activities		\$1,024	\$0	\$1,024	0.0%
G - Community Benefit Operations		\$41,812	\$0	\$41,812	0.0%
Totals for Community Services	4,965	\$596,792	\$27,771	\$569,021	0.1%
Totals for Broader Community	4,965	\$596,792	\$27,771	\$569,021	0.1%
Totals - Community Benefit	123,496	\$214,598,007	\$176,490,980	\$38,107,027	7.7%
Medicare	32,125	\$209,692,292	\$169,084,599	\$40,607,693	8.3%
Totals Including Medicare	155,621	\$424,290,299	\$345,575,579	\$78,714,720	16.0%
<p>*For the Medicaid provider fee program effective for the two-year period of January 1, 2023 - December 31, 2024, the State of California received Centers for Medicare &amp; Medicaid Services approval in December 2023. As such, during the fiscal year July 1, 2023 - June 30, 2024, the hospital recognized provider fee net income of \$29,188,085 covering 18 months dating back to January 2023. Subtracting the six months of net provider fee attributable to the prior fiscal year, FY24 Medicaid net benefit would be \$34,566,875 and total community benefit including Medicare would be \$88,193,612.</p>					

## Hospital Board and Committee Rosters

<b>Member</b>	<b>Committee (s)</b>
<b>Jerry Zins, Chair</b>	Board Executive Committee Board Development Committee Quality Improvement Committee
<b>Sonia Robles, Vice-Chair</b>	Board Executive Committee Healthy Communities Committee Board Development Committee
<b>Tony Trembley, Esq. Secretary</b>	Board Executive Committee Board Development Committee
<b>Billie Jo Rodriguez, Emeritus Chairperson</b>	Board Executive Committee Board Development Committee Quality Improvement Committee
<b>Patrick Caster, President &amp; CEO</b>	Board Executive Committee Board Development Committee Quality Improvement Committee
<b>Brad “Brick” Connors</b>	Quality Improvement Committee
<b>Jeffery Davies, DO</b>	
<b>Fr. Marco Durazo</b>	TBD
<b>Stephen Evans, MD</b>	Medical Chief of Staff
<b>Suzanne Fussell, MD</b>	Quality Improvement Committee
<b>Greg Glover</b>	Quality Improvement Committee
<b>Joseph LoPresti, MD</b>	Past Medical Chief of Staff
<b>Laura Meissner</b>	TBD
<b>Megan Mescher-Cox, DO</b>	Healthy Communities Committee Quality Improvement Committee

<b>Joseph Muklevicz</b>	TBD
<b>Joe Neff, Esq.</b>	TBD
<b>Tania Shapiro</b>	Quality Improvement Committee
<b>Grace Tuazon</b>	Healthy Communities Committee
<b>Katherine Edsall Wells</b>	St. John's Foundation Board President
<b>Omar Zapata</b>	Healthy Communities Committee