

Glendale Memorial Hospital and Health Center

Hospital HCAI ID: 106190522

Community Benefit 2025 Report and 2026 Plan

Adopted October 2025



A message from

Betsy Hart, President, Dignity Health Glendale Memorial Hospital and Health Center:

Dignity Health's approach to community health improvement aims to address significant health needs identified in the Community Health Needs Assessments that we conduct with community input, including from the local public health department. Our initiatives to deliver community benefit include financial assistance for those unable to afford medically necessary care, a range of prevention and health improvement programs conducted by the hospital and with community partners, and investing in efforts that address social drivers of health.

Dignity Health Glendale Memorial Hospital and Health Center shares a commitment with others to improve the health of our community and promote health equity, and delivers programs and services to help achieve that goal. The Community Benefit 2025 Report and 2026 Plan describes much of this work. This report meets requirements in California (Senate Bill 697) that not-for-profit hospitals produce an annual community benefit report and plan. We are proud of the outstanding programs, services and other community benefits our hospital delivers, and are pleased to report to our community.

In fiscal year 2025 (FY25), Glendale Memorial Hospital provided \$60,415,409 in patient financial assistance, unreimbursed costs of Medicaid, community health improvement services and other community benefits. The hospital also incurred \$25,022,631 in unreimbursed costs of caring for patients covered by Medicare fee-for-service.

The hospital's board reviewed, approved and adopted the Community Benefit 2025 Report and 2026 Plan at its October 30, 2025 meeting.

Thank you for taking the time to review this report and plan. We welcome any questions or comments, which can be submitted using the contact information in the At-a-Glance section of this report.

Betsy Hart, RN
President

Table of Contents




At-a-Glance Summary	Page 4
Our Hospital and the Community Served	Page 6
About the Hospital	Page 6
Our Mission	Page 6
Financial Assistance for Medically Necessary Care	Page 6
Description of the Community Served	Page 7
Community Assessment and Significant Needs	Page 8
Community Health Needs Assessment	Page 8
Significant Health Needs	Page 9
2025 Report and 2026 Plan	Page 11
Creating the Community Benefit Plan	Page 11
Community Health Strategic Objectives	Page 12
Report and Plan by Health Need	Page 13
Community Health Improvement Grants Program	Page 19
Program Highlights	Page 20
Other Community Health and Community Building Programs	Page 24
Economic Value of Community Benefit	Page 27



At-a-Glance Summary

Hospital HCAI ID: 106190522

Report Period Start Date: July 1, 2024

Report Period End Date: June 30, 2025

Community Served 	<p>Dignity Health Glendale Memorial Hospital and Health Center (GMHHC) is located in Glendale, California within the county of Los Angeles and serves the greater Glendale Community. The total population within GMHHC's primary service area is approximately 507,000.</p> <p>The primary service area includes the following 16 ZIP codes:</p> <ul style="list-style-type: none">• Glendale (91201, 91202, 91203, 91204, 91205, 91206, 91207, 91208)• La Crescenta (91214)• Los Angeles<ul style="list-style-type: none">◦ Echo Park and Silverlake (90026)◦ Los Feliz (90027)◦ East Hollywood (90029)◦ Atwater and Griffith (90039)◦ Eagle Rock (90041)◦ Highland Park (90042)◦ Glassell Park (90065)		
Economic Value of Community Benefit 	<p>\$60,415,409 in patient financial assistance, unreimbursed costs of Medicaid, community health improvement services, community grants and other community benefits</p> <p>\$25,022,631 in unreimbursed costs of caring for patients covered by Medicare fee-for-service.</p> <p>Community benefit expenses for services to vulnerable populations and to the broader community are listed by category in the Economic Value of Community Benefit section of this report.</p>		
Significant Community Health Needs Being Addressed 	<p>The significant community health needs the hospital is helping to address and that form the basis of this document were identified in the hospital's most recent Community Health Needs Assessment (CHNA). Needs being addressed by strategies and programs are:</p> <table><tr><td data-bbox="467 1612 1107 1789"><ul style="list-style-type: none">• Housing for low-income and unhoused• Access to behavioral health care• Access to healthcare• Community belonging</td><td data-bbox="1107 1612 1416 1789"></td></tr></table>	<ul style="list-style-type: none">• Housing for low-income and unhoused• Access to behavioral health care• Access to healthcare• Community belonging	
<ul style="list-style-type: none">• Housing for low-income and unhoused• Access to behavioral health care• Access to healthcare• Community belonging			

<p>FY25 Programs and Services</p> 	<p>The hospital delivered several programs and services to help address identified significant community health needs. These included:</p> <ul style="list-style-type: none"> • Community Health Improvement Grants program (Grant awardees delivered programs and/or services that addressed our significant community health needs). • 50plus Senior Services • Hospital and Community Health Fairs • Breastfeeding Resource Center • Diabetes Education Empowerment Program • Diabetes and Nutrition Program • Collaboration with Glendale Healthier Community Coalition • Health Professions education (provided internships to ultrasound, X-ray, phlebotomy, lab, pharmacy, surgical technician, dietician, and physical, occupational, and speech therapy students. • Workforce Development: Healthcare Professions Internship Program (Glendale Unified School District, Pasadena Unified School District, and Glendale Community College students)
<p>FY26 Planned Programs and Services</p> 	<p>For FY26, the hospital plans to continue the same programs and initiatives, as well as grant funding for the Community Health Improvement Grants program.</p>

This document is publicly available online at:

<https://www.dignityhealth.org/socal/locations/glendalememorial/about-us/serving-the-community/community-health-needs-assessment-plan>

Written comments on this report can be submitted to Dignity Health Glendale Memorial Hospital and Health Center, c/o Director of Mission Integration, 1420 S. Central Avenue, Glendale, CA 91204 or by email to cassie.mccarty@commonspirit.org

Our Hospital and the Community Served

About Glendale Memorial Hospital and Health Center

Glendale Memorial Hospital and Health Center (GMHHC) is a Dignity Health hospital. Dignity Health is a member of CommonSpirit Health.

Established in 1926 as a Physicians and Surgeons Hospital, Dignity Health Glendale Memorial Hospital and Health Center, a 334-bed, nonprofit acute care facility, is located at 1420 S. Central Avenue in Glendale, California. The hospital offers various services, including:

- Adult Behavioral Health
- Colorectal Care Center
- Critical Care / ICU
- Emergency
- Gastroenterology
- Heart Center
- Maternity Care
- Neonatal Intensive Care Unit
- Orthopedics
- Rehabilitation Services
- Senior Services
- Spine Services
- Stroke Care
- Surgical Services
- Women's Health
- Wound Care Center

Our Mission

As CommonSpirit Health, we make the healing presence of God known in our world by improving the health of the people we serve, especially those who are vulnerable, while we advance social justice for all.

Our Vision

A healthier future for all – inspired by faith, driven by innovation, and powered by our humanity.

Financial Assistance for Medically Necessary Care

It is the policy of CommonSpirit Health to provide, without discrimination, emergency medical care and medically necessary care in CommonSpirit hospital facilities to all patients, without regard to a patient's financial ability to pay. This hospital has a financial assistance policy that describes the assistance provided to patients for whom it would be a financial hardship to fully pay the expected out-of-pocket expenses for such care, and who meet the eligibility criteria for such assistance. The financial assistance policy, a plain language summary, and related materials are available in multiple languages on the hospital's website.

Description of the Community Served

Glendale Memorial Hospital and Health Center (GMHHC) serves approximately 507,000 residents across 16 ZIP codes in Los Angeles County, including the City of Glendale, La Crescenta, and the adjacent City of Los Angeles neighborhoods of Echo Park, Silverlake, Los Feliz, East Hollywood, Atwater/Griffith, Eagle Rock, Highland Park, and Glassell Park. A summary description of the community is below. Additional details can be found in the 2025 Community Health Needs Assessment (CHNA) report online.



The GMHHC service area is primarily urban and home to a diverse, multicultural population. According to the 2019–2023 American Community Survey, approximately 44.9% of residents identify as White, non-Hispanic (which includes a large Armenian population), 33.2% as Hispanic/Latinx, 14.8% as Asian, and 2.2% as Black or African American. Over half (57.1%) speak a language other than English at home, and about 25.3% of these individuals report speaking English less than “very well.” The foreign-born population accounts for roughly 51.4% of Glendale residents, with the U.S. Census (2014–2018) identifying the top countries of origin, including Armenia, Korea, Iran, the Philippines, Mexico, and El Salvador.

This cultural diversity is accompanied by a broad range of demographic and economic characteristics. The median age of 39.8 years, reflecting a mix of families, working-age adults, and older residents. Economic indicators reveal a median household income of \$90,355; however, 13.4% of individuals and 9.5% of families live below the federal poverty level. Approximately 7.4% of residents are uninsured, while 38.3% receive public health coverage. Among adults aged 25 and older, 86.4% have completed high school or higher.

The U.S. Health Resources and Services Administration (HRSA) has designated several of the hospital’s service areas (e.g., Southeast Glendale, Glassell Park, Highland Park, etc.) as Medically Underserved Areas/Populations and Health Professional Shortage Areas (HPSAs), particularly for primary care and behavioral health. These designations reflect ongoing barriers to timely and equitable access to care. Additionally, high housing costs and pockets of persistent poverty continue to drive health inequities across the service areas. These challenges were further exacerbated by the Eaton Fire in January 2025, which intensified housing instability and increased the need for social and health services.

Community Assessment and Significant Needs

The hospital engages in multiple activities to conduct its community health improvement planning process. These include, but are not limited to, conducting a Community Health Needs Assessment with community input at least every three years, identifying collaborating community stakeholder organizations, describing anticipated impacts of program activities and measuring program indicators.

Community Health Needs Assessment

The health issues that form the basis of the hospital's community benefit plan and programs were identified in the most recent CHNA report, which was adopted in June 2025. The hospital makes the CHNA report widely available to the public online, and a written copy is available upon request from the hospital's Mission Integration office. The report is also shared with members of the Glendale Healthier Community Coalition and will also be shared with community organizations that participated.

CHNA web address:

<https://www.dignityhealth.org/content/dam/dignity-health/images/socal/misc/Final%20Glendale%20Memorial%202025%20CHNA%206-18-25V3.pdf>

The CHNA contains several key elements, including:

- Description of the assessed community served by the hospital;
- Description of assessment processes and methods;
- Presentation of data, information and findings, including significant community health needs;
- Community resources potentially available to help address identified needs; and
- Discussion of impacts of actions taken by the hospital since the preceding CHNA.

Community Groups that Attended or Engaged with the CHNA:

- | | |
|---|------------------------------------|
| • Ascencia | • Glendale Public Library |
| • The Campbell Center (New Horizons) | • Glendale Unified School District |
| • City of Glendale, Community Services and Parks Administration | • Glendale Youth Alliance |
| • County of Los Angeles Department of Public Health | • GlendaleOUT |
| • Glendale Fire Department | • Highland Park Senior Center |
| • Glendale Community College | • Home Again Los Angeles |
| • Glendale Police Department | • Hope Through Housing |
| | • Journey Out |
| | • YMCA of Glendale |
| | • YMCA of the Foothills |

Vulnerable Populations Represented by These Groups:

- Racial and ethnic groups experiencing disparate health outcomes, including the following:
 - Black / African American
 - Other non-white racial groups
 - Individuals of Hispanic / Latino origin
- Socially disadvantaged groups, including the following:
 - The unhoused
 - People with disabilities
 - People identifying as lesbian, gay, bisexual, transgender, or queer
 - Individuals with limited English proficiency

This community benefit report also includes programs delivered during fiscal year 2025 that were responsive to needs prioritized in the hospital's previous CHNA report.

Significant Health Needs

The CHNA identified the significant needs in the table below, which also indicates which needs the hospital intends to address. Identified needs may include specific health conditions, behaviors and health care services, and also health-related social needs that have an impact on health and well-being.

Significant Health Need	Description	Intend to Address?
Housing for low-income and unhoused	The availability of affordable housing is a critical determinant of health in the community, according to both residents and stakeholders. Rising housing costs and limited affordable options have contributed to high cost burdens, housing instability, and increased risk of homelessness. The Eaton Fire in January 2025 further intensified displacement and housing insecurity.	<input checked="" type="checkbox"/>
Access to behavioral health care	Community stakeholders consistently identified access to mental health and substance use services as a pressing need. Barriers include provider shortages, limited culturally and linguistically appropriate care, stigma, and affordability. Increasing rates of mental health challenges, especially among youth and recent immigrants, underscore the importance of expanding access to behavioral health resources.	<input checked="" type="checkbox"/>
Access to healthcare	Residents continue to face challenges in navigating the healthcare system and obtaining timely, affordable care and preventive services. Barriers include lack of insurance/coverage, cultural language and literacy gaps,	<input checked="" type="checkbox"/>

Significant Health Need	Description	Intend to Address?
	transportation, trust in the healthcare system, and shortages of providers.	
Community belonging	Feelings of social isolation and lack of belonging were identified across community members, particularly impacting youth, older adults, and immigrant populations.	<input checked="" type="checkbox"/>

2025 Report and 2026 Plan

This section presents strategies and program activities the hospital is delivering, funding or on which it is collaborating with others to address significant community health needs. It summarizes actions taken in FY25 and planned activities for FY26, with statements on impacts and community collaboration. Program Highlights provide additional detail on select programs.

Planned activities are consistent with current significant needs and the hospital's mission and capabilities. The hospital may amend the plan as circumstances warrant, such as changes in community needs or resources to address them.

Creating the Community Benefit Plan

The hospital is dedicated to improving community health and delivering community benefit with the engagement of its management team, board, clinicians and staff, and in collaboration with community partners.

Hospital and health system participants included Mission Integration, Community Health, GMHHC Senior Leadership

Team, and the Community Health Improvement Grants Committee, which consists of various hospital department representatives as well as community members. These entities review existing community benefit programs to ensure alignment with significant health needs identified in the most recent CHNA. Ongoing collaboration occurs with departments that participate in community outreach and education efforts.

The programs and initiatives described here were selected based on alignment with our most recent CHNA prioritized health needs or other identified needs by the hospital. In addition, opportunities to support or collaborate with community organizations that are also addressing the CHNA prioritized health needs were considered.



Community Health Strategic Objectives


The hospital intends that program activities to help address significant community health needs reflect a strategic use of resources. CommonSpirit Health has established three community health improvement core strategies to help ensure that program activities overall address strategic aims while meeting locally-identified needs.

- Extend the care continuum by aligning and integrating clinical and community-based interventions.
- Implement and sustain evidence-based health improvement program initiatives.
- Strengthen community capacity to achieve equitable health and well-being.




Report and Plan by Health Need


The tables below present strategies and program activities the hospital has delivered or intends to deliver to help address significant health needs identified in the community health needs assessment. They are organized by health need and include statements of goals and anticipated impact, and any collaboration with other organizations in their delivery. Please note that Community Grants are awarded for the Calendar Year and therefore can overlap Fiscal Years.

 Health Need: Housing for unhoused and low-income			
Strategy or Program	Summary Description	Active FY25	Planned FY26
Support for chronically unhoused individuals and families	<ul style="list-style-type: none"> Community Grant to Ascencia to support access to medical care, supportive and permanent housing, rehabilitative therapy services, and case management. This includes supporting and addressing mental health needs. 	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Support for situationally unhoused families	<ul style="list-style-type: none"> Community grant for Home Again Los Angeles. This project will provide support for low-income families with children in the City of Glendale and surrounding neighborhoods, providing housing, essential items, case management, financial assistance, housing navigation services, and support the children's development. 	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Support for expanding services for unhoused youth or youth on the verge of homelessness	<ul style="list-style-type: none"> Community Grant to Glendale Youth Alliance. This project provided hotel vouchers to youth ages 16–25 as a means of emergency shelter while also providing case management to find employment and transition youth to permanent housing. 	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Goal and Impact: The hospital's initiatives to address housing are anticipated to result in increased support for a wide range of populations experiencing homelessness in our community.			
Collaborators: Our connection to local community organizations provide opportunities for collaboration regarding this prioritized health need.			


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 Health Need: Access to behavioral healthcare			
Strategy or Program	Summary Description	Active FY25	Planned FY26
Support for situationally unhoused families	<ul style="list-style-type: none"> Community grant for Home Again Los Angeles. This project will provide support for low-income families with children in the City of Glendale and surrounding neighborhoods, providing housing, essential items, case management, financial assistance, housing navigation services, and support the children's development. 	☑	☑
Breastfeeding Resource Center	<ul style="list-style-type: none"> Our hospital's Breastfeeding Resource Center provides free support to new moms and their infants in the community through the hospital's warm telephone line, support groups, and breastfeeding classes. This support is provided in English, Spanish, and Armenian. Breastfeeding is linked to a lower risk of postpartum depression. 	☑	☑
Support for chronically unhoused individuals and families	<ul style="list-style-type: none"> Community Grant to Ascencia to support access to medical care, supportive and permanent housing, rehabilitative therapy services, and case management. This includes supporting and addressing mental health needs. 	☑	☑
Support for survivors of domestic violence	<ul style="list-style-type: none"> Community Grant to Door of Hope to provide mental health services for survivors of domestic violence, including families. 	☑	☑
Support for transition age youth with mental health disabilities	<ul style="list-style-type: none"> Community Grant to Mental Health Advocacy Services, Inc. will provide legal support for issues such as housing that transition age youth with mental health disabilities who tend to have difficulty navigating these health issues. Therefore, the unique mental health needs for this demographic is being supported. 	☑	☑

Community Partner Collaboration	<ul style="list-style-type: none"> Continue partnership with the National Alliance on Mental Illness Greater Los Angeles County and Glendale chapters through community health outreach efforts. 	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Goal and Impact: The hospital's initiatives to address Mental Health are anticipated to result in increased education, destigmatization, and/or support for the mental well-being of a variety of populations in our community.			
Collaborators: In particular, through our Community Grants program, our hospital partners with a number of community organizations to ensure a broader reach with respect to addressing the mental health needs of our community.			

 Health Need: Access to healthcare			
Strategy or Program	Summary Description	Active FY25	Planned FY26
Access to medical care / medical home	<ul style="list-style-type: none"> Community Grant to Asencia to support access to medical care/medical home and permanent supportive housing and case management. This includes supporting and addressing health needs. 	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Access to mental health services for survivors of domestic violence.	<ul style="list-style-type: none"> Community Grants to Door of Hope and Journey Out to provide mental health services for survivors of domestic violence and human trafficking, including families. 	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Financial assistance	<ul style="list-style-type: none"> Our hospital provides financial assistance to eligible patients who do not have the capacity to pay for medically necessary healthcare services, and who otherwise may not be able to receive these services. The financial assistance policy and plain language summary are on the hospital's website and at the end of this report. 	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Diabetes Education Empowerment Program	<ul style="list-style-type: none"> The Diabetes Education Empowerment Education Program (DEEP) is a 6-week workshop series for adults who want to learn more about managing Diabetes. This free program is designed to empower 	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

	attendees with knowledge, support, and tools to maintain a healthy lifestyle.		
Disease management education for patients	<ul style="list-style-type: none"> Our hospital offers an outpatient Diabetes and Nutrition Program (diabetes self-management course) that entails 4 sessions of 2 hour classes over 4 weeks. We offer this course in English and Spanish. 	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Community Outreach	<ul style="list-style-type: none"> GMHHC invites the community to obtain information, resources, and free screenings at the annual Kings and Queens of Heart event. In addition, GMHHC attends various community health outreach events that promote increased awareness of health information as well as affords community members free screenings at select fairs (e.g., carotid and thyroid screenings). 	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Education for the community	<ul style="list-style-type: none"> The hospital hosts monthly educational lectures for seniors regarding health conditions, diagnosis, treatment options, etc. for various health, wellness, and safety topics. 	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Goal and Impact: The hospital's initiatives to address access to care are anticipated to result in increased access, education, and information for various populations in our community.			
Collaborators: Our connection to local community organizations, including Senior Centers, provide opportunities for collaboration regarding this prioritized health need.			

 Health Need: Community belonging			
Strategy or Program	Summary Description	Active FY25	Planned FY26
50plus Program	<ul style="list-style-type: none"> The 50plus Program fosters overall community and inclusion for seniors by providing opportunities for social connection and 	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

	enhanced well-being. This includes quarterly events where participants can engage with peers and build meaningful connections.		
Health Professions Internship Program	<ul style="list-style-type: none"> Include networking gatherings for interns and intern alumni to meet hospital staff and connect with one another to increase the sense of community, especially for these students who are historically underserved and underrepresented in healthcare. 	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Glendale Healthier Community Coalition	<ul style="list-style-type: none"> GMHHC to continue participating with the Glendale Healthier Community Coalition to promote goals centered on inter-organizational events and community belonging. 	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Glendale Unified School District - Cerritos Elementary	<ul style="list-style-type: none"> GMHHC partners with Cerritos Elementary, a community school primarily serving a low-income and immigrant student population within the Glendale Unified School District. Our collaboration includes a number of events, including education during Heart Health Month, Welcome Back Wildcats, Healthcare Superheroes Assembly, Adopt-a-Student Holiday Program, Spring Resource Festival, and more. These opportunities foster community connection and belonging throughout the school year. 	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Diabetes Education Empowerment Program	<ul style="list-style-type: none"> This 6-week workshop series cultivates a supportive environment for individuals interested in diabetes management and prevention, including those with pre-diabetes, caregivers, and community members seeking knowledge. It fosters a shared learning experience, connecting participants and building a supportive community with our hospital and with one another around proactive health. 	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Sustainability efforts	<ul style="list-style-type: none"> In an effort to encourage sustainability within our hospital and our community, GMHHC hosts an annual Earth Day Fair in collaboration with various community partners and departments. This increases awareness and provides resources on enhancing the collective need towards sustainable efforts, thereby creating shared purpose and engagement. 	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Community Festival	<ul style="list-style-type: none"> In celebration of the hospital's 100th anniversary in 2026, GMHHC is planning a series of events throughout the year, including a large 	<input type="checkbox"/>	<input checked="" type="checkbox"/>

	community festival featuring informational booths, resources, health screenings, and more. This widespread invitation aims to foster a shared sense of pride, history, and community integration for community members and leaders across the service areas.		
Goal and Impact: The hospital's initiatives to address community belonging are anticipated to result in increased sense of community for various populations in our service areas.			
Collaborators: Our connection to local organizations provides opportunities for collaboration around community belonging.			

Community Health Improvement Grants Program


One important way the hospital helps to address community health needs is by awarding restricted financial grants to non-profit organizations working to improve health status and quality of life. Grant funds are used to deliver services and strengthen service systems, to improve the health and well-being of vulnerable and underserved populations related to CHNA priorities.

In FY25, the hospital awarded the grants below totaling \$157,000. Some projects also may be described elsewhere in this report. The figures below represent grant awards that the hospital made.

Grant Recipient	Project Name	Health Needs Addressed	Amount
Ascencia	Integrated Health Homes & Housing Retention	<ul style="list-style-type: none"> • Housing / Homelessness • Access to Care / Services 	\$27,000
Door of Hope	Mental Health Program for Survivors of Domestic Violence	<ul style="list-style-type: none"> • Housing / Homelessness • Behavioral Health (mental health, substance use) 	\$25,000
Glendale Youth Alliance	Glendale Youth Alliance Homeless Division	<ul style="list-style-type: none"> • Housing / Homelessness and • Access to Care / Services 	\$30,000
Home Again Los Angeles	Emergency Shelter for Unhoused Families	<ul style="list-style-type: none"> • Housing / Homelessness and • Access to Care / Services 	\$20,000
Journey Out	Survivor Advocate Program	<ul style="list-style-type: none"> • Violence and Injury • Access to Care / Services 	\$30,000
Mental Health Advocacy Services, Inc.	Medical-Legal Partnership for Transition Aged Youth with Mental Health Disabilities	<ul style="list-style-type: none"> • Behavioral Health (mental health, substance use) • Housing / Homelessness 	\$25,000

Program Highlights

The following pages describe a sampling of programs and initiatives listed above in additional detail, illustrating the work undertaken to help address significant community health needs.

 50plus Program	
Significant Health Needs Addressed	<ul style="list-style-type: none"> • Access to Behavioral Health Care • Access to Healthcare • Community Belonging
Program Description	<p>The 50plus Program is designed to help people 50 and over to support an active, healthy, and independent lifestyle. Members are able to participate in various events including:</p> <ul style="list-style-type: none"> • Education: <ul style="list-style-type: none"> ◦ Free monthly “lunch and learn” educational lectures that are pertinent to the senior demographic. • Social Events: <ul style="list-style-type: none"> ◦ Quarterly social events for seniors to further develop a sense of community and relationships, thereby increasing community belonging. • Mindfulness Practice Events: <ul style="list-style-type: none"> ◦ Quarterly mindfulness practice events to intentionally practice grounding techniques that instill resilience and peace for seniors through group sharing, guided meditations, and other activities. • Exercise Classes: <ul style="list-style-type: none"> ◦ Exercise classes are offered to promote safe and healthy physical movement for the senior demographic, increasing mobility and strength.
Population Served	Adults age 50 and over.
Program Goal / Anticipated Impact	Increase awareness for seniors in our community, providing the resources and tools to improve knowledge and support overall well-being.
FY 2025 Report	
Activities Summary	Hosted monthly senior lectures and quarterly social events to promote senior mental health and well-being. In FY25, a highlight also included a four-part Cardiovascular Health education lecture series that featured various healthcare providers sharing about various aspects of cardiovascular health.

Performance / Impact	The 50plus Program had more than 20+ events in FY25 and served a total of 400 members.
Hospital's Contribution / Program Expense	50plus Program expenses included a total of \$11,061 which included costs such as meal expenses for attendees and staff time.
FY 2026 Plan	
Program Goal / Anticipated Impact	Increase health awareness and well-being for seniors in GMHHC primary service area.
Planned Activities	Community Health Program Coordinator to continue collaborating with local senior centers and serve on the City of Glendale Senior Services Committee. The 50plus Program will continue to offer monthly educational lectures, social gatherings, mindfulness practice events, and exercise classes.



Community Health Improvement Grants

Significant Health Needs Addressed	<ul style="list-style-type: none"> • Housing to Unhoused and Low Income • Access to Behavioral Health Care • Access to Healthcare • Community Belonging
Program Description	The objective of Dignity Health Community Grants Program is to award grants to nonprofit 501c (3) organizations (excluding hospitals) whose Accountable Care Community proposal responds to the Dignity Health Glendale Memorial's strategic priorities identified in the most recent Community Health Needs Assessment and the community benefit plan. In addition, programs will be evaluated for the given Dignity Health Community Benefit Principles of serving disenfranchised populations with unmet health needs, primary prevention, seamless continuum of care, community capacity building, and collaborative governance.
Population Served	Individuals of all ages, genders, and demographics (e.g., adults, children, youth, seniors).
Program Goal / Anticipated Impact	Increase education, access to care, behavioral health, housing, and promote the well-being of community members.

FY 2025 Report

Activities Summary	<ul style="list-style-type: none"> • Housing for unhoused and low-income • Health education and access to health care services • Community belonging • Mental Health services
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	<ul style="list-style-type: none"> • Legal services and education for transition age youth
Performance / Impact	Increased education, housing, access to care, prevention, and overall well-being of community members.

Hospital's Contribution / Program Expense	\$157,000
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FY 2026 Plan

Program Goal / Anticipated Impact	Increased education, housing, access to care and behavioral health services, community belonging, preventative care, and overall well-being of community members.
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Planned Activities	Glendale Memorial Hospital will provide a total of \$165,000 in grant funding and collaborate with respective FY26 Grant Awardees.
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Breastfeeding Resource Center

Significant Health Needs Addressed	<ul style="list-style-type: none"> • Mental Health • Access to Healthcare
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Program Description	<p>GMHHC's Breastfeeding Resource Center has trained certified lactation educators to assist new mothers with breastfeeding needs and assess the mother/baby dyad to ensure that the baby is breastfeeding effectively. All women in the community are invited to participate, whether or not their baby was delivered at GMHHC. In particular, many low-income women have limited or no access to breastfeeding support and education, and we want to make our resources available to them. The short-term and long-term benefits of breastfeeding for mother and child are well documented (e.g., for mother – breastfeeding is linked to a lower risk of Type 2 Diabetes, breast cancer, cervical cancer, and postpartum depression; for baby – breastfeeding is linked to a lower risk of Type 1 & 2 Diabetes, childhood leukemia, lower respiratory infections, asthma, and obesity).</p>
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Population Served	Mother and baby dyads.
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Program Goal / Anticipated Impact	<ul style="list-style-type: none"> • Offer free Breastfeeding support groups and classes • Increase attendance of breastfeeding classes by pregnant individuals • Nurture a free Spanish-speaking weekly support group. • Increase community awareness that breastfeeding consultations and breast pump purchase assistance is available through the majority of insurance plans.
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	<ul style="list-style-type: none"> • Increase outreach and awareness promoting the free warmline, classes, and support groups to surrounding clinics in the community . • Open up a low cost/no cost Lactation Service for the community.
FY 2025 Report	
Activities Summary	Receiving calls on the warmline for mothers seeking resources and more breastfeeding information. In addition, breastfeeding classes were offered in English, Armenian, and Spanish. Collaborated with the community to increase awareness of resources.
Performance / Impact	Served a total of 18 mothers, excluding in-patient mothers, across the Breastfeeding Resource Center. The classes were restarted post-pandemic in April of 2025.
Hospital's Contribution / Program Expense	Breastfeeding Resource Center expenses included a total of \$1,112 which included costs for staff time.
FY 2026 Plan	
Program Goal / Anticipated Impact	<ul style="list-style-type: none"> • Increase awareness regarding the Breastfeeding Resource Center services to GMHHC primary service area to promote health and overall well-being for mother/baby dyad.
Planned Activities	Working with the Director of Breastfeeding Promotion at WIC, she has generously donated time to visit physician offices to give free Breastfeeding Education to their staff. In addition, work with the City of Glendale to promote Breastfeeding Resource Center through hospital collateral.

Other Community Health and Community Building Programs

The hospital delivers community programs, services and non-quantifiable benefits in addition to those described elsewhere in this report. Like those programs and initiatives, the ones below are a reflection of the hospital's mission and its commitment to improving community health and well-being.

- GMHHC is proud to support Health Profession Education through our clinical rotations for ultrasound, X-ray, phlebotomy, lab, pharmacy, surgical technician, dietician, and rehabilitation services (e.g., physical, occupational, and speech therapy) students. Our investment in future healthcare professionals ensures that our community will continue to have a well-trained healthcare workforce for years to come.
- GMHHC continues to partner with a key organization supporting a healthier Glendale community. The Glendale Healthier Community Coalition (GHCC), composed of community leaders representing local community agencies, was created by Glendale's three hospitals and has successfully worked on many community-wide projects for 30+ years (since 1994). These include the launch of Glendale Healthy Kids; the city's Quality of Life Indicators; and healthcare projects serving the homeless.
- Our community collaboration also continues to include GMHHC senior leaders and managers serving on various community boards and community councils to contribute to community building and the well-being of community members. In addition, we continue to dialogue and develop our relationships with local city leaders and elected officials to ensure they have knowledge regarding how healthcare legislation impacts their communities.
- GMHHC provides essential hygiene kits on a quarterly basis to Ascencia, a local community partner that provides unhoused clients with housing and wrap-around services. These kits directly support public health, dignity, and disease prevention for individuals experiencing homelessness while also fostering a sense of community and collaboration with Ascencia.
- We are proud to report that in FY25 we had our fourth cohort of our Health Professions Internship Program for historically underrepresented high school and community college students in our service area. Twenty-six students graduated from the program, receiving the opportunity to learn about various healthcare professions and departments throughout the school year. This provided a community building opportunity between our hospital, local schools, and our community, contributing towards building equitable community capacity for future healthcare professionals.
- One of our core values is Inclusion, which guides both our internal operations and our external community engagement. As an expression of this core value, we actively celebrate various holidays, commemorations, and observances through visual collateral displayed in public spaces throughout the hospital, creating a welcoming and representative atmosphere for all.

Additionally, the following projects are Community Investment Programs in our hospital's service area:

Abode Communities (Abode)

In 2019 CommonSpirit approved a 3-year \$2,000,000 line of credit to fund acquisition and predevelopment costs related to new development projects. A partner of Dignity Health since 2010, Abode is considered a thought leader in the affordable housing industry and since 2012, has placed in service 500 affordable housing units within the County of Los Angeles, with another 900 affordable units currently under construction and expected to be placed in service over the next several years. With Dignity Health's support, Abode has built affordable housing in Long Beach, Hollywood, South and Central Los Angeles. The line of credit was renewed in 2022 and will provide 431 units of housing in Coachella Valley / Indian Wells, Berkeley (Workforce Housing), and Los Angeles.

Everytable, PBC

Everytable, PBC, is a for-profit "public benefit corporation" founded in 2015 with the purpose of making healthy food affordable, convenient, and accessible for all. The company has opened nine stores throughout Los Angeles in Baldwin Hills, Century City, Downtown LA, Santa Monica, Compton, Brentwood, Watts, and Cal State Dominguez Hills. In 2019 alone, the corporation sold over 700,000 meals in these locations. In April 2020 CommonSpirit Health approved a 7-year \$500,000 loan to the company to build the infrastructure for an Everytable franchise program focused on entrepreneurs from low- to medium-income communities and the build-out and launch of new stores.

Genesis LA Economic Growth Corporation

Founded in 1998, Genesis LA Economic Growth Corporation (Genesis) is a Community Development Financial Institution (CDFI) with over \$42 million in total assets, making it the fourth largest CDFI headquartered in Los Angeles (LA) County. In September, 2018, Dignity Health approved a 7-year \$1,000,000 loan to Genesis for lending capital in Genesis' GCIF that focuses on investments in community development projects, affordable housing, and microloans to residents living in the underserved, economically distressed communities of LA County.

United Way of Greater Los Angeles

United Way of Greater Los Angeles is a Los Angeles, California, nonprofit organization whose mission is to permanently break the cycle of poverty for the most vulnerable individuals, supporting low-income families, students, veterans, and people experiencing homelessness. The organization administers an annual fundraising campaign in Los Angeles County, California, and uses those funds to support a variety of human services. UWGLA is focused on providing long-term solutions in three interconnected areas that the organization believes are the root causes of poverty, which include low-income individuals having a home, quality education and career, and access to economic resources and

opportunities to thrive. Loan proceeds approved in 2023 will be used to support UWGLA's new Affordable Housing Initiative Fund that was started in 2020 to finance the creation and preservation of up to 2000 affordable homes through 60 developments (predominantly minority-owned or BIPOC developers), with a focus in the Greater Los Angeles area.

Nonprofit Finance Fund – AIM Healthy Fund

In 2017, CommonSpirit provided funding to Nonprofit Finance Fund as they launched AIM Healthy, an investment vehicle providing tailored loans to health centers and human services providers to enable them to expand services and provide integrated and comprehensive care to low-income clients as they navigate healthcare delivery and payment reforms.

Shasta Community Health Center

In June 2019 CommonSpirit approved a \$5,000,000 secured loan to Hills Country Community Clinic, Inc. for 7 years. HCCC is constructing the Center of Hope Redding health-care campus that will include medical, dental, mental health, substance abuse treatment, and recovery activities to support people with complex health and social needs projecting to serve 9,000 patients per year in Redding, California. In addition, a 5,000 square ft. supported housing development will be included for 16 transitional age youth students who are transitioning out of homelessness. Shasta Community Health Center now owns this clinic.

Economic Value of Community Benefit

The economic value of all community benefit is reported at cost. Patient financial assistance (charity care) reported here is as reported to the Department of Health Care Access and Information in Hospital Annual Financial Disclosure Reports, as required by Assembly Bill 204. The community benefit of Medicaid, other means-tested programs and Medicare is calculated using a cost-to-charge ratio to determine costs, minus revenue received for providing that care.

Other net community benefit expenses are calculated using a cost accounting methodology. Restricted offsetting revenue for a given activity, where applicable, is subtracted from total expenses to determine net benefit in dollars.

Financial Assistance and Means-Tested Government Programs	Vulnerable Population	Broader Community	Total
Traditional Charity Care	\$5,957,682		\$5,957,682
Medi-Cal	\$51,053,499		\$51,053,499
Other Means-Tested Government (Indigent Care)	\$0		\$0
Sum Financial Assistance and Means-Tested Government Programs	\$57,011,181		\$57,011,181
Other Benefits			
Community Health Improvement Services	\$196,771	\$50,804	\$247,575
Community Benefit Operations	\$0	\$310,354	\$310,354
Health Professions Education	\$0	\$2,293,445	\$2,293,445
Subsidized Health Services	\$0	\$0	\$0
Research	\$0	\$0	\$0
Cash and In-Kind Contributions for Community Benefit	\$539,748	\$13,106	\$552,854
Other Community Benefits	\$0		\$0
Total Other Benefits	\$736,519	\$2,667,709	\$3,404,228
Community Benefits Spending			
Total Community Benefits	\$57,747,700	\$2,667,709	\$60,415,409
Medicare	\$25,022,631		\$25,022,631
Total Community Benefits with Medicare	\$82,770,331	\$2,667,709	\$85,438,040
*The hospital also invested \$37,395 in community building activities, which are reported separately from community benefit expenses in accordance with IRS Schedule H instructions.			