

# Your Dignity Health Network

How to utilize your health plan.

1

## Select your **insurance**.

Dignity Health accepts most major insurances including a wide variety of HMO, PPO, Medicare Advantage and Covered California plans.

2

## Choose your **doctor**.

Choose a Primary Care Provider (PCP) through our affiliated medical group: Dignity Health Medical Group – Ventura County.

3

## Gain access to **exceptional care**.

When you choose Dignity Health, you'll have access to primary and specialty care, labs, imaging, urgent care, two full-service hospitals and other supportive health care services.

**Enroll in** Dignity Health Medical Network – Ventura County (formerly known as Valley Care IPA)...

**Dignity Health Medical Group – Ventura County**

...to gain access to **Dignity Health Medical Group – Ventura County**.

**Medical Group**

**St. John's Regional Medical Center**

**St. John's Hospital Camarillo**

**Hospitals**

**Cancer & Infusion Centers**

**Laboratories**

**Advanced Imaging**

**Outpatient Therapy Centers**

**Outpatient Surgery Centers**

**Supportive Health Care Services**

# The Dignity Health Difference

Dignity Health's affiliated medical group—Dignity Health Medical Group – Ventura County—delivers high-quality, compassionate health care for all. They put that belief into practice by providing the resources you need, including:



Access to more than **400 providers** across multiple locations covering primary care and a variety of specialties.



**Urgent care** at 10 locations throughout Ventura County.



The convenience of more than **50 Medical Complexes** with a variety of services available, like primary and specialty care, labs and imaging.



**MyPortal**, Dignity Health's patient portal, giving you the ability to communicate with your doctor online, schedule appointments, view lab results and more.



24/7 **free nurse advice** for primary care and pediatrics.



**Same-day appointments** and **online scheduling** for several providers.



**Virtual visits** for primary care and several specialties.

Learn more at [dignityhealth.org/ventura/enroll](https://dignityhealth.org/ventura/enroll).