

Sequoia Hospital

2019 Community Health Implementation Strategy




Adopted November 2019



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At-a-Glance Summary

<p>Community Served</p> 	<p>Dignity Health Sequoia Hospital serves the cities in mid-county, south county, and coastside of San Mateo County (SMC), including the cities of Belmont, Burlingame, Foster City, San Carlos, San Mateo, Atherton, East Palo Alto, Menlo Park, Portola Valley, Redwood City, Woodside, and Half Moon Bay with a total population of 559,332.</p> <p>SMC residents are healthier than in many other places. However, the data also demonstrates that preventable diseases are on the rise and so we must do more to prevent these diseases from occurring in the first place. It also shows that health is not distributed evenly across the population, and there are many communities that still do not experience good health and a high quality of life.</p> <p>Despite the fact that half of households in the county earn more than \$100,000 per year, nearly one in five (19.8%) county residents live below 200% of the federal poverty level.</p>
<p>Significant Community Health Needs Being Addressed</p> 	<p>The hospital's most recent Community Health Needs Assessment (CHNA) identified twelve health needs, and prioritized four of them as significant. The four health needs the hospital plans to address form the basis of this document. Needs being addressed by strategies and programs are:</p> <ul style="list-style-type: none"> • Healthy lifestyles • Housing and homelessness • Mental health and well-being • Health care access and delivery
<p>Strategies and Programs to Address Needs</p> 	<p>The hospital intends to take several actions and to dedicate resources to these needs, including:</p> <p><i>Healthy lifestyles</i></p> <ul style="list-style-type: none"> • LiveWell Program - Health screening program conducted monthly at 6 sites in the community. Services include free screenings for blood pressure and diabetes, monitoring screening results, one-on-one counseling and referrals to physicians for abnormal results. • Diabetes Empowerment Education Program (D.E.E.P.) - Evidence based educational program designed to engage community residents in self-management practices for prevention and control of diabetes. • Blood glucose meter instruction - Empowered patients with the self-management tools and educational resources they need to prevent and control a variety of diabetic issues. • Make Time for Fitness - A program designed to address healthy eating, physical activity, anti-bullying and avoidance of tobacco products, alcohol, and marijuana among 4th grade students attending Redwood City School District schools. • Matter of Balance (M.O.B.) - Evidence based program that acknowledges the risk of falling but emphasizes practical coping skills to reduce this concern. • Post-Stroke Lecture Series - Open to stroke survivors and their caregivers. Sessions discuss different topics hosted by expert clinical staff.

- Dignity Health Sequoia Hospital Community Grants Program
- Charitable cash and in-kind donations

Housing and homelessness

- Discharge Planning for Homeless Patients - Supportive services include a meal, weather-appropriate clothing, medications, transportation (30 miles/minutes from the hospital), infectious disease screening, vaccinations (appropriate for the presenting medical condition), and screening for affordable healthcare coverage. For shelter, the San Mateo County Coordinated Entry System at the core service agency is called. The hospital care coordinators and social workers engage the services of LifeMoves “Homeless Outreach Team” (HOT) to provide a broad range of services which include outreach and engagement, intensive case management (including support in following-up on medical appointments), benefits enrollment, and transportation to and from medical appointments.
- Dignity Health Sequoia Hospital Community Grants Program
- Charitable cash and in-kind donations

Mental health and well-being

- GPS Group Peer Support for Perinatal Parents - Trauma-informed group model which helps people navigate the challenges of parenting.
- HeartMath - The system empowers people to self-regulate their emotions and behaviors to reduce stress, increase resilience, and unlock their natural intuitive guidance for making more effective choices.
- Dignity Health Sequoia Hospital Community Grants Program
- Charitable cash and in-kind donations

Health care access and delivery

- Financial assistance for the uninsured or underinsured - Provides financial assistance (including discounts and charity care) to those who have health care needs and are uninsured, underinsured, ineligible for a government program or otherwise unable to pay.
- Sequoia Community Care - Program designed to offer services and community resources to allow older adults discharged from Sequoia Hospital to recover safely and healthfully in their community dwelling.
- Operation Access - Provide in-kind to Operation Access, which coordinates surgeries and medical procedures for uninsured people through its network of volunteers and participating hospitals.
- Dignity Health Sequoia Hospital Community Grants Program
- Charitable cash and in-kind donations

Anticipated Impact



The hospital’s initiatives to address healthy lifestyles, housing and homelessness, mental health and well-being, and health care access and delivery are anticipated to result in:

Healthy lifestyles

- Early identification of community members with cardiovascular and/or endocrine risk factors.
- Improved diabetes self-management.
- Increased knowledge of healthy eating.
- Increased physical activity.
- Increased knowledge of the adverse effects of tobacco products, alcohol, and marijuana.
- Increased awareness of risk fall factors.

	<p><i>Mental health and well-being</i></p> <ul style="list-style-type: none"> Created a space where people can come to share their struggles in a safe, welcoming group environment. <p><i>Housing and homelessness</i></p> <ul style="list-style-type: none"> Enhanced public health and relieved the burden of government to improve health. <p><i>Health care access and delivery</i></p> <ul style="list-style-type: none"> Increased dental screenings and fluoride varnish treatment for school aged children. Delivered compassionate, high quality, affordable health care and advocated for members of our community who are poor and disenfranchised.
<p>Planned Collaboration</p> 	<p><i>Healthy lifestyles</i></p> <ul style="list-style-type: none"> Veterans Memorial Senior Center Adaptive Physical Education Center Twin Pines Senior & Community Center San Carlos Adult Community Center Little House Activity Center Fair Oaks Adult Activity Center Redwood City School District Sequoia Union High School District Redwood City Parks, Recreation and Community Services Sodexo Education San Mateo County Tobacco Prevention Program UC Cal Fresh Nutrition Education Program San Mateo County Public Health Nutrition Safe Routes to School California Sequoia Healthcare District Dairy Council of California <ul style="list-style-type: none"> Peninsula Conflict Resolution Center United through Education (Familias Unidas) Villages of San Mateo County Peninsula Volunteers, Inc. Pacific Stroke Association Stanford Health Care <p><i>Housing and homelessness</i></p> <ul style="list-style-type: none"> LifeMoves HIP Housing <p><i>Mental health and well-being</i></p> <ul style="list-style-type: none"> Mental Health Association of San Mateo County Sequoia Strong Alcoholics Anonymous Alzheimer's Association, Catholic Charities LifeMoves Pathways Home Health and Hospice <p><i>Health care access and delivery</i></p> <ul style="list-style-type: none"> Sonrisas Dental Health, Inc. Operation Access. Samaritan House Pathways Home Health and Hospice

This document is publicly available online at dignityhealth.org/sequoia.

Written comments on this report can be submitted to Dignity Health Sequoia Hospital, Health & Wellness Department, 170 Alameda de las Pulgas, Redwood City, CA 94062. To send comments or questions about this report, please visit dignityhealth.org/sequoia/contact-us and select the “CHNA comments” in the drop-down menu.

Our Hospital and the Community Served

About Sequoia Hospital

Sequoia Hospital is a member of Dignity Health, which is a part of CommonSpirit Health. The hospital is located at 170 Alameda de las Pulgas in Redwood City, California, and serves the communities of San Mateo County. Our facility is licensed for 208 beds, is served by more than 900 employees, and benefits from more than 500 physicians on staff offering a full range of medical, surgical and specialty programs. Sequoia's Heart and Vascular Institute is a nationally known pioneer in advanced cardiac care. Sequoia has received national recognition as one of America's top 100 hospitals for cardiac care, as well as for superior patient safety from Healthgrades. Our Birth Center is consistently ranked as a favorite among Peninsula families, and we're also known for our Center for Total Joint Replacement and comprehensive emergency care.

Our Mission

We are committed to furthering the healing ministry of Jesus. We dedicate our resources to:

- Delivering compassionate, high-quality, affordable health services;
- Serving and advocating for our sisters and brothers who are poor and disenfranchised; and
- Partnering with others in the community to improve the quality of life.

Financial Assistance for Medically Necessary Care

Sequoia Hospital delivers compassionate, high quality, affordable health care and advocates for members of our community who are poor and disenfranchised. In furtherance of this mission, the hospital provides financial assistance to eligible patients who do not have the capacity to pay for medically necessary health care services, and who otherwise may not be able to receive these services. The financial assistance policy and a plain language summary and other materials are on the hospital's web site.

Description of the Community Served

Sequoia Hospital serves the cities in mid-county, south county, and coastside of San Mateo County (SMC), including the cities of Belmont, Burlingame, Foster City, San Carlos, San Mateo, Atherton, East Palo Alto, Menlo Park, Portola Valley, Redwood City, Woodside, and Half Moon Bay.

A summary description of the community is below. Additional details can be found in the CHNA report online.

San Mateo County (SMC) residents are healthier than in many other places. However, the data also demonstrates that preventable diseases are on the rise and so we must do more to prevent these diseases from occurring in the first place. It also shows that health is not distributed evenly across the population, and there are many communities that still do not experience good health and a high quality of life.



Average salaries, adjusted for inflation, are currently well above the California average. The cost of living is higher in SMC than almost anywhere else in the nation. A single parent with two children must earn approximately \$78,000 annually to meet the family's basic needs. SMC housing rental and childcare costs exceed the state's average. A total of 18.9 percent of SMC adults live below 200 percent of the Federal Poverty Level.

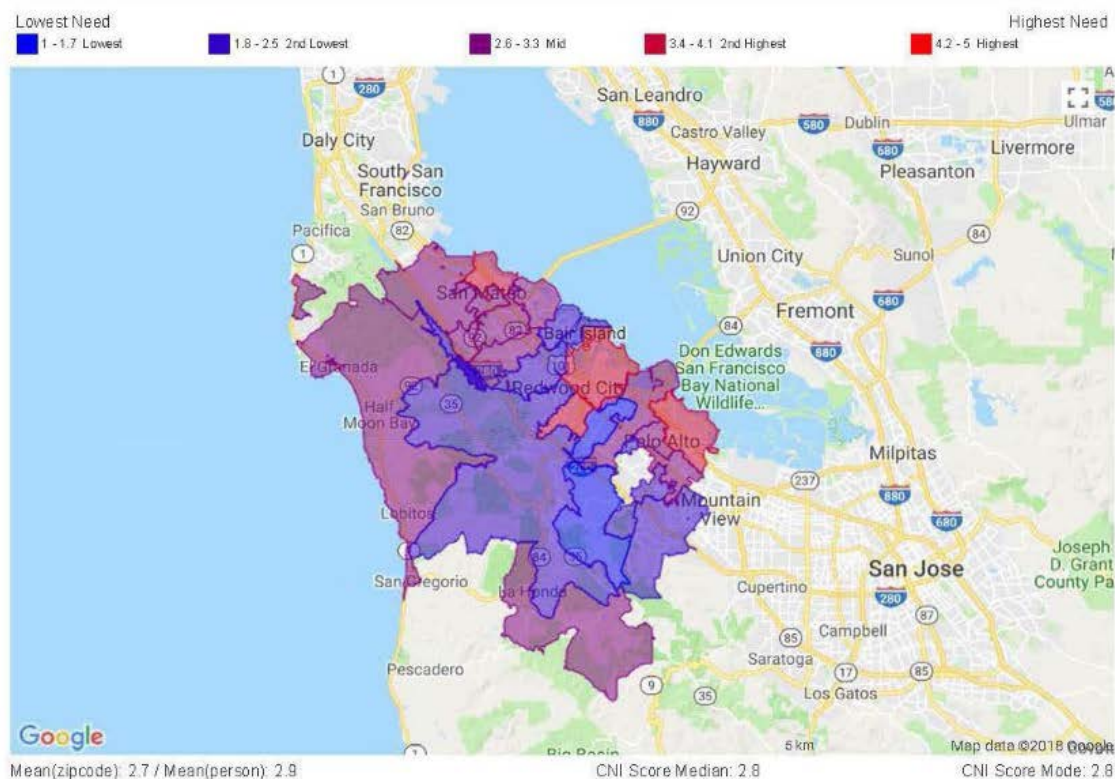
The proportion of adults aged 60 and older is expected to roughly double over the next four decades. As of the 2000 census adults aged 60 and older in San Mateo County, represented 16.4% of the county's total population. By the year 2040, it is projected that the number of adults 60+ will increase to 28.7% of the county's total population.

- Total Population: 559,332
- White – Non-Hispanic: 48.3%, Black/African American – Non-Hispanic: 2.2%, Hispanic or Latino 22.8%, Asian/Pacific Islander: 21.9%, All Others: 4.7%
- Median Income: \$137,101
- Unemployment: 3.2%
- No High School Diploma: 9.8%
- Medicaid: 14.7% (Does not include individuals dually-eligible for Medicaid and Medicare.)
- Uninsured: 2.8%

Community Need Index

One tool used to assess health need is the Community Need Index (CNI) created and made publicly available by Dignity Health and IBM Watson Health. The CNI analyzes data at the zip code level on five factors known to contribute or be barriers to health care access: income, culture/language, education, housing status, and insurance coverage.

Scores from 1.0 (lowest barriers) to 5.0 (highest barriers) for each factor are averaged to calculate a CNI score for each zip code in the community. Research has shown that communities with the highest CNI scores experience twice the rate of hospital admissions for ambulatory care sensitive conditions as those with the lowest scores.



Zip Code	CNI Score	Population	City	County	State
94002	2.6	28578	Belmont	San Mateo	California
94010	2.8	42778	Burlingame	San Mateo	California
94019	2.8	21099	Half Moon Bay	San Mateo	California
94020	3	1860	La Honda	San Mateo	California
94022	1.8	20295	Los Altos	Santa Clara	California
94025	3.2	44079	Menlo Park	San Mateo	California
94027	1.6	7235	Atherton	San Mateo	California
94028	1.6	6738	Portola Valley	San Mateo	California
94061	3.4	38003	Redwood City	San Mateo	California
94062	2.2	27583	Redwood City	San Mateo	California
94063	4	35302	Redwood City	San Mateo	California
94065	2.4	12926	Redwood City	San Mateo	California
94070	2.2	30530	San Carlos	San Mateo	California
94301	2.8	18011	Palo Alto	Santa Clara	California
94303	3.8	47308	Palo Alto	San Mateo	California
94304	2.4	4487	Palo Alto	Santa Clara	California
94306	2.6	28416	Palo Alto	Santa Clara	California
94401	3.8	36832	San Mateo	San Mateo	California
94402	2.8	25668	San Mateo	San Mateo	California
94403	2.8	43033	San Mateo	San Mateo	California
94404	2.8	37571	San Mateo	San Mateo	California

Community Assessment and Significant Needs

The hospital engages in multiple activities to conduct its community health improvement planning process. These include, but are not limited to, conducting a Community Health Needs Assessment with community input at least every three years, identifying collaborating community stakeholder organizations, describing anticipated impacts of program activities and measuring program indicators.

Community Health Needs Assessment

The health issues that form the basis of the hospital's community health implementation strategy and programs were identified in the most recent CHNA report, which was adopted in May 2019. The CHNA contains several key elements, including:

- Description of the assessed community served by the hospital;
- Description of assessment processes and methods;
- Presentation of data, information and findings, including significant community health needs;
- Community resources potentially available to help address identified needs; and
- Discussion of impacts of actions taken by the hospital since the preceding CHNA.

Additional detail about the needs assessment process and findings can be found in the CHNA report, which is publicly available at dignityhealth.org/sequoia or upon request at the hospital's Health & Wellness office.

Significant Health Needs

The hospital's most recent Community Health Needs Assessment (CHNA) identified twelve health needs, and prioritized four of them as significant. The four health needs the hospital plans to address are the following:

- **Healthy lifestyles.** The community prioritized (voted as a top health need) healthy lifestyles. This need includes concerns about diabetes, obesity, fitness, diet, and nutrition. Diabetes ranks among the top 10 causes of death in the county. The prevalence of diabetes and obesity are both on the rise in the county. Statistics for adult diabetes prevalence and youth fruit/vegetable consumption are significantly worse than state averages. Adults of low socioeconomic status fail benchmarks for obesity and overweight.
- **Housing and homelessness.** Housing is one of the chief concerns of the community and was prioritized by almost all focus groups and key informants. The median rent in the county is significantly higher than the state average and has been increasing. The proportion of county residents who have experienced housing instability recently has risen. Affordable housing (assisted housing units) is relatively scarce in the county compared to the state overall. The community described experiencing stress related to the high cost of housing.
- **Mental health and well-being.** The community prioritized mental health, well-being, and substance use in almost all focus groups and key informant interviews. Depression, poor mental health, binge drinking, deaths from drug poisoning, and the adult substance-related emergency department visit rate have all increased in the county. Chronic liver disease and cirrhosis was the #9 cause of death in the county, followed by drug-induced death at #10; both were higher than suicide at #11.

- **Health care access and delivery.** Community input suggests that health care is often unaffordable. There are downward trends in the proportion of children who have a usual place for medical check-ups, the proportion of employed county residents whose jobs offer health benefits, and residents' perceptions of the ease of access to specialty care. Low socioeconomic status residents are more likely than higher-status groups to have health care access issues.

Significant Needs the Hospital Does Not Intend to Address

The four needs above are the ones prioritized as significant, and the hospital intends to take actions to help address each of them. The CHNA report also identified other needs not prioritized as significant.

2019 Implementation Strategy

This section presents strategies and program activities the hospital intends to deliver, fund or collaborate with others to address significant community health needs over the next three years. It summarizes planned activities with statements on anticipated impacts and planned collaboration. Program Digests provide additional detail on select programs.

This report specifies planned activities consistent with the hospital's mission and capabilities. The hospital may amend the plan as circumstances warrant. For instance, changes in significant community health needs or in community assets and resources directed to those needs may merit refocusing the hospital's limited resources to best serve the community.

The anticipated impacts of the hospital's activities on significant health needs are summarized below, and for select program initiatives are stated in Program Digests. Overall, the hospital anticipates that actions taken to address significant health needs will: improve health knowledge, behaviors, and status; increase access to needed and beneficial care; and help create conditions that support good health. The hospital works to evaluate impact and sets priorities for its community health programs in triennial Community Health Needs Assessments.



Creating the Implementation Strategy

Sequoia Hospital is dedicated to improving community health and delivering community benefit with the engagement of its management team, board, clinicians and staff, and in collaboration with community partners.

Sequoia Hospital community benefit staff met with selected hospital leadership/staff and community partners based on their specific knowledge of health needs to develop an implementation strategy. The process included the following steps:

- 1) Reviewed the Sequoia Hospital 2019 Community Health Needs Assessment results for identification and prioritization of community health needs;
- 2) reviewed existing programs with evidence of success/impact;
- 3) researched into effective interventions;
- 4) evaluated community partners' programs;
- 5) assessed appropriate skills or resources for each significant health need; and
- 6) selected evidence-based strategies, partnerships and programs to address community health needs.


Guided by the CHNA, the CNI and relationships with community service organizations we identify vulnerable populations with disproportionate unmet health needs. We evaluate if we can address health concerns with a program or activity.

Strategy by Health Need

The tables below present strategies and program activities the hospital intends to deliver to help address significant health needs identified in the CHNA report.

They are organized by health need and include statements of the strategies' anticipated impact and any planned collaboration with other organizations in our community.



 Health Need: Healthy lifestyles	
Strategy or Program Name	Summary Description
LiveWell Program	Health screening program conducted monthly at 6 sites in the community. Services include free screenings for blood pressure and diabetes, monitoring screening results, one-on-one counseling and referrals to physicians for abnormal results.
Diabetes Empowerment Education Program (D.E.E.P.)	Evidence based educational program designed to engage community residents in self-management practices for prevention and control of diabetes.
Blood glucose meter instruction	Helps empower patients with the self-management tools and educational resources they need to prevent and control a variety of diabetic issues.
Make Time for Fitness	Make Time for Fitness (MTF) is a program designed to address healthy eating, physical activity, anti-bullying and avoidance of tobacco products, alcohol, and marijuana among 4th grade students attending Redwood City School District schools.
Matter of Balance (M.O.B.)	Evidence based program that acknowledges the risk of falling but emphasizes practical coping skills to reduce this concern. Trained facilitators conduct eight two-hour sessions that includes simple exercises to increase strength and balance.
Post-Stroke Lecture Series	Open to stroke survivors and their caregivers. Sessions discuss different topics hosted by expert clinical staff. Topics include: Conversation tools; Becoming Stronger with Physical & Occupational Therapy; and Reducing stress and anxiety with HeartMath.
Dignity Health Sequoia Hospital Community Grants Program	Provide grants to support local non-profit organizations that address healthy lifestyles.
Charitable cash and in-kind donations	Provide charitable cash and in-kind donations to community-based organizations to address healthy Lifestyles.

- **Anticipated Impact:** The hospital's initiatives to address healthy lifestyles are anticipated to result in: early identification of community members with cardiovascular and/or endocrine risk factors; improved diabetes self-management; increased knowledge of healthy eating; increased physical activity; increased knowledge of the adverse effects of tobacco products, alcohol, and marijuana; educated stroke survivors and their care givers and increased awareness of risk fall factors.

Planned Collaboration: The hospital will partner with Veterans Memorial Senior Center, Adaptive Physical Education Center, Twin Pines Senior & Community Center, San Carlos Adult Community Center, Little House Activity Center, Fair Oaks Adult Activity Center, Redwood City School District, Sequoia Union High School District, Redwood City Parks, Recreation and Community Services, Sodexo Education, San Mateo County Tobacco Prevention Program, UC Cal Fresh Nutrition Education Program, San Mateo County Public Health Nutrition, Safe Routes to School California, Sequoia Healthcare District – PE+ Program, Dairy Council of California, Stanford Health Care to deliver this healthy lifestyles strategy.



Health Need: Housing and homelessness

Strategy or Program Name	Summary Description
Discharge Planning for Homeless Patients	<p>The hospital has a written discharge policy and procedure for patients identified as homeless. The patient may accept or decline any or all interventions offered. Supportive services include a meal, weather-appropriate clothing, medications, transportation (30 miles/minutes from the hospital), infectious disease screening, vaccinations (appropriate for the presenting medical condition, and screening for affordable healthcare coverage. For shelter, the San Mateo County Coordinated Entry System at the core service agency is called.</p> <p>The hospital care coordinators and social workers engage the services of LifeMoves “Homeless Outreach Team” (HOT) to provide a broad range of services which include outreach and engagement, intensive case management (including support in following-up on medical appointments), benefits enrollment , and transportation to and from medical appointments.</p>
Dignity Health Sequoia Hospital Community Grants Program	Provide grants to support local non-profit organizations that address Housing and homelessness.
Charitable cash and in-kind donations	Provide charitable cash and in-kind to community-based organizations to address housing and homelessness.
Anticipated Impact: The hospital’s initiatives to address housing and homelessness are anticipated to enhance public health and relieve the burden of government to improve health.	
Planned Collaboration: The hospital will partner with local community organizations such as LifeMoves, Samaritan House, and HIP Housing to deliver this housing and homelessness strategy.	



Health Need: Mental health and well-being

Strategy or Program Name	Summary Description
GPS Group Peer Support for Perinatal Parents	Trauma-informed group model which helps people navigate the challenges of parenting in a structured, inclusive, strength-based and empowering group experience.
HeartMath	The HeartMath system empowers people to self-regulate their emotions and behaviors to reduce stress, increase resilience, and unlock their natural intuitive guidance for making more effective choices. This enables people to break through greater levels of personal balance, creativity, insight and health.
Dignity Health Sequoia Hospital Community Grants Program	Provide grants to support local non-profit organizations that address mental health and well-being.
Charitable cash and in-kind donations	Provide charitable cash and in-kind to community-based organizations to address mental health and well-being.

Anticipated Impact: The hospital's initiatives to address mental health and well-being are anticipated to enhance public health and relieve the burden of government to improve health. Created a space where people can come to share their struggles in a safe, welcoming group environment.

Planned Collaboration: The hospital will partner with local community organizations such as Mental Health Association of San Mateo County, Sequoia Strong, AA, Alzheimer's Association, Catholic Charities, LifeMoves, and Pathways Home Health and Hospice to deliver this mental health and well-being strategy.



Health Need: Health care access and delivery

Strategy or Program Name	Summary Description
Financial assistance for the uninsured or underinsured	Provides financial assistance (including discounts and charity care) to those who have health care needs and are uninsured, underinsured, ineligible for a government program or otherwise unable to pay.
Sequoia Community Care	Program designed to offer services and community resources to allow older adults discharged from Sequoia Hospital to recover safely and healthfully in their community dwelling.
Operation Access	Provide in-kind to Operation Access, which coordinates surgeries and medical procedures for uninsured people through its network of volunteers and participating hospitals.
Sonrisas Dental Health, Inc.	Community grant to Sonrisas Dental Health, Inc., to focus on the unmet dental health-related needs of our vulnerable population. Mobile teams of dentists, hygienists, and associates will utilize portable equipment to provide oral health screenings, education, and fluoride varnish to students of Redwood City School District's community schools. Each participating student will be assessed and referred for follow-up care and possible treatment, as appropriate.
Dignity Health Sequoia Hospital Community Grants Program	Provide grants to support local non-profit organizations that address health care access and delivery.
Charitable cash and in-kind donations	Provide in-kind donations to Operation Access, which coordinates surgeries and medical procedures for uninsured people through its network of volunteers and participating hospitals.

Anticipated Impact: The hospital's initiatives to address health care access and delivery are anticipated to result in: increase in access to appropriate health care services; increase of dental screenings and fluoride varnish treatment for school aged children; and increase in dental mobile visits to older adult patients.

Planned Collaboration: The hospital will partner with local community organizations such as Sonrisas Dental Health, Inc. and Operation Access to deliver this health care access and delivery strategy. In addition, Sequoia Hospital is a member of the Healthy Community Collaborative (HCC), which collectively plan to focus as a group on oral health access and delivery.

Program Digests

The following pages include Program Digests describing key programs and initiatives that address one or more significant health needs in the most recent CHNA report. The digests include program descriptions and intervention actions, statements of which health needs are being addressed, any planned collaboration, and program goals and measurable objectives.



Diabetes Empowerment Education Program (D.E.E.P)

Significant Health Needs Addressed	<ul style="list-style-type: none">✓ Healthy lifestyles❑ Housing and homelessness❑ Mental health and well-being❑ Health care access and delivery
Program Description	Evidence based educational program designed to engage community residents in self-management practices for prevention and control of diabetes. The program consists of 6 two-hour sessions facilitated by Sequoia Hospital staff.
Community Benefit Category	A1-a Community Health Education - Lectures/Workshops
Planned Actions for 2019 - 2021	
Program Goal / Anticipated Impact	The goal of the D.E.E.P. is to prevent and/or reduce adverse health outcomes related to diabetes, reduce risk factors associated with diabetes, increase self-management skills and facilitate short- and long-term behavioral change.
Measurable Objective(s) with Indicator(s)	<p><u>Objectives</u></p> <ul style="list-style-type: none">• Increase knowledge of diabetes self-management <p><u>Indicators</u></p> <ul style="list-style-type: none">• Participant Pre- and Post-Test measuring<ul style="list-style-type: none">○ Diabetes knowledge○ Coping with diabetes○ Self-care methods
Intervention Actions for Achieving Goal	<ul style="list-style-type: none">• Partner with local community based organizations to provide the D.E.E.P program at their location.• Promote class during glucose screenings conducted by a Sequoia Hospital registered nurse monthly at 6 sites in the community.
Planned Collaboration	<ul style="list-style-type: none">• San Carlos Adult Community Center• Twin Pines Senior & Community Center• Little House Activity Center



Dignity Health Sequoia Hospital Community Grants Program

Significant Health Needs Addressed	<ul style="list-style-type: none"><input type="checkbox"/> Healthy lifestyles<input checked="" type="checkbox"/> Housing and homelessness<input checked="" type="checkbox"/> Mental health and well-being<input type="checkbox"/> Health care access and delivery
Program Description	One important way the hospital helps to address community health needs is by awarding financial grants to non-profit organizations working together to improve health status and quality of life in the communities we serve.
Community Benefit Category	E2: Grants
Planned Actions for 2019 - 2021	
Program Goal / Anticipated Impact	Grant funds are used to deliver services and strengthen service systems, to improve the health and well-being of vulnerable and underserved populations.
Measurable Objective(s) with Indicator(s)	<p><u>Objectives</u></p> <ul style="list-style-type: none">• Focus on disproportionate unmet health related needs;• Emphasize primary prevention and address underlying causes of health problems;• Contribute to a seamless continuum of care;• Build community capacity and emphasize collaborative governance. <p><u>Indicators</u></p> <p>Measurable improvements from the program funded such as:</p> <ul style="list-style-type: none">• health status;• access to care;• behaviors; and• knowledge
Intervention Actions for Achieving Goal	Partner and award community grants to non-profit organizations working to improve health status and quality of life in the communities we serve.
Planned Collaboration	Sequoia Hospital Community Grants Program periods: January 2020 – December 2020 January 2021 – December 2021 January 2022 – December 2022



Financial assistance for the uninsured or underinsured

Significant Health Needs Addressed	<ul style="list-style-type: none"><input type="checkbox"/> Healthy lifestyles<input type="checkbox"/> Housing and homelessness<input type="checkbox"/> Mental health and well-being<input checked="" type="checkbox"/> Health care access and delivery
Program Description	Financial assistance programs available to uninsured or underinsured patients who meet certain income requirements to help pay for medically necessary hospital services provided by Dignity Health.
Community Benefit Category	Financial assistance for the uninsured or underinsured
Planned Actions for 2019 - 2021	
Program Goal / Anticipated Impact	Deliver compassionate, high quality, affordable health care and advocate for members of our community who are poor and disenfranchised.
Measurable Objective(s) with Indicator(s)	<ul style="list-style-type: none">• Patients served• Total amount of funding provided
Intervention Actions for Achieving Goal	<ul style="list-style-type: none">• Notify and inform patients and members of the community about the Financial Assistance Policy in ways reasonably calculated to reach people who are most likely to require patient financial assistance.• Provide financial assistance to eligible patients who do not have the capacity to pay for medically necessary health care services, and who otherwise may not be able to receive these services.
Planned Collaboration	Share policy or plain language summary with public and /or private community organizations or networks that serve the health and social needs of poor and vulnerable populations. Organizations include: Redwood City School District; Redwood City Parks, Recreation and Community Services Department; Pathways Home Health and Hospice; HIP Housing; Peninsula Family Service; Villages of San Mateo County; Mental Health Association of San Mateo County; San Mateo County Pride Center; San Mateo County Central Labor Council; Peninsula Conflict Resolution Center; Samaritan House; Peninsula Volunteers, Inc.; Sonrisas Dental Health, Inc.; Familias Unidas; and LifeMoves.

Hospital Board and Committee Rosters

Sequoia Hospital Community Board

Chair

Betty Till, Executive Coach
LifeWork Solutions

Secretary

Timothy C. Wu
Zoological Society of San Francisco

President Medical Staff

Dieter Bruno, MD
Peninsula Urology Center

Hospital President

Bill Graham

Members

Dorena Chan
Community Member

Sandra Ferrando
Community Member

Connie Guerrero
Swinterton Builders

Kim Hurst
Community Member

Sunil Pandya
Wells Fargo

Dan Rengstorff, MD
Peninsula Gastroenterology Medical Group

Mojdeh Talebian, MD
Dignity Health Medical Network

Tykia Warden
San Mateo County Community Colleges Foundation

Jason Wong, MD
Medical Director of Health Services Samaritan House

Community Advisory Committee

Members

Chair

Betty Till

Executive coach, LifeWork Solutions

Liaison to Sequoia Hospital Board

John Baker, Ed.D., Superintendent

Redwood City School District

Christopher Beth, Director

Redwood City Parks, Recreation and Community Services Department

Joanie Cavanaugh, Founder & Principal

Cavanaugh Creative Group

Sandra Coolidge, President

Philanthropy Pathways Home Health & Hospice

Laura Fanucchi, Associate Executive Director

HIP Housing

Sandra Ferrando

Community Member

Liaison to Sequoia Hospital Board

Ted Hannig, Attorney

Hannig Law Firm

Diane Howard, Vice Mayor

City of Redwood City

Susan Houston, Director

Older Adult Services Peninsula Family Service

Alisa Greene MacAvoy, Trustee

Redwood City School Board

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Mental Health Association of San Mateo County

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San Mateo County Pride Center

Julie Lind Rupp, Executive Officer/Executive Secretary-Treasurer
San Mateo County Central Labor Council

Lisa Tealer, Interim Director
Bay Area Community Health Advisory Council

Paula Uccelli
Sequoia Hospital Foundation Hon Board

Sue Vuna, Community Engagement Specialist
Peninsula Conflict Resolution Center

Jason Wong, M.D., Medical
Director of Health Services
Samaritan House
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David Cowell, Director
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Jennifer Svihus,
President of Foundation
Sequoia Hospital

Marie Violet, Director of Health & Wellness
Sequoia Hospital

Tricia Coffey, Manager of Community Health
Sequoia Hospital

