

# Connected Care California: Urgent Care or Emergency Room

If you need medical attention, follow these steps:

# 1

## Primary Care



### Call Your Doctor

- ✓ for help and advice
- ✓ to schedule an appointment
- ✓ to receive instructions for after-hours care

The dedicated Intel Connected Care California Concierge team is available at **800-971-4153** and ready to help you find an in-network Connected Care California PCP. The Concierge line is available Monday-Friday, 8 a.m. - 6 p.m. PST.

# 2

## Urgent Care



**Urgent Care Centers** may offer x-ray, lab and ultrasound services and can provide **same-day** care for these common conditions:

- ✓ Sprains, strains and minor broken bones
- ✓ Cuts and abrasions, including stitches
- ✓ Fever, colds, coughs, sore throats, sinus problems & earaches
- ✓ Nausea, vomiting, diarrhea and minor abdominal pain
- ✓ Skin allergies and rashes
- ✓ Insect and animal bites
- ✓ Minor asthma attacks
- ✓ Pink eye
- ✓ Back pain and body aches
- ✓ Common headaches

# 3

## Emergency Room



When you need medical care now and you don't feel safe to wait.

Go to the **Emergency Room** for:

- ✓ Any life-threatening condition
- ✓ Loss of consciousness
- ✓ Severe bleeding
- ✓ Severe abdominal pain
- ✓ Difficulty breathing
- ✓ Chest pain or heart attack
- ✓ Stroke, weakness, or numbness on one side
- ✓ Head injury or other major trauma
- ✓ Poisoning
- ✓ Seizure

For a current list of Primary Care Doctors, Urgent Care Centers and Emergency Rooms, visit [ConnectedCareHealth.com/ca](https://ConnectedCareHealth.com/ca)

# Urgent Care Locations



## Calvine Corners Urgent Care

8325 Elk Grove Florin Rd., Suite 800  
Sacramento, CA 95829  
916.226.6190

## Elk Grove Urgent Care

9045 Bruceville Rd., Suite 100  
Elk Grove, CA 95758  
916.479.9110

## Everest Urgent Care

3635 Bradshaw Rd., Suite B  
Sacramento, CA 95827  
916.368.1500

## MDSTAT Urgent Care

391 Howe Ave.  
Sacramento, CA 95825  
916.678.5280

## MDSTAT Urgent Care

4948 San Juan Ave.  
Fair Oaks, CA 95628  
916.966.6287

## MDSTAT Urgent Care

3860 El Dorado Hills Blvd., Suite 601  
El Dorado Hills, CA 95762  
916.941.9222

## MED7 Urgent Care

1201 East Bidwell St.  
Folsom, CA 95630  
916.920.6337

## MED7 Urgent Care

4112 East Commerce Way  
Sacramento, CA 95834  
916.447.6337

## MED7 Urgent Care

4156 Manzanita Ave.  
Carmichael, CA 95608  
916.488.6337

## Mercy Medical Group Midtown Walk-In Clinic

3000 Q St.  
Sacramento, CA 95816  
916.733.3377

## Pediatric Urgent Care of Sacramento

7601 Hospital Dr., Suite 101B  
Sacramento, CA 95823  
916.682.7777

## RapidCare Walk-In Medical Group

4062 Flying C Rd., Suite 41  
Cameron Park, CA 95682  
530.676.8234

## RapidCare Walk-In Medical Group

13385 Folsom Blvd., Suite 800  
Folsom, CA 95630  
916.673.1200

## Urgent Care of Folsom

1600 Creekside Dr., Suite 1400  
Folsom, CA 95630  
916.984.8244

# Emergency Room Locations



## Mercy General Hospital

4001 J St.  
Sacramento, CA 95819  
916.453.4545

## Mercy San Juan Medical Center

6501 Coyle Ave.  
Carmichael, CA 95608  
916.537.5000

## Mercy Hospital of Folsom

1650 Creekside Dr.  
Folsom, CA 95630  
916.988.7400

## Methodist Hospital of Sacramento

7500 Hospital Dr.  
Sacramento, CA 95823  
916.432.3000