

# Dignity Health Connected Living

Mar-20

Center Coordinator  
226-3070  
All Activities are  
subject to change

Lunch is served between  
11:30am-1pm

Lunch Reservations:  
required for four or more

Lunch Menu is subject to change

Donation for 60yrs and over


































Fee of \$8.54 for anyone  
under 60

Chair Volleyball  
Contact main office for more  
Information 226-3060

WIFI Available

Call for more information:  
226-3060  
or visit Administration

Meals On Wheels 226-3061  
Transportation 226-3075

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
 Line Dancing 9:30-11:00 am  Chair Volleyball Class  Exercise Class 12:30-1:30	Door Prize 	 12:15pm COMMODITIES 10AM-12PM  Chair Volleyball Class	Exercise Class 12:30-1:30 	
9	10	11	12	13
 Line Dancing 9:30-11:00 am  Chair Volleyball Class  Exercise Class 12:30-1:30	Door Prize 	Goody Goody Band  12:15pm  Chair Volleyball Class	BROWN BAG 10AM-12PM 	
16	17	18	19	20
 Line Dancing 9:30-11:00 am Chair Volleyball Class  Exercise Class 12:30-1:30 	 Door Prize 	 12:15pm  Chair Volleyball Class	Exercise Class 12:30-1:30 	
23	24	25	26	27
 Line Dancing 9:30-11:00 am  Chair Volleyball Class  Exercise Class 12:30-1:30	Door Prize 	Goody Goody Band  12:15pm  Chair Volleyball Class	Exercise Class 12:30-1:30 	
30	31			
 Line Dancing 9:30-11:00 am  Chair Volleyball Class  Exercise Class 12:30-1:30	Door Prize 