

## Volunteer Programs FACT Sheet

Serving Shasta, Siskiyou, Tehama, Trinity, Glenn, Modoc, and Lassen Counties

Dignity Health Connected Living offers a wide range of volunteer opportunities to work with older adults and people with disabilities. Animated by a spirit of compassion, caring and collaboration we provide nutritious meals, adult day care programs, case-management, social services, health-related services, in-home support services, financial management and assistance, representative payee services, transportation and supportive services that promote and enhance the physical, social and spiritual health of seniors and under-served families.



**SENIOR CORPS PROGRAMS:** All Senior Corps Volunteers are aged 55 or older. This includes all volunteers in the Foster Grandparent Program, Senior Companion Program, & Retired and Senior Volunteer Program.

### **Foster Grandparents**

*Share Today. Shape Tomorrow.*

**Foster Grandparent Program (FGP):** Volunteers serve in a local school to help children learn to read, provide one-on-one tutoring, and guidance during a critical time in their lives. This program offers a small stipend of \$2.65 an hour with a 15-hour per week minimum.

### **Senior Companions**

*Make Independence a Reality*

**Senior Companion Program (SCP):** Volunteers become companions to frail elderly to help them stay in their own home. The volunteer can provide friendship, give respite to caregivers/family members, help them run errands, or go to doctor's appointments. This program offers a small stipend of \$2.65 an hour with a 15-hour per week minimum.

## **RSVP**

*Lead With Experience*

**Retired and Senior Volunteer Program (RSVP):** Volunteers serve in a diverse range of nonprofit organizations, public agencies, and faith-based groups. This is a non-stipend program; however, mileage reimbursement may be available for qualified duties.



**Non-Senior Volunteers:** On occasion, we have openings for Volunteers beneath the age of 55. Many of the opportunities match those for our RSVP program. Openings in all areas may not be immediately available and are filled on a first-come/first-served basis. These Volunteers are considered "Non-Senior" eligible.

## **RSVP/Non-Senior Opportunities:**

Opportunities include but are not limited to:

**Adult Day Health Care (ADHC)/Adult Day Program (ADP):** These programs provide a health and safe place for seniors and adult-disabled to spend a few hours during the day, Monday through Friday.

**Advocacy:** Volunteers spend time working with seniors who need a voice and aid in the day-to-day things that allow them to remain living independently.

**Companionship:** Volunteers spend time with a frail senior who needs an encouraging friend to help them remain living independently.

**Dining Centers:** Volunteers help provide meals and activities for seniors aged 60 or older. Volunteers may be a Kitchen Assistant or Dining Room Server.

**Disaster Services:** Volunteers help prepare for/provide comfort and relief to communities during natural disasters in their area such as fires, earthquakes, flooding, etc.

**Education:** Volunteers may work in schools, youth centers, or after-school programs with children learning to read, in need of tutoring, or one-on-one interaction.

**Food Bank:** Volunteers help qualified participants with food subsidies. Volunteers may work at the Food Bank or Drive.

**Meals on Wheels:** Volunteers help homebound clients receive a nutritious meal once a day. Volunteers may work at the preparation site or Drive.

**Office/Clerical:** Volunteers help in an office setting with filing, data entry, etc.

**Public Support:** Volunteers help support Law Enforcement Officers by providing a public presence in the community. They can help to increase communication between Law Enforcement agencies and the community at large.

**Receptionist:** Volunteers serve as the point of entry for a site or department by greeting the public, answering phones, directing mail, etc.

**Special Events:** Volunteers serve during special events happening at the site including, but not limited to, Recognition Events, Parties, Adopt-A-Senior, etc.

**TeleCare:** Volunteers aid seniors who live independently by providing a friendly voice on the phone.

**Transportation:** Volunteers drive seniors or disabled adults in qualified locations on errands such as doctor appointments, grocery shopping, etc.