

Dignity Health Research Institute

Cardiology Research
St. John's Regional Medical Center

Cardiology Research Program

St. John's Regional Medical Center, part of the Dignity Health system, provides comprehensive and collaborative approach to diagnosis and treatment of cardiovascular disease and is nationally recognized for its commitment to exceptional care. An important part of that commitment includes ongoing leadership in the field of cardiovascular research.

The physicians and staff of St. John's are focused on identifying new technology, procedures and devices that will positively impact our patients, improving their symptoms, their prognosis and their quality of life.

About the Program

St. John's Regional Medical Center is proud to be a part of multiple multi-center, national and international clinical research trials. Through continued participation in these clinical trials, the center is helping to discover new preventive care and treatments for heart failure, myocardial infarction, atrial fibrillation, cryo-ablation.

The program is led by dedicated physicians and professional research staff. This team actively participates in numerous National Institutes of Health studies and industry sponsored trials.

The mission of the cardiology research program is to support continued innovation in the field of cardiology care, with the goal of finding new ways to provide timely and effective treatment to patients diagnosed with cardiovascular disease.

About Dignity Health Research Institute

At Dignity Health, we strongly believe in the benefits of clinical research and are committed to leading the way in the advancement and use of new and evolving technology and procedures. Our vast research program speaks to this commitment.

Dignity Health as a system offers more than 1,000 active clinical trials and research protocols to its patients in Arizona, California and Nevada.

Dignity Health Research Institute for California & Nevada provides centralized research administration infrastructure and support including contracting, budgeting, financial management and IRB oversight for all research sites across our California & Nevada markets.



St. John's Regional Medical Center Cardiology Research Program

For more information or to inquire about participation in an ongoing trial, please call 805-988-7083.

St. John's Regional Medical Center
Cardiology Research
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Dignity Health Research Institute CA/NV

For more information about the Institute or other trials, please call 916.851.2283 or email Research@DignityHealth.org.

Our Principal Investigators

Dr. Alejandro Garcia: Board Certified in Cardiovascular Diseases and Interventional Cardiology

Dr. Richard Rothschild: Board Certified in Cardiovascular Diseases and Internal Medicine

Dr. Ali Sovari: ABIM Board Certified in Internal Medicine, Cardiology, and Cardiac Electrophysiology, International Board of Heart Rhythm on Adult Cardiac Electrophysiology

Research Program Resources

In addition to the Principal Investigators listed above, St. John's Regional Medical Center cardiology research program includes non-invasive cardiac imaging that includes all echocardiographic modalities; nuclear cardiology; cardiac and vascular CT scan; and cardiac MRI with a 3 Tesla magnet. Invasive cardiac procedures are performed at the cath lab with interventional and structural health disease programs that include diagnostic and interventional coronary procedures; TAVR and Watchman procedures; NOGA mapping and intra-myocardial injections; and electrophysiology procedures including RF and cryo-ablations and various device implantations.

Current Active Clinical Trials

St. John's Regional Medical Center cardiology research program engages in a variety of ongoing active clinical trials, all with the goal of improving diagnosis, care and treatment of cardiovascular conditions.

Among the topics regularly included in trials are cardiac stem cell, heart failure, and atrial fibrillation.

