

Dignity Health Research Institute

Dignity Health Neurological Institute of Northern California

Neurology Research Program

Dignity Health is recognized throughout the United States for its commitment to exceptional neurological care. An important part of that commitment includes ongoing leadership in the field of neurological research.

The physicians and staff of Dignity Health Neurological Institute of Northern California are focused on identifying new technology, procedures and devices that will positively impact our patients, improving their symptoms, their prognosis and their quality of life.

About the Program

Dignity Health Neurological Institute is proud to be a part of multiple multi-center, national and international clinical research trials. Through participation in these clinical trials, Dignity Health is helping to discover new preventive care and treatments for various neurological conditions, including stroke, aneurysm, multiple sclerosis, epilepsy and headache.

The program is led by dedicated physicians and professional research staff. This team actively participates in numerous National Institutes of Health studies and industry sponsored trials.

The mission of the neurology research program is to support continued innovation in the field of neurological care, with the goal of finding new ways to provide timely and effective treatment to patients diagnosed with neurological disease.

About Dignity Health Research Institute

At Dignity Health, we strongly believe in the benefits of clinical research and are committed to leading the way in the advancement and use of new and evolving technology and procedures. Our vast research program speaks to this commitment.

Dignity Health as a system offers more than 1,000 active clinical trials and research protocols to its patients in Arizona, California and Nevada.

Dignity Health Research Institute for California & Nevada provides centralized research administration infrastructure and support including contracting, budgeting, financial management and IRB oversight all research sites across our California and Nevada markets.



Dignity Health Neurological Institute Research Program

For more information or to inquire about participation in an ongoing trial, please call 916.851.2283.

3000 Q Street
Sacramento, CA 95816

6305 Coyle Avenue
Carmichael, CA 95608

Dignity Health Research Institute California/Nevada

For more information about the Institute or other trials, please call 916.851.2283 or email Research@DignityHealth.org.

About Our Investigators

Edwin Cruz, MD, is the Director of the Mercy Epilepsy Center. His research work focuses on treatment options for epilepsy and seizure.

George Luh, MD, is the Medical Director of Interventional Neuroradiology for Dignity Health Neurological Institute. Dr. Luh's research work focuses on treatment of aneurysm.

Sabeen Lulu, MD, is a board-certified neurologist and she holds a Master's Degree in Clinical Trial Research. Her research focuses on improving management of multiple sclerosis.

Lucian Maidan, MD, is the Medical Director of Neurovascular Medicine for Dignity Health Neurological Institute. He is trained in Interventional Neuroradiology and board certified in both neurology and vascular neurology. Dr. Maidan's research work focuses on treatment of stroke, intracranial stenosis, carotid stenosis, AVM's and aneurysms.

Alex Nee, MD, is the Medical Director of Neurocritical Care for Dignity Health Neurological Institute. Dr. Nee's research focuses on treatment of intracerebral hemorrhage.

John Schafer, MD, is the Director of the Mercy MS Center and holds certification from both the American Board of Psychiatry and Neurology and the American Board of Internal Medicine. Dr. Schafer's research is focused on management of multiple sclerosis.

Research Program Resources

In addition to the principal investigators listed above, the Dignity Health Neurological Institute research program includes dedicated RN Research Coordinators; dedicated research office space; a secure research drug room and research lab for processing research lab specimens (including a refrigerator and bench top centrifuge).

Current Active Clinical Trials

Dignity Health Neurological Institute's research program engages in a variety of ongoing active clinical trials, all with the goal of improving diagnosis, care and treatment of neurological conditions.

Among the topics regularly included in trials are ischemic stroke diagnosis and treatment; aneurysm care, including use of coiling; surgical care of intracerebral hemorrhage; pharmaceutical management of multiple sclerosis; prophylactic therapy for migraine; and management of epilepsy.

