



# Physician Directory

Select a Blue Shield doctor that's right for you.



## Our Mission

Dignity Health and our Sponsoring Congregations are committed to furthering the healing ministry of Jesus. We dedicate our resources to:

- Delivering compassionate, high-quality, affordable health services;
- Serving and advocating for our sisters and brothers who are poor and disenfranchised; and
- Partnering with others in the community to improve the quality of life.



**St. Mary Medical Center**  
1050 Linden Avenue  
Long Beach, CA 90813  
[dignityhealth.org/stmarymedical](http://dignityhealth.org/stmarymedical)

## Welcome.

Once you have successfully enrolled in a Blue Shield HMO or PPO plan through Covered California, it will be time for you to choose a doctor that meets the needs of you and your family.

At Dignity Health – St. Mary Medical Center we know this can be challenging, so we’ve partnered with Blue Shield to make this process as easy as possible.

Let’s get started:

**Step 1:** Browse through our list of Blue Shield HMO, PPO and Dignity Health participating physicians.

**Step 2:** Select a doctor that is most convenient for you.

You can also go to [dignityhealth.org/stmarymedical](http://dignityhealth.org/stmarymedical) to get more details about our services or call 562.491.4895 to find a doctor that’s right for you.

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Disclaimer: Dignity Health is presenting this information as a service to the public and it should be used for reference purposes only. While every effort is made to ensure current, accurate data, provider information changes frequently and may have been changed since this directory was last updated. Some participating providers may have been added or removed from Blue Shield’s provider network after this directory was printed. To get the most up to date information about Blue Shield providers in your area,

## Family Practice



**Karen T. Dix, MD**  
911 E. San Antonio Dr. #4  
Long Beach, CA 90807



**Ronald Philipp, DO**  
2255 Lakewood Blvd.  
Long Beach, CA 90815



**Mario O. Lopez, MD**  
720 Alamitos Ave.  
Long Beach, CA 90813



**John K. Young, DO**  
1230 E. Carson St.  
Long Beach, CA 90807

**Dien V. Pham, MD**  
855 E. Anaheim St.  
Long Beach, CA 90813

**Tara Reid, DO**  
2255 Lakewood Blvd.  
Long Beach, CA 90815



## Internal Medicine



**Barry S. Allswang, MD**  
3801 Katella Ave. #330 Los  
Alamitos, CA 90720



**Clayton B. DeJong, MD**  
300 Redondo Ave.  
Long Beach, CA 90814



**Youssef B. Awad, MD**  
3530 Long Beach Blvd.  
#120  
Long Beach, CA 90807



**Peter P. Ferrera, MD**  
1045 Atlantic Ave. #505  
Long Beach, CA 90813



**Maurice A. Bell, MD**  
4100 Long Beach Blvd. #200  
Long Beach, CA 90807



**Bijan Y. Ghatan, MD**  
20401 S. Avalon Blvd. #B  
Carson, CA 90746



**Diana R. Bryant, MD**  
1777 N. Bellflower Blvd. #101  
Long Beach, CA 90815



**Rodolfo Ibarra, MD**  
911 E. San Antonio Dr. #1  
Long Beach, CA 90807



**Gerald A. Cohen, MD**  
3801 Katella Ave. #330  
Los Alamitos, CA 90720



**John G. Issa, MD**  
5150 E. Pacific Coast Hwy.  
#500  
Long Beach, CA 90804

To schedule an appointment with a physician call  
**562.491.4895**  
or visit [dignityhealth.org/stmarymedical](http://dignityhealth.org/stmarymedical)



## Internal Medicine



**Steven J. Lake, MD**  
911 E. San Antonio Dr. #6  
Long Beach, CA 90807



**Ronaldo V. Roque, MD**  
1760 Termino Ave. #104  
Long Beach, CA 90804



**Thomas E. McCloy, MD**  
1045 Atlantic Ave. #1019  
Long Beach, CA 90813



**Siamak Rouzroch, MD**  
1703 Termino Ave. #107  
Long Beach, CA 90804



**Meena K. Meka, MD**  
1510 E. 7th St.  
Long Beach, CA 90813



**David R. Singer, MD**  
411 East 10th St. #105  
Long Beach, CA 90813



**Visal Nga, DO**  
1269 E. Anaheim St.  
Long Beach, CA 90813



**Vannarith So, MD**  
1777 N. Bellflower Blvd.  
#101  
Long Beach, CA 90815



**Rene D. Perez-Silva, MD**  
3801 Katella Ave. #330  
Los Alamitos, CA 90720



**Chok P. Wan, MD**  
2153 Pacific Ave.  
Long Beach, CA 90806

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**Fataneh Amidi, MD**  
1045 Atlantic Avenue,  
Suite 508  
Long Beach, CA 90813



**Nicolas A. Dikio, MD**  
9837 Belmont St.  
Los Bellflower, CA 90706



**Rabin Mizrahi, MD**  
1045 Atlantic Ave. #508  
Long Beach, CA 90813



**Narender N. Bhatia, MD**  
3650 Atlantic Ave.  
Long Beach, CA 00807



**Hadi M. Emamian, MD**  
1045 Atlantic Ave. #508  
Long Beach, CA 90813



**Wilson A. Morales, MD**  
16660 Paramount Blvd. #309  
Paramount, CA 90723



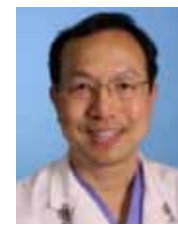
**Josephine B. Saad, MD**  
5750 Downey Ave. #201  
Lakewood, CA 90712



**John P. Cardin, MD**  
2880 Atlantic Ave. #230  
Long Beach, CA 90806



**Michelle L. Eno, MD**  
2699 Atlantic Ave.  
Long Beach, CA 90806



**Ha Son Nguyen, MD**  
1951 Pacific Ave.  
Long Beach, CA 90806



**Douglas C. Smith, MD**  
2699 Atlantic Ave.  
Long Beach, CA 90806



**Cynthia W. Chao, DO**  
1703 Termino Ave. #203  
Long Beach, CA 90804



**Joel Kizner, MD**  
10861 Cherry St. #109  
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**Diemchi Nguyenphuc, MD**  
1951 Pacific Ave.  
Long Beach, CA 90806



**Bertram Sohl, MD**  
1045 Atlantic Ave. #508  
Long Beach, CA 90813



**Michael L. Cogan, MD**  
2683 Pacific Ave., Suite A  
Long Beach, CA 90806



**Jinwen I. Lin, MD**  
3650 E. South St. #403  
Lakewood, CA 90712



**John L. Pinches, DO**  
3801 Katella Ave. #302  
Los Alamitos, CA 90720



**Kathy Wilson, MD**  
2683 Pacific Ave.  
Long Beach, CA 90806



**Jose L. De La Rosa, MD**  
16415 S. Colorado Ave. #103  
Paramount, CA 90723



**Tamarah M. Manning, MD**  
2699 Atlantic Ave.  
Long Beach, CA 90806



**Carlos A. Rosales, MD**  
2699 Atlantic Ave.  
Long Beach, CA 90806



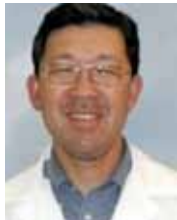
**Leilani Woodson, MD**  
3650 E. South St. #403  
Lakewood, CA 90712



# Pediatrics



**Janet T. Do, MD**  
1045 Atlantic Ave. #605  
Long Beach, CA 90813



**Glen T. Fukumura, MD**  
2699 Atlantic Ave.  
Long Beach, CA 90806



**Gayda Y. Garcia, MD**  
123 East F St. #F  
Wilmington, CA 90744



**Hanan N. Haman, MD**  
2777 Pacific Ave. #209  
Long Beach, CA 90806



**Emily Y. Hsu, MD**  
1045 Atlantic Ave. #605  
Long Beach, CA 90813



**Young-Jae Kwon, MD**  
1040 Elm Ave. #200  
Long Beach, CA 90813



**Kit H. Lee, MD**  
3300 E. South St. #204  
Long Beach, CA 90805



**Alexander Maneffa, MD**  
4401 Atlantic Ave. #300  
Long Beach, CA 90807



**Thecla N. Mgbojirikwe, MD**  
215 W. Anaheim St.  
Wilmington, CA 90744



**Carolyn M. Nichols, MD**  
4401 Atlantic Ave. #300  
Long Beach, CA 90807



**Ejike C. Onyeador, MD**  
1045 Atlantic Ave. #715  
Long Beach, CA 90813



**Jenny S. Pan, MD**  
1045 Atlantic Ave. #605  
Long Beach, CA 90813



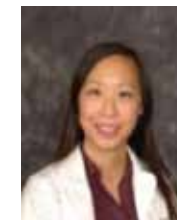
**Jacob Sweidan, MD**  
12665 Garden Grove Blvd. #713  
Garden Grove, CA 92843



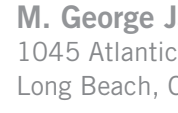
**Song N. Tan, MD**  
1025 Atlantic Ave.  
Long Beach, CA 90813



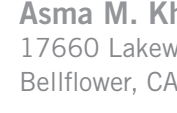
**Bala Venugopal, MD**  
999 N. Tustin Ave. #124  
Santa Ana, CA 92705



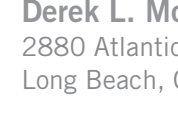
**Aline Y. Wong, MD**  
1045 Atlantic Ave. #605  
Long Beach, CA 90813



**M. George Jayatilaka, MD**  
1045 Atlantic Ave. #818  
Long Beach, CA 90813



**Asma M. Khan, MD**  
17660 Lakewood Blvd.  
Bellflower, CA 90706



**Derek L. Mc Crae, MD**  
2880 Atlantic Ave. #170  
Long Beach, CA 90806



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# Pediatrics

# Welcome to humankindness

## at Dignity Health – St. Mary Medical Center

If you have selected or will soon select a Covered California HMO or PPO plan through Blue Shield of California and you live in the Long Beach area, this directory is a good place to start your search for a new doctor.

Let us now introduce you to Dignity Health – St. Mary Medical Center and share why our affiliated physicians and clinical teams are also great choices for you and your family. At Dignity Health, we stand apart because we believe that humankindness holds the power to heal the people we serve and the world we share.

More than a century of experience and years of scientific research have taught us that medicine is more effective when delivered with humankindness. At Dignity Health, this understanding drives every interaction with the people we serve. We don't see our patients as numbers on a chart, but human beings worthy of the utmost compassion and respect. To us, excellent care depends both on the correct diagnosis, and the proper treatment as well as our ability to listen, communicate and make our patients feel like welcomed guests.

Of course Dignity Health – St. Mary Medical Center has top line specialized programs and services as well as numerous awards and recognition from leading health care quality ratings agencies. All that information is available on our website at [dignityhealth.org/stmarymedical](http://dignityhealth.org/stmarymedical). Check it out for detailed information about our services and clinical expertise.

For help by phone in finding a doctor that's right for you, call **562.491.4895**.

**Hello humankindness™**

