

Providing comprehensive dental services to people living with HIV

# CARE Dental Services



Oral health is especially important to people living with HIV. Oral infections may stimulate viral growth. People living with HIV are more susceptible to problems like gum disease, thrush, fever blisters and even oral warts which can progress to oral cancer.

At CARE, our patients come to us from all parts of the community to access oral health care.

## Our service is:

- Exclusive to people living with HIV
- Includes comprehensive dental care (including hygiene, white fillings, crowns, bridges, partial and full dentures and more)
- Staffed by 2 full time dentists, 1 hygienist
- Supported by electronic medical charts
- Digital x-rays
- Open Mondays to Fridays from 8:30 am to 5:00 pm
- 4 treatment rooms
- Multi-lingual staff (English, Spanish, Tagalog and Korean)

## You can maintain optimal oral health by:

- Seeing your dentist regularly for cleanings
- Brush your teeth twice a day (after each meal is even better!)
- Eating a healthy diet
- Floss every day
- Take all your ARVs
- Tell doctor if your ARVs are causing dry mouth... there are remedies

## CARE Dental

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[dignityhealth.org/stmarymedical/care](http://dignityhealth.org/stmarymedical/care)