



Nursing Mother's Circle

Mother and Baby's Breastfeeding Support Group

The breastfeeding support group is designed for breastfeeding moms and their babies as well as pregnant mothers. Our program offers:

- Breastfeeding assessments and tips
- Discuss your concerns and meet other breastfeeding mothers
- Common concerns and solutions
- Emotional support
- Come weigh your baby and see what they gain after breastfeeding
- Special topics – twins, premature infants, going back to work and pumping

For more information about our nursing mother's circle or if you have any breastfeeding questions or concerns, contact 818.507.4191.

Every Thursday
(except Holidays)

1:30 – 3:30 p.m.

**Breastfeeding
Resource Center**
Fifth Floor
Glendale Memorial Hospital
1420 South Central
Avenue Glendale CA

Please visit the front desk lobby and ask for them to call the lactation nurse.



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