

Family Birth Center

Important Telephone Numbers

Main Information 818.885.8500
Admitting 818.885.8500, ext. 4660

Hours of Operation:

Monday – Friday, 5 a.m. – 7 p.m.

Saturday, 6 a.m. – 6 p.m.

Closed on Sunday

Expectant Parent Classes

& Hospital Maternity Tour 866.792.BABY (2229)

Childbirth Education Dept. 818.885.5434

Labor & Delivery Unit 818.885.5304

Welcome Baby Program 818.885.3575

Patient Financial Services 818.885.5368

Lactation Consultants 818.885.8500, ext. 2289

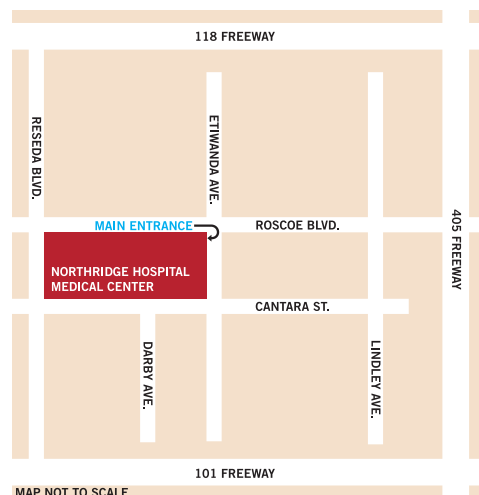
Free Find-A-Physician 866.792.BABY (2229)

visit healthgrades.com or

dignityhealth.org/northridgehospital

We encourage you to make Northridge Hospital Medical Center your first choice in family care.

Proudly serving the 2 million residents in the San Fernando and Santa Clarita Valleys for more than 60 years, Dignity Health – Northridge Hospital Medical Center is a 394-bed not-for-profit community hospital. As a leading provider of compassionate, high-quality and affordable patient-centered care, we share a rich legacy with Dignity Health, one of the nation's five largest health care systems. We are part of a 21-state network of nearly 9,000 physicians, 62,000 employees, and more than 400 care centers.



Northridge Hospital Medical Center

18300 Roscoe Blvd., Northridge, CA 91328

Dignityhealth.org/northridgehospital

Maternal Child Services



Family Birth Center



Dignity Health®

Northridge Hospital
Medical Center

The Family Birth Center at Dignity Health – Northridge Hospital offers state-of-the-art technology and experienced, professional nursing care in a comforting and caring environment. You and your neighbors have counted on us for more than 60 years. Our family-centered approach helps you and your family experience a healthy and happy beginning to a lifetime of memories.

Making You Feel Special

Our maternity suites are beautifully furnished with soft colors, wood floors and coordinating bedding which offer a comfortable, yet highly functional and nurturing room for your stay.

Labor/Delivery/ Recovery

- **(LDR) Suites** – These suites allow mom and her labor partner to remain in one room during all phases of the birthing process. Each suite includes a TV, private bath with shower and a resting chair for your labor partner.
- **Birthing Beds** – These comfortable, yet highly functional beds convert to an upright position to allow the forces of gravity to help mom with an easier delivery.
- **Surgical Suite** – Fully-equipped for Cesarean sections, this suite is located very close to our LDR suites, giving you the comfort of knowing that it can be accessed immediately if this should become necessary.
- **Couplet Care** – Our suites are designed to give you special time with your baby who will remain with you during your stay.
- **Kangaroo Care** – We encourage this preferred skin-to-skin bonding method named after the way a baby kangaroo nestles in its mother's pouch.

Tender Care for Tiny Tots

Expectant parents can rest assured that, should any complications arise, we have the staff, training and equipment to give infants a greater chance to survive and thrive. Our Level III-B Neonatal Intensive Care Unit (NICU) offers the most sophisticated care for babies born at any viable gestational age, including micropreemies.

New Neonatal Intensive Care Unit

Our newly designed NICU is twice as large as our previous NICU with private rooms where mom stays and bonds with her newborn. There's also sleeping accommodations for a parent or care partner, double-sized rooms to accommodate twins and lactation areas so mom can continually provide breast milk.

24-Hour Obstetrical Services

Board certified OB Hospitalists are on-site 24 hours a day, 365 days a year to provide expert care when a mother-to-be's obstetrician is unavailable or on the way to the hospital.

High-Risk Pregnancies

High-risk pregnancies could include diabetes, high blood pressure, carrying more than one baby, advanced maternal age or a genetic predisposition. Patients seeking an appointment in our Perinatal Center should call 818.700.5678. Supported by UCLA, our Perinatal Group provides a full range of prenatal and antenatal testing services.

Welcome Baby Program

Welcome Baby is a universal, maternal-child hospital/home visitation program and breastfeeding initiative. It's available, free, to all women who give birth at Northridge Hospital. Parents are offered support, information and resources on everything from pregnancy and childbirth to early childhood development and maternal depression. For more information, call 818.885.3575. Se habla español.

Expectant Parent, Childbirth & Parenting Classes

We encourage you to attend one of our monthly Maternity Tours to learn more about your upcoming hospital experience and find out which pre-natal, childbirth and parenting classes are best suited for you. Our classes are designed to guide you step-by-step through pregnancy, your baby's first breath and beyond. For information on our classes, call **866.792.BABY (2229)** or visit dignityhealth.org/northridgehospital.

Breastfeeding Support/Baby Friendly

Breastfeeding is one of the best things you can do for your baby. While breastfeeding isn't the only option for feeding your baby, every mom has the potential to succeed. To assist new moms, Northridge Hospital has become a Baby Friendly Hospital and adopted practices that support breastfeeding. We also offer lactation educators every day of the week, an Introduction to Breastfeeding Class, and a free Breastfeeding Support Group every Thursday at 10 a.m. For more information and room location, please call **818.885.8500, ext. 2289**.

To register for classes or for more information, please call 866.792.BABY (2229). To reach the Childbirth Education Department, please call 818.885.5434.

