



## Spiritual Care Department Support Groups

### ∞ Grief Support/Healing Journey ∞ 8-Week Grief Support Group

Fridays, 2:30 p.m. – 4 p.m.  
January 24, 2020 to March 13, 2020

**Classroom 5 – (Near the Coffee Shop on the first floor)**

Northridge Hospital Medical Center  
18300 Roscoe Blvd.  
Northridge, CA 91328

*The Spiritual Care Department provides spiritual support respectful to all of the faith traditions of our patients and families. Our grief support group program enables a person to develop a better understanding of grief, learn healthy coping skills and share feelings with others who are experiencing loss.*

**\*\*The above groups are free of charge and open to the public. Space is limited.  
To R.S. V.P., please call the Spiritual Care Department at 818-885-8500, ext. 4560.\*\***