Experience a renaissance in minimally invasive surgery.

Fast-forward from laparoscopic surgical advances in recent decades to state-of-the-art robotic surgical tools that take the patient experience and clinical outcomes to yet another level. If you and your doctor have decided surgery is necessary, St. Bernardine Medical Center's da Vinci® Surgical System may offer you a safer, more effective alternative to traditional open surgery or laparoscopy.

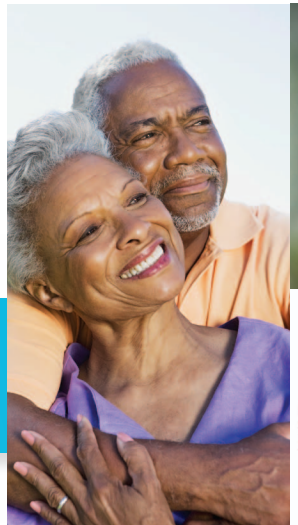
Robot-assisted surgery is an even less invasive surgical alternative available for more complex conditions. It allows skilled surgeons to use smaller incisions and achieve greater accuracy in most cases, which often results in decreased pain, less need for narcotics and a lower risk of infection – factors that speed the healing process and get you back to your active life sooner.

> For referral to a St. Bernardine surgeon trained in robotic surgery, contact us at (800) 566-SBMC (7262) sbmcdavinci.org

Dignity Health™
St. Bernardine Medical Center

St. Bernardine Medical Center
2101 N. Waterman Avenue
San Bernardino, CA 92404
(909) 883-8711
stbernardinemedicalcenter.org

Robot-assisted Surgery
sbmcdavinci.org
For a physician referral call
(800) 566-SBMC (7262)



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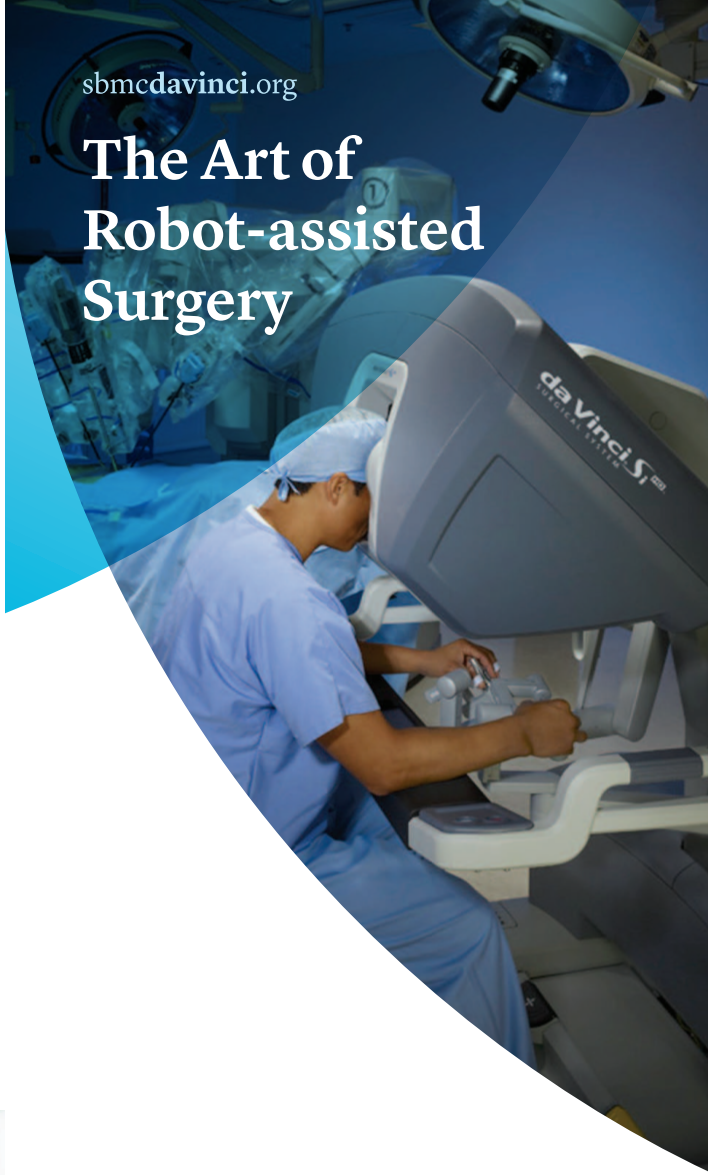
The Art of Robot-assisted Surgery



Dignity Health™
St. Bernardine Medical Center

da Vinci Surgery

Many Major Surgeries Can be Performed Robotically

The da Vinci® Surgical System is a sophisticated robotic platform designed to expand your surgeon's capabilities and offer a minimally invasive option for major surgery. It is used to treat complex conditions ranging from cancer to uterine prolapse to nerve-sparing prostatectomies. The majority of women's gynecological surgeries can be performed using da Vinci, as can most urological, many gastroenterology and general surgeries, and some procedures.

Your Surgeon is in Control

Through use of the da Vinci Surgical System, physicians enjoy greater surgical precision, increased range of motion and improved dexterity to perform complex procedures. The computer's magnified, high-resolution 3D image allows your surgeon to clearly see the actual surgical site – not a virtual image – on a real-time basis, as the da Vinci seamlessly mirrors the movement of his or her hands precisely to perform the surgery. Your da Vinci trained surgeon makes every decision based on what is happening at the moment. At no time does the computer have control over the process.

da Vinci is Proven Safe and Effective

Numbers count when it comes to proving systems, and to date, tens of thousands of minimally invasive, robot-assisted procedures have been successfully performed worldwide. Safety is the first priority, and da Vinci offers multiple, redundant safety features which make the procedures as safe as traditional surgical methods.

As a patient, you are under the care of at least two medical professionals during surgery – your surgeon, as well as his or her supporting team. As your surgeon maneuvers the controls, da Vinci translates his or her movements into precise movements of miniaturized instruments. Tremor reduction minimizes unintended movements, which means that instruments can move in a more precise manner than a human hand.

Robotic Surgery is Usually Covered by Insurance

This surgery is categorized as robot-assisted minimally invasive surgery, so any insurance that covers minimally invasive surgery generally covers da Vinci surgery.

- *Less invasive*
- *Less pain*
- *Less hospital time*
- *Less down time*

da Vinci Si HD SURGICAL SYSTEM

Talk with Your Doctor to Make the Best Decision for You

Before you decide on surgery, discuss your options with your doctor to understand potential benefits and risks. Every patient surgical experience varies, but the benefits many patients experience with minimally invasive robotic surgery include a shorter hospital stay, less pain, less risk of infection, less blood loss, less scarring, faster recovery and a quicker return to normal daily activities.* It's worth a close review with your doctor to see if da Vinci surgery is right for you.

*Although robotic surgery has many benefits, it is important to remember that all surgery presents some risk, and your decision should be made in partnership with your physician.