

Dignity Health Elk Grove Q4 Newsletter

Subject line: Elk Grove Update



There is no other way to begin this end-of-the-year message but to express gratitude to our health care heroes, first responders and their families. In a year filled with so much uncertainty, I'm proud that our Dignity Health team has come together every day to meet each challenge head on and better serve our neighbors throughout the Elk Grove community.

EGUSD Partnership

In September, Dignity Health partnered with the Elk Grove Regional Scholarship Foundation to establish two scholarships designed to benefit students who intend to pursue or have interest in the field or study of health care or a medical-related field.

Dignity Health is committed to investing in a healthier future for Elk Grove, California and the nation. Addressing inequities in our society, from health care to housing, hunger or education, is at the core of Dignity Health's mission. We want to help students in our community achieve a college education in the health care field, so that they may continue in the spirit of giving back, and become the next generation to support investing in healthier, more equitable communities.

More information about this scholarship can be found [here](#) or by reaching out to your local high school guidance counselor.

Sign Installation

On October 23, Dignity installed a sign at the site of Elk Grove's first hospital at Wymark Road and Elk Grove Boulevard. This was the next step towards the building of the new state-of-the-art hospital in Elk Grove. We look forward to working with the City of Elk Grove, local businesses, nonprofits and stakeholders as we build upon and support a healthy and prosperous future for all of Elk Grove.

You can watch a video recap of the sign installation [here](#).

Flu Shot Clinic

On November 7, Dignity and Asian Resources, Inc. teamed up to host the Sacramento Region's only free multicultural flu shot clinic in South Sacramento. In a year where getting a flu shot is more important than ever, this event administered over 200 flu shots in a safe, drive-thru clinic.

The event was staffed by volunteers and clinicians who administered the vaccines and helped educate the Elk Grove community on overall health and wellness, and how it is important to get the flu shot every year.



The event was well attended and even included many of the Sacramento Region's elected officials such as California State Assembly member Jim Cooper, Congressman Ami Bera, Senator Richard Pan, Sacramento City Councilmember Eric Guerra, Elk Grove Councilmember Darren Suen, and newly elected Elk Grove Mayor Bobbie Singh Allen. Elk Grove Vice Mayor and Executive Director for Asian Resources, Inc., Stephanie Nguyen, organized and co-hosted the event with Dignity Health.

In addition to Dignity Health and Asian Resource Inc., the event was made possible by the coordination and sponsorship of Council of Asian Pacific Islander Together for Advocacy and Leadership, OCA Advocated, TOFA Inc of Sacramento, Sacramento IndoChinese Friendship Association, My Sister's House, Vietnamese American Community of Sacramento, Highlands Adult Community Charter School, Hmong Youth Parent United, Lu Mien Community Services, Japanese American Council League – Florin, Kannada Sangha of Sacramento, Filipino Community of Sacramento and Vicinity, ACC Services, Chicks in Crisis and Elk Grove Food Bank.

Because of the success of this event, Dignity Health hosted a second clinic with Asian Resources, Inc. in Elk Grove at our Medical Office Building on November 21.

Have a Healthy and Safe Holiday

This holiday season is unlike any we've experienced before. In an effort to respect traditions while maintaining safe COVID practices, Dignity Health published three videos with tips on how to keep you and your family safe during the holidays. Dr. Nicole Braxley, Medical Director at Mercy San Juan Medical Center Emergency Department shares her tips here:

[Communication is key](#)

[Understanding comfort levels](#)

[Adjusting celebrations](#)

COVID-19 Vaccine Distributions

Dignity Health continues to closely monitor the progress and distribution of the COVID-19 vaccine throughout the Greater Sacramento region. Health care workers and those who are most vulnerable will be among the first to be vaccinated. Additionally, first responders and employees and patients in long-term care centers and other similar facilities will also be prioritized.

While we do not anticipate the vaccine being available to the general public until the spring, we will continue to keep our community informed when details of that rollout become available. Vaccines are just one of a handful of tools to prevent the spread of COVID-19. We ask that our community come together and follow CDC guidelines by continuing to wearing a mask, socially distance, wash your hands and follow state and local government quarantine directives.

For additional information on the COVID-19 and the vaccine approval process, we recommend reviewing the FAQs on the [CDC website](#) and [FDA website](#).

Regards,

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Dignity Health