

Dignity Health Folsom Q4 Newsletter

Subject line: Folsom Update – Happy Holidays from Dignity Health



We want to thank the City of Folsom and surrounding community for all of the support you have shown over the past year. This community has continually demonstrated its appreciation for our doctors, nurses, health care workers and first responders. As we continue to battle COVID-19, this community's appreciation helps drive our ongoing work.

COVID-19 Vaccine

COVID-19 vaccine shipments have arrived for all of our six Greater Sacramento area Dignity Health hospitals. Health care workers and those who are most vulnerable will be among the first to be vaccinated. Additionally, first responders and employees and patients in long-term care centers and other similar facilities will also be prioritized.

While we do not anticipate the vaccine being available to the general public until the spring, we will continue to keep our community informed when details of that rollout become available. Vaccines are just one of a handful of tools to prevent the spread of COVID-19. We ask that our community come together and follow CDC guidelines by continuing to wear a mask, socially distance, wash your hands and follow state and local government quarantine directives.

For additional information on the COVID-19 and the vaccine approval process, we recommend reviewing the FAQs on the [CDC website](#) and [FDA website](#).

Have a Healthy and Safe Holiday

We know that this year's holiday will look different than in years past. Whether this means fewer people at holiday dinners, skipping the yearly vacation, or not seeing loved ones, these changes are by no means easy. We recognize the personal challenges that may come with distancing ourselves from our family and friends during the holidays and encourage prioritizing time to connect with friends and loved ones over video chats or regular phone calls. At Mercy Hospital of Folsom, we know just how impactful small decisions like utilizing video chat over an in-person visit can be on the health of our community. We hope that through continued measures including social distancing, wearing masks and monitoring one's own health we can keep our community healthy and continue to ensure that everyone has a happy holiday season. To help, Dignity Health published three videos with tips on how to keep you and your family safe during the holidays.

[Communication is key](#)

[Understanding comfort levels](#)

[Adjusting celebrations](#)

Community Outreach

In an effort to better serve and become more integrated in our community, I have spent the last several weeks meeting with Dignity Health partners, local elected officials and key members of the Folsom

community. I have had the chance to meet some of Folsom's incredible leaders and look forward to the opportunities that will allow us to expand our partnership alongside Folsom's growing population. These meetings continue to rejuvenate me, and I am excited to build upon these incredible partnerships.

Preparing for Flu Season

While COVID-19 remains our top public health concern, this year's flu season is now in full swing and cannot be overlooked. Preparing for flu season is even more important given the impact the pandemic has had on our communities and our health care system. We continue to encourage members of our community to get their flu shot. Given the pandemic, it is more important than ever to get a flu shot and continue practicing health measures like washing hands and staying home if you feel sick. Together, we can demonstrate humankindness by prioritizing our health and the health of our community. For more information about where to get flu shots, please contact your local healthcare provider or visit the county website at www.sacramentocounty.net.

Planting our Flag in Folsom

With the announcement earlier this year of our new medical center in Folsom Ranch, we thought it was time to plant our flag, or sign, if you will, for all to see. Several weeks ago, we placed our sign near our new Folsom Ranch development highlighting our plans to open in 23, and we look forward to sharing more progress reports on the new medical office building in the coming months.



Thank you again for your continued support of our frontline healthcare workers, and from all of us at Dignity Health, we hope you have a safe and healthy holiday season.

Regards,

Michael Korpiel
President
Mercy Hospital of Folsom