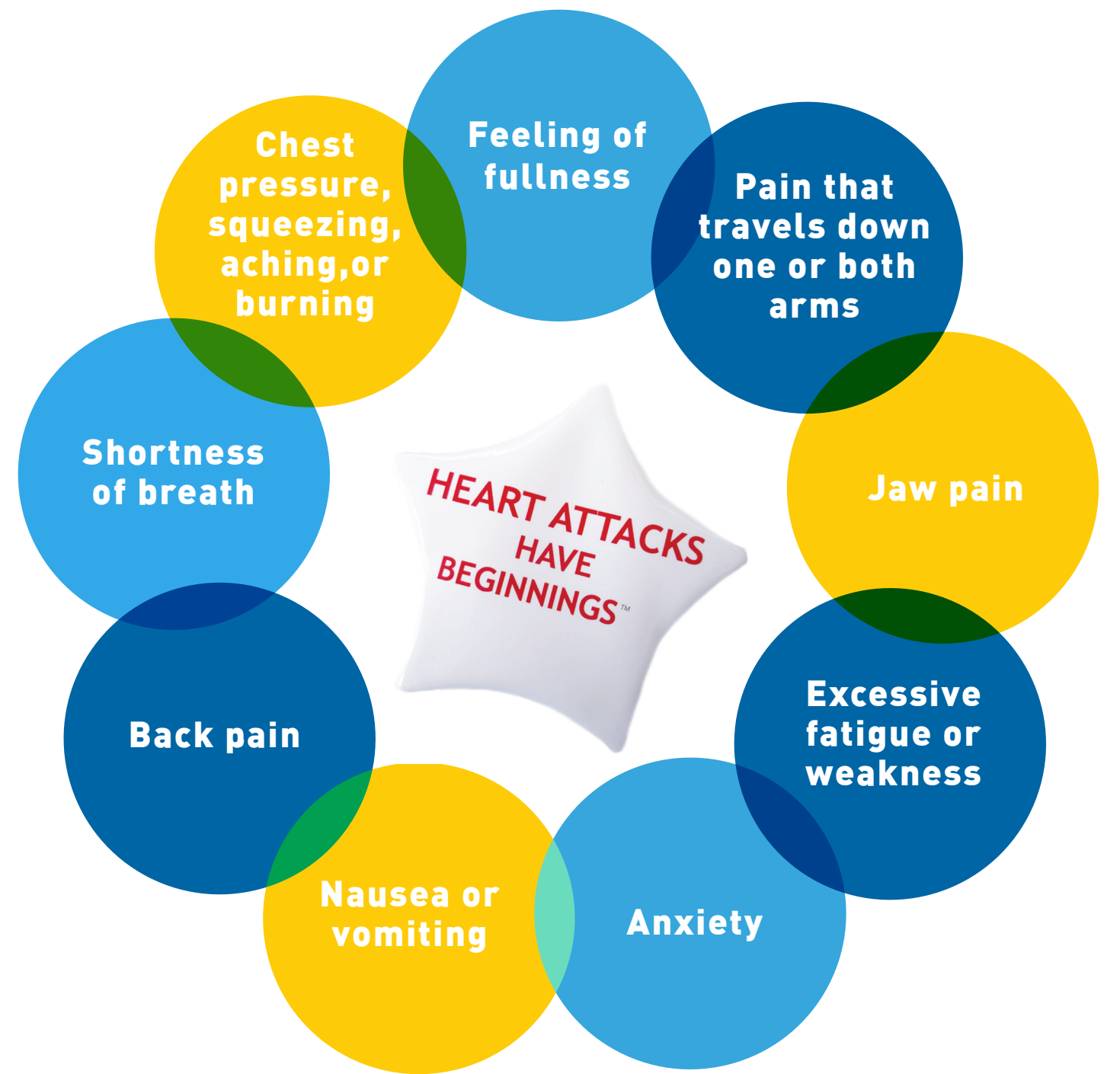


Heart Attack?

# RECOGNIZE & RESPOND

Save a Heart!

## IF YOU MISS THE EARLY SIGNS & SYMPTOMS (EHAC)



**CALL 9-1-1**  
**SURVIVE. DON'T DRIVE.**

**CPR**  
Cardiopulmonary Resuscitation

### PERFORM CPR

**Check For Responsiveness**

- Is the person unresponsive and not breathing normally?

**Interlock Your Fingers & Place Your Hands Over The Heart**

**Push Hard & Fast**

- Push on the chest at a rate of 100 times per minute.
- Compress the chest at least 2 inches.
- Continue until medical help arrives, an AED is obtained, or the person becomes responsive.

**AED**  
Automated External Defibrillator

### DEPLOY AN AED

**Clear Clothing from Chest, Arms & Abdomen**

- Stop chest compressions to clear clothing.

**Apply the Pads as shown on the AED Diagram & Press the Power Button**

**Do Not Touch the Person while the Unit is Operating**

- Follow the verbal instructions or prompts.
- If the patient remains unresponsive after the AED unit completes the cycle, resume chest compressions.

