Hearst Cancer Resource Center is pleased to invite you to our

## Breast Cancer Support Group



Join us the 1st and 3rd Tuesday of every month; 5:45p.m. via zoom

Research has shown that actively engaging in a support group helps to manage the physical, emotional and practical challenges a breast cancer diagnosis can bring. Support groups offer a safe and empowering setting where people can implement important life changes, develop new attitudes and forge meaningful personal connections. Join us!

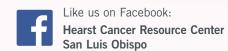
## Meets the 1st & 3rd Tuesday: 5:45p.m. - Via Zoom

Hearst Cancer Resource Center 1941 Johnson Avenue, Suite 201, San Luis Obispo

For more information, please call HCRC at 805.542.6234 or go to: dignityhealth.org/HCRC



**Hearst Cancer Resource Center** 



Keep up with all our classes and programs at our website:

Dignityhealth.org/HCRC