

# Connected Care California: Get the Most from Your Coverage



Selecting health care for you and your family is a big decision. You want a partner who will be by your side every step of the way—to help you stay well and support you when you're not feeling your best.

Intel's Connected Care California High Deductible Health Plan (HDHP) is designed to **improve your personal health care experience** while focusing on prevention and proactive management of existing conditions.

## Why Connected Care?



### Lower Cost, Higher Value

- Enjoy lower deductibles, co-insurance percentages, and out-of-pocket maximums compared to other plans.
- Only Connected Care members enjoy 100% coverage on preventive care and certain preventive medications.
- See a list of preventive medications covered at 100% [here](#).



### Quality Providers, Both Local and National

- Quality, accessible care is available through an extensive network of local healthcare providers.
- Nationwide coverage for routine and emergency care is available when traveling, or for dependents living elsewhere.
- For a complete listing of local providers, please visit the Find a Provider tool on the Connected Care website [here](#).



### Coordinated Care, Focused on You

- With a patient-centered medical home approach, your care team is led by your primary care physician who collaborates with any specialty care providers, and uses various means of technology to support your care.
- They get to know you and strive for continuity of care.
- This approach is beneficial whether you're managing a chronic condition or you're healthy and simply aiming to stay well.
- Learn more about our Care Coordination and watch our video [here](#).



### Concierge, at Your Service

- The Connected Care California Concierge is a one-stop resource to help you find a doctor who's right for you and your family, answer questions about benefits and claims, verify eligibility, process ID card requests, and more.
- To talk to a Concierge (Monday through Friday, 8 a.m. to 6 p.m.), call **800.971.4153**.
- Additional resources are available through the online member portal [here](#).

This Annual Enrollment, **choose the Intel Connected Care California HDHP** to cover your family's health care needs.



Find additional resources and learn more at [dignityhealth.org/intel](https://dignityhealth.org/intel)

## Large Network of Doctors to Choose From

Partnering with high-quality, compassionate doctors is at the very core of what we do because delivering excellence is one of the best ways we know to express humankindness. When you select the Intel Connected Care HDHP, you have access to **Hill Physicians Medical Group, Mercy Medical Group** and **Woodland Clinic** primary care and specialty providers, including:

- More than 2,000 doctors
- 45 medical specialties
- More than 35 office locations
- Same-day appointments
- Virtual visits available with most primary care and specialty providers
- Urgent care at locations across the region
- Communication with your care team via secure patient portal

## Leadership in Comprehensive Care

To best serve your health goals and needs, we make sure you always have access to the resources you need. With Dignity Health, you get access to the largest hospital system in the region—all **nationally recognized** by leading health care authorities. Our affiliated physicians are dedicated to providing **high-quality, compassionate care** through our wide range of medical services, including:



### Cancer Care

Recognized by the American College of Surgeons' Commission on Cancer as an **Integrated Cancer Network**, our comprehensive, multidisciplinary approach focuses on the patient, treating them mind, body, and spirit. Our team members work closely together—consulting and collaborating—to maximize effectiveness in treating even the most complex cases. Throughout the process, our **specialized oncology nurse navigators** are there to help guide our patients along their journey, offering one-on-one assistance.



### Cardiovascular Care

Known as a regional leader in cardiovascular care, the Dignity Health Heart and Vascular Institute is equipped to manage a wide range of conditions using the latest diagnostic technology along with some of the most innovative treatment options available. We consistently earn high rankings from leading reporting agencies—including the Joint Commission's advanced certification for chest pain, heart failure, and Ventricular Assist Device therapy—a clear demonstration of our excellence in cardiovascular care.



### Emergency Care

No one plans for an emergency, but it's at those times we need kindness the most. Our Emergency Rooms are here to help 24/7, offering care to **quickly and efficiently treat a wide range** of illnesses and injuries.

Know where to go: **click here** to find out when you should go to an ER, Urgent Care or to your PCP.

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### Family Birth Centers

With a number of our hospitals recognized as Baby-Friendly, expecting moms and their babies are cared for by skilled physicians and experienced maternity nurses and staff—all **dedicated to the emotional and physical well-being of mom and baby** before, during, and after delivery. Our Birth Centers feature amenities moms desire most—from **organic bath and body products, to gourmet meals and diaper bags filled with essentials** for babies.



### Inclusive Care

All five of our Greater Sacramento hospitals have been **recognized by the Human Rights Campaign Foundation's 15th Healthcare Equality Index (HEI)**. The HEI is a national benchmarking tool that evaluates health care facilities' policies and practices related to the **equity and inclusion of LGBTQ+ patients, visitors and employees**.



### Neurological Care

We offer the experience and expertise to diagnose and treat the most complex diseases affecting the brain and nervous system. **As the regional leader in stroke care**, we treat more patients than any other health system and have been recognized by the Joint Commission with **one of the region's only Comprehensive Stroke Center designations**. All of our hospitals have been recognized by the American Heart Association for providing the highest level of quality stroke care. Our multidisciplinary team of doctors also offers specialized expertise in epilepsy, multiple sclerosis, brain tumors, headache, spine, brain trauma, and other brain disorders.



### Orthopedics

With two of only 19 hospitals in California **certified by The Joint Commission for Advanced Total Hip and Total Knee Replacement**, we offer cutting-edge capabilities unique to the Greater Sacramento area for injury and disease affecting bones, joints, ligaments, tendons, and nerves. From diagnosis to treatment and rehabilitation, we work to restore strength, flexibility, and function.



### Women's Health

We are committed to **comprehensive care for women at all stages of life**—not just gynecology and maternity care, but also aspects of cardiology and oncology unique to women.

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## Hospital Services by Location

	Mercy General Hospital	Methodist Hospital of Sacramento	Mercy San Juan Medical Center	Mercy Hospital of Folsom	Woodland Memorial Hospital
Bariatric Surgery		■			
Cancer Care	■	■	■	■	■
Eye Care	■	■	■		■
Emergency Care	■	■	■	■	■
Gastroenterology	■	■	■	■	
Gynecology	■	■	■	■	■
Heart and Vascular Care	■	■	■	■	■
Imaging Services	■	■	■	■	■
Lung & Esophageal Care	■	■	■		■
Neurology	■	■	■	■	■
NICU		■	■		
Obstetrics	■	■*	■	■	■
Orthopedics	■	■	■	■	■
Otolaryngology	■	■	■	■	■
Pediatric Concentrated Care			■		
Plastic Surgery	■	■	■	■	
Rehabilitative Care	■	■	■	■	■
Sleep Disorders	■				
Spine Surgery	■		■	■	■
Sports Medicine	■	■	■	■	■
Surgical Services	■	■	■	■	■
Thoracic Surgery	■		■		
Trauma Center			■		
Urology	■	■	■	■	■
Wound Care		■			■

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\* Includes Obstetrics Emergency Care