

# MS EDUCATION SUMMIT



## CHOOSE WELLNESS OVER WEARINESS: FATIGUE MANAGEMENT & MS

**Saturday, March 21, 2026**

9:00am - 1:30pm

**Mercy Medical Group- Midtown Clinic**

3000 Q Street, 6th Floor  
Sacramento, CA 95816

### Topics & Presenters

Samantha Wurth, RN, MSN FNP

- *Sleep & MS*

Irina Fedulow-Plante, PT, DPT, NCS, RYT

- *Fascia Release & MS*

Rehab Team Panel

- *Managing Fatigue*

### Sponsors

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*Registration is required.*

*Space is limited.*

*Please register by **March 9th**.*

*In-person only; recording will not be permitted.*

**A light lunch will be provided.**

**To register, contact: 916.453.7966 or**  
[Melissa.Watkins901@commonspirit.org](mailto:Melissa.Watkins901@commonspirit.org)