

Prenatal Orientation and Stork Tour

Second Thursday of each month from 7-9 p.m.*

Learn everything you need to know to make your little one's arrival a stress-free and joyous occasion!

- Tour the Family Birth Center and discuss what to expect during your stay with us.
- Classes are guided by our Family Birth Center nurses. Have your questions answered by our expert staff.
- Register for your class by scanning the QR code at the bottom of this flyer or visit: <https://dignityhlth.org/3dkFTsm>

***Due to COVID restrictions classes may be in person or via Zoom**

2022 Dates

January 13	February 10	March 10
April 14	May 12	June 9
July 14	August 11	September 8
October 13	November 10	December 8

