

# BOOK CLUB

Join us every other month in 2026 for Book Club meetings with the John A. Schafer, MD Multiple Sclerosis Achievement Center. Read/listen to all or a portion of the book and connect with others in the MS community to discuss or just listen in! The meetings will be held virtually via **Zoom**.

**Book Club** is free and open to members and non-members of the John A. Schafer, MD Multiple Sclerosis Achievement Center.

- Monday February 9th, \*\*\*11am-12pm = **Book Club with Author, Dr. Steven Hauser: *The Face Laughs While the Brain Cries***
- Monday April 6th, 1-2pm= *Eleanor Oliphant Is Completely Fine* by Gail Honeyman & Cathleen McCarron
- Monday June 1st, 1-2pm= *The Bluest Eye* by Toni Morrison
- Monday August 3rd, 1-2pm= *Green Sun* by Kent Anderson
- Monday October 5th, 1-2pm= *Trust* by Herman Diez
- Monday November 30th, 1-2pm= *Jane Eyre* by Charlotte Brontë



\*\*\*Please note the time difference of February's meeting.

Contact us to be added to the invite list and for details of our next Book Club meeting!

To register, contact: 916.453.7966 or  
[Melissa.Watkins@commonspirit.org](mailto:Melissa.Watkins@commonspirit.org)