



**Dignity Health®**

Multiple Sclerosis Achievement Center

# SUPPORTING OUR LOVED ONES

## The Journey Continues 2023

The MS Achievement Center is pleased to host *Supporting Our Loved Ones*, a program for support partners of loved ones living with multiple sclerosis. The 2023 programs will be held in person at the MS Achievement Center and include several guest speakers who specialize in MS and/or provide services specific for support partners. Following each session, Dr. Linda Trettin, neuropsychologist for Dignity Health, will be available for a follow-up discussion.

A \$50 registration fee is required to secure your participation for all sessions.

We do ask if you have any symptoms (fever, headaches, sore/scratchy throat, runny nose) that you do not attend. Masks are required.

### **Wednesdays**

5:00pm – 6:30pm Pacific Time

- January 25th
- March 29th
- May 24th
- July 26th
- October 4th
- November 29th



Checks can be made payable to  
MS Achievement Center, and the registration fee  
can be mailed to:

#### **MS Achievement Center**

7777 Greenback Lane, Suite 108  
Citrus Heights, CA 95610

To register, contact: 916.453.7966 or  
[Tiffany.malone@dignityhealth.org](mailto:Tiffany.malone@dignityhealth.org)