

## **Stroke Survivors Support Group**

If you or someone you know has suffered a stroke, we invite you to join us. Develop a support system with others going through similar stroke lifestyle changes. This support group is for stroke survivors and their families, an informal atmosphere to share common concerns and to learn about community resources and activities.

## Every first Wednesday of the month 12:30 to 2:00 p.m.

Mercy San Juan Medical Center Lukens Auditorium 6555 Coyle Avenue, Carmichael, CA

Facilitated by Mercy San Juan Medical Center Stroke Survivors Support Group is FREE

All are welcome. For more information, please call **916.864.8460** 



## 2023 Schedule

January 4, 2023 February 1, 2023

March 1, 2023

April 5, 2023

May 3, 2023

June 7, 2023 July 5, 2023

August 2, 2023

September 6, 2023

October 4, 2023

November 1, 2023

December 6, 2023

