



Woodland Community Stroke Support Group

If you or someone you know has suffered a stroke, we invite you to join us. Develop a support system with others going through similar stroke lifestyle changes. This support group is for stroke survivors and their families, an informal atmosphere to share common concerns and to learn about community resources and activities.

Every third Monday of the month
1:00 to 2:00 p.m.
*(*January & February, fourth Monday)*

Woodland Community & Senior Center 2001
East Street, Woodland, CA 95776

Facilitated by Woodland Healthcare staff

Stroke Support Group is FREE.
All are welcome. For more information,
please call **916.864.8460**.

2022 Schedule

January 23, 2023*
February 27, 2023*
March 20, 2023
April 17, 2023
May 15, 2023
June 19, 2023
July 17, 2023
August 21, 2023
September 18, 2023
October 16, 2023
November 20, 2023
December 18, 2023



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