

BUILDING A STRONG PARTNERSHIP WITH YOUR HEALTHCARE TEAM

Rosalind Kalb, PhD, is a clinical psychologist who has specialized in MS care and education for more than 40 years. After receiving her doctorate from Fordham University in 1977, she began her career in MS at the Albert Einstein College of Medicine, in the country's first university-based comprehensive MS care center, where she provided individual, group, and family psychotherapy as well as cognitive assessments and remediation. She joined the National MS Society in 2000, where she created online resources and educational materials for individuals and families living with MS and healthcare professionals and currently serves as Senior Programs Consultant for Can Do Multiple Sclerosis, helping to develop and implement health and wellness programs for the MS community. She has published numerous books for lay audiences, including two editions of Multiple Sclerosis for Dummies (with a third on the way), and published articles in professional journals on topics including exercise recommendations for people with MS across the disease spectrum, the importance of cognitive screening for individuals with MS, and depression and suicide risk in MS.

Monday, March 31, 2025

11:00am - 12:00pm PDT

Registration is required and a ZOOM link will be emailed to registrants. This will not be recorded.

Space is limited.

Please register by March 17th.



To register, contact: 916.453.7966 or
Nathan.Opiana@commonspirit.org

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