

VALUES VS. GOALS

Dr. Susan Payrovi, certified in Functional Medicine and Medical Acupuncture, is the founder of TRUE Medicine, an online wellness program for people living with multiple sclerosis. She is a physician practicing Integrative and Functional Medicine at Stanford's Center for Integrative Medicine. Currently she is a clinical assistant professor at Stanford University in the department of Anesthesiology, Perioperative and Pain Medicine.

KT Sloan is the creator and host of MS. UNDERSTOOD, a podcast dedicated to better understanding MS and learning to live well with MS. After her own diagnosis of MS, and as a former teacher, trainer and coach, she has turned her attention to helping teach others in the MS community about tools and strategies to alleviate MS symptoms.

This series will be offered virtually via Zoom.

Monday, June 2, 2025

11:00-12:00pm PDT

This will not be recorded.

Space is limited.

Please register by May 26th



To register, contact: 916.453.7966 or
Nathan.Opiana@commonspirit.org

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