



**Your health is
our happiness.**



Your partner in health and wellness.

At Dignity Health, our renowned physicians, specialists, and full-service hospitals provide comprehensive care in the Greater Sacramento area. We are committed to delivering compassionate, high-quality, affordable health services for all, in times of crisis and in times of calm.

Collaboration is at the core of all we do. By bringing together a wide variety of disciplines with a focus on prevention and improved quality of life, Dignity Health has been providing advanced, personalized care to the Greater Sacramento region for generations. Our affiliated medical groups provide access to award-winning health care in a variety of areas, including primary and specialty care, diagnostic imaging, occupational health, urgent care, and behavioral health.

The Dignity Health network includes more than 1,000 physicians and hundreds of locations throughout our region—offering access to personalized, community-based care with all the benefits of one of the largest non-profit health systems in the nation.



At Dignity Health Mercy Medical Group, Dignity Health Medical Group – Sierra Nevada, and Dignity Health Woodland Clinic, we believe in the healing power of humankindness. One of the ways we put that belief into practice is to provide the resources you need, including more than 500 providers in 37 locations covering primary care and more than 40 specialties. Yet that only tells part of the story.

With our care teams, you'll enjoy great benefits such as:

- Same-day appointments
- Virtual visits for primary care and all specialties
- Online appointment scheduling for some of our specialties and clinics
- Onsite diagnostic x-ray at most of our primary care locations
- Onsite lab services at most of our primary care locations, including access to Quest Diagnostics at more than 30 locations throughout the region
- Urgent care at 16 locations



Our groups work hard to ensure you have specialized tools and care to make life easier.

My Portal Patient Portal

With Dignity Health's My Portal, patients can communicate with their care team, review lab results, manage their health records, schedule and view appointments, and more.

Virtual Visits

Mercy Medical Group, Dignity Health Medical Group – Sierra Nevada, and Woodland Clinic offer virtual visits for primary care and all specialties, allowing patients to be seen from the comfort and safety of home.

Advanced Imaging

Dignity Health Advanced Imaging offers imaging capabilities throughout Sacramento and Yolo counties. With 12 locations serving the region, we offer diagnostic x-ray services at most of our primary care locations so you have access to comprehensive and seamless care. And because every woman is unique, we feature the latest in 3D mammography, automated breast ultrasound, traditional mammography, and bone densitometry, including at our Women's Imaging Center in Roseville.

Patient-Centered Medical Home

Mercy Medical Group and Woodland Clinic function as a Patient-Centered Medical Home (or PCMH). What does that mean? Simply put, it is a strategy for keeping patients healthy instead of just treating them when they are sick. It features primary care physicians who lead patient care teams comprising a variety of medical professionals who will coordinate care for all aspects of your health across the different care settings.

Awards and Recognition

- Excellence in Healthcare award from Integrated Healthcare Association (IHA) for delivering high quality, affordable care to California consumers
- Recognized as a Quality Performer and recipient of the Medicare Advantage 4.5 Star Award from the Integrated Healthcare Association
- Awarded Elite status for outstanding quality care by America's Physicians Groups (APG)
- Patient-Centered Medical Home Certification from the National Committee for Quality Assurance
- Intelligent Healthcare Association's Grand Award for Improving Patient Care and Health Care Delivery

Timely and Convenient Access to Care

80% of our Primary Care Physicians are accepting new patients. And, for your convenience, we offer same-day appointments.

80%

Patient Satisfaction

83% of our patients said they would recommend their provider.

83%



Finding the right doctor is the best way to ensure your family gets the care they need, when they need it. That's why Hill Physicians Medical Group, the largest independent physician group in Northern California, offers plenty of choices to keep you healthy. When you choose Hill Physicians you have access to care where you need it. With more than 200 primary care doctors, 450 specialists, 5 hospitals, and 22 urgent care centers throughout the Greater Sacramento area, it's easy to find a doctor near your home or work.



Hill Physicians members also benefit from the following programs and services:

Care Management

Hill Physicians' care management programs are designed for members dealing with multiple conditions, new diagnoses, serious illnesses, or hospitalizations. Members in these programs are assigned a care team to address their unique needs, which can include a nurse, social worker, pharmacist, and other support staff.

Diabetes Education

Specialized health educators provide diabetic members one-on-one coaching on diet and lifestyle to help them achieve better health.

Health Education

Health educators work with members to improve their health, overcome obstacles, and establish healthy habits.

Nutritional Counseling

Registered dietitians assist members who struggle with weight or have a chronic condition with dietary restrictions.

Pharmacy Consultations

The virtual pharmacy program connects members with a pharmacist who can help them understand new medications, manage complicated regimens, and save money.

Health Navigators

Health Navigators help members get the preventive screenings they need by scheduling appointments, requesting cancer screening kits, and working with their doctor on other preventive health and wellness needs.

MyHillChart Patient Portal

With MyHillChart Patient Portal members can manage their health information, view their test results, and interact with their care team. It's secure, free, and can be accessed anytime, anywhere.

Telehealth Services

Many Hill Physicians doctors offer Video Visits and/or E-Visits for common, non-urgent health conditions so members can get care from home, work, or on the go.

Awards and Recognition

- Consistently awarded Elite status for outstanding quality care by America's Physicians Groups (APG)
- Received Integrated Healthcare Association's (IHA) Most Improved distinction for outstanding improvement of quality of care for Medicare Advantage members

Timely and Convenient Access to Care

Hill Physicians scored* in the 98th percentile for Patient Access to Care—and more than 85% of our primary care physicians are accepting new patients.

85%

Patient Satisfaction

Hill Physicians scored* in the 80th percentile for Overall Patient Experience in Sacramento.

80th PERCENTILE

*2020 Patient Assessment Survey program
<https://www.pbgh.org/program/patient-assessment-survey/>



It takes just a little kindness to make a big difference. That's why humankindness is at the heart of everything we do. At Dignity Health, we believe one of the most powerful ways to heal is to begin by listening. Listening is also the basis upon which lasting relationships are built. It is how we become partners in your care for a lifetime of wellbeing.



To best serve your health goals and needs, we make sure you always have access to the resources you need. With Dignity Health, you get access to acute care facilities throughout Greater Sacramento, Yolo, and Nevada Counties—all nationally recognized by leading health care authorities. Our affiliated physicians are dedicated to providing high-quality, compassionate care through our wide range of medical services, including:

Women's Health

We are committed to comprehensive care for women at all stages of life—not just gynecology and maternity care, but also aspects of cardiology and oncology unique to women.

Family Birth Centers

With a number of our hospitals recognized as **Baby-Friendly**, expecting moms and their babies are cared for by skilled physicians and experienced maternity nurses and staff—all dedicated to the emotional and physical well-being of mom and baby before, during, and after delivery. Our Birth Centers feature amenities moms desire most—from organic bath and body products, to gourmet meals and diaper bags filled with essentials for babies. And, with the My Baby pregnancy app, our patients can track their baby's milestones, set appointment reminders—even get tips and advice.

Emergency Care

No one plans for an emergency, but it's at those times we need kindness the most. With Dignity Health, patients can choose a projected arrival time to any one of our emergency rooms, then wait in the comfort of their home.

Orthopedics

Recognized with multiple **Blue Distinction Center designations** for knee and hip replacement throughout the region, Dignity Health offers cutting-edge capabilities unique to the Greater Sacramento area for injury and disease affecting bones, joints, ligaments, tendons, and nerves. From diagnosis to treatment and rehabilitation, we work to restore strength, flexibility, and function.

Cardiovascular Care

Dignity Health has one of the largest comprehensive cardiovascular programs in the nation, and features the **Joint Commission's advanced certification for chest pain, heart failure, and Left Ventricular Assist Device therapy**. Our diagnostic, interventional, surgical, and electrophysiology programs are widely recognized throughout the western United States. We are proud of our patient-centered approach, highlighted by active community outreach on cardiovascular risk factors, clinical research, and cardiac rehabilitation.



Cancer Care

Recognized by the **American College of Surgeons' Commission on Cancer as an Integrated Cancer Network**, our comprehensive, multidisciplinary approach focuses on the patient, treating them mind, body, and spirit. Our team members work closely together—consulting and collaborating—to maximize effectiveness in treating even the most complex cases. Throughout the process, our specialized nurse navigators are there to help guide our patients along their journey, offering one-on-one assistance.

Neurological Care

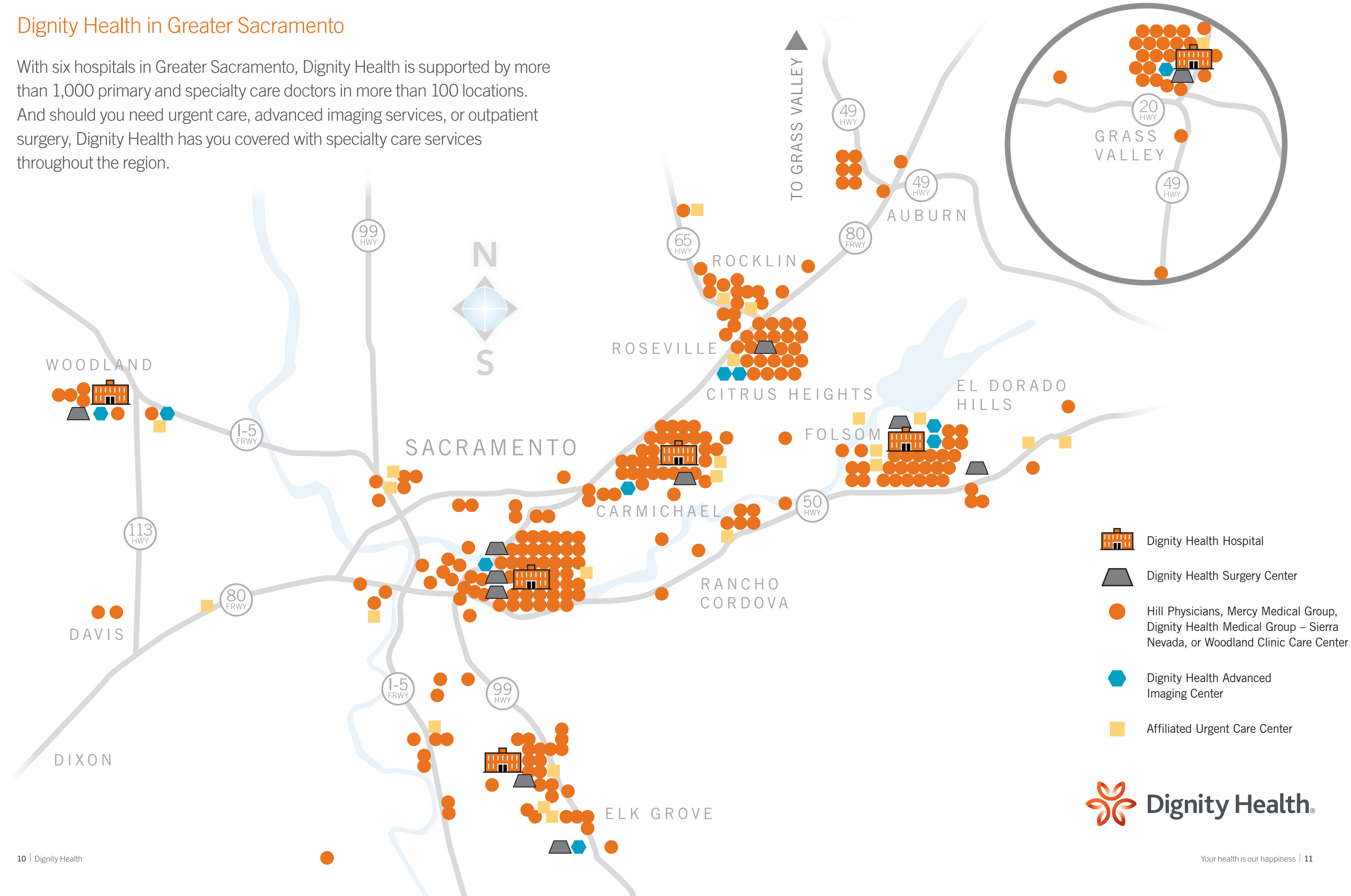
We offer the experience and expertise to diagnose and treat the most complex diseases affecting the brain and nervous system. As the regional leader in stroke care, we treat more patients than any other health system and have been recognized by the **Joint Commission with one of the region's only Comprehensive Stroke Center designations**. All six of our hospitals have been recognized by the American Heart Association for providing the highest level of quality stroke care. Our multidisciplinary team of doctors also offers specialized expertise in epilepsy, multiple sclerosis, brain tumors, headache, spine, brain trauma, and other brain disorders.

Services by Location

	Mercy General Hospital	Methodist Hospital	Mercy San Juan Medical Center	Mercy Hospital of Folsom	Sierra Nevada Memorial Hospital	Woodland Memorial Hospital
Bariatric Surgery		■	■			
Cancer Care	■	■	■	■	■	■
Eye Care	■	■	■		■	■
Emergency Care	■	■	■	■	■	■
Gynecology	■	■	■	■	■	■
Heart and Vascular Care	■	■	■	■	■	■
Imaging Services	■	■	■	■	■	■
Lung & Esophageal Care	■	■	■			■
Neurology	■	■	■	■	■	■
NICU		■	■			
Obstetrics	■	■	■	■	■	■
Orthopedics	■	■	■	■	■	■
Otolaryngology	■	■	■	■	■	■
Pediatric Concentrated Care			■			
Plastic Surgery	■	■	■	■	■	
Rehabilitative Care	■	■	■	■	■	■
Sleep Disorders	■		■			
Spine Surgery	■		■	■		■
Sports Medicine	■	■	■	■	■	■
Surgical Services	■	■	■	■	■	■
Thoracic Surgery	■	■	■			
Trauma Center			■			
Urology	■	■	■	■	■	■
Wound Care		■	■		■	

Dignity Health in Greater Sacramento

With six hospitals in Greater Sacramento, Dignity Health is supported by more than 1,000 primary and specialty care doctors in more than 100 locations. And should you need urgent care, advanced imaging services, or outpatient surgery, Dignity Health has you covered with specialty care services throughout the region.



Our Hospitals



Mercy General Hospital

4001 J Street
Sacramento, CA 95819
916.453.4545



Methodist Hospital of Sacramento

7500 Hospital Drive
Sacramento, CA 95823
916.423.3000



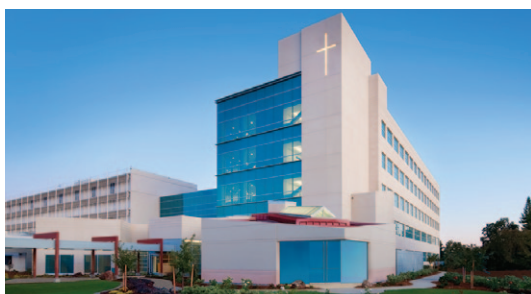
Mercy Hospital of Folsom

1650 Creekside Drive
Folsom, CA 95630
916.983.7400



Sierra Nevada Memorial Hospital

155 Glasson Way
Grass Valley, CA 95945
530.274.6000



Mercy San Juan Medical Center

6501 Coyle Avenue
Carmichael, CA 95608
916.537.5000



Woodland Memorial Hospital

1325 Cottonwood Street
Woodland, CA 95695
530.662.3961

Learn more about Dignity Health, our affiliated medical groups and our hospitals at
DignityHealth.org/Sacramento
DignityHealth.org/OpenEnrollment

