



**Flex your well power.**  
**Choose access to Dignity Health.**



# Your Partner in Health and Wellness

Dignity Health has been providing advanced, personalized care to Greater Sacramento and its surrounding communities for generations.

And because we believe in serving each person's unique needs, our patients can choose how to see their doctors, from virtual visits to our medical complexes, offering a variety of services including primary and specialty care, labs and imaging—all in one location. Convenient care, delivered where and how you want it. That's just one of the ways we deliver humankindness to each and every patient we see.



## 3 Medical Groups

Dignity Health Mercy Medical Group  
Dignity Health Medical Group – Sierra Nevada  
Dignity Health Woodland Clinic



Access to **more than 600 providers** covering primary care and **45 specialties**



## More than 100 Care Locations

For routine and preventive care, specialty care, imaging, lab work, outpatient surgery and urgent, emergency and inpatient care



## 12 Medical Complexes

Where patients have access to a variety of services including primary and specialty care, labs and imaging—all in one location



## The Region's Largest Hospital Network

Mercy General Hospital  
Mercy Hospital of Folsom  
Mercy San Juan Medical Center  
Methodist Hospital of Sacramento  
Sierra Nevada Memorial Hospital  
Woodland Memorial Hospital



## National Recognition

By third-party consumer advocacy organizations for excellence in safe, high-quality, affordable care

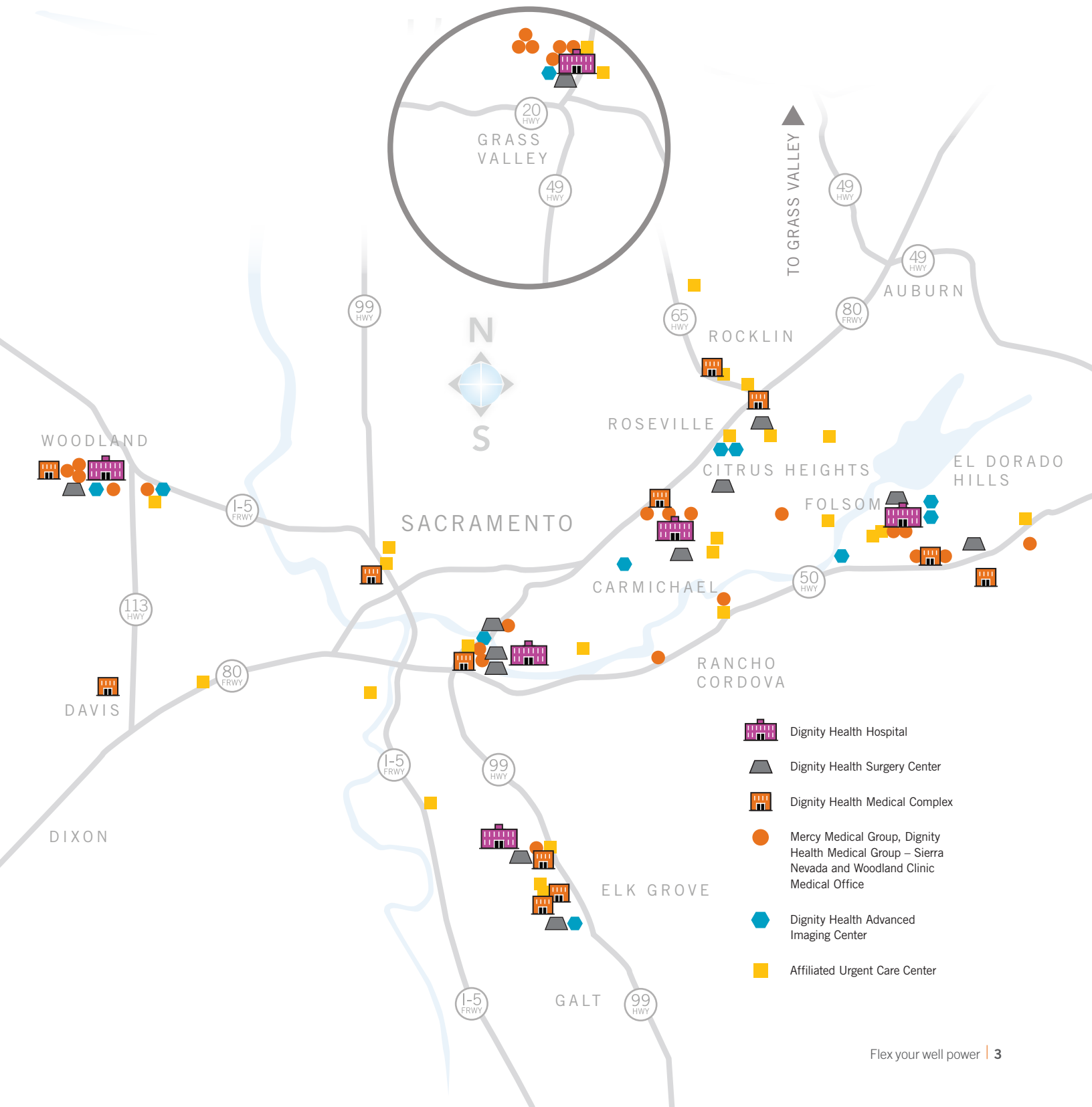


## Award-Winning Institutes

Dignity Health Heart and Vascular Institute of Greater Sacramento  
Dignity Health Cancer Institute of Greater Sacramento  
Dignity Health Neurological Institute of Northern California

# Our Locations

Our network includes exceptional doctors from Mercy Medical Group, Dignity Health Medical Group – Sierra Nevada and Woodland Clinic. You will have access to six hospitals as well as additional services, from urgent care to advanced imaging to outpatient surgery.



# Our Medical Groups



Our medical groups are committed to delivering high-quality, compassionate health care for all. We demonstrate that commitment by providing the resources you need, including more than 600 providers covering primary care and 45 specialties. Yet that only tells part of the story. When you choose a primary care provider with one of our medical groups, they help coordinate all of your care needs. And you get access to:



## My Portal by Dignity Health

Where you can communicate with your care team, review lab results, manage health records, schedule and view appointments and more



## Same-Day Appointments

With primary and walk-in care options



## Virtual Visits

For primary care and all specialties



## Online Appointment Scheduling

For some of our specialties and clinics



## Welcoming New Patients

We offer a “Welcome to Dignity Health” virtual onboarding appointment to ensure new members are fully set up in our care network



## Advanced Imaging

At 13 locations, offering diagnostic x-ray, 3D mammography, PET/CT scan and more



## Lab Services

Through Quest Diagnostics at more than 31 locations throughout the region



## Urgent Care

At 21 locations throughout Greater Sacramento, including our partner urgent care centers



## Health Education and Resources

Access to educators and tools to support patients with diabetes or other conditions



## 24/7 Free Nurse Advice

for primary care and pediatrics



Mercy Medical Group and Woodland Clinic are two of just 70 physician groups nationally to be awarded Elite Status in America's Physician Groups' 2023 Standards of Excellence™ program.



Mercy Medical Group has been recognized with the Integrated Healthcare Association's prestigious Excellence in Healthcare Award for top performance on clinical quality, patient experience and cost measures.

# Dignity Health Medical Complexes and Services

With locations throughout El Dorado, Placer, Sacramento, Yolo and Nevada counties, you're sure to find a convenient location close to home or work, including 12 medical complexes with a variety of services available in one location, like primary and specialty care, labs and imaging.



	Cameron Park	Carmichael – Mercy Cancer Center	Carmichael – Mercy Physicians Plaza	Citrus Heights	Davis	East Sacramento – Mercy Medical Plaza	El Dorado Hills – Hawks Flight	Elk Grove – Big Horn	Elk Grove – Wymark	Folsom – Creekside	Folsom – OB/GYN	Folsom – Primary and Specialty Care	Grass Valley – Catherine Lane	Grass Valley – Glasson Way	Grass Valley – Margaret Lane	Grass Valley – Sierra College	Rocklin	Roseville	Sacramento – Behavioral Health	Sacramento – Mercy Cancer Center	Sacramento – Midtown	Sacramento – Natomas	South Sacramento – Timberlake	Woodland – Cottonwood	Woodland – East Woodland	Woodland – Fairchild Court	Woodland – Haarberg Building	Woodland – West Gibson
Allergy				■	■			■				■					■				■							■
Audiology			■		■			■														■			■			
Behavioral Health		■	■					■				■						■	■	■				■			■	
Cardiology		■		■	■	■		■		■			■			■												■
Cardiovascular Surgery						■																						
Dermatology				■	■		■		■													■						■
Diabetes & Nutrition Services				■				■														■						
Endocrinology				■				■				■										■						■
Family Medicine				■	■		■	■	■			■				■	■	■	■			■	■			■		
Gastroenterology		■							■	■		■										■			■			
General Surgery		■							■			■									■	■			■			
Geriatrics				■					■													■						
Gynecologic Oncology		■																			■							
Hematology/Oncology		■						■				■		■							■						■	
Infectious Disease						■																						■
Internal Medicine	■			■				■								■		■				■	■	■				■
Nephrology		■						■														■						
Neurology		■		■					■	■		■										■						■
Neurosurgery		■																				■						
Obstetrics & Gynecology					■		■	■	■		■					■						■	■	■	■			
Occupational Medicine								■				■										■						■
Ophthalmology				■								■										■			■			
Optometry				■				■				■										■			■			
Orthopedics/Sports Medicine		■							■			■					■					■						■
Otolaryngology (ENT)		■		■				■														■			■			
Pain Management				■																		■						■
Pediatrics				■	■		■	■	■													■	■			■		■
Physical Medicine & Rehab		■																				■						
Plastic Surgery												■										■						
Podiatry		■						■				■										■						■
Psychiatry																				■						■		
Pulmonology/Critical Care		■														■						■						■
Radiation Oncology		■		■						■											■							
Rheumatology				■								■					■					■						■
Thoracic Surgery		■																			■	■						
Urgent Care /Walk in Care														■								■				■		
Urology		■																				■			■			
Vascular/Endovascular Surgery		■																				■						

# Our Hospitals

With Dignity Health, you get access to the largest hospital system in the region—all nationally recognized by leading health care authorities. And, our affiliated physicians are dedicated to providing high-quality, compassionate care through our wide range of medical services, including:



## Women's Health

We are committed to comprehensive care for women at all stages of life—not just gynecology and maternity care, but also aspects of cardiology and oncology unique to women.



## Family Birth Centers

Expecting moms and their babies are cared for by skilled physicians and experienced maternity nurses and staff—all dedicated to the emotional and physical well-being of mom and baby before, during and after delivery.



## Neurological Care

We offer expertise to diagnose and treat the most complex diseases affecting the brain and nervous system. As the regional leader in stroke care, we treat more patients than any other health system and have been recognized by the Joint Commission with one of the region's first Comprehensive Stroke Center designations.



## Robotic Surgery

Our hospitals feature advanced, minimally invasive procedures using the latest robotic technology to treat a variety of conditions—helping patients to recover sooner.



## Orthopedics

With two of only 24 hospitals in California certified by The Joint Commission for Advanced Total Hip and Total Knee Replacement, Dignity Health offers cutting-edge capabilities unique to the region.



## Cardiovascular Care

Dignity Health has one of the largest comprehensive cardiovascular programs in the nation—and features the Joint Commission's advanced certification for chest pain and Ventricular Assist Device therapy.



## Cancer Care

Recognized by the American College of Surgeons' Commission on Cancer as an Integrated Cancer Network, we offer an extensive array of screening options, personalized treatments and comprehensive support following a diagnosis.



## Bariatric Surgery

Recognized as an Accredited Bariatric Surgery Center, patients benefit from our multidisciplinary, personalized and collaborative approach to weight loss.

# Services at Our Hospitals

	Mercy General Hospital	Methodist Hospital of Sacramento	Mercy San Juan Medical Center	Mercy Hospital of Folsom	Sierra Nevada Memorial Hospital	Woodland Memorial Hospital
Bariatric Surgery		■				
Cancer Care	■	■	■	■	■	■
Eye Care	■	■			■	■
Emergency Care	■	■	■	■	■	■
Gastroenterology	■	■	■	■	■	■
Gynecology	■	■	■	■	■	■
Heart and Vascular Care	■	■	■	■	■	■
Imaging Services	■	■	■	■	■	■
Lung & Esophageal Care	■	■	■			■
Neurology	■	■	■	■	■	■
NICU		■	■			
Obstetrics	■	■*	■	■*	■	■
Orthopedics	■	■	■	■	■	■
Otolaryngology	■	■	■	■	■	■
Pediatric Concentrated Care			■			
Plastic Surgery	■	■	■	■	■	
Rehabilitative Care	■	■	■	■	■	■
Spine Surgery	■		■	■		■
Sports Medicine	■	■	■	■	■	■
Surgical Services	■	■	■	■	■	■
Thoracic Surgery			■			
Trauma Center			■			
Urology	■	■	■	■	■	■
Wound Care		■			■	

\*Includes Obstetrics Emergency Care

All of our hospitals have been recognized as LGBTQ+ Healthcare Equality Leaders or High Performers in the Human Rights Campaign Foundation's 2024 Healthcare Equality Index.



# Awards and Recognition



## The Joint Commission Accreditations

Advanced Total Joints: Hip and Knee Replacement

Advanced Chest Pain Certification

Advanced Comprehensive Stroke Center

Perinatal Care Certification

Primary Stroke Centers

Spine Surgery Center of Excellence

Advanced Ventricular Assist Device Program Certification



Accredited by the American Association of Cardiovascular and Pulmonary Rehabilitation



Integrated Cancer Network Accreditation

Community Cancer Care Program Accreditation



Centers of Excellence in Robotic Surgery, Hernia Surgery, Minimally Invasive Gynecology, Minimally Invasive Surgery



Accredited Bariatric Surgery Center



# Enroll in a plan that gives you access to Dignity Health—here's how

Choosing health care for you and your family is a big decision. Thankfully, Dignity Health is here to make the process easier. Through our medical groups, six full-service hospitals and additional supportive care services, you have access to some of the region's top medical programs—with providers who are experts in compassionate, leading-edge care. This year, make sure you choose a doctor who specializes in humankindness. Choose Dignity Health.

## STEP

1

**Review your health care coverage options and enroll in an insurance plan that provides access to Dignity Health doctors and hospitals.**

Scan here for a list of insurances we accept:



## STEP

2

**Choose a Primary Care Provider (PCP) with one of our affiliated medical groups:**

Mercy Medical Group

Dignity Health Medical Group – Sierra Nevada

Woodland Clinic

Need help finding a doctor? We're here to help. Visit

**[DignityHealth.org/OurDoctors](https://DignityHealth.org/OurDoctors).**

## STEP

3

**Once you've been assigned your doctor, be sure to schedule a new patient appointment.**

This is typically a longer appointment where your doctor will review your medical history and get to know you. You should also come prepared with any questions you have or prescriptions you need filled.





Learn more about Dignity Health, our medical groups and our hospitals at

[\*\*DignityHealth.org/Sacramento\*\*](https://DignityHealth.org/Sacramento)

[\*\*DignityHealth.org/OpenEnrollment\*\*](https://DignityHealth.org/OpenEnrollment)

