



Connected Care California and Dignity Health

Comprehensive Medical Care Delivered with Kindness

One of the best things you can do for your family's health is to secure access to outstanding care—and Intel has made doing so remarkably easy. When you choose Intel's **Connected Care California High Deductible Health Plan (HDHP)**, you have access to the region's finest healthcare providers and most advanced medical technologies—all available through Dignity Health.

Great Providers to Choose From

Partnering with great care teams is at the very core of what we do because delivering excellence is one of the best ways we know to express humankindness. When you select the Intel Connected Care California HDHP, you get three groups of providers to choose from. Between **Hill Physicians Medical Group**, **Mercy Medical Group** and **Woodland Clinic** you have access to:

- More than 2,000 providers
- 40 medical specialties
- More than 35 office locations
- Urgent care at 15 locations
- Same-day appointments
- Access to convenient virtual visits with many primary and specialty care providers
- Secure online patient portal access to manage health information and communicate with care teams



This Annual Enrollment, **choose the Intel Connected Care California HDHP** to cover your family's health care needs.

Find additional resources and learn more at dignityhealth.org/intel



A Service of Dignity Health Medical Foundation



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Easy Access to Convenient, High-Quality Care

Dignity Health serves the Greater Sacramento area with five acute care hospitals, 10 outpatient surgery centers, 16 imaging centers, and 36 laboratories, ensuring you get the medical care you need, when and where you need it.

Our comprehensive network of hospitals—including Mercy General Hospital, Mercy Hospital of Folsom, Mercy San Juan Medical Center, Methodist Hospital of Sacramento and Woodland Memorial Hospital—have been recognized with some of the region's most prestigious accolades, including:

- The only Joint Commission-certified Advanced Comprehensive Stroke Center north of the Bay Area
- Two of only 17 hospitals in California with Joint Commission certification for advanced total hip and total knee replacement
- The only two Spine Centers of Excellence in Northern California
- Recognized by the American College of Surgeons' Commission on Cancer as an Integrated Cancer Network

Leadership in Comprehensive Care

Dignity Health and its affiliated medical groups are dedicated to providing high-quality, compassionate, patient-centered care through our wide range of medical services throughout the Greater Sacramento area, which include:

Cancer Care: Our comprehensive, multidisciplinary approach focuses on treating the mind, body, and spirit. And throughout the journey, our specialized nurse navigators are there to help guide patients every step of the way.

Cardiovascular Care: As one of the largest and most experienced programs in the nation, our network of premier cardiovascular centers provides the full continuum of care—from prevention and education to highly advanced technological diagnosis, treatment, rehabilitation, and research.

Emergency Care: No one plans for an emergency, but it's at those times you need kindness the most. Our Emergency Rooms are here to help 24/7, offering care to quickly and efficiently treat a wide range of illnesses and injuries.

Family Birth Centers: Expecting moms and their babies are cared for by skilled physicians supported by experienced maternity nurses and staff, all dedicated to the emotional and physical well-being of mom and baby before, during, and after delivery.

Inclusive Care: All five of our Greater Sacramento hospitals have been recognized by the Human Rights Campaign Foundation's 14th Healthcare Equality Index (HEI). The HEI is a national benchmarking tool that evaluates health care facilities' policies and practices related to the equity and inclusion of LGBTQ+ patients, visitors and employees.

Neurological Care: We offer the experience and expertise to diagnose and treat the most complex diseases affecting the brain. We provide specialized care for stroke, epilepsy, multiple sclerosis, brain tumors, headache, spine, brain trauma, and other brain disorders.

Orthopedics: We deliver innovative capabilities unique to the Greater Sacramento area for injuries and disease affecting the bones, joints, ligaments, tendons, and nerves. From diagnosis to treatment and rehabilitation, our orthopedic specialists work to restore strength, flexibility, and function.

Women's Health: We are committed to comprehensive care at all stages of life—not just gynecology and maternity care, but also aspects of cardiology and oncology unique to women. Our wide range of inpatient and outpatient services ensure timely access to advanced treatment options.

Hospital Services by Location

	Mercy General Hospital	Methodist Hospital of Sacramento	Mercy San Juan Medical Center	Mercy Hospital of Folsom	Woodland Memorial Hospital
Bariatric Surgery		■	■		
Cancer Care	■	■	■	■	■
Eye Care	■	■	■		■
Emergency Care	■	■	■	■	■
Gynecology	■	■	■	■	■
Heart and Vascular Care	■	■	■	■	■
Imaging Services	■	■	■	■	■
Lung & Esophageal Care	■	■	■		■
Neurology	■	■	■	■	■
NICU		■	■		
Obstetrics	■	■	■	■	■
Orthopedics	■	■	■	■	■
Otolaryngology	■	■	■	■	■
Pediatric Concentrated Care			■		
Plastic Surgery	■	■	■	■	
Rehabilitative Care	■	■	■	■	■
Sleep Disorders	■				
Spine Surgery	■		■	■	■
Sports Medicine	■	■	■	■	■
Surgical Services	■	■	■	■	■
Thoracic Surgery	■	■	■		
Trauma Center			■		
Urology	■	■	■	■	■
Wound Care		■			■

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