

# Dignity Health Methodist Hospital of Sacramento

## **About Us**

Founded in 1973, Dignity Health - Methodist Hospital is a 158-bed, acute care, nonprofit hospital located in Sacramento, California. Serving over 60,000 patients annually, the hospital offers a full complement of services including a Level II NICU, heart care, cancer care, women's health, and neurology.

Additionally, Methodist Hospital of Sacramento has been recognized as an LGBTQ+ Healthcare Equality Leader by the Human Rights Campaign Foundation and is a Joint Commission-certified Primary Stroke Center. It was recently named a Best Hospital for Maternity Care by U.S. News & World Report.

Methodist Hospital of Sacramento shares a legacy of humankindness with Dignity Health and CommonSpirit Health, one of the nation's largest health care systems, dedicated to providing compassionate, high-quality, and affordable patient-centered care.





## **Methodist Hospital of Sacramento**

# Notable Awards & Certifications 2024 LGBTQ+ HEALTHCARE EQUALITY LEADER \*\*Realfication Repair Repa

## **Hospital Services**

- 24-hour emergency care
- Bariatrics
- Emergency Department
- · Family Birth Center
- Inpatient medical, surgical and intensive care
- Mercy Family Residency Program
- Neonatal Intensive Care Unit Level II
- Orthopedics & Sports Medicine
- Rehab Center
- Skilled Nursing Facility Bruceville Terrace

## **Bruceville Terrace**

Bruceville Terrace, part of Methodist Hospital of Sacramento, is a skilled nursing facility providing both short and long-term medical and rehabilitative care, 24 hours a day. Within a homelike environment surrounded by beautifully landscaped courtyards, our residents receive a full range of services from a team of highly skilled healthcare professionals dedicated to enhancing each person's quality of life.

### Services include:

 Rehabilitation - A team of nurses and physical, occupational and speech therapists work with your doctor to develop a care plan specific to your needs. Therapy interventions focus on everyday activities such as dressing, eating and personal hygiene. Communication and mobility retraining are also priorities.

- Nutrition services Residents participate in meal selection and menus are developed in consideration of both personal preference and special dietary needs. A spacious dining room is open to all residents and a private dining room is available for special family celebrations.
- Recreation activities Our full-time activities staff encourages residents to participate in events and activities designed to improve their quality of life. Crafts, games, classes and special celebrations are scheduled daily. We also encourage residents to develop and cultivate their own interests and hobbies.
- **Family education** Family members are a key part of our residents' care team. We make it a priority to provide families with education about ongoing care, as well as training for when you return home.



