

Visitor Guidelines

Effective Date: 1/5/22

Welcome to California Hospital Medical Center, we are here to care for you and your family. Our priority is to ensure your safety and we have taken precautions to protect patients, visitors, and caregivers based on public health guidelines. We appreciate the understanding and cooperation of your family or friends who want to visit while you are in the hospital. Consider using FaceTime or video to connect with and update your loved ones who cannot visit during your stay.

Wi-Fi communication tablets are available for patients to have virtual visits with loved ones.

Visitation rules at California Hospital Medical Center are described below.

These are to help ensure safety for you, visitors and the care team.

- Visiting Hours: See times for specific units.
- **No visitors are permitted for patients in isolation** on any inpatient unit or the ED (except pediatrics, developmentally delayed patients or comfort care/hospice).
- All visitors must be 18 years and older only and must follow the rules below:
 - ✓ Enter and exit the building only via the main lobby using the elevators near security.
 - ✓ Be screened at the front door for temperature and symptoms (below)
 - ✓ Be free of any signs or symptoms for COVID-19 or the Flu such as fever, shortness of breath, cold symptoms, muscle aches, cough or vomiting; or recently recovered from COVID-19.
 - ✓ Present proof of vaccination or COVID-19 negative test within the last 48 hours except for NICU and Pediatrics (for Labor and Delivery will review in Triage).
 - ✓ Wear a hospital issued face mask at all times, including in the patient's room
 - ✓ Use hand gel to cleanse hands before entering and when leaving the room
 - ✓ Stay in the room except to use the designated restroom if needed during your visit.
- No items brought in from home - except those that support activities of daily living, i.e. eyeglasses, dentures, hearing aids, assistive devices and cell phones/chargers.
- Flowers may be brought in by visitors, delivered to the hospital, or delivered by the hospital's Gift Shop to all patient care areas except the intensive care units. When bringing fresh-cut flowers, please bring a vase or container
- No food allowed from outside except for postpartum, antepartum, or labor/delivery*.
 - *Food/containers must be disposable and eaten in the patient's room.
- Any concerns about visitation may be discussed with the Director, Manager or Administrative Nursing Supervisor during nights and weekends.

Visiting hours and rules for Specific Units – limitations are described on page 2.

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Hours	Care Area	Limitations
24 hours a day	Labor and Delivery including Antepartum	One (1) asymptomatic partner or support person during the labor and delivery period. Note a qualified doula is permitted <u>in addition</u> to the partner/support person, to assist with labor/birthing.
24 hours	Couplet Care	One (1) asymptomatic partner or support person is allowed to stay overnight.
24 hours a day	NICU	One non-symptomatic parent or designated guardian if parent not available Parent/Guardian will be designated on chart and provided arm band from hospital.
24 hours	Pediatrics	One non-symptomatic parent or designated guardian if parent not available
24 hours a day	Special Circumstances	Patients at End-of-Life or under comfort care are limited to two (2) asymptomatic visitors at a time for 30 minutes in ICU and 1 hour on the floors; unless death is imminent and then the unit clinical leadership will decide how much time is feasible based on care needs. Patients with Physical, Intellectual, and Developmental Disabilities or with Cognitive Impairments- One asymptomatic support person allowed in addition to one (1) visitor at a time. For patients with prolonged hospitalization, the patient or family/patient representative may designate two support people, but only one support person may be present at a time.
24 hours a day	Emergency Department	No visitors** permitted in ED except for patients under the age of 18 or those >18 with intellectual or developmental disabilities who are allowed one person at the bedside, except in the isolation section. For patient in the respiratory section the visitor will need to wait in the visitor lobby of the ED for updates from the care team of the patient and in the event consent for care is required after the initial intake.
Hours of Operation	Ambulatory surgery, GI lab, Radiology, and Cardiac Catheterization Lab	<ul style="list-style-type: none"> One healthy visitor** to drop off and pick-up the patient having the procedure is allowed. Ambulatory Surgery Pediatric patients may have one (1) asymptomatic parent accompany the patient and wait in the 4th floor waiting area. Cardiac Catheterization Lab - The family must have an asymptomatic family member present for the physician to speak to and for post op instructions after the procedure to wait in the third floor waiting area adjacent to cardiology.
**[Healthy vaccinated or healthy unvaccinated with negative COVID test within the past 48hours]		