






Monday	Tuesday	Wednesday	Thursday	Friday
2  Happy New Year	3	4	5	6
9	10	11	 Virtual Maternity Tour English 1:00 PM – 2:00 PM	13
16  I Have A Dream Martin Luther King, Jr. Day	17	18	 Visita Virtual de Maternidad 1:00 PM – 2:00 PM	20
23	24	25	 Virtual Maternity Tour English 1:00 PM – 2:00 PM	27
30				<i>*Please note classes and events are subject to cancel or reschedule 12/9/22</i>

**For more information or to register for a
Maternity Tour, please call 818.502.2378.**

At Central and Los Feliz
1420 S. Central Avenue | Glendale, CA 91204
818.502.1900 | dignityhealth.org/glendalememorial

All Classes are
FREE of Charge

Todas las clases
son GRATIS

Zoom Patient Instructions

Android

Patient will need to download
the Zoom Application
Before Video Visit

- 1) Go to the Google
Play Store
- 2) Search **Zoom**
- 3) Select **Install**



iPhone:

Patient will need to download
the Zoom Application

Before Video Visit:

- 1) Go to the Apple Store
- 2) Search **Zoom**
- 3) Select **Install**



Directions

From Downtown Los Angeles

- Take the 110 North
- Merge onto the I-5 North
- Exit Los Feliz Blvd.
- Turn right on Central Ave.
- Turn left on Laurel Street
- Turn right into the parking structure

From Pasadena:

- Take 210 West toward Glendale
- Merge onto 134 West
- Exit Brand/Central and turn left on Central Ave.
- Go south two miles to Laurel Street
- Turn left on Laurel Street
- Turn right into the parking structure

From the San Fernando Valley

- Take the 101 East toward Glendale
- Merge onto the 134 East
- Exit Brand/Central and turn right on Central Ave.
- Go south two miles to Laurel Street
- Turn left on Laurel Street
- Turn right into the parking structure entrance

From the Santa Clarita Valley:

- Take the I-5 South toward Glendale
- Exit Los Feliz Blvd.
- Turn right on Central Ave.
- Turn left on Laurel Street
- Turn right into the parking structure entrance

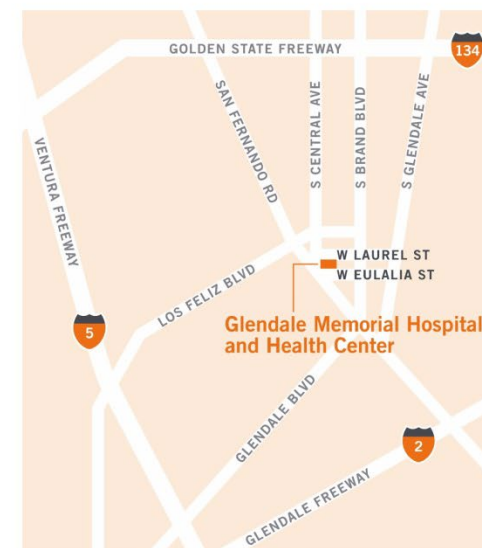
Important Phone Numbers

Main Hospital	818.502.1900
Labor & Delivery	818.502.1900 ext. 2345
Admitting	818.502.2212
SDC	818.502.2222



- 1 – Hospital Main Entrance
- 2 – Emergency Department / Chest Pain Center
- 3 – Marcia Ray Breast link Women's Imaging Center
- 4 – Colorectal Care Center
- 5 – Women's Center

Nationally recognized for patient
Safety and quality care.



NOTES _____
