



| Monday                                                                                  | Tuesday | Wednesday | Thursday                                                                                                                                             | Friday                                                                                               |
|-----------------------------------------------------------------------------------------|---------|-----------|------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|
|                                                                                         |         | 1         | 2                                                                                                                                                    | 3                                                                                                    |
| 6                                                                                       | 7       | 8         | 9<br><br>Virtual Maternity Tour<br>English<br>1:00 PM – 2:00 PM   | 10                                                                                                   |
| 13                                                                                      | 14      | 15        | 16<br><br>Visita Virtual de<br>Maternidad<br>1:00 PM – 2:00 PM    | 17<br>            |
| 20<br> | 21      | 22        | 23<br><br>Virtual Maternity Tour<br>English<br>1:00 PM – 2:00 PM | 24                                                                                                   |
| 27                                                                                      | 28      | 29        | 30                                                                                                                                                   | 31<br><i>*Please note classes and<br/>events are subject to cancel<br/>or reschedule<br/>12/9/22</i> |

For more information or to register for a  
Maternity Tour, please call 818.502.2378.

At Central and Los Feliz  
1420 S. Central Avenue | Glendale, CA 91204  
818.502.1900 | [dignityhealth.org/glendalememorial](https://dignityhealth.org/glendalememorial)

All Classes are  
FREE of Charge

Todas las clases  
son GRATIS

## Zoom Patient Instructions

### Android

Patient will need to download  
the Zoom Application  
Before Video Visit

- 1) Go to the Google  
Play Store
- 2) Search **Zoom**
- 3) Select **Install**



### iPhone:

Patient will need to download  
the Zoom Application  
Before Video Visit:

- 1) Go to the Apple Store
- 2) Search **Zoom**
- 3) Select **Install**



## Directions

### From Downtown Los Angeles

- Take the 110 North
- Merge onto the I-5 North
- Exit Los Feliz Blvd.
- Turn right on Central Ave.
- Turn left on Laurel Street
- Turn right into the parking structure

### From Pasadena:

- Take 210 West toward Glendale
- Merge onto 134 West
- Exit Brand/Central and turn left on Central Ave.
- Go south two miles to Laurel Street
- Turn left on Laurel Street
- Turn right into the parking structure

### From the San Fernando Valley

- Take the 101 East toward Glendale
- Merge onto the 134 East
- Exit Brand/Central and turn right on Central Ave.
- Go south two miles to Laurel Street
- Turn left on Laurel Street
- Turn right into the parking structure entrance

### From the Santa Clarita Valley:

- Take the I-5 South toward Glendale
- Exit Los Feliz Blvd.
- Turn right on Central Ave.
- Turn left on Laurel Street
- Turn right into the parking structure entrance

## Important Phone Numbers

|                  |                        |
|------------------|------------------------|
| Main Hospital    | 818.502.1900           |
| Labor & Delivery | 818.502.1900 ext. 2345 |
| Admitting        | 818.502.2212           |
| SDC              | 818.502.2222           |



- 1 – Hospital Main Entrance
- 2 – Emergency Department / Chest Pain Center
- 3 – Marcia Ray Breast link Women's Imaging Center
- 4 – Colorectal Care Center
- 5 – Women's Center

Nationally recognized for patient  
Safety and quality care.



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