

# Weight Loss Support Group 2022 Calendar



**The Weight is Over....  
Improve Your Life and Your  
Health Now!**

## **Pre-Registration Required**

- \*Gastric Bypass*
- \*Gastric Sleeve*
- \*Adjustable Lap Band*

Virtual Support groups are now available every month at 5 p.m. for metabolic and bariatric patients.

Call today and request a link for the next support group.

## **SUPPORT GROUP SCHEDULE**

Jan 26

February 23

March 23

April 27

May 25

June 22

**Call Today! 562.491-7935**

**[dignityhealth.org/stmarymedical/swl](https://dignityhealth.org/stmarymedical/swl)**

