

Lose weight. Gain joy.

The physical, emotional and health benefits of weight loss can put life on a whole new path. Take that first step: join us for a virtual seminar to meet the Dominican Bariatrics team and have your questions answered.

- Dr. Paul Nguyen will discuss surgical options
- Nutritionist Melissa Devera will discuss healthy eating habits
- Learn more about the next steps to take toward better health

This event will be hosted via Zoom and admission is free. Register today, and take that first step toward a healthier future.

Virtual Event

February 18, 2021

5:30 p.m.

Hosted via Zoom

Admission is free, but space is limited.

Register today at: <https://tinyurl.com/yaoum83n>

Questions? Please contact Sandra Brackle at 805.637.3221 or Sandra.Brackle@dignityhealth.org.

