



# Prepare for your appointment before you arrive!

Update your health history at your own pace with no distractions. Complete all required forms from the comfort of your home, on your own device. Skip the check in lines, and pay your copay and balance in private.

## Get started!

1. Provide us with your email or cell phone number today.
2. You will receive an email or text message prior to your next appointment.
3. Click on the link provided and complete your Pre-Visit check in on your own device; cell phone, tablet or computer.

## Day of your appointment

1. Arrive at our office
2. Use the kiosk to check-in
3. Follow the instructions on the screen