

Human Trafficking Medical Safe Haven Curriculum

1. Human Trafficking Trauma Informed Care Training

Include clinic staff, resident physicians and faculty.

Training Resources to Consider:

- *Creating a Medical Safe Haven Educational Module* (access at www.DignityHealth.org/msh)
- Human Trafficking 101 Educational Flyer
- Trauma Informed Care Educational Module
- Labor and/or Sex trafficking survivor speaker(s)
- Victim service agency representative
 - perspective on Trauma Informed Care for client population served

2. Recognition / obtaining a thorough history (workshop)

Training Resources to consider: (access at www.DignityHealth.org/msh)

- a. HT MSH patient care physician tip Sheet
- b. Include role play: bring in subject matter expert from HT response agency
- c. Show patient visit role play video

3. Health Screenings in HT patients

4. Child Abuse/ Adverse Childhood Events

5. Trauma/Complex PTSD

6. Anxiety and Depression

7. Substance Abuse Disorder

8. STI

9. Trauma-Informed affirming care for LGBTQ+ patient population

10. Labor Trafficking (workshop)

- a. Physical signs/indicators
- b. Labor trafficking survivor speaker
- c. Show video of subject matter expert from agency
 - Resource: Coalition to Abolish Slavery and Human Trafficking (CAST)

11. Connecting to local resources (workshop)

- a. Visit 2-3 local HT response agencies in small groups (over multiple days)
- b. Show a few videos of subject matter experts from HT response agencies
 - I. Scope of services
 - II. What moving from victim to resiliency in their clients look like
 - III. How the Medical Safe Haven can help
 - IV. Story of success
- c. Provide a tip sheet to include name of agency, scope of services and how physicians can help. (Refer to: Sample Agency Resource Tip Sheet)

12. Resiliency: Provider burnout/ protection

- a. Bring in therapist as subject matter expert to discuss
 - i. Vicarious trauma and how to respond to it
 - ii. Grounding techniques for physicians
 - iii. Self-Care