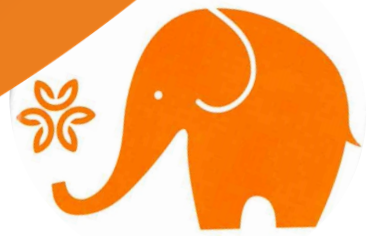


# Prenatal Orientation 2019



**Learn** everything you need to know to make your little one's arrival a stress-free joyous occasion! Classes are guided by our Sierra Nevada Family Birth Center nurses. Tour the Birth Center and discuss what to expect during your stay with us. Have your questions answered by our expert staff!

**Classes are held in Classroom A  
in (Building 2) from 7-9 p.m.**

Thursday January 10	<b>2 0 1 9</b>	Thursday July 11
Thursday February 14		Thursday August 8
Thursday March 14		Thursday September 12
Thursday April 11		Thursday October 10
Thursday May 9		Thursday November 14
Thursday June 13		Thursday December, 12