

# Methodist Hospital of Sacramento

## FAST FACTS 2017

Built in 1973, Methodist Hospital of Sacramento is committed to providing daily excellence in health care for residents of Sacramento's southern suburbs, including the Elk Grove, Wilton and Galt communities.

### Our Values

We are committed to providing high-quality, affordable health care to the communities we serve. Above all else we value:

- Collaboration
- Justice
- Dignity
- Stewardship
- Excellence

### Orthopedics & Sports Medicine

This program offers specialty care to patients suffering from injuries and diseases affecting bones, joints, ligaments, tendons, muscles and nerves. Methodist Hospital participates in the American Joint Replacement Registry, which was created to meet the need for comprehensive, scientific assessment of devices, treatment protocols, surgical approaches, and patient factors influencing the results of hip and knee replacement surgeries.

### Rehab Center

Our Rehab Center is the only Dignity Health facility in Sacramento with an indoor pool. The Center treats people of all ages for orthopedic and neurological diagnoses.

### Hand Therapy Program

This program offers patients a comprehensive approach to hand, wrist and elbow injuries caused by carpal tunnel syndrome, rheumatoid arthritis or sports or work-related injuries. Patients work directly with a Certified Hand Therapist at Methodist's Outpatient Rehab Center.



### Family Birth Center

Each Family Birth Center suite has state-of-the-art equipment, with labor, delivery and recovery taking place in the comfort of our spacious, private rooms. The center also includes a level II Neonatal Intensive Care Unit for premature and seriously ill infants.

### Bariatric Program

We offer a multi-disciplinary, team-centered approach and have been recognized as a Bariatric Surgery Center of Excellence by the American Society for Metabolic and Bariatric Surgery. The program offers patients three types of weight loss surgery: gastric bypass, lap band and sleeve gastrectomy.

### Bruceville Terrace

Licensed to Methodist Hospital, this 171-bed, sub-acute skilled nursing long-term care facility provides care for the elderly, as well as those requiring extended recoveries.

### Mercy Family Residency Program

Established in 1995, this accredited and nationally recognized three-year program of excellence provides resident physicians with specialty training in primary care family medicine.

## Expanding to meet your needs



### Expanded Emergency Room

Methodist's Emergency Room (ER) includes more than 21,000 square feet, 29 patient rooms, most of which are completely private rooms and three that are critical resuscitation rooms built for rapid response to any medical emergency. The project sets a new

standard for health care excellence in the southern Sacramento County, while maintaining our heritage of caring for every person. The ER can serve more than 75,000 patients a year, is equipped with electronic medical records and is connected to the county-wide Emergency Management System.

### High-Tech Operating Rooms

A high-tech operating room opened in 2007 for minimally-invasive surgery, called laparoscopic surgery, in areas of general and orthopedic surgery, gastric bypass and plastic & reconstructive surgery. The OR incorporates technology for communication with surgeons for teaching purposes throughout the U.S. and the world.

## Additional information



### Career opportunities

The Methodist campus has a culture that allows employees to share their enthusiasm for life, as well as their passion for helping others. If you're interested in working in an environment dedicated to achieving daily excellence, call Human Resources

at 916.423.6179 or visit [dignityhealthcareers.org](http://dignityhealthcareers.org).

### Mercy Foundation

Mercy Foundation's Methodist office supports many hospital programs through philanthropy. Call Mercy Foundation at 916.681.1629 to make a donation or for information.

### Volunteer opportunities

Every day our volunteers bring a caring touch to our campus and to people throughout the community. For information about volunteering, please call 916.423.6155.

## Vital Statistics

- Licensed acute-care beds: 158
- Employees: 1,150
- Affiliated medical staff: 531
- Emergency Department beds: 29
- Emergency Department visits per year: 61,800
- Babies delivered per year: 1,950

