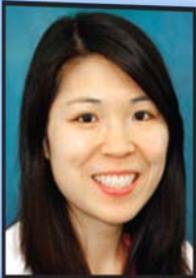


Learn more about our new Residents!



Chris is always up for an adventure. He has spent time hiking in the Himalayas, watching the World Cup in Brazil and diving through the reefs of the Riviera Maya. He also likes to camp at Yosemite and Big Sur. Chris enjoys ultimate Frisbee and played three years in college and throughout medical school in the LA area. Chris is interested in sports medicine and is looking forward to serving the underserved communities in Southern California during his residency at Northridge.



Janet has spent her entire life living in the Valley however, her childhood was anything but ordinary. She and her 30 relatives all resided in the same city so most weekends were spent at birthday parties and family gatherings. Nowadays Janet spends the majority of her free time with the newest family member, her loving husband of one year. She has converted him into a fellow foodie, while he has turned her into a Fitbit fanatic. Together they love trying new foods and exploring new places locally or regionally.



Chelsey is a Southern California native born and raised in Old Agoura. She loves nothing more than to play outside in the hills of the Santa Monica mountains or in the waves of the Pacific Ocean. God has blessed her with a handsome and supportive husband and an amazing daughter. Her passion is sports, horses, family and most importantly her faith.



Stephen is excited to be joining the Northridge Family Medicine Program. He hails from the mid-west where he was raised in a small suburb of Chicago and attended Indiana University, school of medicine. He has interests in preventative medicine, obstetrics, health policy and integrative medicine. In his downtime, he can be found listening to live music, enjoying scenic hikes, browsing art museums and trying new cuisines. Having survived many cold winters in Chicago, he is eager to enjoy the beautiful weather in LA.



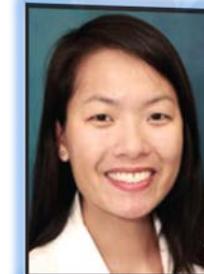
Minh is an open book, if you ask! In this past year Minh has live on a 26ft sailboat, hiked to the top of Mt. Baldy and flown to a small fishing village in Baja Mexico. In the summer between medical school and residency, Minh traveled to Peru to witness the magnificence of Machu Picchu. She also became ratified sailor with the American Sailing Association and sailed multiple times to Catalina on his and hers significant others sailboat. While this may sound adventurous, Minh considers herself a homebody preferring a book or movie on a typical Friday night. While traveling at NHMC, Minh hopes to become the best family physician she can be and continue to serve the people of the SFV.



Tara was born in Iran and grew up in a family of five. She moved to sunny San Diego as a teenager and attended UCSD for her undergraduate. She enjoys spending time with her fiancé, family and friends. She enjoys the beach, reading, trying new food and exploring new hiking trails.



Matthew was born in Queens, NY and grew up in Sacramento, CA. He attended medical school at A.T. Still University school of Osteopathic medicine in Arizona, where he met his now wife. Matthew enjoys working with the underserved communities, full spectrum family medicine and preventative medicine. Outside of medicine, you can find him hiking, playing soccer, running, practicing guitar and spending time with family and friends. Matthew is very excited to be a part of the Dignity Health Family.



Born in the Bronx and raised in the Central Valley of CA, Mary now proudly calls Southern California her home. In her free time she and her boyfriend Jay, a native of Granada Hills, loves to hike, eat and joy all that LA has to offer. Mary also loves spending time with her family and being an Auntie to 5 adorable little people. Mary has been to Machu Picchu! Ask her about her trip if you ever see her-it's a wild story!