



Physician Directory

Select a Blue Shield doctor that's right for you.



Our Mission

Dignity Health and our Sponsoring Congregations are committed to furthering the healing ministry of Jesus. We dedicate our resources to:

- Delivering compassionate, high-quality, affordable health services;
- Serving and advocating for our sisters and brothers who are poor and disenfranchised; and
- Partnering with others in the community to improve the quality of life.



St. Mary Medical Center
1050 Linden Avenue
Long Beach, CA 90813
dignityhealth.org/stmarymedical

Welcome.

Once you have successfully enrolled in a Blue Shield HMO or PPO plan through Covered California, it will be time for you to choose a doctor that meets the needs of you and your family.

At Dignity Health – St. Mary Medical Center we know this can be challenging, so we’ve partnered with Blue Shield to make this process as easy as possible.

Let’s get started:

Step 1: Browse through our list of Blue Shield HMO, PPO and Dignity Health participating physicians.

Step 2: Select a doctor that is most convenient for you.

You can also go to dignityhealth.org/stmarymedical to get more details about our services or call 562.491.4895 to find a doctor that’s right for you.

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Disclaimer: Dignity Health is presenting this information as a service to the public and it should be used for reference purposes only. While every effort is made to ensure current, accurate data, provider information changes frequently and may have been changed since this directory was last updated. Some participating providers may have been added or removed from Blue Shield’s provider network after this directory was printed. To get the most up to date information about Blue Shield providers in your area,

Family Practice



Karen T. Dix, MD
911 E. San Antonio Dr. #4
Long Beach, CA 90807



Ronald Philipp, DO
2255 Lakewood Blvd.
Long Beach, CA 90815



Mario O. Lopez, MD
720 Alamitos Ave.
Long Beach, CA 90813



John K. Young, DO
1230 E. Carson St.
Long Beach, CA 90807

Dien V. Pham, MD
855 E. Anaheim St.
Long Beach, CA 90813

Tara Reid, DO
2255 Lakewood Blvd.
Long Beach, CA 90815



Internal Medicine



Barry S. Allswang, MD
3801 Katella Ave. #330 Los
Alamitos, CA 90720



Clayton B. DeJong, MD
300 Redondo Ave.
Long Beach, CA 90814



Youssef B. Awad, MD
3530 Long Beach Blvd.
#120
Long Beach, CA 90807



Peter P. Ferrera, MD
1045 Atlantic Ave. #505
Long Beach, CA 90813



Maurice A. Bell, MD
4100 Long Beach Blvd. #200
Long Beach, CA 90807



Bijan Y. Ghatan, MD
20401 S. Avalon Blvd. #B
Carson, CA 90746



Diana R. Bryant, MD
1777 N. Bellflower Blvd. #101
Long Beach, CA 90815



Rodolfo Ibarra, MD
911 E. San Antonio Dr. #1
Long Beach, CA 90807



Gerald A. Cohen, MD
3801 Katella Ave. #330
Los Alamitos, CA 90720



John G. Issa, MD
5150 E. Pacific Coast Hwy.
#500
Long Beach, CA 90804

To schedule an appointment with a physician call
562.491.4895
or visit dignityhealth.org/stmarymedical

Internal Medicine



Steven J. Lake, MD
911 E. San Antonio Dr. #6
Long Beach, CA 90807



Ronaldo V. Roque, MD
1760 Termino Ave. #104
Long Beach, CA 90804



Thomas E. McCloy, MD
1045 Atlantic Ave. #1019
Long Beach, CA 90813



Siamak Rouzroch, MD
1703 Termino Ave. #107
Long Beach, CA 90804



Meena K. Meka, MD
1510 E. 7th St.
Long Beach, CA 90813



David R. Singer, MD
411 East 10th St. #105
Long Beach, CA 90813



Visal Nga, DO
1269 E. Anaheim St.
Long Beach, CA 90813



Vannarith So, MD
1777 N. Bellflower Blvd.
#101
Long Beach, CA 90815



Rene D. Perez-Silva, MD
3801 Katella Ave. #330
Los Alamitos, CA 90720



Chok P. Wan, MD
2153 Pacific Ave.
Long Beach, CA 90806

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Fataneh Amidi, MD
1045 Atlantic Avenue,
Suite 508
Long Beach, CA 90813



Nicolas A. Dikio, MD
9837 Belmont St.
Los Bellflower, CA 90706



Rabin Mizrahi, MD
1045 Atlantic Ave. #508
Long Beach, CA 90813



Narender N. Bhatia, MD
3650 Atlantic Ave.
Long Beach, CA 00807



Hadi M. Emamian, MD
1045 Atlantic Ave. #508
Long Beach, CA 90813



Wilson A. Morales, MD
16660 Paramount Blvd. #309
Paramount, CA 90723



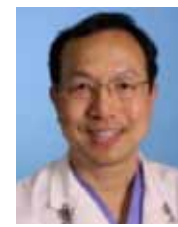
Josephine B. Saad, MD
5750 Downey Ave. #201
Lakewood, CA 90712



John P. Cardin, MD
2880 Atlantic Ave. #230
Long Beach, CA 90806



Michelle L. Eno, MD
2699 Atlantic Ave.
Long Beach, CA 90806



Ha Son Nguyen, MD
1951 Pacific Ave.
Long Beach, CA 90806



Douglas C. Smith, MD
2699 Atlantic Ave.
Long Beach, CA 90806



Cynthia W. Chao, DO
1703 Termino Ave. #203
Long Beach, CA 90804



Joel Kizner, MD
10861 Cherry St. #109
Los Alamitos, CA 90720



Diemchi Nguyenphuc, MD
1951 Pacific Ave.
Long Beach, CA 90806



Bertram Sohl, MD
1045 Atlantic Ave. #508
Long Beach, CA 90813



Michael L. Cogan, MD
2683 Pacific Ave., Suite A
Long Beach, CA 90806



Jinwen I. Lin, MD
3650 E. South St. #403
Lakewood, CA 90712



John L. Pinches, DO
3801 Katella Ave. #302
Los Alamitos, CA 90720



Kathy Wilson, MD
2683 Pacific Ave.
Long Beach, CA 90806



Jose L. De La Rosa, MD
16415 S. Colorado Ave. #103
Paramount, CA 90723



Tamarah M. Manning, MD
2699 Atlantic Ave.
Long Beach, CA 90806



Carlos A. Rosales, MD
2699 Atlantic Ave.
Long Beach, CA 90806

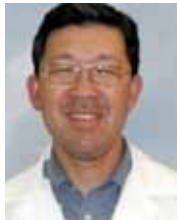


Leilani Woodson, MD
3650 E. South St. #403
Lakewood, CA 90712

Pediatrics



Janet T. Do, MD
1045 Atlantic Ave. #605
Long Beach, CA 90813



Glen T. Fukumura, MD
2699 Atlantic Ave.
Long Beach, CA 90806



Gayda Y. Garcia, MD
123 East F St. #F
Wilmington, CA 90744



Hanan N. Haman, MD
2777 Pacific Ave. #209
Long Beach, CA 90806



Emily Y. Hsu, MD
1045 Atlantic Ave. #605
Long Beach, CA 90813



Young-Jae Kwon, MD
1040 Elm Ave. #200
Long Beach, CA 90813



Kit H. Lee, MD
3300 E. South St. #204
Long Beach, CA 90805



Alexander Maneffa, MD
4401 Atlantic Ave. #300
Long Beach, CA 90807



Thecla N. Mgbojirikwe, MD
215 W. Anaheim St.
Wilmington, CA 90744



Carolyn M. Nichols, MD
4401 Atlantic Ave. #300
Long Beach, CA 90807



Ejike C. Onyeador, MD
1045 Atlantic Ave. #715
Long Beach, CA 90813



Jenny S. Pan, MD
1045 Atlantic Ave. #605
Long Beach, CA 90813



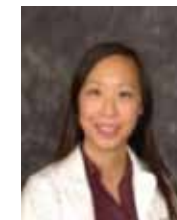
Jacob Sweidan, MD
12665 Garden Grove Blvd. #713
Garden Grove, CA 92843



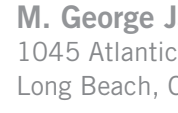
Song N. Tan, MD
1025 Atlantic Ave.
Long Beach, CA 90813



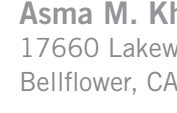
Bala Venugopal, MD
999 N. Tustin Ave. #124
Santa Ana, CA 92705



Aline Y. Wong, MD
1045 Atlantic Ave. #605
Long Beach, CA 90813



M. George Jayatilaka, MD
1045 Atlantic Ave. #818
Long Beach, CA 90813



Asma M. Khan, MD
17660 Lakewood Blvd.
Bellflower, CA 90706



Derek L. Mc Crae, MD
2880 Atlantic Ave. #170
Long Beach, CA 90806



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Pediatrics

Welcome to humankindness

at Dignity Health – St. Mary Medical Center

If you have selected or will soon select a Covered California HMO or PPO plan through Blue Shield of California and you live in the Long Beach area, this directory is a good place to start your search for a new doctor.

Let us now introduce you to Dignity Health – St. Mary Medical Center and share why our affiliated physicians and clinical teams are also great choices for you and your family. At Dignity Health, we stand apart because we believe that humankindness holds the power to heal the people we serve and the world we share.

More than a century of experience and years of scientific research have taught us that medicine is more effective when delivered with humankindness. At Dignity Health, this understanding drives every interaction with the people we serve. We don't see our patients as numbers on a chart, but human beings worthy of the utmost compassion and respect. To us, excellent care depends both on the correct diagnosis, and the proper treatment as well as our ability to listen, communicate and make our patients feel like welcomed guests.

Of course Dignity Health – St. Mary Medical Center has top line specialized programs and services as well as numerous awards and recognition from leading health care quality ratings agencies. All that information is available on our website at dignityhealth.org/stmarymedical. Check it out for detailed information about our services and clinical expertise.

For help by phone in finding a doctor that's right for you, call **562.491.4895**.

Hello humankindness™

