Greater Sacramento Market

2022 Community Health Implementation Strategy

Adopted October 2022

















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At-a-Glance Summary

Community Served



Sacramento County includes seven incorporated cities, with the City of Sacramento being the largest. Covering a geographic area of 994 square miles and home to approximately 1.56 million residents, Sacramento County sits at the northern portion of California's Central Valley, situated along the Interstate 5 corridor. The area consists of both urban and rural communities and has over 30 cities, census-designated places, and unincorporated communities. Sacramento County ranks as California's 26th most overall healthy county among the 58 in the state.

- Mercy Folsom is located in Folsom and has 850 employees, 120 active medical staff, 106 licensed acute care beds, and 25 emergency department beds. Mercy Folsom is a community hospital serving the Sierra foothills communities of Folsom, El Dorado Hills, Granite Bay, Cameron Park, Shingle Springs and Rescue.
- Mercy San Juan Medical Center is located in Carmichael and has 2,575 employees, 611 active medical staff, 384 licensed acute care beds, and 31 emergency department beds. The hospital has been serving the areas of north Sacramento and south Placer County for more than 50 years. The hospital is part of the region historically known for its lack of safety net providers to serve low-income and vulnerable residents.
- Mercy General is located in East Sacramento, and has 1,950 employees, 800 active medical staff, 313 licensed acute care beds, and 20 emergency department beds. The hospital serves communities across three counties including: Sacramento, Yolo and El Dorado. Mercy General's large primary service area encompasses a diverse community with numerous neighborhoods reflecting higher rates of poverty, increased cases of homelessness, lack of insurance and lack of education.
- Methodist Hospital is located in South Sacramento and has 1,264 employees, 587 medical staff, 158 licensed acute care beds, and 29 emergency department beds. The hospital serves a large and highly diverse segment of south Sacramento County including the more densely populated suburban communities of Elk Grove and Laguna, and rural neighborhoods of Wilton and Galt. The hospital's service area is home to over 830,000 residents; nearly 30% percent of these residents are Medi-Cal-insured.

Significant Community Health Needs Being Addressed

The significant community health needs the hospitals are helping to address and that form the basis of this document were identified in the hospitals' most recent Community Health Needs Assessment (CHNA). Needs being addressed by strategies and programs are:



- Access to Mental/Behavioral Health and Substance-Use Services
- 2. Access to Basic Needs Such as Housing, Jobs, and Food
- 6. Health Equity: Equal Access to Opportunities to be Healthy
- 7. Active Living and Healthy Eating
- 8. Safe and Violence-Free Environment

- 3. Access to Quality Primary Care Health Services
- 4. System Navigation
- 5. Injury and Disease Prevention and Management
- 9. Increased Community Connections
- 10. Access to Specialty and Extended Care

Strategies and Programs to Address Needs



The hospitals intend to take several actions and to dedicate resources to these needs, including:

- Housing with Dignity Homeless Program: In partnership with Lutheran Social Services, this stabilization program aims to assist homeless individuals with severe chronic health and mental health issues obtain and retain housing, care and services designed to achieve stability in their lives.
- Gregory Bunker Care Transitions Center of Excellence: This collaborative
 engages other Dignity Health hospitals and health systems in the region,
 Sacramento County and Federally Qualified Health Center, WellSpace
 Health, and provides a recuperative care shelter for homeless patients with
 available physical and mental health, and substance abuse treatment.
- ReferNet Intensive Outpatient Mental Health Partnership: The hospitals
 works in collaboration with community-based nonprofit mental health
 provider, El Hogar, to provide a seamless process for patients admitting to
 the emergency department with mental illness to receive immediate and
 ongoing treatment and other social services they need for a continuum of
 care when they leave the hospital.
- SPIRIT Project: The Sacramento Physicians' Initiative to Reach Out, Innovate and Teach (SPIRIT) operated under the Sierra Sacramento Valley Medical Society exists as a vehicle to involve physicians in the community. SPIRIT recruits and places physician volunteers in local clinics to provide free specialty medical care to the uninsured and coordinates and case manages surgical procedures donated at local hospitals and ambulatory surgery centers.
- Patient Navigator Program: Patient navigators in the hospitals' emergency
 department connect patients seen and treated at the hospital to medical
 homes at community health centers and provider offices throughout the
 region. The Patient Navigator Program represents a unique collaboration
 between Dignity Health, Sacramento Covered, a community-based
 nonprofit organization, and community clinics in the region.
- Community Based Violence Prevention Program: Focuses on educating staff to identify and respond to victims within the hospitals; provide victimcentered, trauma-informed care; and collaborate with community agencies to improve quality of care.

Anticipated Impact



The anticipated impacts of specific, major program initiatives, including goals and objectives, are stated in the program highlights on the following pages. Overall, the hospitals anticipate that actions taken to address significant health needs will: improve health knowledge, behaviors, and status; increase access to care; and help create conditions that support good health. The hospitals are committed to monitoring key initiatives to assess and improve impact. The Community Health Committee, hospitals' executive leadership, Community Board, and Dignity Health

receive and review program updates. The hospitals create and make public an annual Community Benefit Report and Plan, and evaluates impact and sets priorities for its community health program by conducting Community Health Needs Assessments every three years.

Planned Collaboration



- All Geographic Managed Care Medi-Cal plans
- Medi-Cal Dental plans
- UC Davis Health Center
- Sutter Health
- Kaiser Permanente
- Federally Qualified Health Centers
- Sacramento Covered
- Homelessness Service Providers
- Housing Organizations
- Sierra Health Foundation
- Sierra Sacramento Valley Medical Society
- Hospital Council of Northern and Central California
- Sacramento County
- Sacramento Metro Fire, EMS and Law Enforcement
- El Hogar Community Services, Inc.
- International Rescue Committee, Inc.
- Anti-Recidivism Coalition
- Wind Youth Services
- Community Against Sexual Harm
- Sacramento Food Bank & Family Services
- WEAVE, Inc.
- YMCA of Superior California
- City of Refuge
- Neighborhood Wellness Foundation
- Chicks in Crisis
- Latino Coalition for Healthy California
- La Familiar Counseling Center, Inc.
- Child Protective Services
- Community and Advocacy Organizations

This document is publicly available online at https://www.dignityhealth.org/sacramento/about-us/community-health-and-outreach/health-needs-assessment.

Written comments on this report can be submitted to the Community Health and Outreach Department at 3400 Data Drive, Rancho Cordova, CA 95670 or by e-mail to DignityHealthGSSA_CHNA@dignityhealth.org.

Our Hospital and the Community Served

About Mercy Hospital of Folsom, Mercy San Juan Medical Center, Mercy General Hospital and Methodist Hospital of Sacramento

Methodist Hospital is a member of Dignity Community Care and Mercy Hospital of Folsom, Mercy San Juan Medical Center, and Mercy General Hospital are members of Dignity Health, which is part of CommonSpirit Health.

- Mercy Folsom opened in 1989, located at 1650 Creekside Drive in Folsom, CA, and today has 850 employees, 120 active medical staff, 106 licensed acute care beds, and 25 emergency department beds. Services range from outpatient surgery to inpatient care delivered in Medical Telemetry, Surgical Acute and Intensive Care units. The hospital provides surgical services including minimally-invasive general, urological and gynecological surgeries. Mercy Folsom is certified as a Baby Friendly Hospital by the WHO and UNICEF and has a wonderful Family Birth Center unit with 8 labor/post-partum rooms, offering a free Doula service, labor tubs and an outpatient lactation clinic located directly next to the Hospital. This hospital has a comprehensive and award-winning orthopedic services, which include surgery, inpatient and outpatient rehabilitation and specialty orthopedic care. As a certified Joint Commission Stroke Center, the hospital provides exceptional care to patients in Medical, Surgical and Intensive Care units, as well as the Emergency Department.
- Founded in 1967, Mercy San Juan Medical Center is a nationally recognized not-for-profit tertiary care hospital located at 6501 Coyle Avenue, in Carmichael, CA, and serves the areas of north Sacramento and south Placer County. The hospital has 2,575 employees, 611 active medical staff, 384 licensed acute care beds, and 31 emergency department beds. Mercy San Juan Medical Center is a designated Comprehensive Stroke facility and is known for their quality neuroscience program. Mercy San Juan Medical Center is also Dignity Health's only level II trauma center in the Sacramento market; the Trauma Prevention and Outreach program provides community education and outreach efforts to decrease preventable death and injuries through a number of programs from newborn safety car seat checks to teen driving and fall prevention for seniors. Additionally, the hospital offers hyperbaric oxygen (HBO) treatment and OP wound care, providing much needed services in a hospital setting, thus offering patients added safety and comfort, knowing they are surrounded by a team of highly trained nurses, physicians and HBO therapists. The new 40-bed, level III Neonatal Intensive Care Units (NICU) has long been a leader in caring for the smallest of newborns and is ranked in the top 1-2% throughout Dignity Health in regards to quality of care and safe patient outcomes. The NICU is equipped to provide specialized care including invasive monitoring, conventional ventilation, surgery, transport service, inhaled nitric oxide and high frequency oscillator ventilation and offers a state-of-the-art milk preparation room staffed 24/7 with a certified NICU Dietitian specialist and certified milk technicians through a robust breast milk donor program where all babies who qualify can receive donor breast milk to help support their nutritional needs.
- Since 1925, Mercy General has been caring for residents in the heart of East Sacramento, CA and providing a wide range of health, social and support services with special advocacy for the poor and underserved. The hospital, located at 4001 J Street, has 1,950 employees, 800 active medical staff, 313 licensed acute care beds, and 20 emergency department beds. Mercy General is a tertiary care facility serving residents from across a broad portion of the region including Sacramento, Yolo and El Dorado Counties. Mercy General houses the first CARF (Commission on Accreditation of Rehabilitation Facilities) accredited Acute Rehabilitation Unit in the region. Alex G. Spanos Heart & Vascular Center is a state-of-art, four story addition that provides all cardiac services under one roof:

Cardiac Rehabilitation, Cardiac Support Unit and Cardiopulmonary Services. It also includes: 71 private, family-friendly patient rooms, expanded 21-bed cardiac ambulatory procedure area and a highly advanced 20-bed cardiac surgery ICU. The hospital's large primary service area encompasses a diverse community with numerous neighborhoods reflecting higher rates of poverty, increased cases of homelessness, lack of insurance and lack of education.

Methodist Hospital opened in 1973, after a decade-long effort to expand health care services for residents in the south area of Sacramento, CA. Located at 7500 Hospital Drive, the hospital became a member of Dignity Health in 1993, and today has 1,264 employees, 587 medical staff, 158 licensed acute care beds, and 29 emergency department beds. Methodist Hospital also operates Bruceville Terrace, a 171-bed, sub-acute skilled nursing long-term care facility that provides for the elderly, as well as those requiring extended recoveries. The hospital holds Centers of Excellence in Bariatrics and Orthopedics and recognition for Blue Distinction Total Value + Center for Knee and Hip by Blue Shield and Certified Primary Stroke Center by American Heart Association/American Stroke Association. Methodist Hospital is home to the Family Medicine Residency Program, an accredited and nationally recognized program which provides resident physicians with specialty training in primary care family medicine. Together, the hospital and residency program implemented a groundbreaking curriculum addressing the identification, treatment and assistance of human trafficking victims and created a one of a kind health clinic for victims, the Human Trafficking Medical Home. The hospital's service area is home to over 830,000 residents; nearly 30% percent of these residents are Medi-Cal-insured. The community is heavily dependent on the hospital to often serve all its health needs. Methodist Hospital maintains its strong, mission-based commitment to caring for Medi-Cal enrollees and all members of the community.

Our Mission

The hospitals' dedication to assessing significant community health needs and helping to address them in conjunction with the community is in keeping with its mission. As CommonSpirit Health, we make the healing presence of God known in our world by improving the health of the people we serve, especially those who are vulnerable, while we advance social justice for all.

Financial Assistance for Medically Necessary Care

It is the policy of CommonSpirit Health to provide, without discrimination, emergency medical care and medically necessary care in CommonSpirit hospital facilities to all patients, without regard to a patient's financial ability to pay. This hospital has a financial assistance policy that describes the assistance provided to patients for whom it would be a financial hardship to fully pay the expected out-of-pocket expenses for such care, and who meet the eligibility criteria for such assistance. The financial assistance policy, a plain language summary and related materials are available in multiple languages on the hospital's website.

Description of the Community Served

Mercy Hospital of Folsom, Mercy San Juan Medical Center, Mercy General Hospital and Methodist Hospital of Sacramento's community or hospital service area (HSA) is defined as the geographic area (by ZIP code) in which the hospital receives its top 75% of discharges. The hospitals' service areas encompasses the following zip codes: 95608, 95610, 95621, 95624, 95626, 95628, 95630, 95632, 95638, 95652, 95655, 95660, 95662, 95670, 95673, 95683, 95693, 95742, 95757, 95758, 95762, 95811, 95814, 95815, 95816, 95817, 95818, 95819, 95820, 95821, 95822, 95823, 95824, 95825, 95826, 95827, 95828, 95829, 95830, 95831, 95832, 95833, 95834, 95835, 95837, 95838, 95841, 95842, 95843, and 95864. A summary description of the community is below. Additional details can be found in the CHNA report online.

Sacramento County was incorporated in 1850, and much of its rich history was influenced by the discovery of gold in the area in 1848. The county is home to California's capital city, Sacramento. The county includes seven incorporated cities, with the City of Sacramento being the



largest. Covering a geographic area of 994 square miles and home to approximately 1.56 million residents, Sacramento County sits at the northern portion of California's Central Valley, situated along the Interstate 5 corridor. The area consists of both urban and rural communities and includes the Sacramento—San Joaquin Delta that connects the Sacramento River to the San Francisco Bay through some 700 miles of winding waterways. Sacramento is often described as a diverse community, and a recent report ranked the city the fourth most racially and ethnically diverse large city in the US. Sacramento County has over 30 cities, census-designated places, and unincorporated communities that include neighborhoods with rich heritages such as Oak Park, known as Sacramento's first suburb, to newer communities such as the City of Rancho Cordova, incorporated in 2003. Sacramento County ranks as California's 26th most overall healthy county among the 58 in the state.

Demographics within the hospitals' service area are as follows, derived from 2022 estimates provided by SG2's Analytics Platform (*Source: Claritas Pop-Facts*® 2022; SG2 Market Demographic Module):

Mercy Folsom

• Total Population: 486,988

• Race/Ethnicity: Hispanic or Latino: 16.2%; White: 60.6%, Black/African American: 3.9% Asian/Pacific Islander: 11.1%, All Other: 8.2%.

% Below Poverty: 5.4%Unemployment: 4.7%

No High School Diploma: 7.0%

Medicaid: 28.9%Uninsured: 5.2%

Mercy San Juan

• Total Population: 557,283

• Race/Ethnicity: Hispanic or Latino: 23.2%; White: 51.5%, Black/African American: 7.0% Asian/Pacific Islander: 10.1%, All Other: 8.2%.

% Below Poverty: 9.5%Unemployment: 5.6%

• No High School Diploma: 10.5%

Medicaid: 33.2%Uninsured: 5.3%

Mercy General

• Total Population: 926,836

• Race/Ethnicity: Hispanic or Latino: 28.1%; White: 34.2%, Black/African American: 10.5% Asian/Pacific Islander: 19.6%, All Other: 7.6%.

% Below Poverty: 11.1%Unemployment: 6.3%

• No High School Diploma: 13.2%

Medicaid: 34.0%Uninsured: 5.3%

Methodist

• Total Population: 484,753

• Race/Ethnicity: Hispanic or Latino: 28.2%; White: 20.9%, Black/African American: 11.3% Asian/Pacific Islander: 32.8%, All Other: 6.8%.

% Below Poverty: 10.6%Unemployment: 6.5%

• No High School Diploma: 16.0%

Medicaid: 35.0%Uninsured: 5.5%

Community Assessment and Significant Needs

The hospitals engages in multiple activities to conduct its community health improvement planning process. These include, but are not limited, to conducting a Community Health Needs Assessment with community input at least every three years, identifying collaborating community stakeholder organizations, describing anticipated impacts of program activities and measuring program indicators.

Community Health Needs Assessment

The health issues that form the basis of the hospital's community health implementation strategy and programs were identified in the most recent CHNA report, which was adopted in May 2022.

The CHNA contains several key elements, including:

- Description of the assessed community served by the hospital:
- Description of assessment processes and methods;
- Presentation of data, information and findings, including significant community health needs;

- Community resources potentially available to help address identified needs; and
- Discussion of impacts of actions taken by the hospital since the preceding CHNA.

Additional detail about the needs assessment process and findings can be found in the CHNA report, which is publicly available at <u>dignityhealth.org/sacramento/about-us/community-health-and-outreach/health-needs-assessment</u> or upon request at the hospital's Community Health office.

Significant Health Needs

The CHNA identified the significant needs in the table below, which also indicates which needs the hospital intends to address. Identified needs may include specific health conditions, behaviors and health care services, and also health-related social needs that have an impact on health and well-being.

Significant Health Need	Description	Intend to Address?
1. Access to Mental/Behavioral Health and Substance-Use Services	Individual health and well-being are inseparable from individual mental and emotional outlook. Coping with daily life stressors is challenging for many people, especially when other social, familial, and economic challenges occur. Access to mental, behavioral, and substance-use services is an essential ingredient for a healthy community where residents can obtain additional support when needed.	✓
2. Access to Basic Needs Such as Housing, Jobs, and Food	Access to affordable and clean housing, stable employment, quality education, and adequate food for good health are vital for survival. Maslow's Hierarchy of Needs suggests that only when people have their basic physiological and safety needs met can they become engaged members of society and self-actualize or live to their fullest potential, including enjoying good health. Research shows that the social determinants of health, such as quality housing, adequate employment and income, food security, education, and social support systems, influence individual health as much as health behaviors and access to clinical care.	✓
3. Access to Quality Primary Care Health Services	Primary care resources include community clinics, pediatricians, family practice physicians, internists, nurse practitioners and physician assistants, pharmacists, telephone advice nurses, and other similar resources. Primary care services are typically the first point of contact when an individual seeks healthcare. These services are the front line in the prevention and treatment of common diseases and injuries in a community.	√
4. System Navigation	System navigation refers to an individual's ability to traverse fragmented social services and healthcare systems in order to receive the necessary benefits and supports to improve health outcomes. Research has demonstrated that navigating the complex U.S. healthcare system is a barrier for many that results in health disparities. Furthermore, accessing social services provided by government agencies can be an obstacle	√

Significant Health Need	Description	Intend to Address?
	for those with limited resources such as transportation access and English proficiency.	
5. Injury and Disease Prevention and Management	Knowledge is important for individual health and well-being, and efforts aimed at injury and disease prevention are powerful vehicles to improve community health. When community residents lack adequate information on how to prevent, manage, and control their health conditions, those conditions tend to worsen. Prevention efforts focus on reducing cases of injury and infectious disease control (e.g., sexually transmitted infection (STI) prevention and influenza shots), and intensive strategies in the management of chronic diseases (e.g., diabetes, hypertension, obesity, and heart disease) are important for community health improvement.	✓
6. Health Equity: Equal Access to Opportunities to be Healthy	Health equity is defined as everyone having the same opportunity to be as healthy as possible.8 Health is largely determined by social factors. Some communities have resources needed to be healthy readily available to them, while others do not. Many people experience barriers as the result of policies, practices, systems, and structures that discriminate against certain groups. Individual and community health can be improved by removing or mitigating practices that result in health inequity. While health equity is described as a specific health need in this assessment, it is recognized that equity plays a role in each health need in a community.	
7. Active Living and Healthy Eating	Physical activity and eating a healthy diet are important for one's overall health and well-being. Frequent physical activity is vital for prevention of disease and maintenance of a strong and healthy heart and mind. When access to healthy foods is challenging for community residents, many turn to unhealthy foods that are convenient, affordable, and readily available. Communities experiencing social vulnerability and poor health outcomes are often overloaded with fast food and other establishments where unhealthy food is sold. They are often challenged with food insecurity, lacking the means to consistently secure food for themselves or their families. When families rely on food pantries and school meals alone, these may not always provide sufficient nutrition for maintaining health.	√
8. Safe and Violence-Free Environment	Feeling safe in one's home and community is fundamental to overall health. Next to having basic needs met (e.g., food, shelter, and clothing) physical safety is essential. Feeling unsafe affects the way people act and react to everyday life occurrences. Furthermore, research has demonstrated that individuals exposed to violence in their homes, the community, and schools are more likely to experience	✓

Significant Health Need	Description	Intend to Address?
	depression and anxiety and demonstrate more aggressive, violent behavior.	
9. Increased Community Connections	As humans are social beings, community connection is a crucial part of living a healthy life. People have a need to feel connected with a larger support network and the comfort of knowing they are accepted and loved. Research suggests "individuals who feel a sense of security, belonging, and trust in their community have better health. People who don't feel connected are less inclined to act in healthy ways or work with others to promote well-being for all." Assuring that community members have ways to connect with each other through programs, services, and opportunities is important in fostering a healthy community. Furthermore, healthcare and community support services are more effective when they are delivered in a coordinated fashion, where individual organizations collaborate with others to build a network of care.	✓
10. Access to Specialty and Extended Care	Extended care services, which include specialty care, are services provided in a particular branch of medicine and focused on the treatment of a particular disease. Primary and specialty care go hand in hand, and without access to specialists such as endocrinologists, cardiologists, and gastroenterologists, community residents are often left to manage the progression of chronic diseases, including diabetes and high blood pressure, on their own. In addition to specialty care, extended care refers to care extending beyond primary care services to support overall physical health and wellness, such as skilled-nursing facilities, hospice care, and in-home healthcare.	✓
11. Access to Functional Needs	Functional needs include indicators related to transportation and disability. Having access to transportation services to support individual mobility is a necessity of daily life. Without transportation, individuals struggle to meet their basic needs, including those needs that promote and support a healthy life. The number of people with a disability is also an important indicator for community health and must be examined to ensure that all community members have access to necessities for a high quality of life.	
12. Access to Dental Care and Preventive Services	Oral health is important for overall quality of life. When individuals have dental pain, it is difficult to eat, concentrate, and fully engage in life. Oral health disease, including gum disease and tooth decay are preventable chronic diseases that contribute to increased risk for other chronic diseases, as well as play a large role in chronic school absenteeism in children. Poor oral health status impacts the health of the	

Significant Health Need	Description	Intend to Address?
	entire body, especially the heart and the digestive and endocrine systems.	
13. Healthy Physical Environment	Living in a pollution-free environment is essential for health. Individual health is determined by a number of factors, and some models show that one's living environment, including the physical (natural and built) and sociocultural environment, has more impact on individual health than other factors such as one's lifestyle, heredity, or access to medical services.	

Significant Needs the Hospital Does Not Intend to Address

Mercy Hospital of Folsom, Mercy San Juan Medical Center, Mercy General Hospital and Methodist Hospital of Sacramento do not have the capacity or resources to address all priority health issues identified in Sacramento County, although the hospitals continue to seek opportunities that respond to the needs that have not been selected as priorities. The hospitals are not addressing access to functional needs, access to dental care and preventive services, and healthy physical environment as these priorities are beyond the capacity and service expertise of Mercy Hospital of Folsom, Mercy San Juan Medical Center, Mercy General Hospital and Methodist Hospital of Sacramento. However, the hospitals will look for opportunities to coordinate and collaborate with other entities that offer programs that address these needs.

2022 Implementation Strategy

This section presents strategies and program activities the hospitals intend to deliver, fund or collaborate with others on to address significant community health needs over the next three years, including resources for and anticipated impacts

of these activities.

Planned activities are consistent with current significant needs and the hospitals' mission and capabilities. The hospitals may amend the plan as circumstances warrant, such as changes in community needs or resources to address them.

Creating the Implementation Strategy

Mercy Hospital of Folsom, Mercy San Juan Medical Center, Mercy General Hospital and Methodist Hospital of Sacramento are dedicated



to improving community health and delivering community benefit with the engagement of its

management team, board, clinicians and staff, and in collaboration with community partners. The Community Board and Community Health Advisory Committee are composed of community members who provide stewardship and direction for the hospitals as a community resource. These parties review community benefit plans and program updates prepared by the hospitals' community health director and other staff.

As a matter of Dignity Health policy, the hospitals' community health and community benefit programs are guided by five core principles. All of our initiatives relate to one or more of these principles:

- Focus on Disproportionate Unmet Health-Related Needs
- Emphasize Prevention
- Contribute to a Seamless Continuum of Care
- Build Community Capacity
- Demonstrate Collaboration

The following outlines the approach taken when planning and developing initiatives to address priority health issues. At the onset, Community Health and Outreach staff engages a core internal team that may include clinical staff, care coordinators and social workers, members of the hospitals' leadership teams, and Dignity Health leaders at the regional and local levels from Mission Integration, IT, Legal, Administration, and Finance. These core teams help shape initiatives, provide internal perspective on issues (i.e. utilization trends relative to the issue, gaps experienced in available follow-up or wraparound care for patients, etc.) and help define appropriate processes, procedures and methodologies for measuring outcomes.

The planning and development of each initiative also involves research on best practices to identify existing evidence-based programs and interventions, and relationship strengthening with community-based providers that serve target populations for intended initiatives. Once identified, community-based partners become part of the hospitals' core project team. Core project teams for all initiatives meet quarterly, or as needed, to evaluate program progress and outcomes, and to make program changes and/or improvements. When target populations and priority health issues are shared by other Dignity Health hospitals in the Greater Sacramento region, initiatives are often regionalized in order to leverage resources, extend reach and achieve greater impact.

Community Health Strategic Objectives

The hospitals believe that program activities to help address significant community health needs should reflect a strategic use of resources and engagement of participants both inside and outside of the health care delivery system.

CommonSpirit Health has established four core strategic objectives for community health improvement activities. These objectives help to ensure that our program activities overall address strategic aims while meeting locally-identified needs.



Build Capacity for More Equitable Communities Create robust alignment with multiple departments and programmatic integration with relevant strategic initiatives to optimize system resources for advancing community health.

Work with community members and agency partners to strengthen the capacity and resiliency of local ecosystems of health, public health, and social services.





Scale initiatives that complement conventional care to be proactive and community-centered, and strengthen the connection between clinical care and social health.

Partner, invest in and catalyze the expansion of evidence-based programs and innovative solutions that improve community health and well-being.



Strategies and Program Activities by Health Need

±	Health Need: Access to Mental/ Behavioral Health and Substance-Use Services						
Anticipated Impact (Goal)	The hospitals' initiative to address access to behavioral health services are anticipated to result in: improve patient linkages to outpatient behavioral health services; provide a seamless transition of care; and improve care coordination to ensure individuals are connected to appropriate care and can access necessary services.						
		Hospital(s)		Strategic	Objectives		
Strategy or Program	Summary Description	Addressed	Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact	
ReferNet Intensive Outpatient Mental Health Partnership	In collaboration with community-based nonprofit mental health provider, El Hogar, the program provides a seamless process for patients admitted to the emergency department with mental illness to receive immediate and ongoing treatment and other social services they need for a continuum of care when they leave the hospital.	MGH MSJ MET MHF	√	√	✓		
Sacramento County Crisis Navigation Program	In partnership with Sacramento County Behavioral Health and Bay Area Community Services, the Crisis Navigation Program serves Sacramento County residents who are experiencing a mental health crisis resulting in functional impairment that interferes with primary activities of daily and independent living. Navigators respond to hospitals' emergency departments as well as the county jail and Loaves & Fishes to assist patients in accessing outpatient mental health services and other resources.	MGH MSJ MET MHF	✓	√	√		
Substance Use Navigation	CA Bridge is a program of the Public Health Institute working to ensure that people with substance use	MGH MSJ	✓	✓	√	✓	

=	Health Need: Access to Mental/ Behavio	oral Health a	nd Substa	nce-Use Se	ervices	
	disorder receive 24/7 high-quality care in every California health system by 2025. The CA Bridge program seeks to fully integrate addiction treatment into standard medical practice—increasing access to treatment to save more lives. Utilizing a Substance Use Navigator to build a trusting relationship with the patient and motivating them to engage in treatment. The hospitals works to reduce the language that stigmatizes people who use drugs, treating substance use disorder like any other disease. Program is currently funded through a Behavioral Health Pilot Program grant.	MET MHF				
Mental Health Consultations and Conservatorship Services	The hospitals provide Mental Health Evaluations as well as Psychiatric Consultations to all patients who are in need of those crisis services throughout their hospital stay. The hospitals also provide conservatorship services to patients who lack capacity and have no one to represent their wishes and needs.	MGH MSJ MET MHF		√		
Tele-Psychiatry	Psychiatrists are available via remote technology to provide early evaluation and psychiatric intervention for patients, improving access to timely quality care. Access is available to both the ED and inpatient setting.	MGH MSJ MET MHF	√	√		✓
Crisis Stabilization Unit	In partnership with Sacramento County, the Behavioral Health Crisis Services Collaborative provides an innovative model of integrated emergency medical and emergency mental health care in one location that aims to set a standard in Sacramento and across the state for behavioral health crisis stabilization services. The Program serves adults, 18 years and older, who present in the Emergency Department, are medically stabilized, and would benefit from multi-disciplinary mental health	MSJ	✓	√	√	√

*	Health Need: Access to Mental/ Behavio	oral Health a	and Substa	nce-Use Se	ervices	
	evaluation and crisis stabilization services for up to 23 hours.					
Dignity Health Community Health Improvement Grants Program	Conducted annually by the hospitals, the Dignity Health Community Health Improvement Grants Program provides financial support to nonprofit community-based organizations that are focused on increasing access to mental/behavioral health and substance-use services, and working collaboratively to provide a continuum of care to vulnerable individuals, families and children.	MGH MSJ MET MHF	✓	✓	✓	√
Planned Resources	The hospitals will provide registered nurses, social worke philanthropic cash grants, outreach communications, and					
Planned Collaborators	The hospitals will partner with El Hogar, Sacramento County Behavioral Health, Bay Area Community Services, and local community based organizations to deliver this access to mental/ behavioral health and substance-use services strategy.					

=	Health Need: Access to Basic Needs Such as Housing, Jobs, and Food						
Anticipated Impact (Goal)	The initiative to address basic needs are anticipated to result in: improved coordination of homeless services; increasing access to services including successful completion of referrals to outpatient services; and creating a safe discharge for individuals without a permanent housing option.						
		Hospital(s)	Strategic Objectives				
Strategy or Program		Addressed	Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact	

*	Health Need: Access to Basic Need	ds Such as H	lousing, Jo	obs, and Fo	ood	
Gregory Bunker Care Transitions Center of Excellence (The Bunker)	The hospitals are an active partner in the Gregory Bunker Care Transitions Center of Excellence (The Bunker), formerly known as the Interim Care Program (ICP). This collaborative engages other Dignity Health hospitals and health systems in the region, Sacramento County and Federally Qualified Health Center, WellSpace Health, and provides a respite care shelter for homeless patients with available physical and mental health, and substance abuse treatment. The program provides case management services to assist participants in connecting with outpatient services and community resources.	MGH MSJ MET MHF	✓	✓	\	
Housing with Dignity	In partnership with Lutheran Social Services and Centene, the hospitals aim to assist homeless individuals with severe chronic health and mental health issues obtain and retain housing, care and services designed to achieve stability in their lives. Hospital case managers work directly with Lutheran Social Services staff to identify participants who will be housed in supportive stabilization apartments and receive intensive case management and supportive services.	MGH MSJ MET MHF	✓	✓	✓	
Resources for Low-Income Patients	The hospitals partially or fully subsidizes cost of transportation, prescription medication, medical supplies and equipment, and short term room and board in the community for patients unable to pay for or access these resources after being discharged from the hospital.	MGH MSJ MET MHF	√		√	
Resources for Homeless Patients	The hospitals provide clothing, meals, prescription medication, transportation, room and board, information	MGH MSJ	√		✓	

E	Health Need: Access to Basic Need	ls Such as H	lousing, Jo	obs, and Fo	ood	
	and referrals to available community resources to homeless patients being discharged from the hospital, with the intent to help prepare them for return to the community.	MET MHF				
Healthcare and Homelessness Pilot Program	Supported through the Homeless Health Initiative, and led by Community Solutions and Institute for Healthcare Improvement (IHI), the healthcare and homeless pilot seeks to understand the most meaningful, measurable and transformative contribution health care can make to ending chronic homelessness. Over the course of the pilot initiative, the Health Systems alongside the homeless Continuum of Care partners in Sacramento, will have made measurable progress toward ending chronic homelessness, with a focus on building racially equitable systems.	MGH MSJ MET MHF	√		√	
Medical Legal Partnership	Supported through the Homeless Health Initiative, and in partnership with Legal Services of Northern California, the Medical Legal Partnership (MLP) will address the legal needs of patients at Methodist Hospital of Sacramento and the Family Medicine Residency Program. MLP integrates and embeds lawyers into the healthcare setting to help clinicians, case managers and social workers address structural problems at the root of so many health inequities. This program will have a particular emphasis on addressing housing insecurities.	MET	✓	√	√	✓
Food Insecurity Pilot Project	This pilot program is a partnership between Dignity Health Methodist Hospital and Elk Grove Food Bank to deliver services to patients who have food insecurity. Patients including seniors, children and families in South County (Galt, Elk Grove, Valley High,	MET	1	1	√	

E	Health Need: Access to Basic Need	ds Such as F	lousing, Jo	bs, and Fo	od	
	Meadowview) with indication of food insecurity; e.g. malnutrition. The project can assist anyone in Sacramento County that needs assistance with the CalFresh program.					
Dignity Health Community Health Improvement Grants Program	Conducted annually by the hospitals, the Dignity Health Community Health Improvement Grants Program provides financial support to nonprofit community-based organizations that are focused on increasing access to basic needs such as housing, jobs, and food, and working collaboratively to provide a continuum of care to vulnerable individuals, families and children.	MGH MSJ MET MHF	✓	✓	√	√
Planned Resources	The hospitals will provide registered nurses, social workers, care coordination leaders, community health staff, philanthropic cash grants, outreach communications, and program management support for these initiatives.					
Planned Collaborators	The hospitals will partner with other healthcare systems in the region, Sacramento County, WellSpace Health, Sacramento County, Lutheran Social Services, Community Solutions, Institute for Healthcare Improvement (IHI), Legal Services of Northern California, Mercy Foundation, Elk Grove Food Bank, and local community based organizations to deliver this access to basic needs such as housing, jobs, and food.					

***	Health Need: Access to Quality Primary Care Health Services
Anticipated Impact (Goal)	The hospitals' initiatives to address access to high quality health care and services are anticipated to result in: increased timely access and services; increased knowledge about how to access and navigate the healthcare system; increased primary care "medical homes" among those reached by navigators; reduce barriers to care; and improve collaborative efforts between all health care providers.

**	Health Need: Access to Quali	ty Primary Ca	are Health	Services		
				Strategic	Objectives	
Strategy or Program	Summary Description	Hospital(s) Addressed	Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact
Care for the Undocumented	Dignity Health hospitals in Sacramento County partner with Sacramento County, other health system and the Sierra Sacramento Valley Medical Society on an initiative to provide primary and specialty care, including surgery, to the region's undocumented immigrants who currently have no insurance or access to care. The hospitals continues to advocate for expanded enrollment and increasing the age range to ensure more individuals could access primary care and limited specialty care services.	MGH MSJ MET MHF	✓	✓	√	✓
Mercy Family Residency Program	A part of the Family Practice Residency Program, the hospitals' Mercy Family Health Center provides care and treatment with over 15,000 clinical visits for underserved residents each year. The health center continues to increase capacity, and has expanded services at other locations in the community working collaboratively with various agencies and community clinics. Residency physicians are also actively involved in the Elk Grove School District's Adopt a School program and provide free sports physicals. Mercy Family Health Center continues to operate as a Human Trafficking Victim Medical Safe Haven and has partnered with several community organizations to bridge the gap between social and recovery support and medical services.	MGH MSJ MET	✓	√	√	✓

E	Health Need: Access to Qualit	y Primary C	are Health	Services		
Patient Navigator Program	The Patient Navigator program focuses on assisting patients who rely on emergency departments for non-urgent needs. The navigators help patients by connecting them to a medical home in an appropriate setting and assisting them with scheduling a follow up appointment along with any other barriers that may create obstacles with accessing care. The Patient Navigator Program represents a unique collaboration between Dignity Health, Sacramento Covered, a community-based nonprofit organization, and community clinics in the region.	MGH MSJ MET MHF	\	✓	√	<
Health Professions Education- Other	Provides a clinical setting for trainings and internships for students in the greater Sacramento region pursuing health professions other than physicians and nurses. This includes, but is not limited to: EMT, Paramedics, Pharmacy, Respiratory Therapy, Physical Therapy, Radiology Technologist and Surgical Technologist.	MGH MSJ MET MHF	√	√	√	✓
Health Professions Education- Nursing	Provides clinical setting for nursing students enrolled in education with an outside local college or university for additional training and education. This includes, but is not limited to: Undergraduate Nursing, Undergraduate Nursing-Preceptorship, Nursing BSN and Nursing ADN.	MGH MSJ MET MHF	✓	✓	√	✓
Dignity Health Community Health Improvement Grants Program	Conducted annually by the hospitals, the Dignity Health Community Health Improvement Grants Program provides financial support to nonprofit community-based organizations that are focused on increasing access to quality primary care health services and working collaboratively to provide a	MGH MSJ MET MHF	✓	✓	✓	✓

E	Health Need: Access to Quality Primary Care Health Services					
	continuum of care to vulnerable individuals, families and children.					
Planned Resources	The hospitals will provide medical residents, registered nurses, social workers, care coordination leaders, community health staff, philanthropic cash grants, outreach communications, and program management support for these initiatives.					
Planned Collaborators	The hospitals will partner with Sacramento County, other Valley Medical Society, Mercy Loaves and Fishes, local based organizations to deliver this access to quality primary	community cl	inics, scho			

*	Health Need: System Navigation					
Anticipated Impact (Goal)	The hospitals' initiatives to address system navigation are anticipated to result in: increased timely access and ervices; increased knowledge about how to access and navigate the healthcare system; increased primary care medical homes" among those reached by navigators; reduce barriers to care; and improve collaborative efforts etween all health care providers.					
_		Hospital(s)		Strategic	Objectives	
Strategy or Program	Summary Description	Addressed	Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact

**	Health Need: S	ystem Navig	ation			
Patient Navigator Program	The Patient Navigator program focuses on assisting patients who rely on emergency departments for non-urgent needs. The navigators help patients by connecting them to a medical home in an appropriate setting and assisting them with scheduling a follow up appointment along with any other barriers that may create obstacles with accessing care. The Patient Navigator Program represents a unique collaboration between Dignity Health, Sacramento Covered, a community-based nonprofit organization, and community clinics in the region.	MGH MSJ MET MHF	√	√	*	<
ReferNet Intensive Outpatient Mental Health Partnership	In collaboration with community-based nonprofit mental health provider, El Hogar, the program provides a seamless process for patients admitted to the emergency department with mental illness to receive immediate and ongoing treatment and other social services they need for a continuum of care when they leave the hospital.	MGH MSJ MET MHF	✓	✓	√	
Sacramento County Crisis Navigation Program	In partnership with Sacramento County Behavioral Health and Bay Area Community Services, the Crisis Navigation Program serves Sacramento County residents who are experiencing a mental health crisis resulting in functional impairment that interferes with primary activities of daily and independent living. Navigators respond to hospitals' emergency departments as well as the county jail and Loaves & Fishes to assist patients in accessing outpatient mental health services and other resources.	MGH MSJ MET MHF	✓	✓	√	

*	Health Need: S	ystem Navig	ation			
Oncology Nurse Navigator	The Oncology Nurse Navigation program offers one-to-one support and guidance to patients diagnosed with cancer from the day of diagnosis onwards. The Oncology navigators provide interventions that address patient's immediate concerns and barriers to care such as difficulties with insurance, financial burden, lack of transportation and addressing the knowledge deficit of their diagnosis and treatment options. The Navigation program also provides referrals for nutritional and psycho-social support as well hosting multiple cancer support groups across the region.	MGH MSJ MET MHF	✓	✓	✓	✓
Substance Use Navigation	CA Bridge is a program of the Public Health Institute working to ensure that people with substance use disorder receive 24/7 high-quality care in every California health system by 2025. The CA Bridge program seeks to fully integrate addiction treatment into standard medical practice—increasing access to treatment to save more lives. Utilizing a Substance Use Navigator to build a trusting relationship with the patient and motivating them to engage in treatment. The hospitals works to reduce the language that stigmatizes people who use drugs, treating substance use disorder like any other disease. Program is currently funded through a Behavioral Health Pilot Program grant.	MGH MSJ MET MHF	✓	✓	√	

*	Health Need: S	ystem Navig	ation			
Dignity Health Community Health Improvement Grants Program	Conducted annually by the hospitals, the Dignity Health Community Health Improvement Grants Program provides financial support to nonprofit community-based organizations that are focused on increasing system navigation and working collaboratively to provide a continuum of care to vulnerable individuals, families and children.	MGH MSJ MET MHF	√	√	√	✓
Planned Resources		The hospitals will provide registered nurses, social workers, care coordination leaders, community health staff, philanthropic cash grants, outreach communications, and program management support for these initiatives.				
Planned Collaborators	The hospitals will partner with Sacramento Covered, El Community Services, and local community based organi healthcare.					

*	Health Need: Injury and Disease Prevention and Management					
Anticipated Impact (Goal)	The initiative to address this health need by the hospitals are anticipated to result in: reduction of hospital admissions for chronic disease related; improve the health and quality of life for those who suffer from chronic illness; enable participants to better manage their disease; and create a supportive environment for individuals to learn critical skills and enhance their knowledge on self-management.					
		Hospital(s)		Strategic	Objectives	
Strategy or Program	Summary Description	Hospital(s) _ Addressed		Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact

*	Health Need: Injury and Diseas	se Preventio	n and Man	agement		
Healthier Living Program	The Healthier Living program allows participants to learn about and practice a wide variety of tools to help them become better self-managers of their ongoing health conditions. Workshops are open to anyone with a chronic health condition, as well as those who care for persons with chronic health conditions. They are offered at the community level in partnership with medical clinics, food banks, affordable housing developments and others to ensure the underserved have access to these peer led health education classes. Provided in both English and Spanish.	MGH MSJ MET MHF	✓	✓	✓	✓
Falls Prevention Program	Matter of Balance (MOB) is specifically designed to reduce the fear of falling and improve activity levels among community-dwelling older adults. The program enables participants to reduce the fear of falling by learning to view falls as controllable, setting goals for increasing activity levels, making small changes to reduce fall risks at home, and exercise to increase strength and balance.	MGH MSJ MET MHF	✓	✓	✓	✓
Mercy Faith and Health Partnership	This interfaith community outreach program supports the development of health ministry programs including healthcare professionals, clergy and other interested members who have a desire to focus on health promotion and disease prevention programs within their congregations. Providing education, advocacy and referrals for available resources within the congregation, health ministry teams do not duplicate available services, such as nursing or medical care, but seek to creatively bridge gaps in healthcare.	MGH MSJ MET MHF	✓	✓	✓	✓

*	Health Need: Injury and Diseas	se Preventio	n and Man	agement		
Disease-Specific Support Groups	Education and support are offered monthly to those affected by specific diseases in the community. Current groups include: cancer; and stroke. Program transitioned to phone based support due to COVID concerns.	MGH MSJ MET MHF	1	√	✓	
Dignity Health Community Health Improvement Grants Program	Conducted annually by the hospitals, the Dignity Health Community Health Improvement Grants Program provides financial support to nonprofit community-based organizations that are focused on increasing injury and disease prevention management and working collaboratively to provide a continuum of care to vulnerable individuals, families and children.	MGH MSJ MET MHF	1	√	√	✓
Planned Resources	The hospitals will provide health educators, registered nurses, social workers, care coordination leaders, community health staff, philanthropic cash grants, outreach communications, and program management support for these initiatives.					
Planned Collaborators	The hospitals will partner with other medical clinics, food health ministry, congregations and local community based management.			-		

**	Health Need: Health Equity: Equal Access to Opportunities to be Healthy
Anticipated Impact (Goal)	The initiative to address health equity by the hospitals are anticipated to result in: ensuring that everyone has equal access to the same opportunities to be as healthy as possible. Individual and community health will be improved through elimination of barriers as the result of policies, practices, systems, and structures that discriminate against certain groups.

*	Health Need: Health Equity: Equal Access to Opportunities to be Healthy						
		Hospital(s)		Strategic	Objectives		
Strategy or Program	Summary Description	Addressed	Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact	
Patient Navigator Program	The Patient Navigator program focuses on assisting patients who rely on emergency departments for non-urgent needs. The navigators help patients by connecting them to a medical home in an appropriate setting and assisting them with scheduling a follow up appointment along with any other barriers that may create obstacles with accessing care. The Patient Navigator Program represents a unique collaboration between Dignity Health, Sacramento Covered, a community-based nonprofit organization, and community clinics in the region.	MGH MSJ MET MHF	✓	√	✓	>	
Healthcare and Homelessness Pilot Program	Supported through the Homeless Health Initiative, and led by Community Solutions and Institute for Healthcare Improvement (IHI), the healthcare and homeless pilot seeks to understand the most meaningful, measurable and transformative contribution health care can make to ending chronic homelessness. Over the course of the 2 year initiative, the Health Systems alongside the homeless Continuum of Care partners in Sacramento, will have made measurable progress toward ending chronic homelessness, with a focus on building racially equitable systems.	MGH MSJ MET MHF	✓	✓	✓		
Medical Legal Partnership	Supported through the Homeless Health Initiative, and in partnership with Legal Services of Northern	MET	✓	✓	✓	√	

	Health Need: Health Equity: Equal	Access to Օլ	oportunitie	es to be Hea	althy	
	California, the Medical Legal Partnership (MLP) will address the legal needs of patients at Methodist Hospital of Sacramento and the Family Medicine Residency Program. MLP integrates and embeds lawyers into the healthcare setting to help clinicians, case managers and social workers address structural problems at the root of so many health inequities. This program will have a particular emphasis on addressing housing insecurities.					
Care for the Undocumented	Dignity Health hospitals in Sacramento County partner with Sacramento County, other health system and the Sierra Sacramento Valley Medical Society on an initiative to provide primary and specialty care, including surgery, to the region's undocumented immigrants who currently have no insurance or access to care. The hospitals continues to advocate for expanded enrollment and increasing the age range to ensure more individuals could access primary care and limited specialty care services.	MGH MSJ MET MHF	✓	✓	√	√
Community Based Violence Prevention	The Community Based Violence Prevention Program initiative focuses on: • Educating staff to identify and respond to victims of violence and human trafficking within the hospitals; • Provide victim-centered, trauma-informed care; • Collaborate with community agencies to improve quality of care; • Access critical resources for victims; and • Provide and support innovative programs for recovery and reintegration.	MGH MSJ MET MHF	✓			√

#	Health Need: Health Equity: Equal Access to Opportunities to be Healthy							
	 Public policy initiatives Community-based programs Research on best practices Resources for education and awareness Partnerships with national, state and local organizations Socially responsible investing and shareholder advocacy 							
Sacramento Physicians' Initiative to Reach Out, Innovate and Teach (SPIRIT)	Operated under the Sierra Sacramento Valley Medical Society, the program exists as a vehicle to involve physicians in the community. SPIRIT recruits and places physician volunteers in local clinics to provide free specialty medical care to the uninsured and coordinates and case manages surgical procedures donated at local hospitals and ambulatory surgery centers. Mercy General and Mercy San Juan play a leading role in this collaboration between the Sierra Sacramento Valley Medical Society, sister Dignity Health hospitals, Sacramento County and other health systems in the region.	MGH MSJ	\	✓		✓		
Dignity Health Community Health Improvement Grants Program	Conducted annually by the hospitals, the Dignity Health Community Health Improvement Grants Program provides financial support to nonprofit community-based organizations that are focused on health equity and working collaboratively to provide a continuum of care to vulnerable individuals, families and children.	MGH MSJ MET MHF	√	✓	√	√		
Planned Resources	The hospitals will provide case managers, clinicians, so staff, philanthropic cash grants, outreach communication							

*	Health Need: Health Equity: Equal Access to Opportunities to be Healthy
Planned Collaborators	The hospitals will partner with Sacramento Covered, other healthcare systems in the region, community clinics, Community Solutions, Institute for Healthcare Improvement, Legal Service of Northern California, Sierra Sacramento Valley Medical Society, Mercy Clinic Loaves and Fishes, and local community based organizations to deliver an increase for health equity in the community.

E	Health Need: Active Living and Healthy Eating							
Anticipated Impact (Goal)	The initiative to address active living and healthy eating by the hospitals are anticipated to result in: improved knowledge of the community about healthy eating through increased exposure to new foods. In addition, the community will be exposed to more services and resources to help achieve these goals.							
	Laummary Description Laudresseu	Hospital(s)		Strategic	Objectives			
Strategy or Program		Addressed	Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact		
Food Insecurity Pilot Project	Supported through Mercy Foundation, this pilot program is in Partnership with Dignity Health/Methodist Hospital to deliver services to patients sub-diagnosed with malnutrition and have food insecurity. Patients including seniors, children and families in South County (Galt, Elk Grove, Valley High, Meadowview) with indication of food insecurity; e.g. malnutrition. The project can assist anyone in Sacramento County that needs assistance with the CalFresh program.	MET	√	✓		✓		
Healthier Living Program	The Healthier Living program allows participants to learn about and practice a wide variety of tools to help them become better self-managers of their ongoing	MGH MSJ MET		√		√		

E	Health Need: Active Living and Healthy Eating							
	health conditions. Workshops are open to anyone with a chronic health condition, as well as those who care for persons with chronic health conditions. They are offered at the community level in partnership with medical clinics, food banks, affordable housing developments and others to ensure the underserved have access to these peer led health education classes. Provided in both English and Spanish.	MHF						
Dignity Health Community Health Improvement Grants Program	Conducted annually by the hospitals, the Dignity Health Community Health Improvement Grants Program provides financial support to nonprofit community-based organizations that are focused on increasing active living and healthy eating and working collaboratively to provide a continuum of care to vulnerable individuals, families and children.	MGH MSJ MET MHF	✓	✓	✓	~		
Planned Resources	The hospitals will provide health educators, case managers, clinicians, social workers, care coordination leaders, community health staff, philanthropic cash grants, outreach communications, and program management support for these initiatives.							
Planned Collaborators		The hospitals will partner with Elk Grove Food Bank, medical clinics, food banks, affordable housing evelopments, senior centers, and local community based organizations to deliver an increase for active living and						

*	Health Need: Safe and Violence-Free Environment
	The initiative to address safe, crime, and violence free communities are anticipated to result in: prevent unsafe environments; improve safety for the patient population served; provide education to all hospital staff on trauma

***	Health Need: Safe and V	/iolence-Free	Environm	ent					
Anticipated Impact (Goal)	informed care; increase the awareness of services available; and improve care coordination to ensure individuals are connected to appropriate care and can access necessary services.								
		Hospital(s)		Strategic	Objectives				
Strategy or Program	Summary Description	Addressed	Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact			
Community Based Violence Prevention	The Community Based Violence Prevention Program initiative focuses on: • Educating staff to identify and respond to victims of violence and human trafficking within the hospitals; • Provide victim-centered, trauma-informed care; • Collaborate with community agencies to improve quality of care; • Access critical resources for victims; and • Provide and support innovative programs for recovery and reintegration. • Public policy initiatives • Community-based programs • Research on best practices • Resources for education and awareness • Partnerships with national, state and local organizations • Socially responsible investing and shareholder advocacy	MGH MSJ MHF MET	✓	✓		✓			
Safe Kids Program	The Safe Kids Greater Sacramento coalition, led by MSJMC, is composed of individuals and organizations that are committed to reducing preventable childhood injuries. Projects focus on: Child Passenger Safety; Bicycle Safety; Pedestrian Safety; Safe Sleep;	MSJ		✓		✓			

**	Health Need: Safe and Violence-Free Environment							
	Fire/Burn Prevention; and Drowning Prevention. MSJMC also leads a no cost car seat education program targeting families with children living in poverty, and to families with children in immigrant communities. The program provides: car seat classes; car seat checkup appointments; car seat distribution to families in need; and program phone lines are currently offered in English, Spanish, and Hmong. Car seat checkups are offered to the general public at several hospital sites.							
WEAVE Patient Advocate	Mercy Family Health Center, Methodist Hospital and WEAVE developed and implemented the WEAVE Patient Advocate program to create a new model of comprehensive care for human trafficking. A Navigator is on-site at the Mercy Family Health Center several times a week to provide victims and survivors of human trafficking assistance with navigation and coordination of services and 'warm hand offs' to medical services and community-based resources and linkages.	MET	✓	✓	√	✓		
Dignity Health Community Health Improvement Grants Program	Conducted annually by the hospitals, the Dignity Health Community Health Improvement Grants Program provides financial support to nonprofit community-based organizations that are focused on increasing a safe and violence-free environment and working collaboratively to provide a continuum of care to vulnerable individuals, families and children	MGH MSJ MET MHF	✓	✓	√	√		
Planned Resources	The hospitals will provide medical residents, case manag health staff, philanthropic cash grants, outreach commun initiatives.							

*	Health Need: Safe and Violence-Free Environment
Planned Collaborators	The hospitals will partner with WEAVE, medical clinics, food banks, affordable housing developments, senior centers, and local community based organizations to deliver an increased safe and violence-free environment for the community.

++	Health Need: Increased Community Connections							
Anticipated Impact (Goal)	The initiative to address increased community connections by the hospitals are anticipated to result in: individuals with a sense of security, belonging, and trust in their community have better health. Community members will have opportunities to connect with each other through programs, and services resulting in fostering a healthier community. Healthcare and community support services will be more effective when they are delivered in a coordinated fashion and in collaboration to build a network of care.							
		Hospital(s)		Strategic	Objectives			
Strategy or Program	Summary Description	Addressed	Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact		
Disease-Specific Support Groups	Education and support are offered monthly to those affected by specific diseases in the community. Current groups include: cancer; and stroke. Program transitioned to phone based support due to COVID concerns.	MGH MSJ MET MHF	√	√				
Healthier Living Program	The Healthier Living program allows participants to learn about and practice a wide variety of tools to help them become better self-managers of their ongoing health conditions. Workshops are open to anyone with a chronic health condition, as well as those who care for	MGH MSJ MET MHF				√		

*	Health Need: Increased Community Connections					
	persons with chronic health conditions. They are offered at the community level in partnership with medical clinics, food banks, affordable housing developments and others to ensure the underserved have access to these peer led health education classes. Provided in both English and Spanish.					
Mercy Faith and Health Partnership	This interfaith community outreach program supports the development of health ministry programs including healthcare professionals, clergy and other interested members who have a desire to focus on health promotion and disease prevention programs within their congregations. Providing education, advocacy and referrals for available resources within the congregation, health ministry teams do not duplicate available services, such as nursing or medical care, but seek to creatively bridge gaps in healthcare.	MGH MSJ MET MHF	✓	✓	√	✓
WEAVE Patient Advocate	Mercy Family Health Center, Methodist Hospital and WEAVE developed and implemented the WEAVE Patient Advocate program to create a new model of comprehensive care for human trafficking. A Navigator is on-site at the Mercy Family Health Center several times a week to provide victims and survivors of human trafficking assistance with navigation and coordination of services and 'warm hand offs' to medical services and community-based resources and linkages.	MET	√	√	√	√
Dignity Health Community Health Improvement Grants Program	Conducted annually by the hospitals, the Dignity Health Community Health Improvement Grants Program provides financial support to nonprofit community- based organizations that are focused on increasing community connections and working collaboratively to	MGH MSJ MET MHF	√	√	1	~

*	Health Need: Increased Community Connections					
	provide a continuum of care to vulnerable individuals, families and children.					
Planned Resources	The hospitals will provide health educators, case managers, registered nurses, social workers, care coordination eaders, community health staff, philanthropic cash grants, outreach communications, and program management support for these initiatives.					
Planned Collaborators	The hospitals will partner with Sacramento County, WEA and local community based organizations to deliver incre				inistry, congr	egations,

*	Health Need: Access to Specialty and Extended Care					
Anticipated Impact (Goal)	The hospitals' initiatives to address access to specialty and extended care and services are anticipated to result in: increased timely access and services, and increased knowledge about how to access and navigate the healthcare system for specialty and extended care, specifically to those that are uninsured or underinsured.					
	Hosi	Hospital(s) Addressed Alignment & Integration	Strategic Objectives			
Strategy or Program	Summary Description		Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact	
Sacramento Physicians' Initiative to Reach Out, Innovate and Teach (SPIRIT)	Operated under the Sierra Sacramento Valley Medical Society, the program exists as a vehicle to involve physicians in the community. SPIRIT recruits and places physician volunteers in local clinics to provide free specialty medical care to the uninsured and coordinates and case manages surgical procedures	MGH MSJ	>	√		√

*	Health Need: Access to S	pecialty and	Extended	Care		
	donated at local hospitals and ambulatory surgery centers. Mercy General and Mercy San Juan play a leading role in this collaboration between the Sierra Sacramento Valley Medical Society, sister Dignity Health hospitals, Sacramento County and other health systems in the region.					
Oncology Nurse Navigator	The Oncology Nurse Navigation program offers one-to-one support and guidance to patients diagnosed with cancer from the day of diagnosis onwards. The Oncology navigators provide interventions that address patient's immediate concerns and barriers to care such as difficulties with insurance, financial burden, lack of transportation and addressing the knowledge deficit around their diagnosis and treatment options. The Navigation program also provides referrals for nutritional and psycho-social support as well hosting multiple cancer support groups across the region.	MGH MSJ MHF MET	✓	✓	✓	✓
Care for the Undocumented	Dignity Health hospitals in Sacramento County partner with Sacramento County, other health system and the Sierra Sacramento Valley Medical Society on an initiative to provide primary and specialty care, including surgery, to the region's undocumented immigrants who currently have no insurance or access to care. The hospitals continue to advocate for expanded enrollment and increasing the age range to ensure more individuals could access primary care and limited specialty care services.	MGH MSJ MHF MET	✓	✓	✓	✓
Mercy Family Residency Program	A part of the Family Practice Residency Program, the hospitals' Mercy Family Health Center provides care	MGH MSJ	√	√	√	✓

E	Health Need: Access to S	pecialty and	Extended	Care		
	and treatment with over 15,000 clinical visits for underserved residents each year. The health center continues to increase capacity, and has expanded services at other locations in the community working collaboratively with various agencies and community clinics. Residency physicians are also actively involved in the Elk Grove School District's Adopt a School program and provide free sports physicals. Mercy Family Health Center continues to operate as a Human Trafficking Victim Medical Safe Haven and has partnered with several community organizations to bridge the gap between social and recovery support and medical services.	MET				
Health Professions Education- Other	Provides a clinical setting for trainings and internships for students in the greater Sacramento region pursuing health professions other than physicians and nurses. This includes, but is not limited to: EMT, Paramedics, Pharmacy, Respiratory Therapy, Physical Therapy, Radiology Technologist and Surgical Technologist.	MGH MSJ MHF MET	✓	✓	✓	√
Health Professions Education- Nursing	Provides clinical setting for nursing students enrolled in education with an outside local college or university for additional training and education. This includes, but is not limited to: Undergraduate Nursing, Undergraduate Nursing-Preceptorship, Nursing BSN and Nursing ADN.	MGH MSJ MHF MET	√	√	√	✓

E	Health Need: Access to S	pecialty and	Extended	Care		
Bruceville Terrace Patient Navigation	Provides assistance to low income patients in an effort to get enrolled in government sponsored health insurance programs, primarily Medi-Cal. This core program is new in response to the growing need of patients at Bruceville Terrace, a skilled nursing facility providing short- or long-term medical and rehabilitative care, 24 hours a day.	MET	✓	✓	✓	
Dignity Health Community Health Improvement Grants Program	Conducted annually by the hospitals, the Dignity Health Community Health Improvement Grants Program provides financial support to nonprofit community-based organizations that are focused on increasing access to specialty and extended care and working collaboratively to provide a continuum of care to vulnerable individuals, families and children	MGH MSJ MHF MET	√	√	✓	√
Planned Resources	The hospitals will provide physicians, registered nurses, case managers, social workers, care coordination leaders, community health staff, philanthropic cash grants, outreach communications, and program management support for these initiatives					
Planned Collaborators	The hospitals will partner with Sierra Sacramento Valley Medical Society, local medical clinics, Sacramento County, other healthcare systems in the region, and local community based organizations to deliver this access to specialty and extended care.					

Program Highlights
The following pages describe a sampling of programs and initiatives listed above in additional detail, illustrating the work undertaken to help address significant community health needs.

	Sacramento County Crisis Navigation Program
Significant Health Needs Addressed	 ✓ Access to Mental/Behavioral Health and Substance-Use Services ☐ Access to Basic Needs Such as Housing, Jobs, and Food ☐ Access to Quality Primary Care Health Services ✓ System Navigation ☐ Injury and Disease Prevention and Management ☐ Health Equity: Equal Access to Opportunities to be Healthy ☐ Active Living and Healthy Eating ☐ Safe and Violence-Free Environment ☐ Increased Community Connections ☐ Access to Specialty and Extended Care
Hospital(s) addressed	 ✓ Mercy Hospital of Folsom ✓ Mercy San Juan Medical Center ✓ Mercy General Hospital ✓ Methodist Hospital
Fiscal Years Active	✓ FY 2022 ✓ FY 2023 ✓ FY 2024
Program Description	In partnership with Sacramento County Behavioral Health and Bay Area Community Services (BACS), the Crisis Navigation Program serves Sacramento County residents who are experiencing a mental health crisis resulting in functional impairment that interferes with primary activities of daily and independent living. Navigators respond to hospitals' emergency departments as well as the county jail and Loaves & Fishes to assist patients in accessing outpatient mental health services and other resources.
Population Served	The primary beneficiaries are Sacramento County children, youth, Transitional Age Youth (TAY), adults, and older adults experiencing a mental health crisis resulting in functional impairment that interferes with the ability to navigate and participate in outpatient mental health services.
Program Goal / Anticipated Impact	The Crisis Navigation Program provides brief, community-based peer support and interventions, system navigation, and direct linkage to outpatient mental health services for clients with mental illness who come into contact with emergency departments and psychiatric hospitals. The program provides services for up to 60 days to ensure there is appropriate follow-up to care in

	place, including any necessary safety planning and education to clients and family members to help prevent relapse into crisis. Program objectives are as follows: (a) To improve the client experience for those experiencing a mental health crisis in Sacramento County; (b) To reduce unnecessary inpatient psychiatric hospitalizations; (c) To increase the number of community agencies collaborating on delivery of crisis mental health services in Sacramento County; and (d) To increase linkage to outpatient mental health services for those coming into contact with emergency departments and psychiatric hospitalizations.
Collaborations and Partnerships	Program funded by Sacramento County, however navigators work out of Dignity Health hospitals' emergency departments and are supervised by clinical staff. The Community Health and Outreach department managed the internal components of the program.

	Housing with Dignity
Significant Health Needs Addressed	✓ Access to Mental/Behavioral Health and Substance-Use Services ✓ Access to Basic Needs Such as Housing, Jobs, and Food ✓ Access to Quality Primary Care Health Services ✓ System Navigation ✓ Injury and Disease Prevention and Management □ Health Equity: Equal Access to Opportunities to be Healthy □ Active Living and Healthy Eating ✓ Safe and Violence-Free Environment □ Increased Community Connections □ Access to Specialty and Extended Care
Hospital(s) addressed	 ✓ Mercy Hospital of Folsom ✓ Mercy San Juan Medical Center ✓ Mercy General Hospital ✓ Methodist Hospital
Fiscal Years Active	✓ FY 2022 ✓ FY 2023 ✓ FY 2024
Program Description	In partnership with Lutheran Social Services and Centene, the hospitals aim to assist homeless individuals with severe chronic health and mental health issues obtain and retain housing, care and services designed to achieve stability in their lives. Hospital case managers work directly with Lutheran Social Services staff to identify participants who will be housed in supportive stabilization apartments and receive intensive case management and supportive services.

Population Served	The primary beneficiaries are individuals and families in Sacramento County that are chronically homeless with chronic health and/or mental issues.
Program Goal / Anticipated Impact	Housing with Dignity aims to assist homeless individuals with severe chronic health and mental health issues obtain and retain housing, care and services designed to achieve stability in their lives.
Collaborations and Partnerships	Housing with Dignity is a collaborative between the Dignity Health Sacramento County hospitals, LSS and Health Net that assisted in expanding the program.

	WEAVE Patient Advocate
Significant Health Needs Addressed	 ✓ Access to Mental/Behavioral Health and Substance-Use Services ✓ Access to Basic Needs Such as Housing, Jobs, and Food ✓ Access to Quality Primary Care Health Services ☐ System Navigation ✓ Injury and Disease Prevention and Management ☐ Health Equity: Equal Access to Opportunities to be Healthy ☐ Active Living and Healthy Eating ✓ Safe and Violence-Free Environment ☐ Increased Community Connections ☐ Access to Specialty and Extended Care
Hospital(s) addressed	 □ Mercy Hospital of Folsom □ Mercy San Juan Medical Center □ Mercy General Hospital ✓ Methodist Hospital
Fiscal Years Active	✓ FY 2022 ✓ FY 2023 ✓ FY 2024
Program Description	Mercy Family Health Center, Methodist Hospital and WEAVE developed and implemented the WEAVE Patient Advocate program to create a new model of comprehensive care for human trafficking. A Navigator is on-site at the Mercy Family Health Center several times a week to provide victims and survivors of human trafficking assistance with navigation and coordination of services and 'warm hand offs' to medical services and community-based resources and linkages.
Population Served	The primary beneficiaries are individuals that identify as victims or survivors of human trafficking and domestic violence.
Program Goal / Anticipated Impact	Improve coordination of care for victims of human trafficking in the Sacramento region by incorporating a patient advocate into the clinical setting that can assist in linking individuals to additional services and resources.

Collaborations	This is a collaborative effort between WEAVE and Methodist Hospital
and Partnerships	including the Mercy Family Health Center.

	Community Health Improvements Grants
Significant Health Needs Addressed	✓ Access to Mental/Behavioral Health and Substance-Use Services ✓ Access to Basic Needs Such as Housing, Jobs, and Food ✓ Access to Quality Primary Care Health Services ✓ System Navigation ✓ Injury and Disease Prevention and Management ✓ Health Equity: Equal Access to Opportunities to be Healthy ✓ Active Living and Healthy Eating ✓ Safe and Violence-Free Environment ✓ Increased Community Connections ✓ Access to Specialty and Extended Care
Hospital(s) addressed	 ✓ Mercy Hospital of Folsom ✓ Mercy San Juan Medical Center ✓ Mercy General Hospital ✓ Methodist Hospital
Fiscal Years Active	✓ FY 2022 ✓ FY 2023 ✓ FY 2024
Program Description	Community Health Improvement Grants program focuses on collaboration with an emphasis on responding to significant health needs identified in the Community Health Needs Assessment. The goal of the program is to develop strategic partnerships between community-based organizations that link services directly to Dignity Health hospitals in Sacramento, leveraging resources that address priority health issues and utilizing creative strategies that have a direct, positive and lasting impact on the health of disadvantaged individuals and families.
Population Served	The primary beneficiaries are individuals in the community that are the low-income, vulnerable, underserved and uninsured population in Sacramento County.
Program Goal / Anticipated Impact	To deliver services and strengthen service systems by actively partnering with the community non-profit organizations in order to improve the health status and quality of life for the most vulnerable and underserved populations in the community.

Collaborations and Partnerships

Dignity Health Hospitals in Sacramento: Mercy Hospital of Folsom, Mercy San Juan Medical Center, Mercy General Hospital and Methodist Hospital and local community based organizations addressing priority health needs in Sacramento.

